SIXTEEN TONS

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Music: Collectables COL 6300, Tennessee Ernie Ford, flip “A hundred pounds of clay”
Or mp3 download from Amazon or others. Time 2:33 @ speed 44

Footwork: Opposite unless otherwise indicated (lady ’s footwork between brackets)

Rhythm & RAL Phase: Jive V
Sequence: Intro – AB – A – B Mod

INTRODUCTION

1 - 4 WAIT ; VINE 3 HOLD ; SLOW HOOK ; UNWIND TO CP ;
BFLY WALL wt 4 notes; sd L, XRIB, sd L-; -.hook RIF (W LIF),-.; [on “some”] unwind LF full tm to CP WALL; [Part A starts on “people”]

1 - 5 MOOCH TO HNDSHK ;;;;
Trng to 1/2 OP LOD rk bk L, rec R, kck L, sip L; kck R, sip R, rk bk L, rec R; trng RF 1/2 fwd L/cl R, bk L to 1/2 LOD RLOD, rk bk R, rec L; kck R, sip R, kck L, sip L; rk bk R, rec L, trng LF 1/4 fwd R/cl L, fwd R to HNSHK WALL;

6 - 9 TRIPLE WHEEL LOD ~ CHANGE HANDS BEHIND THE BACK ;;;;
Rk apt L, rec R, whl RF sd L/cl R, sd L trng twd ptr & tch W’s bk w/ L hnd (W whl RF sd R/cl L, sd R trng away from ptr); cont RF whl sd R/cl L, sd R trng away from ptr (W cont RF whl sd L cl R, sdL trng twd ptr & tch M’s bk w/ L hnd), cont RF wheel sd L/cl R, sd L trng twd ptr & tch W’s bk w/ L hnd (W cont RF whl trng away from ptr sd R/cl L, sd R swvlg RF to fc ptr); sd R/cl L, sd R (W spn full RF trn L/ R,L) to LOD RLOD, {Chg Hnds Bhd Bk} rk apt L, rec R; fwd L/cl R, fwd L trn 1/4 LF (W rk bk R, rec L, fwd R/cl L, fwd R trn 1/4 RF) chg W’s R hnd to M’s R hnd, sd & bk R/cl L, sd R cont trn 1/4 LF (W sd L/cl R, sd & bk L trn 1/4 RF) chg W’s R hnd to M’s R hnd to LOP-FCG RLOD;

10 - 12 SHE GO HE GO ~ CHANGE L TO R ;;;
Sd L/cl R, sd L trng 1/4 LF (W fwr R/cl L, fwr R trng 1/4 LF to fc M), sd R/cl L, sd R (W bk L/cl R, bk L) to LOD RLOD; {W go M go} rk apt L, rec R, trng 1/4 RF fwr L/R, L (W trng 1/4 LF undr jnd ld hnds fwr R/cl L, fwr R); trng LF 3/4 undr jnd ld hnds fwr R/L, R (W trng LF 1/4 bk L/R, L) to LOD RLOD, {Chg L to R} rk apt L, rec R; sd L/cl R, sd L trng 1/4 RF (W trng 3/4 LF undr jnd ld hnds fwr R/cl L, bk R), sd R/cl L, sd R to LOP-FCG-WALL;

13 - 16 EVEN COUNT STOP & GO ;; LINK & WHIP TURN ;;
Rk apt L, rec R, sd L start lg trn, comp 1/4 RF trn cl R & place R hnd on W’s L shldr blade (W rk apt R, rec L, fwr R twd M’s R sd start lg RF trn, compg 1/2 RF trn sd & bk L); ck fwr L DW in press line, rec R, cl L, bk R (W rk bk R in sit line raisg L hnd straight up, rec L lowrg hnd, trng LF fwr & sd R, bk L compg LF trn) to LOD RLOD; {Link & whp trn} rk apt L, rec R, trng 1/4 RF fwr L/cl R, fwr L to CP RLOD; contg RF trn XRIB, sd L (W sd L, fwr R between M’s ft), sd R/cl L, sd R to CP WALL;

17 - 20 VINE 8 SCP ;; KICK & DIG 2X ;;
[Sm stps] Sd L, XRIB (WXIB), sd L, XRIF (WXIF); rpt meas 9 Part B to SCP LOD; {kck cl tch cl} kck L LOD, cl L, swvlg to CP tch R w/ bent knees, cl R; swvlg to SCP rpt meas 19 Part B;

Re-visited Feb 2016
PART B

1 - 3 CHANGE R TO L TO HNDSHK ~ LADY CHANGE L TO R TO TANDEM ;;;
Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W sd Rc/l L, fwd R trng ¼ RF undr jnd ld hnd); sd & fwd R/cl L, sd R (W sd & bk L/cl R, sd & bk L) to HNDSHK LOD, {Mod chg L to R to TANDE} rk apt L, rec R; fwd L/cl R, fwd L(W fwd R/cl L, fwd R trng ½ LF undr jnd R hnds), sip R/L, R (W sd /cl R, sd L bhd M) jng L hnds also to TANDE LOD;

4 - 6 CATAPULT ~ CHANGE L TO R TO SCP ;
Ck fwd L, rec R, bk L/cl R, bk L (W rk bk R, rec L, movg to M’s L sd fwd R/cl L, fwd R startg trng RF); sip R/L, R (W comp 1 ½ RF spin L/R, L, {Chg L to R} rk apt L, rec R ; sd L/cl R, sd L trng ¼ RF (W trng ½ LF undr jnd ld hnds fwd R/cl L, bk R), sd R/cl L, sd R to SCP LOD ;

