INTRO

1-4 WAIT 2 MEAS.: LUNGE BASIC: OPEN BREAK ENDING:

1-2 BFLY M FCG WALL & PTR WAIT;
2-4 SD L-, REC R, XLF OF R (XIF). SD R-, RK APT L, REC R;

PART A

1-4 DBL UNDERARM TRN: OP BREAK END: DBL UNDERARM TRN:
BASIC END:

1-2 SD L-, XRF OF L TRN LF TO FC LOD, REC FWD L CON'T TRN TO FC PTR (W SD R-, XLF TRN RF TO FC LOD, REC FWD R CON'T TRN TO FC PTR); REPEAT MEAS 4 OF INTRO
3-4 REPEAT MEAS 1 OF PART A; SD R-, XLIB OF R, REC R (W REC L LIKE PICKUP ACTION IN FRONT OF M DQ);

5-8 TRIPLE TRAVELER:: BASIC END:

5. FWD L TRN LF 1/2 TO FC COH-, SD & FWD R, FWD & XLF OF R FC LOD (BK R TRN 1/2 LF-, SD L TRN LF UNDER LEAD ARMS, CON'T TRN LF TO FC PTR & WALL R);
6. FWD R SPIRAL LF UNDER JOINED HANDS (W TRN TO FC LOD FWD L), LOWER THE HANDS OUT IN FRT OF PRTS AT WAIST LEVEL AS MOVE FWD L, R;
7. FWD L BEGAN TO BRING JND HANDS DOWN BETWEEN PRTS (W FWD R COMM RF TWIRL), SD R TO FC COH, XLF OF R (TWIRL RF UNDER LEAD ARMS L, R TO PTR & WALL) LOOSE CP COH;
8. REPEAT MEAS 4 OF PART A;

9-12 TRIPLE TRAVELER TO RLOD:: BASIC END:

9. FWD L TRN LF 1/2 TO FC WALL-, SD & FWD R, FWD & XLF OF R FC RLOD (W BK R TRN 1/2 LF-, SD L TRN LF UNDER LEAD ARMS, CON'T TRN LF TO FC PTR & W R);
10. FWD R SPIRAL LF UNDER JOINED HANDS (W TRN TO FC RLOD FWD L), LOWER THE HANDS OUT IN FRT OF PRTS AT WAIST LEVEL AS MOVE FWD L R;
11. FWD L BEGAN TO BRING JND HANDS DOWN BETWEEN PRTS (FWD R COMM RF TWIRL), SD R TO FC WALL, XLF OF R (TWIRL RF UNDER LEAD ARMS L, R TO FC PTR & COH) LOOSE CP WALL;
12. REPEAT MEAS 4 OF PART A;
SMOKE IN YOUR EYES (cont'd)

13-16 2 SD BASICS:: LUNGE BASIC: OP BREAK ENDING:

13-14  SD L::, XRIB OF L (XIB), REC L::, SD R::, XLIB OF R (XIB), REC R::
15-16  REPEAT MEAS 3 & 4 OF INTO::
   NOTE: 16 SECOND TIME THRU REPEAT MEAS 14 OF PART A::

PART B

1-4  2 OPEN BASICS:: 2 SWITCHES::

1-2  SD L TO L1/2OP::, XRIB OF L (XIB) REC L::, SD R TO 1/2 OP::, XLIB OF R (XIB), REC
   R COMM TO XIF OF W;
3-4  XIF OF W SD L TRN TO L1/2OP::, FWD R, FWD L (FWD R::, L, R, COMM TO
   XIF OF M), FWD R (XIF OF M SD L TRN TO 1/2 OP::), FWD L, R COMM TO
   XIF OF W;

5-8  2 SWITCHES TO BFLY:: UNDERARM TRN: FENCE LINE RLOD:

5-6  REPEAT MEAS 3 OF PART B::, FWD R (XIF OF M SD L TRN TO 1/2 OP::), FWD
   L, FWD R TO FC PRT LOOSE BFLY (W FWD L, FWD R TO FC PRT & COH);
7-8  SD L::, XRIB OF L, (W XL OVER R TRNG UNDER LEAD HANDS FULL TRN) SD L,
   SD R::, LUNGE THRU RLOD L, REC R TO FACE;

9-12  2 OPEN BASICS:: 2 SWITCHES::

9-12  REPEAT MEAS 1-4 OF PART B::;

13-16  2 SWITCHES:: SD BASIC: OP BREAK END:

10-11  REPEAT MEAS 5-6 OF PART B::;
12-13  REPEAT MEAS 13 OF PART A::, REPEAT MEAS 4 OF INTRO;

END

1-4  2 OP BASICS:: FWD 3, MANUV::

1-2  REPEAT MEAS 1-2 OF PART B TO FC LOD::;
3-4  FWD L::, FWD R::, FWD L::, FWD R COMM TO MANUV IN FRONT OF W FC RLOD;

5-8  PIVOT 4:: SD PROMENADE SWAY: CHG TO HINGE LINE & EXTEND:

5-6  PIVOT RF L::, R::, L::, R:: TO FC PRT & W::;
7-8  LUNGE SD L::, IN SCP TO LOOK LOD WITH SWAY; SLOWLY CHG SWAY TO LOOK
   RLOD (W HOOK L BHD R CHG WEIGHT TO L AND LOWER TO EXTEND R::);