THE SCARLET SARAFAN
[Russian Folk Song]

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Music: PEPE PD-0007 CD  Track 12 e-mail: d-doi@tcp-ip.or.jp
Rhythm: Foxtrot  Phase V + 2 [Telefeather, Traveling Hover Cross]
Sequence: Intro - A - B - A(1-8) - B(9-20) - Ending
Timing: SQQ unless noted by side of measure
Speed: 28 MPM
Footwork: Opposite except where noted
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INTRO

1 - 4  WAIT:: TOG TCH: OK FEATHER FIN;
1-2 LOP Fcg pos fc DLW trail ft free wait 2 meas;;
3 {Together Touch} Fwd R to CP, tch L to R,;
QQQ 4 {Quick Feather Finish} Bk L, bk R comm trn LF, sd & fwd L cont trn, fwd R in CBMP end Bjo DLC;

PART A

1 - 8  TELEFEATHER:: THREE STEP; NAT HVR X:: OPN TELE; CURVED FEATHER; HESIT CHG;

SQQ 1-2 {Telefeather} Fwd L comm trn LF with right sd stretch, fwd & sd R cont trn, sd & bk L with partial wgt keep left sd in twd W cont right sd stretch (W bk R comm trn LF, cl L heel trn, fwd R cont trn); spin LF taking full wgt on L/cont spin, sd R cont trn, sd & fwd L to Bjo with left sd stretch, fwd R outsd ptr in CBMP (W keeping right sd in twd M fwd L/R, cont trn toe spin and cl L, cont trn sd & bk R to Bjo, bk L in CBMP) end Bjo DLW;
3 {Three Step} Fwd L with heel lead, fwd R on flat, rising on R fwd L on toe end CP DLW;

SQQ 4-5 {Natural Hover Cross} Fwd R comm trn RF, cont trn sd L twd DLW with left sd stretch, cont trn sd R (W bk L comm trn RF, cl R heel trn, cont trn sd L) end Scar DLC; with right sd stretch fwd L outsd ptr twd DLW on toe, rec R with slight left sd lesd, sd & fwd L, with left sd stretch fwd R outsd ptr in CBMP on toe end Bjo DLC;
6 {Open Telemark} Fwd L comm trn LF, sd R twd DLC cont trn, sd & fwd L (W bk R comm trn LF, cl L heel trn, sd & fwd R) end SCP DLW;
7 {Curved Feather} Thru R comm trn RF, with left sd stretch cont trn fwd L, fwd R outsd ptr in CBMP (W thru L comm trn RF, staying well in M’s R arm with right sd stretch cont trn sd & bk R, cont upper body trn bk L in CBMP) end Bjo DRW;
8 {Hesitation Change} Comm upper body trn RF bk L, sd R cont trn, draw L to R end CP DLC;

9 - 16  REV WAVE:: BK FEATHER; BK CURVING THREE; CURVING THREE; CHK & WEAVE:: CHG OF DIR;

9-10 {Reverse Wave} Fwd L trn 1/4 LF, sd R (W cl L heel trn), bk L twd DLW; bk R curving LF to fc RLOD, bk L, bk R end CP RLOD;
11 {Back Feather} Bk L, bk R with right shoulder lead, bk L to CBMP end Bjo RLOD;
12 {Back Curving Three Step} Bk R comm trn LF, bk L well under body with left sd stretch cont trn, with left sd stretch bk R well under body cont trn end CP LOD;
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(Continued)

13  {Curving Three Step} Fwd L comm trn LF,-, fwd R well under body with right sd stretch cont trn, with right sd stretch fwd wld well under body cont trn end CP DRC;

14-15  {Check & Weave} Slip bk R with slight contra check action,-; rec L trn LF, sd R lead W outside ptr; with right side stretch bk L in CBMP, bk R to momentary CP cont trn LF, sd & fwd L cont trn with left side stretch, fwd R in CBMP end Bjo DLW;

16  {Change Of Direction} Fwd L,-, fwd R with right shoulder lead trn LF, draw L to R and brush end CP DLC;

PART B

1 - 8  REVTNR: TOP SPIN; BK CHASSE BJO; TRAVELING HVR X;; OPN TELE;

OPN NAT; HEEL PULL;

1  {Reverse Turn One Half} Fwd L comm trn LF,-, sd R cont trn, bk L to CP RLOD;

2  {Top Spin} Bk R comm trn 1/2 LF, with left sd stretch sd & fwd L cont trn, fwd R outsd ptr spin LF keep L leg extended bk, bk L in CBMP end Bjo RLOD;

3  {Back Chasse To Bjo} Bk R trn LF to fc Wall,-, sd L/el R, cont trn sd & fwd L end Bjo DLW;

