

SHAKE ME WALTZ

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Record: "Shake Me I Rattle", by Marion Worth, *Rare Country Hits* CD, Track 16 or Itunes.com

Footwork: Opposite, directions for man (*woman in parentheses*) Released: August 2015 Time: 3:13

Phase & Rhythm: Roundalab Phase 3+2 (Drag Hesitation, Hesitation Chg) Waltz

Timing 123 except as noted

Sequence: Intro, A, B, A, B, A, A, B, A, A, End Difficulty: Average



INTRODUCTION

Measure

1 CP FCG LOD WAIT 1;

1 CP Fcg LOD lead ft free wait drum roll and one full measure;

PART A

1-4 FWD WALTZ; MAN; SPIN TURN; BOX FINISH;

1-2 [Fwd Waltz] CP LOD fwd L, sd fwd R, cls L; [Man] Fwd R btwn ptr's feet trng RF, sd L twd Wall, cls R;

3 [Spin Turn] Bk L trng RF, sd fwd R btwn ptr's feet spinning to fce DLW, bk L;

4 [Box Finish] Bk R, sd L trng DLC, cls R CP;

5-8 2 LEFT TURNS;-; HOVER; PU LOD;

5-6 [Two Left Turns] Fwd L trn LF, cont trn sd R twd COH, fce CP RLOD cls L; cont trng LF bk R trng LF, sd L twd LOD, cls R CP WALL;

7 [Hover] Fwd L blind CP, sd fwd R, rec fwd L to SCP DLC;

8 [PU LOD] Thru R trng LF, sd L bring W to CP, cls R fce LOD;

PART B

1-4 DRAG HESITATION; BK, BK/LK/BK; OP IMPETUS; THRU HOVER BJO;

1 12- [Drag Hesitation] Fwd L trng LF, sd R twd DLC, draw L end BJO DRC;

2 12&3 [Bk, Bk/Lk/Bk] Bk L twd DLW, bk R/lk L, bk R;

3 [Op Impetus] Bk L trng RF, cls R heel trng RF (*W toe turn*), fwd L SCP DLC;

4 [Thru Hover BJO] Fwd R, fwd L trng W LF, bk R to BJO fcg DRC (*W thru L, fwd R trng LF to BJO, rec fwd L*);

5-8 BK HOVER SCP; PU DLC; TURN LEFT - CHASSE BJO; HEST CHG LOD;

5 [Bk Hover SCP] BJO fcg DLC bk L twd DRW, bk R rising trng W RF, fwd L to SCP DLC;

6 [PU DLC] Thru R, sd L twd COH trng LF, cls R to CP DLC;

7 12&3 [Turn Left-Chasse BJO] Fwd L trng LF to fce COH, sd R twd LOD/cls L, sd R trng to BJO fce DRC;

8 12- [Hest Chg] Back L trng RF, cont trng sd R twd DLW, tch L to CP DLC;

9-12 ONE LEFT TURN; BK WALTZ; 2 RT TURNS CP WALL;-;

9 [One Left Turn] Fwd L trng LF, cont trng sd R twd COH, cls L to CP RLOD;

10 [Bk Waltz] CP fcg RLOD Bk R, sd bk L, cls R;

11-12 [2 Rt Turns] Bk L trng RF, cont trng sd R, cls L to CP DLC; fwd R btwn ptr's feet trng RF, sd L twd LOD, cls R to CP Wall;

13-16 WHISK; THRU FCE CLS CP WALL; FWD HOVER; BX FINISH LOD;

13-14 [Whisk] Fwd L, fwd sd R btwn ptr's ft, XLIB to SCP; [Thru Fc Cls] Fwd R, sd L twd LOD, cls R to CP;

15-16 [Fwd Hvr CP] Fwd L, fwd R rise, bk L CP Wall; [Box Fnsh] Bk R, sd L trng LF, cls R to CP LOD;

END

1-2 ONE LEFT TURN; BK FCE WALL TO SD CORTE;

1 [One Left Turn] Fwd L trn LF, cont trn sd R twd COH, fce CP RLOD cls L;

2 12- [Bk Fce Wall to Sd Corte] Bk R trng LF, blind CP sd L twd LOD with soft knee leave trailing ft extended twd RLOD both look RLOD, hold;