**Show Me Heaven V**

Choreographers: Kenji & Nobuko Shibata, Misugidai 2-2-1-512, Hanno-shi, Saitama-ken, 357-0041 JAPAN  Phone/FAX: 042-981-9809  
e-mail: kenjishibata@yahoo.com  
website: http://www16.plala.or.jp/shibata-web/

Music: Artist: Company  CD: Casa Musica “Dance It!” CM-CD 006 Track #15  
Suggested speed:23MPM (as on the CD)

Footwork: Opposite, directions for man (lady as noted)  
[Note: Timing indicates weight changes only]  
Rhythm & Phase: Bolero V+2  
Sequence: Intro A B A B C  
Released: January, 2012

**INTRO**

1-4  
**WAIT; OPEN CONTRA BREAK; SPIRAL & CIRCULAR WALKS; SPIRAL TRN TO FC:**

1  Wait 1 meas in FCG Pos/WALL trailing ft free pointed bk (W point fwd) R-hnds hnd jnd;
2  **{Open Contra Break}** Sd & fwd R, -, fwd L across body looking at W, rec R (W sd & bk L, -, bk R across body looking well left, rec L);
3  **{Spiral & Circular Walks}** Cl L leading W spiral LF to R-HND STAR Pos, -, fwd R comm circular walks CW, fwd L cont circling CW to fc DRC (W fwd R spiraling LF full trn under jnd R-hnds, -, fwd L comm circular walks CW, fwd R cont circling CW to fc DLW);
4  **{Spiral Trn to Fc}** Fwd R cont circling CW leading W spiral RF, -, fwd L cont leading W trn RF, fwd R to fc WALL (W fwd L spiraling RF under jnd R-hnds, -, step almost in pl R, L cont trng RF under jnd R-hnds to fc COH) end FCG Pos/WALL;

**PART A**

1-8  
**TRNG BASIC;; CROSS BODY OVERTRN; FWD & SWIVEL TO FC; UNDERARM TRN; RONDE OPENING OUT; W SPIRAL & ROLL OUT; LUNGE BREAK;**

1-2  **{Trng Basic}** Assuming CP/WALL sd L trng body RF, -, slip R bk under body comm trng LF, fwd L cont trng LF to fc COH (W sd & slightly fwd R trng body RF looking R, -, fwd L comm trng LF, bk R cont trng LF) end CP/COH; Sd & slightly fwd R, -, fwd L w/ Contra Check like action, bk R end CP/COH;
3  **{Cross Body Overtrn}** Sd & bk L trng LF 1/4 to fc RLOD, -, slip R bk under body leading W fwd, releasing R-hnd fwd L to fc WALL (W fwd R twd WALL, -, fwd L, fwd R spiraling LF full trn to fc WALL) end momentary TANDEM Pos both fgg WALL lead hnds jnd;
4  **{Fwd & Swivel to Fc}** Fwd R, -, fwd L w/ checking action leading W swivel RF, rec R (W fwd L, -, fwd R swiveling RF 1/2 to fc M, fwd L) end LOP FCG Pos/DRW;
5  **{Underarm Trn}** Sd & bk L raising jnd lead hnds, -, slightly trng RF XRIB leading W trn RF under jnd lead hnds, rec L trng LF to fc WALL (W fwd R, -, XLIF comm trng RF under jnd lead hnds, rec R cont trng RF to fc M) end CP/WALL;

**S--**  
6  **{Ronde Opening Out}** Cl R comm trng body RF to lead W trn RF, -, flex R-knee extending L twd LOD cont trng body RF, rise on R trng body LF (W sd & fwd L around M comm trng RF ronde R CW, -, cont trng RF on L to fc WALL bk R under body, rec L comm trng LF) end SCP/WALL;
7  **{W Spiral & Roll Out}** Cl L raising jnd lead hnds over W’s head to lead W spiral LF, -, bk R small step lowering jnd lead hnds, fwd L (W fwd R spiraling LF under jnd lead hnds to fc WALL, -, fwd L, fwd R trng LF 1/2 to fc M) end LOP FCG Pos/WALL;

**S--**  
8  **{Lunge Break}** Sd & fwd R, -, flexing R-knee extend L sd & bk extending R-hnd up & out, rising on R (W sd & bk L, -, bk R under body flexing knee extending L fwd L-hnd up & out, rec L) end LOP FCG Pos/WALL;
PART A (cont’d)

9-16

LEFT PASS; FWDBREAK; CHECKED R PASS; M TRN TO TANDEM; ARM BAR & SD RKS; REV UNDERARM TRN UNDER TRAILING HNDS; W SYNC ROLL TO FC; HIP LIFT:

