

SEPTEMBER IN THE RAIN V

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Music: September In The Rain - Rod Stewart – The Great American Songbook, Vol. V

MP3 download avail: at Amazon.com

Time/Speed Time@RPM: 2:55@45 Footwork: Opposite unless noted – Woman: (W)

Timing, SQQ unless otherwise indicated - reflects actual weight changes.

RAL Rhythm/Phase: Foxtrot V+1 [Chk'd Cont's Hov Cross]

Sequence: INTRO, A, B, A, B, END

Degree of Difficulty: AVG

Released: September 2016

MEAS:

INTRODUCTION

1-4 CP DLW WAIT 2 MEAS ; ; CL HOV ; FEATHER FIN ;

[1-2] Wait 2 meas. in CP DLW w/ lead feet free ; ;

[3] {CI Hov} Fwd L,-, fwd R rising, rec L staying in CP ;

[4] {Feather Fin} Bk R (fwd L) ,- , sd L trng lt fc (fwd R trng lt fc) , fwd R to CBJO DLC ;

PART A

1-4 TELEMARK [SCP] ; CURV'D FEATHER ; IMPETUS [SCP] ; FEATHER ;

[1] {Tele} Fwd L start lt fc bdy trn ,- , sd R cont lt fc trn (cl L to R heel trn) fwd L (fwd R) to SCP DLW ;

[2] {Curv'd Feath} Fwd R comm rt fc trn (fwd L) ,- , fwd L(sd R) cont rt fc trn, fwd R to CBMP DRW ;

[3] {Imp to SCP} Bk L trng rt fc (fwd R heel to toe pvt rt fc),-, bring R heel to L heel trn cont rt fc trn (brush R to L) , fwd L (fwd R) to SCP DLC ;

[4] {Feather} Thru R (thru L) ,- , fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;

5-8 REVERSE WAVE ; ; BK FEATHER ; FEATHER FIN ;

[5-6] {Reverse Wave} Fwd L start lt fc bdy trn ,- , sd R cont lt fc trn (cl L to R heel turn),

bk L to CP DRC , Bk R ,- , bk L , bk R to CP RLOD ;

[7] {Bk Feather} Bk L,-, bk R, bk L to CBJO RLOD ;

[8] {Feath Fin} Bk R trng lt fc ,- , sd & fwd L , fwd R outside ptrn to CBJO DLW ;

9-12 HOVER TELEMARK ; NAT'L WEAVE ; ; 3 STEP ;

[9] {Hov Tele} Fwd L ,- , fwd R rising slightly w/ L sd lead while trng slightly rt fc , fwd L to SCP DLW ;

[10-11] {Nat'l Weave} Fwd R comm rt fc trn (fwd L) ,- , sd L (fwd R) cont rt fc trn , bk R (fwd L) to CBJO DRW ;

QQQQ - Bk L , bk R comm. lt fc trn , sd & fwd L cont lf trn , fwd R to CBJO DLW ;

[12] {Three Step} Fwd L ,- , fwd R, fwd L to CP DLW ;

13-16 OPEN NAT'L ; O.S. SPIN ; O.S. CHECK ; IMPETUS [SCP] ;

[13] {Opn Nat} Fwd R comm rt fc trn (bk L) ,- , sd L (cl R to L heel trn), bk R (fwd L) CBJO DRW ;

[14] {O.S. Spin} Toe in L & comm rt fc upper body trn outside ptrn (fwd R) ,- , fwd R cont rt fc trn outside ptrn , (cl L to R pvt rf on toes) sd L cont rt fc trn (fwd R) to CP DRW ;

[15] {O.S. Chk} Bk R ,- , sd L , fwd R to CBJO DRW ;

[16] {Imp to SCP} Bk L trng rt fc (fwd R heel to toe pvt rt fc),-, bring R heel to L heel trn cont rt fc trn (brush R to L), fwd L (fwd R) to SCP DLC ;

PART B

1-4 PROM WEAVE ; ; HOVER [SCP] ; FEATHER ;

