SISSY’S SONG

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Music: Sissy’s Song    Artist: Alan Jackson    Album: Good Time (Track 9)
Single download available on Amazon, Walmart & others

Footwork: Opposite unless noted (Woman’s footwork in Parentheses) Time: 3:03 as downloaded
Rhythm: Bolero    RAL Phase IV + 1 (Triple Traveler)    Degree of Difficulty: AVG
Sequence: INTRO A B INTER 1 A B INTER 2 A (5-8) B END

INTRODUCTION

1-4 AIDA POS FCG RLOD WAIT;; SWVL TO FNC LINE; FWD BREAK;
1-2 In AIDA pos fcg RLOD lead feet free wait;;
3-4 Sd & fwd L w/body rise swvlg to fc ptr,-, X lunge R, bk L; sd & fwd R w/body rise to LOP fcg,-, fwd L w/contra ck action, bk R;

5-8 SPOT TURN; CRAB WLKS;; HAND TO HAND;
5 Sd L begin LF turn w/body rise,-, XRif trng 1/2 LF, fwd L to BFLY;
6-7 Sd R w/body rise,-, XLif lowering, sd R: XLif w/body rise,-, sd R lowering, XLif;
8 Sd R w/body rise,-, swvlg to OP fcg LOD bk L, fwd R to fc ptr;

PART A

1-4 TRLG HNDS UND ARM TRN TO M’S TAMARA; WHEEL 6;; M UNWIND TO LOW BFLY;
1 Maintaining & raising trlg hand hold sd L w/body rise,-, XRib lwrg, fwd L to M’s Tamara (W sd R w/body rise,-, XLif trng 1/2 RF, fwd R);
2-3 Circle CW small steps fwd R w/body rise,-, L lwrg, R; L w/body rise,-, R lwrg, L end fcg LOD (W fcg RLOD);
4 Releasing high hand hold small fwd R trng 1/2 LF,-, rec L to fc ptr, cl R to low BFLY (W sm fwd L,-, rec R to fc ptr, cl L);

5-8 HIP LIFT; REV UND ARM TURN; UND ARM TRN TO CP; HAND TO HAND TO PU;
5 Sd L bringing R to L,-, slight pressure on R rising R hip, lower hip;
6 Sd R w/body rise,-, XLif lwrg, bk R to BFLY (W sd L comm LF trn,-, XRif trng 1/2 LF, fwd L completing trn);
7 Sd L w/body rise,-, XRib lwrg, fwd L to CP (W sd R comm RF trn,-, XLif trng 1/2 RF, fwd R completing trn);
8 Sd R w/body rise,-, swvlg to 1/2 OP fcg LOD bk L, rec R in plc to PU W (W sd L w/body rise,-, swvlg to1/2 OP fcg LOD bk R, strong fwd & sd L in front of M to PU);

PART B

1-4 TRIPLE TRAVELER;;; OPEN BREAK;
1 Fwd L w/body rise & LF upper body trn to lead W to M’s L side raising lead hands to start W in LF trn,-, fwd R lwrg, fwd L (und joing lead hands W bk R trn 1/4 LF,-, sd & fwd L trng 1/2 LF, sd & fwd R fc LOD);
2 Fwd R w/ body rise & spiral LF und joing lead hands,-, fwd L lwrg, fwd R (W fwd L,-, fwd R, fwd L);
3 Fwd L w/body rise bringing joing hnds down & bk in cont circular motion leadg W into RF trn,-, fwd & sd R lwrg to fc ptr, XLif (W fwd R comm RF trn,-, sd L cont RF trn und joing hnds, fwd R to fc ptr);
4 Sd & fwd R w/body rise to LOP fcg extend M’s R (W’s L) arm to sd,-, bk L lwrg, fwd R;
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5-8 CROSS BODY; NY; BASIC;;
5 With lead hand hold sd & bk L trng LF,, bk R w/slpg action trng LF, fwd L to fc WALL
  (W sd & fwd R, fwd L Xing frnt of M trng LF, sm sd R to fc COH);
6 Sd R w/body rise,, fwd L w/slpg action to LOP RLOD, bk R comm trn to fc ptr;
7-8 Sd L w/body rise,, bk R w/slpg action, fwd L;  sd R w/body rise,, fwd L w/slpg action, bk R;

INTERLUDE 1

1-4 SPOT TURN; CRAB WLKS;; HAND TO HAND;
  1-4 Repeat meas 5-8 of INTRO;;;;

REPEAT A

REPEAT B

INTERLUDE 2

1-4 PREP THE AIDA; AIDA LINE & RK 2; SWVL TO FNC LN; FWD BREAK;
  1 Sd L w/body rise to slight OP V pos, thru R lwrg, sd L trng RF;
  2 Cont trng RF bk R to AIDA pos, rk L, rk R;
  3-4 Repeat meas 3-4 of INTRO;; to LOW BFLY

PART A MEAS 5-8

REPEAT PART B

END

1-4 PREP THE AIDA; AIDA LINE & RK 2; SWVL TO FNC LN; CP SLOW HIP LIFT;
  1-3 Repeat meas 1-3 of INTERLUDE 2;;;;
  4 [On the guitar strum before the last “don’t”] CP Sd R bringing L to R,, slight pressure on L rising L hip,
     lower hip;

5-6 SLOW RK L; SLOW RK R; BK TO LEG CRAWL;
  5-6 [On the first guitar note after the last “me”] slow rk sd L,, [on the fifth guitar note] slow rk sd R, [on
     last guitar strum] bk L lvg R leg extended (W fwd R bringing L leg up along M’s R outer thigh lvg foot
     inside of M’s leg and toe pointed twds floor);