SOMOS

Choreo: Barry & Bobbie Bartlette, 9781 Lolo Creek Rd, Lolo, MT, USA, 59847  Sept 2011
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Music: Somos  Artist: Sie7e  Album: Sie7e (Track 9  3:14)  iTunes
Footwork: Opposite unless noted (Woman’s footwork in Parentheses)  Time: 3:10 @ 46 rpm
Rhythm: Rumba RAL Phase III  Degree of Difficulty: AVG
Sequence: INTRO A(2-8)  B  C  A  B  C  A(1-4)  D

INTRODUCTION

BFLY FCG WALL TRAILING FOOT FREE WAIT 1 MEAS;

PART A

1-4  FNC LINE;  SPOT TRN;  TIME STEP 2X;;
1 {Fnc Line} BFLY Xlunge L, rec R, sd L,-;  2 {Spot Trn} Xrif of L comm 1/2 LF trn, rec L comp trn fc ptr, sd R,-;  3-4 {Time Step 2X} no hnds fcg ptr XLib of R, rec R, sd L,-;  XRib of L, rec L, sd R,-;

5-8  HAND TO HAND;  ROLL OUT FC REV;  BK BASIC;  CUCA TO FC;
5 {Hnd-Hnd} Swvlg 1/4 LF bk L, rec R fc ptr, sd L,-;  6 {Roll Out} Trng RF bk & sd R, cont RF trn fwd & sd L fc ptr, cont RF trn bk R to LOP RLOD,-;  7 {Bk Basic} Bk L, rec R, fwd L,-;  8 {Cuca to fc} Rk apt R, rec L trng to BFLY WALL, cl R,-;

PART B

1-4  1/2 BASIC;  WHIP;  SHLDR TO SHLDR 2X;;
1 {1/2 Basic} Fwd L, rec R, sd L,-;  2 {Whip} Bk R comm 1/4 LF trn, rec fwd L trng 1/4 fc COH, sd R (W fwd L outsd M's L side, fwd R comm 1/2 LF trn, sd L fc ptr),-;  3-4 {Shldr-Shldr 2X} Fwd L to BFLY SCAR, rec R, sd L,-;  fwd R to BFLY BJO, rec L, sd R,-;

5-8  1/2 BASIC;  WHIP;  NY;  FNC LINE;
5 {1/2 Basic} Repeat meas 1;  6 {Whip} Repeat meas 2 to fc WALL;  7 {NY} Thru L trng to LOP RLOD, rec R trng to fc ptr, sd L,-;  8 {Fnc Line} Xlunge R, rec L, sd R,-;

PART C

1-4  OP BRK;  CRAB WK 3 & FLARE;  FNC LINE;  CRAB WK 3 & FLARE;
1 {Op Brk} Keepg lead hnd hold rk apt L extendg R arm up w/palm out, rec R to BFLY, sd L,-;  2 {Crab Wk 3 & Flare} XRib of L, sd L, XRib of L, w/foot slightly off of floor arc L CW;  3 {Fnc Line} Repeat meas 1 Part A;  4 {Crab Wk 3 & Flare} Repeat meas 2;

5-8  FNC LINE;  SPOT TRN;  CRAB WKS;;
5 {Fnc Line} Repeat meas 3;  6 {Spot Trn} Repeat meas 2 Part A;  7-8 {Crab Wks} XLib of R, sd R, XLif of R,-;  sd R, XLif of R, sd R,-;
1-4 **BRK BK TO OP; PROG WK 3: SLIDING DOOR 2X;;**

1 {Brk Bk to OP} Swvlg 1/4 LF bk L to OP LOD, rec R, fwd L,;
2 {Prog Wk 3} Fwd R, fwd L, fwd R,;
3-4 {Sliding Door 2X} Rk apt L, rec R releasg hnds, XLif of R M Xg bhd W,;

5-8 **MOD 1/2 BOX; PROG 1/2 BOX TO TANDEM; PROG WK 3; BOTH CHASE TRN;;**

5 {Mod 1/2 Box} Sd L, cl R, releasg hnds fwd L (W sd R, cl L, bk R),;
6 {Prog 1/2 Box} sd R, cl L, fwd R (W sd L, cl R, fwd L to tandem LOD),;
7 {Prog Wk 3} Repeat meas 2;
8 {Chase Trn} Fwd R comm 1/2 LF trn (W RF trn), rec fwd L tandem RLOD, fwd R,;

9-13 **PEEK-A-BOO 2X;; BOTH CHASE TRN; PEEK-A-BOO 2X;;**

9-10 {Peek-A-Boo 2X} Sd L (W peek over L shldr), rec R, cl L,;
11 {Chase Trn} Fwd L com 1/2 RF trn (W LF trn), rec fwd R, fwd L tandem LOD,;
12-13 {Peek-A-Boo 2X} Sd R peek over L shldr, rec L, cl R,;

14-17 **PROG WK 3: CRC AWY & TOG;; DOOR & FLARE;;**

14 {Prog Wk 3} Repeat meas 2;
15-16 {Crc Awy & Tog} Crcg LF fwd L, fwd R, fwd L fc RLOD,;
17 {Door & Flare} Sd L, rec R, XLif of R, w/foot slightly off of floor arc R CCW;

18-21 **THRU SERP;; TO OP PROG WK 3; FWD BASIC;;**

18-19 {Thru Serp} In BFLY thru R, sd L, bhd R, fan L CCW; bhd L, sd R, thru L, fan R CW;
20 {Prog Wk 3} Trng LF to OP LOD fwd R, fwd L, fwd R,;
21 {Fwd Basic} Fwd L, rec R, bk L,;

22-24 **BK BASIC TO CP; 2 SD CL; SD CORTE & HOLD;;**

22 {Bk Basic} Bk R, rec L, fwd R to CP WALL,;
23 {2 Sd Cl} Sd L, cl R, sd L, cl R,;
24 {Sd Corte & Hold} Sd L w/lowering action relaxing L leg,;

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BFLY FCG WALL WAIT 1 MEAS;
A(2-8) SPOT TRN; TIME STEP 2X;;
HAND-HAND; ROLL OUT FC REV; BK BASIC; CUCA TO FC;
B 1/2 BASIC; WHIP; SHLDR TO SHLDR 2X;;
1/2 BASIC; WHIP; NY; FNC LINE;
C OP BRK; CRAB WK 3 & FLARE; FNC LINE; CRAB WK 3 & FLARE;
FNC LINE; SPOT TRN; CRAB WKs;;
A FNC LINE; SPOT TRN; TIME STEP 2X;;
HAND-HAND; ROLL OUT FC REV; BK BASIC; CUCA TO FC;
REPEAT B
REPEAT C
A(1-4) FNC LINE; SPOT TRN; TIME STEP 2X;;
D BRK BK TO OP; PROG WK 3; SLIDING DOOR 2X;;
MOD 1/2 BOX; PROG 1/2 BOX TANDEM; PROG WK 3; BOTH CHASE TRN;
PEEK-A-BOO 2X;; BOTH CHASE TRN; PEEK-A-BOO 2X;;
PROG WK 3; CRC AWY & TOG;; DOOR & FLARE;
THRU SERP;; TO OP PROG WK 3; FWD BASIC;
BK BASIC TO CP; 2 SD CL; SD CORTE & HOLD;