- [1-2] {Prom Weave} Fwd R trng slightly lt fc ,-, fwd L to CP , fwd & sd R to CBJO RLOD ;
QQQQ - Bk L , Bk R trng lt fc , sd & fwd L cont lf trn , fwd R outside ptrn to CBJO DLW ;
[3] {Hov SCP} Fwd L,-, fwd & sd R, rec L SCP DLC ;
[4] {Feather} Thru R (thru L) ,-, fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;

5-8 REV WAVE CHECK & WEAVE ; ; HOVER TELEMARK ;

- [5] {Rev Wave} Fwd L start lt fc bdy trn ,-, sd R cont lt fc trn (cl L to R heel turn) , bk L to CP DRC ;
[6-7] {Chk & Weave} Chk bk R ,-, rec fwd L , sd R leading ptrn to CBJO RLOD ,
QQQQ - BK L , bk R comm. lt fc trn , sd & fwd L cont lf trn , fwd R to CBJO DLW ;
[8] {Hov Tele} Fwd L ,-, fwd R rising slightly w/ L sd lead while trng slightly rt fc , fwd L to SCP DLW ;

9-12 NAT'L HOVER CROSS CHK'D [to] CONTIN'S HOV X ; ; OPEN REVERSE TURN ;

- [9] {Nat'l Hov Cross} Thru R (fwd L) comm rt fc trn ,-, sd L (fwd R) cont rt fc trn , fwd R (fwd L) SCAR LOD ;
[10] {Check'd to Cont's Hov Cross} QQQQ - Fwd L , rec R , fwd L , cl R to L (sd L) leading ptrn to CBMP ;
[11] QQQQ - Bk L , bk R , sd L outside ptrn , fwd R to BJO DLC ;
[12] {Op Rev Trn} Fwd L comm. lf trn ,-. Sd R cont lf trn , bk L to CBMP fcg RLOD ;

13-16 BK LOCK 4 ; FEATHER FIN ; HOVER [SCP] ; FEATHER ;

- [13] {Bk Lock 4} QQQQ Bk R , XLIF, Bk R , XLIF,
[14] {Feather Fin} Bk R trng lt fc ,-, sd & fwd L , fwd R outside ptrn to CBJO DLW ;
[15] {Hov SCP} Fwd L,-, fwd & sd R, rec L SCP DLC ;
[16] {Feather} Thru R (thru L) ,-, fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;

ENDING

1-4 DIAMOND TURN ; ; ;

- [1] {Diamond Trn} Fwd L ,-, trng 1/4 lt fc sd R , bk L to CBJO ;
[2] Bk R ,-, trng 1/4 lt fc sd L , fwd R staying in CBJO ;
[3-4] Repeat measure 1 & 2 of ENDING end in CBJO DLC ;

5-8 HOV TELEMARK ; FEATHER ; TELEMARK SCP ; CURV'D FEATH ;

- [5] {Hov Tele} Fwd L ,-, fwd R rising slightly w/ L sd lead while trng slightly rt fc , fwd L to SCP LOD ;
[6] {Feather} Thru R (thru L) ,-, fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;
[7] {Telemark} Fwd L start lt fc bdy trn ,-, sd R cont lt fc trn (cl L to R heel trn) fwd L (fwd R) to SCP DLW ;
[8] {Curv'd Feath} Fwd R com rt fc trn ,-, sd L cont lf trn , fwd R to CBJO DRW ;

9-12 IMPETUS SCP ; FEATHER ; FWD TO RIGHT LUNGE ; REC BK TO PROM SWAY & CHANGE ;

- [9] {Imp to SCP} Bk L trng rt fc (fwd R heel to toe pvt rt fc) ,-, bring R heel to L heel trn cont rt fc trn
(brush R to L) , fwd L (fwd R) to SCP DLC ;
[10] {Feather} Thru R (thru L) ,-, fwd L (fwd R trng lt fc) , fwd R to CBJO DLC ;
[11] {Fwd Right Lunge} SS - Fwd L w/ upper body lf rotation ,-, fwd R w lunge to rt (lt) ,-,
[12] {Bk to Prom Sway & Change} Rec on L ,-, bk R , bk L turn'g lf & lunge to lt looking well to left (right) ,
rotate upper body lf & look to right (W left) ;