9 {Left Pass} LOP FCG Pos/WALL Fwd L small step leading W trn RF jnd lead hnds at waist level R-hnd straight up, -, slip R under body comm trng LF, fwd L cont trng LF to fc COH (W fwd R trng RF 1/2 to fc WALL L-hnd straight up, - , comm trng LF sd & fwd L, cont trng LF to fc M bk R) end LOP FCG Pos/COH;

10 {Fwdbreak} Sd & fwd R, -, fwd L, rec R joining trailing hnds to end BFLY/COH;

11 {Checked R Pass} Sd & fwd L to W’s R-sd raising jnd lead hnds, -, trng RF XRIB keeping trailing hnds at waist level, cont trng RF sd & fwd L lowering jnd lead hnds (W fwd R, -, XLIF under jnd lead hnds, bk R) end momentary WRAPPED Pos/WALL;

12 {M trn to TANDEM} Releasing trailing hnds fwd R trng RF 1/2 to fc COH, -, fwd L rng RF 1/2 to fc WALL, fwd R (W bk L, -, bk R checking, fwd R) end momentary TANDEM/WALL M IF of W lead hnds jnd;

13 {Arm Bar & SD Rks} Trng RF 1/4 on R to fc RLOD sd L raising free R-hnd high, -, rk sd R, rec L (W trng LF 1/4 on L to fc LOD sd R, -, rk sd L, rec R) end SD-by-SD Pos/RLOD (W fc LOD) R-hips adjacent lead hnds jnd bhnd M’s bk;

14 {Rev Underarm Trn under Trailing Hnds} Sd R joining trailing hnds IF of W’s, -, releasing lead hnds XLIF raising jnd trailing hnds to lead W trn LF, rec R (W sd L, -, XRIF comm trng LF under jnd trailing hnds, rec L cont trng LF to fc WALL) end L-Shape Pos/RLOD (W fcg WALL) trailing hnds jnd;

SQQ 15 {W Sync Roll to Fc} Trng LF 1/4 on R to fc WALL fwd L flexing knee, -, leading W fwd rec R release trailing hnds, fwd L (W fwd R, -, fwd L passing M’s R-sd comm trng LF/SD R, cont trng LF step almost in pl L/R to fc M) end OPEN FCG Pos/WALL;

S-- 16 {Hip Lift} Assuming CP sd R placing L-toe next to R, -, with slight pressure on L-toe lift L-hip, loosing pressure on L-toe lower L-hip;

PART B

1-8

SYNC TRNG BASIC; SD TO OPEN HINGE; W ROLL OUT TO FC TRANS; OPEN CONTRA BREAK; W ROLL TO SKATERS & WHEEL RF; W ROLL OUT TRANS TO M’S LEFT SHADOW; SHADOW FENCE LINE; W SPIRAL M TRANS TO FC;

SQQ & 1 {Sync Trng Basic} CP/WALL sd L slightly rotating upper body RF, -, bk R under body w/ slipping action comm trng LF/fwd L cont trng LF, sd R cont trng LF to fc WALL (W sd R slightly rotating upper body RF looking right, -, fwd L small step w/ slipping action closing head comm trng LF/SD & bk R cont trng LF, cl cont trng LF) end CP/WALL;

S-- 2 {Sd to Open Hinge} Sd L trng body LF releasing lead hnds, -, flexing L-knee lower to Hinge Line extending R twd RLOD free L-hnd sd & bk (W sd R, -/swiveling LF on R cl L, flexing L-knee looking R twd RLOD looking left, -);

SS 3 {W Roll Out to Fc Trans} Sd R leading W fwd, -, leading W Roll LF w/ R-hnd rec L, - (W fwd R comm rolling RF, -, sd L cont rolling RF, sd R cont rolling RF to fc M) end FCG Pos/DRW;

4 {Open Contra Break} Sd & fwd R joining R-hnds, -, fwd L across body looking at W, rec R (W sd & bk L, bk R across body looking well left, rec L) end FCG Pos/DRW R-hnds jnd;

SS 5 {W Roll to Skaters & Wheel RF} Fwd L leading W roll LF to SKATERS Pos/RLOD, -, fwd R comm wheel RF, fwd L cont wheel RF (W fwd R trng LF to fc RLOD, -, bk L comm wheel RF, bk R cont wheel RF) end SKATERS Pos/DLW R-hnds jnd at W’s R-hip L-hnds jnd & extended sd;

SS 6 {W Roll Out Trans to M’s Left Shadow} Fwd R cont wheel RF to fc WALL leading W roll RF releasing L-hnds, -, cl L to R, - (W cont wheel RF bk L checking, -, sd & fwd R comm rolling RF, cont rolling cl L) end SD-by-SD Pos both fcg WALL W slightly M’s R-sd and bhnd M R-ft free for both R-hnds jnd;