4-5  {Traveling Hover Cross} Fwd R outsd ptr comm trn RF with left sd stretch,-, sd L cont trn cont left sd stretch, sd R twd DLW (W bk L comm trn RF,-, cl R heel trn, cont trn sd L) with right sd stretch fwd L across R in CBMP, fwd & sd R blend to CP, fwd L blend to CBMP, fwd R in CBMP with left sd stretch end Bjo DLC;

6  {Open Telemark} Repeat meas 6 Part A;

7  {Open Natural} Comm upper body trn RF thru R,-, sd L cont trn, lead W to step outsd ptr bk R to CBMP (W thru L,-, fwd R between M’s feet, fwd L outsd ptr) end Bjo RLOD;

8  {Heel Pull} Bk L comm trn RF,-, cont trn on L heel pull R bk and transfer wgt at sm sd of L,- (W fwd R comm trn RF,-, cont trn sd L, draw R to L) end CP DLC;

9 - 12  DIAMOND TRN 1/2;; OK DIAMOND 4; CORTE REC TRN;

9-10  {Diamond Turn One Half} Fwd L trn 1/8 LF,-, sd R twd LOD, XLIB twd DLW trn 1/8 LF; bk R trn 1/8 LF,-, sd L twd Wall, XRIF twd DRW trn 1/8 LF end Bjo DRW;

11  {Quick Diamond 4} Fwd L trn 1/8 LF, sd R twd RLOD, XLIB twd DRC trn 1/8 LF, blend to CP bk R end CP DLW;

12  {Corte Recover Turn} Bk & sd L relax knee with lowering action,-, rec R trn 1/4 LF,- end CP DLC;

13 - 20  MINI TELESPIN;; CONTRA CHK & SWITCH; NAT WEAVE; ZIGZAG 4; X HVR SCP;; CHAIR & SLIP;

13-14  {Mini Telespin} Fwd L comm trn LF,-, sd R cont trn, bk & sd L no wgt pressure insd edge of toe/trn body LF to lead W to CP comm spin LF; fwd L cont spin draw R to L under body, cl R flex knees, hold,- (W bk R comm trn LF,-, cl L heel trn, fwd R/fwd L trn LF twd ptr; fwd R to CP head to left spin LF draw L to R under body, cl L flex knees, hold,-) end CP DRC;

15  {Contra Check & Switch} Comm upper body trn LF flex knees with strong right sd lead chk fwd L twd DLC in CBMP,-, rec R comm strong trn RF leave L ft almost in pl, cont strong trn rec L with soft knees (W comm upper body trn LF flex knees with strong left sd lead bk R in CBMP look well left,-, rec L comm strong trn RF leave R ft almost in pl, cont strong trn rec R between M’s feet with soft knees) end CP DLC;

16-17  {Natural Weave} Fwd R comm trn RF,-, sd L with left sd stretch, with right sd lead bk R prepare to lead W to outsd ptr; with right side stretch bk L in CBMP, bk R trn LF, with left sd stretch sd & fwd L, fwd R in CBMP (W bk L,-, cl R heel trn with right sd stretch, with left sd lead fwd L in CBMP; with left sd stretch fwd R outsd ptr in CBMP, fwd L comm trn LF, with right sd stretch sd R cont trn, bk L in CBMP) end Bjo DLW;
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QQQQ 18 [Zig Zag 4] Fwd L comm trn LF, cont trn sd R blend to CP, cont trn bk L in CBMP, trn RF sd & fwd R end Scar DLC;
19 [Cross Hover] XLIF.-, fwd R between W’s feet with hovering action, sd & fwd L (W XRB.-, sd & bk L with hovering action trn RF, sd & fwd R) end SCP DLC;
20 [Chair & Slip] Chk thru R with lunge action.-, rec L, slip bk R (W slip fwd L) end CP DLC;

REPEAT PART A MEAS 1 THRU 8

REPEAT PART B MEAS 9 THRU 20

END

1 - 8 MINI TELESPIN:: CONTRA CHK & SWITCH: NAT WEAVE:: ZIGZAG 4;
X HVR SCP: OK THRU TO HINGE:
1-7 Repeat meas 13 thru 19 Part B::
QQS 8 [Quick Through To Hinge] Thru R, sd & slightly fwd L comm left sd stretch swivel 1/8 LF lead W to cross her L behind R keep left sd twd ptr, relax L knee sway right to look at ptr.- (W thru L, sd R comm right sd stretch and swivel 1/4 LF on R/XLIB keep left sd twd ptr, relax L knee head to left with shoulders almost parallel to ptr with no wgt on R.-);