FOOTWORK: OPPOSITE

A

Rhythm & Speed: Bolero Ph IV as downloaded

1-2

CIRCLE AWAY & TOGETHER [LOOSE 1/2 OPEN];; BOLERO WALKS [BFLY];

1-4 Raising trailing hands circ LF (W RF) fwd L,-, fwd R, fwd L; cont circg fwd R,-, fwd L, fwd R to fc LOD in loose ½ open; fwd L,-, fwd R, fwd L;  fwd R,-, fwd L, fwd R to bfly;

AIDA WITH HIP ROCKS;; SWITCH CROSS; OPEN BREAK;

5-8 sd L,-, thru R, trng RF (W LF) sd & bk L; bk R to an aida,-, rk fwd L, rk R; trng LF (W RF) to fc sd L chkg & bringing jnd hnds thru,-, rec R, XLIFR (W XRIFL) to fc; sd R,-, bk L extending R arm (W bk R), rec R lowering R arm (W rec L);

SPOT TURN TWICE [BFLY]; BASIC;;

9-12 sd L,-, XRIFL trng LF (W RF), cont trn rec L to fc; sd R,-, XLIFR trng RF, cont trn rec R to fc; sd L,-, bk R, rec L; sd R,-, fwd L, rec R;

HAND TO HAND TWICE [BFLY]; CRAB WALKS [CP];

13-16 sd L,-, bhd R trng to LOP, rec L to fc; sd R,-, bhd L trng to OP, rec R to bfly; sd L,-, XRIFL, sd L; XRIF,-, sd L, XRIFL, to cp;

B

TURNING BASIC;; NEW YORKER TWICE;

1-4 bk R comm LF trn w/slip action (W fwd L in fnt of M), cont trn fwd L total 1/2 LF trn (W sd & bk R); sd R,-, chk fwd L (W bk R), rec R; sd L,-, stp thru R to OP, rec L to fc; sd R,-, stp thru L to OP, rec R to fc;

LEFT PASS; FORWARD BREAK; FENCE LINE TWICE WITH ARM SWEEP* [CP];

5-8 sd & fwd L ldg W to trn RF (W fwd R trng RF), rec R trng LF (W fwd L trng LF), sd & fwd L (W bk R to fc) total 1/2 LF trn; sd & fwd R,-, chk fwd L (W bk R), rec R end Bfly; sd L,-, lunge thru R bent knee, rec L;

sd R,-, lunge thru L bent knee, rec R, to CP;

*(arm sweep: 1 st - raise joined trailing hands up & over, down, back to Bfly - 2 nd - raise joined lead hands up & over, down, back to CP)

9-12 Repeat B 1-4; TIME;

LEFT PASS; FORWARD BREAK; FENCE LINE TWICE WITH ARM SWEEP;

13-16 Repeat B 5-8 ending in Bfly; TIME;

C

OPENING OUT 4 TIMES [CP];

1-4 sd & fwd L,-, lower & extend, rise R (sd & bk R, XIB L, fwd R); chng weight R,-, lower & extend L, rise (sd & bk L, XIB R, fwd L); chng weight L,-, lower & extend R, rise (sd & bk R, XIB L, fwd R); chng weight R,-, lower & extend L, rise (sd & bk L, XIB R, fwd L);

TURNING BASIC TWICE;

5-8 Repeat B 1-2, TIME;

UNDERARM TURN; REVERSE UNDERARM TURN; SHOULDER TO SHOULDER TWICE;

9-12 ldg W under jnd ld hnd XRIBL (W trng under jnd ld hnds), rec L (W cont trn rec R to fc); sd R,-, ldg W under jnd ld hnds XLIFR (W trng under jnd ld hnds), rec R (W cont trn rec L to fc); in BFLY sd L,-, fwd R to BJO, rec L to fc;

sd R,-, fwd L to SCAR, rec R to fc;

NEW YORKER TWICE;; DOUBLE UNDERARM TURN [ENDING BACK TO BACK]; SOLO FENCE LINE [JOIN LEAD HANDS];

13-16 Repeat B 3-4; sd L,-, XRIFL LF trn 1/2 (W XLIFR) (W RF) both under jnd ld hnds to fc COH (W wall), rec L; sd R,-, lunge XLIFR (W XRIFL) bent knee, rec R, joining lead hands;

End

CIRCLE AWAY & TOGETHER [CUDDLE POSITION]; SWAY LEFT & RIGHT; SD LUNGE;

1-4 Repeat A 1-2, to cuddle (M hands on W bk, W hands on M shoulders); sd L with sway & hold,-, sd R with sway & hold,-; stp sd L,-, hold relaxing knee leaving L leg extended,-;