7 {Shadow Fence Line} Sd & fwd R, -, XLIF bending knee, rec R;

SS 8 {W Spiral M Trans to Fc} Sd L flexing knee for Lunge Line, -, lead W roll LF rec R releasing R-hnds, - (W fwd L, -, fwd R spiraling LF full trn, fwd L small step cont trng LF 1/2 to fc M) end FCG Pos/WALL;
PART C

1-8  UNDERARM TRN; OPEN BREAK; INSIDE UNDERARM TRN TO NAT TOP;
W RONDE LARIAT M SYNC RKS TO TANDEM; CROSS CHECK & EXTEND;
M SYNC HIP RKS W CROSS SWIVELS; M HOOK TRN W WALK AROUND;
OPPOSITION BREAK TO TANDEM;

1  {Underarm Trn} FCG Pos joining lead hnds sd L raising jnd lead hnds, -, slightly trng RF XRIB leading W trn RF under jnd lead hnds, rec L trng LF to fc WALL (W sd R, -, XLIF comm trng RF under jnd lead hnds, rec R cont trng RF to fc M) end LOP FCG Pos/WALL;

2  {Open Break} Sd R, -, apt L small step, rec L;

3  {Inside Underarm Trn to Nat Top} Raising jnd lead hnds to lead W spiral LF sd & fwd L comm trng RF, -, assuming CP XRIB cont trng RF, sd L cont trng RF to fc DLC (W fwd R spiraling LF under jnd lead hnds, -, sd & fwd L comm trng RF, cont trng RF fwd R) end CP/DLC;

SQ&Q 4  {W Ronde Lariat M Sync Rks to TANDEM} Slightly trng RF on L to fc LOD cl R raising jnd lead hnds, -, releasing lead hnds rk sd L/rec R, sd L (W sd & fwd L around M ronde R comm trng RF, -, cont trng RF XRIB, cont trng RF to fc LOD sd L) end TANDEM/LOD W bhnd M no hnds jnd R-ft free for both;

S-- 5  {Cross Check & Extend} XRIF flexing knee looking COH, -, extend both hnds sd, -/straightening knee;

SQ&Q 6  {M Sync Hip Rks W Cross Swivels} Sd L small step, -, rk sd R/rec L, sd R (W swiveling RF on R XLIF placing both hnds at M's waists, -, swiveling LF on L XRIF, swiveling RF on R XLIF);

S-- 7  {M Hook Trn W Walk Around} XLIF, -, comm twisting RF full trn on both ft, complete twist to fc LOD joining R-hnds shifting wgt to L (W swiveling LF on L fwd R twd DLW keeping R-hnd around M's waist, -, fwd L comm trng RF around M, fwd R cont trng RF to to fc RLOD) end SD-by-SD Pos/LOD (W fcg RLOD) R-hips adjacent R-hnds jnd;

8  {Opposition Break to TANDEM} Cl R leading W trn RF, -, fwd L flexing knee, rec R (W fwd L small step trng RF 1/2 to fc LOD, -, bk R flexing knee, rec L) end TANDEM Pos/LOD W offset slightly to M's R-sd and bhnd M R-hnds jnd;

9-12+  W SPIRAL TO SKATERS & WALK 2 M TRANS; SWITCH & WALK 2 TWICE;;
W TRN TO OPEN HINGE;;

--QQ 9  {W Spiral to SKATERS & Walk 2 M Trans} TANDEM Pos/LOD W offset slightly to M's R-sd and bhnd M R-hnds jnd hold leading W spiral LF to SKATERS Pos/LOD, -, walk fwd L, R (W fwd R spiraling LF full trn to fc LOD, -, walk fwd L, R) end SKATERS Pos/LOD jnd R-hnds at W's R-hip L-hnds jnd & extended sd; (now same footwork)

10-11 {Switch & Walk 2 Twice} Fwd L swiveling RF 1/2 to fc RLOD in L-SKATERS, -, walk fwd R, L; Fwd R swiveling LF 1/2 to fc LOD in SKATERS Pos, -, walk fwd L, R end SKATERS Pos/LOD;

S-- 12+ {W Trn to Open Hinge} Fwd L leading W trn RF under jnd L-hnds, -, swiveling RF 1/4 on L to fc WALL hold W's bk w/ R-hnd, -, Flex L-knee extending R sd & bk twd RLOD free L-hnd extended sd & bk, - (W fwd L comm trng LF 1/2 under jnd L-hnds, -, cont trng LF to fc RLOD, -, Flex L-knee extending R fwd twd RLOD free L-hnd extended sd & bk, -) end Open HINGE LINE/DLW,