Show Me the Way

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Music: “Show Me the Way” by Vio Friedmann, Download from Amazon, 2:46
CD: The Most Beautiful Songs for Dancing – Heavenly Steps, track #5

Rhythm: Rumba Phase III Speed: 45 RPM as recorded

Footwork: Opposite unless indicated (W’s footwork in parentheses)

Difficulty: Average

Timing: QQS unless otherwise indicated, reflects actual weight changes

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Sequence: Intro A Brg BA(mod) BA(9-14) B(mod) End

INTRO (4 meas)
1-2 Wait;; Cucar Twice to Bfly WALL;;
3-4 (Cucar) Sd L, rec R, cl L, - ; sd R, rec L, cl R, - ;

PART A (16 meas)
1-8 [Bfly WALL] Basic;; Fnc Line; Thru Serpiente;; Fnc Line; Rev U/Arm Trn; U/Arm Trn;
1-3 (Basic) Fwd L, rec R, sd L, - ; bk R, rec L, sd R, - ; (Fnc line) X Lun R twds RLOD, rec R, sd L, - ;
4-5 (Thru serpiente) Thru R, sd L, bhnd R, fan L CCW; bhnd L, sd R, thru L, fan R CW;
6 (Fnc line) X Lun R twds LOD, rec L, sd R, - ;
7 (Rev undrm trn) In bfly fcg WALL XLif, rec R, sd L (W swvlg ¼ LF fwd R twds RLOD trng ½ , rec L trng to bfly fcg ptr, sd R, - );
8 (Undrm trn) Trng body sly RF and raising jnd lead hnds bk R, rec L to fc, sd R (W swvlg ¼ RF fwd L undr jnd lead hnds trng ½ , rec R trng to fc ptr, sd l, - );

9-16 Brk Bk To Opn LOD; Prog Wk 3; Fwd & Bk Basics;; Circ Away & Tog;; Shldr to Shldr Twice;;
9-10 (Brk Bk to opn) Swiveling sharply on the R step bk L to lop LOD, rec R, fwd L, - ; fwd R, fwd L, fwd R, - ;
11-12 (Fwd & Bk Basic) Fwd R, bk L, - ; bk R, rec L, fwd R, - ;
13-14 (Circ Away & Tog) Trng LF (W RF) & away from ptr fwd L, fwd R, fwd L to fc ptr, - ; cont trng LF & moving twd ptr fwd R, fwd L to rfly WALL, - ;
15-16 (Shldr to shldr) Fwd L to bfly SCAR, rec R to fc, sd L, - ; fwd R to bfly BJO, rec L to fc, sd R, - ;

Bridge (2 meas)
1-2 Cucar twice;;
1-2 Repeat Intro, meas 3-4;;

PART B (10 meas)
1-10 [Bfly WALL] Opn Brk; Whip ¼ LOD; Chase w/ UArm Pass RLOD;; NYer Twice;; Opn Brk; Whip ¼ WALL;
Chase w/ UArm Pass COH;;
1-2 (Opn brk) Bk L, rec R, sd L, - ; (whip) Bk R, rec L trng ¼ to bfly LOD, sd R (W fwd L comm LF trn, fwd R comp trn to fc ptr & RLOD, sd L, - );
3-4 (Chase w/uard pass) Holding lead hnds fwd L trng sharply RF ¼ fcg RLOD, rec R, fwd L (W bk R, rec L, fwd R ending at M’s right side, - ); bk R, rec L, sd R (fwd L, fwd R trng LF sharply to fc ptr, sd L, - );
5-6 (NYer twice) Releasing trailing hnds trng RF thru L fbd COH, rec R to fc ptr in bfly, sd L, - ; releasing lead hnds trng LF thru L fbd WALL, rec L to bfly fcg ptr & RLOD, sd R, - ;
7-10 Repeat meas 1-4 to end fcg COH;;;

PART A mod (12 meas)
1-12 [Bfly COH] Basic;; Fnc Line; Thru Serpiente;; Fnc Line; Rev U/Arm Trn; U/Arm Trn; Brk Bk To Opn Rev;
Prog Wk 3; Circ Away & Tog bfly COH;;
1-10 Repeat meas 1-10;;;;
11-12 Repeat Part A, meas 13-14 ending bfly COH;;

PART B (10 meas)
1-10 [Bfly COH] Opn Brk; Whip ¼ fc RLOD; Chase w/ UArm Pass LOD;; NYer Twice;; Opn Brk; Whip ¼ COH;
Chase w/ UArm Pass WALL;;
1-10 repeat meas 1-10 to end fcg WALL;;;;;
PART B mod (9 meas)

1-9  [Bfly WALL] Opn Brk; Whip ¼ fc LOD; Chase w/ Uarm Pass RLOD;; NYer Twice;; Opn Brk; Whip ¼ bfly WALL; Fnc Line Once;

1-8  Repeat meas 1-8 to bfly WALL;;;;;;;

9   (Fnc line) X Lun L twds RLOD, rec R, sd L, - ;

1 Lunge Thru & Hold;

Quick Cues: Bfly/Wall, 2 meas wait

Intro    Wait;;  Cucar Twice;

A    Basic;;  Fnc Line; Thru Serpiente;;  Fnc Line; Rev U/Arm Trn; U/Arm Trn; Brk Bk To Opn (LOD); Prog Wk 3; Fwd & Bk Basics;;  Circ Away & Tog;;  Shldr to Shldr Twice;;

Brg   Cucar Twice;;

B    Opn Brk; Whip ¼ (LOD); Chase w/ Uarm Pass (RLOD); NYer Twice;; Opn Brk; Whip ¼ (Wall); Chase w/ Uarm Pass (COH);;

A(mod)  Basic;;  Fnc Line; Thru Serpiente;;  Fnc Line; Rev U/Arm Trn; U/Arm Trn; Brk Bk To Opn Rev;  (to Rev) Prog Wk 3; Circ Away & Tog (COH);;

B    Opn Brk; Whip ¼ (RLOD); Chase w/ Uarm Pass (LOD); NYer Twice;; Opn Brk; Whip ¼ (COH); Chase w/ Uarm Pass (Wall);;

A(9-14)  Brk Bk To Opn (LOD); Prog Wk 3; Fwd & Bk Basics;;  Circ Away & Tog;;

B(mod)  Opn Brk; Whip ¼ (LOD); Chase w/ Uarm Pass (RLOD); NYer Twice;; Opn Brk; Whip ¼ (Wall); Fnc Line Once;

End    Lunge Thru & Hold;