

SING SING SING

Choreo: Zena & Ernie Beaulieu, 3009 High Tide Ct, Las Vegas, NV 89117
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 Music: Sing Sing Sing by The Columbia Ballroom Orchestra, Album: Let's Dance Vol 1: Invitation to Dance Party – I Could Have Danced All Night, trk 6, download time 1:55
 Rhythm: Two-Step/QS Phase III +2 (1/4 trn prog chasse, running fwd lks)
 [Phase IV w/optional leg crawl]
 Footwork: Opposite unless indicated (W's footwork in parentheses) Speed: 42.5 rpm or adj for comfort
 Timing: QQS unless otherwise indicated, reflects actual weight changes Difficulty: Above average
 Sequence: Intro ABA(9-16) BA(9-16) CB End Released: Mar 7, 2018

Intro

1-4 Wait;; Apt Pt; P/U Tch;

1-2 Wait 2 meas with trailing hnds jnd in opn fcg with M fcg DLW;;
 3-4 Apt L, - , pt R twd ptr, - ; thru R trng 1/4 LF to fc LOD (*Fwd L trng LF to cp fcg RLOD*), - , tch L to R, - ;

Part A

1-16 ¼ Trn – Prog Chasse – Fwd;;;; Running Fwd Lks;; Manv Sd Cl; Pvt 2 LOD; ¼ Trn – Prog Chasse – Fwd;;;; Running Fwd Lks;; Manuv Sd Cl; Pvt 2 WALL;

1-3 {1/4 trn prog chasse} Fwd L, - , fwd R trng RF 1/4 fc WALL, - ; sd L, cl R trng RF 1/8, sd & bk L, - ; bk R trn LF 1/8, - , sd L, cl R trn LF 1/8; sd & sltly fwd L bjo DLW, - , fwd R, - (*W bk R, - , bk L trng RF 1/4, - ; sd R, cl L trn RF 1/8, sd & fwd R, - ; fwd L trn LF 1/8, - , sd R, cl L trn LF 1/8; sd & sltly bk R bjo, - , bk L, - ;*)
 4-5 {Running Fwd Lks} Fwd L, XRib, fwd L, fwd R; fwd L, XRib, fwd L, - (*Bk R, XLif, bk R, bk L; bk R, XLif, bk R, - ;*)
 6-7 {Manuv Sd Cl} Comm RF trn fwd R, - , comp ½ RF trn CP fcg RLOD sd L, cl R (*Comm RF trn bk L, - , comp ½ RF trn sd R, cl L; {pvt 2} Bk L & sd trng approx 3/8, - , cont trn fwd R betw W's feet end fcg DLW, - ;*)
 8 {pvt 2} Bk L & sd trng approx 3/8, - , cont trn fwd R betw W's feet to fc LOD, - ;
 9-16 Repeat meas 1-8 to bfly WALL;;;;;;;

Part B

1-8 [BFLY WALL] Fc To Fc; Bk To Bk; Bsktbll Trn;; Fc To Fc; Bk To Bk; Qk Vine 8 to PU;;

1-2 {Fc to fc} Sd L, cl R, sd L trng LF (RF) to a bk to bk pos, - ; {Bk to bk} Sd R, cl L, sd R trng RF to bfly WALL, - ;
 3-4 {Bsktbll trn} Lunge sd L twd LOD trng RF, - , rec R cont trn to fc RLOD, - ; cont RF trn lunge sd L twd RLOD, - , rec R cont trn to opn LOD, - ;
 5-6 Repeat meas 1-2;
 7-8 {Vine 8 to PU} Sd L, XRib, sd L, XRib, sd L, XRib trng LF to cp LOD;

Part C

1-16 [BFLY WALL] Sd Draw; Bhnd Sd Thru; Sd Draw; Bhnd Sd Thru; 2 Trng 2-Stps;; Twrl 2; Wk 2 BFLY; Sd Draw; Bhnd Sd Thru; Sd Draw; Bhnd Sd Thru; 2 Trng 2-Stps;; Twrl 2; Wk 2 BFLY WALL;

1-2 Sd L, draw R twds L, - , - ; XRib, sd L, thru R, - ;
 3-4 Repeat meas 1-2;;
 5-6 {2 Trng 2-stp} Blending to cp comm RF trn sd L, cl R, trng RF sd & bk L (*W fwd R between M's ft*) to CP COH, - ; trng RF sd R, cl L, sd & fwd R trng to bfly WALL, - ;
 7 {Twrl 2} Sd & fwd L raising jnd lead hnds leading W to begin twirl (*W sd & fwd R comm RF trn under jnd lead hnds*), - , fwd R cont leading W to comp twirl ending in scp fcg LOD (*W sd & bk L completing RF trn to scp*), - ;
 8 Fwd L, - , fwd R trng to fc ptr in bfly WALL, - ;
 9-16 Repeat meas 1-8;;;;;;;

End

1-10 ¼ Trn – Prog Chasse – Fwd;;;; Running Fwd Lks;; Manuv Sd Cl; Pvt 2 LOD; Dip & Hold; Hold & Twst; [optional: Qk Leg Crawl]

1-8 Repeat Part A meas 1-8;;;;;;;
 9-10 Bk L, - , - , - ; - , - , - , rotate upper body slightly LF;
 [optional: (*W - , - , - , rotating slightly LF raising left knee upward along the outside of M's right leg*);]