7 - 9 FALLAWAY THROWAWAY ~ CHANGE HANDS BEHIND THE BACK ;;;
{Falwy Throw} Rk bk L, rec R, relg R hnd from W’s bk fwd triple L/R, L to face LOD (W fwd triple R/L, R swlg LF ½ on ball of R ft to end in front of M); triple in place R/L, R (W small bk L/R, L) to LOP-FCG LOD, {Chg Hnds Bhd Bk} As described in Part A ;;

10 - 12 SHE GO HE GO ~ CHANGE L TO R ;;;
As described in Part A ;;

13 - 16 EVEN COUNT STOP & GO ;; LINK & WHIP TURN ;;
As described in Part A ;;

17 - 20 VINE 8 SCP ;; KICK & DIG 2X ;;
As described in Part A ;;

Repeat Part A

PART B Mod

1 - 3 CHANGE R TO L TO HNDSHK ~ LADY CHANGE L TO R TO TANDEM ;;;
Repeat meas 1-3 Part B ;;

4 - 8 CATAPULT ~ CHANGE L TO R W/ CONTINUOUS CHASSE ~ FALLAWAY THROWAWAY ;;;;
{Catapult} As described in Part B ~ {L to R w/ Cont Chasse} Rk apt L, rec R ; sd L/cl R, sd L trng ¼ RF (W trn ½ LF undr jnd ld hnds R/L, R) to LOP-FCG WALL w/ free hnd folded in ft of bdy, twd RLOD sd R/cl L, sd R/cl L, sd R [w/ slight bdy tilt L shldr low R shldr high] xtdg free hnd out progressively]. {Falwy Throw} As described in Part B ;;

9 - 11 CHANGE HANDS BEHIND THE BACK ~ SHE GO HE GO ;;;
As described in Part A ;;

12 - ? CHANGE L TO R ~ LINK ~
As described in Part A ~ {Link}Rk apt L, rec R; fwd L/R, L to CP WALL, [This last portion done to vocals - no true beat]

"go"
- SLOW R LUNGE & HOLD
  Slowly lower into R lunge & hold

"I owe"
- RISE TO A WRAP RLOD
  Slow rise & swvl ¼ RF sd L (W slow rise & swvl 1/4 LF undr jnd ld hnds sm bk R,) to WRP RLOD

“my”
- SLOW WHEEL 3 TO WRAP LOD
  Fwd R,L,R whlg to WRP LOD

“soul”
- UNWRAP IN 4 TO WALL JOIN R HANDS
  Sip L, R, L, R trng 1/4 RF (W unwrp R, L, R, L,) & chg hnds to R HNDSHK WALL

silence
- CONTRA CHECK
  Lower on R & ck fwd L w/ R sd ld

“company store”
- QUICK RECOVER STEP STEP TO BFLY
  [Wt to hear “to the”] Rec R, sip L, sip R to BFLY WALL,-;

notes
- VINE 3 HOOK; UNWIND
  Sd L, XR1B (WXIB,), sd L, hook RIF (W hook LIF,); relg R hnds unwind LF to fc & jn trL hnds;

Last 2 notes
- APT PT
  Apt L, pt R tww ptr;
**Tennessee Ernie Ford**'s half-century legacy is staggering. His unprecedented achievements earned him three stars in The Hollywood Walk of Fame—for Radio, Records and Television. On March 26th, 1984, President Ronald Reagan presented Ernie with The Presidential Medal of Freedom; the highest honor a sitting President can bestow upon a civilian on behalf of his country...

His popular TV program “The Ford Show” was not named after him, although many assumed so, but after his sponsor, the Ford Motor Company.

His biggest hit "Sixteen Tons” was credited as being the first Rock & Roll hit and for kicking off the Rock and Roll era of the Fifties.

**SIXTEEN TONS – WOODRUFF- JV V – 2:33 – TENNESSEE ERNIE FORD**

**INTRO (4 meas)**
BFLY WALL wait 4 notes ; Vine 3 hold ; Slow Hook ; Unwind to CP ;

**PART A (20 meas)**
Mooch to HNDSHK ;;;;;
Triple Wheel to fc LOD ~ Hands Behind the Back ;;;;;
She Go He Go ~ Change L to R ;;;;; Even Count Stop & Go ;
Link & Whip Turn ;; Vine 8 ;; Kick & Dig 2x ;;

**PART B (20 meas)**
Change R to L to HNDHSHK ~ Lady Change L to R to TAND ;;;;;
Catapult ~ Change L to R to SCP ;;;;; Fallaway Throwaway ~
Hands behind the Back ;;;;; She Go He Go ~ Change L to R ;;;;;
Even Count Stop & Go ;; Link & Whip Turn ;; Vine 8 ;; Kick & Dig 2x ;;

**PART A (20 meas)**
Mooch to HNDSHK ;;;;;
Triple Wheel to fc LOD ~ Hands Behind the Back ;;;;;
She Go He Go ~ Change L to R ;;;;; Even Count Stop & Go ;
Link & Whip Turn ;; Vine 8 ;; Kick & Dig 2x ;;

**PART B Mod (Approx 24 meas)**
Change R to L to HNDHSHK ~ Lady Change L to R to TAND ;;;;;
Catapult ~ Change L to R to SCP with Continuous Chasse ~
Fallaway Throwaway ;;;;; Hands behind the Back ~ She Go He Go ;;;;;
Change L to R ~ Link ~
[go] Slow Right Lunge & Hold ;;;;;
[I owe] Rise to WRAP RLOD ~
[my] Slow Wheel 3 to fc LOD ;;;;;
[soul] Unwrap in 4 to HNDSHK WALL ~
[… ] Contra Check ;;
[company store] Qk Rec Step Step to BFLY ;
Vine 3 Hook ; Unwind ; Apart Point ;