

SAILIN' ON TO HAWAII

CHOREO.: Susan Healea
ADDRESS: 2803 Louisiana St., Longview, WA 98632
MUSIC: "Sailin' On To Hawaii" by The Nitty Gritty Dirt Band
CD: "Will The Circle Be Unbroken" - The Nitty Gritty Dirt Band
DOWNLOAD: Available at several Internet download sites
FOOTWORK: Opposite, directions to man, except where noted
SEQUENCE: INTRO – A – B – A [MOD] – B [1-15] – ENDING

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RAL PHASE: II
DEG OF DIFF: Difficult
RHYTHM: Waltz
TIME@100%: 2:10* [*see Ending]
SUG. SPEED: 100%
REL. DATE: August, 2008

MEAS.

INTRODUCTION

- 1-2 2 MEAS WAIT VARS LOD;;
1-2 [1-2] In VARS LOD wait 2 meas ;;

PART A

- 1-4 WALTZ TO TANDEM (WOMAN IN FRONT) LOD; WALTZ TO LEFT VARS LOD; WALTZ TO TANDEM (WOMAN IN FRONT) LOD; WALTZ TO VARS LOD;
1-2 [1] From VARS LOD veering slightly to the M's right fwd L, fwd R to TANDEM LOD, cl L (*W veering slightly to her left in front of M and retaining contact with both hands fwd R, fwd L, cl R*); [2] Cont to veer slightly to the M's right fwd R, fwd L to LEFT VARS LOD, cl R (*W cont to veer to her left and retaining contact with both hands fwd L, fwd R, cl L*);
3-4 [3] From LEFT VARS LOD veering slightly to the M's left fwd L, fwd R to TANDEM LOD, cl L (*W veering slightly to her right in front of M and retaining contact with both hands fwd R, fwd L, cl R*); [4] Cont to veer slightly to the M's left fwd R, fwd L to VARS LOD, cl R (*W cont to veer to her right and retaining contact with both hands fwd L, fwd R, cl L*);
- 5-8 CIRCLE AWAY AND TOGETHER TO A RIGHT HAND STAR WALL;; WHEEL RF 6 TO A LEFT HAND STAR;;
5-6 [5] From VARS LOD releasing contact and separating from partner and moving away in a LF (*W RF*) circular pattern fwd L, fwd R to fc RLOD, cl L; [6] cont circular pattern LF (*W RF*) toward partner fwd R, fwd L to RIGHT HAND STAR WALL, cl R;
7-8 [7] In a RIGHT HAND STAR wheel RF as a couple fwd L, fwd R, fwd L; [8] cont RF wheel fwd R, releasing contact with partner and commencing individual RF trn (*W RF*) fwd L, completing ½ individual RF trn (*W RF*) cl R to a LEFT HAND STAR;
- 9-12 WHEEL LF 6 TO BFLY WALL;; CANTER TWICE;;
9-10 [9] In a LEFT HAND STAR wheel LF as a couple fwd L, fwd R, fwd L; [10] cont LF wheel fwd R, releasing contact with partner fwd L, cl R to BFLY WALL;
11-12 [11] In BFLY WALL sd L, draw R, cl R; [12] sd L, draw R, cl R;
- 13-14 TWIRL VINE 3; PICKUP TO LEFT HAND STAR DLW;
13-14 [13] From BFLY WALL releasing trail hands sd L commencing slight RF turn, XRib, sd L commencing slight LF turn (*W sd and fwd R turning RF under joined lead hands, sd and bk L cont RF turn, sd and fwd R completing turn*); [14] fwd R twd LOD, fwd and sd L trng RF to LEFT HAND STAR DLW, cl R (*W curving LF and stepping in front of M fwd L, fwd R, cl L*);

PART B

- 1-4 PROGRESSIVE TWINKLE 3 TIMES TO RIGHT HAND STAR DLC;;; FORWARD TOUCH;
1-2 [1] From LEFT HAND STAR DLW fwd L with slight crossing action, fwd and sd R trng LF to RIGHT HAND STAR DLC, cl L (*W bk R, bk and sd L trng LF, cl R*); [2] fwd R with slight crossing action, fwd and sd L trng RF to LEFT HAND STAR DLW, cl R (*W bk L, bk and sd R trng RF, cl L*);
3-4 [3] From LEFT HAND STAR DLW fwd L with slight crossing action, fwd and sd R trng LF to RIGHT HAND STAR DLC, cl L (*W bk R, bk and sd L trng LF, cl R*); [4] fwd R, tch L, -;

SAILIN' ON TO HAWAII**Phase II Waltz [Difficult] by Susan Healea****PART B CONTINUED****5-8 BACK PROGRESSIVE TWINKLE 3 TIMES TO LEFT HAND STAR DLW;;; BACK SIDE CLOSE TO BFLY LOD;**

5-6 [5] From RIGHT HAND STAR DLC bk L with slight crossing action, bk and sd R trng RF to LEFT HAND STAR DLW, cl L (*W fwd R, fwd and sd L trng RF, cl R*) ; [6] bk R with slight crossing action, bk and sd L trng LF to RIGHT HAND STAR DLC, cl R (*W fwd L, fwd and sd R trng LF, cl L*) ;

7-8 [7] From RIGHT HAND STAR DLC bk L with slight crossing action, bk and sd R trng RF to LEFT HAND STAR DLW, cl L (*W fwd R, fwd and sd L trng RF, cl R*) ; [8] bk R trng approx 1/8 LF to BFLY LOD, sd L, cl R ;

9-12 SIDE SWING THRU; LADY ROLL LF TO SKATERS LOD; STANDARD WALTZ; LADY ROLL ACROSS TO LEFT SKATERS LOD;

9-10 [9] In BFLY LOD sd L, swing R thru, - ; [10] after leading W into her roll release contact with partner small sd R, in place L, in place R (*W roll LF L, R, L*) to SKATERS LOD ;

11-12 [11] In SKATERS LOD fwd L, fwd R, cl L ; [12] releasing contact small fwd R, small fwd L, small fwd R (*W fwd L crossing in front of M and commencing LF trn, sd and bk R cont LF trn, fwd and sd L completing turn*) to LEFT SKATERS LOD ;

13-16 STANDARD WALTZ TWICE;; TURN IN TO SKATERS RLOD; BACK DRAW TOUCH;**

13-14 [13] In LEFT SKATERS LOD fwd L, fwd R, cl L ; [14] fwd R, fwd L, cl R ;

15-16 [15] From LEFT SKATERS LOD fwd L, releasing contact with partner fwd and sd R trng LF (*W RF*), bk L to SKATERS RLOD ;** [16] bk R, draw L, tch L ; **Second time thru go to ENDING after Meas 15.

PART A MODIFIED**1-2 APART AND TOGETHER TO VARS RLOD;;**

1-2 [1] From SKATERS RLOD sd L (*W sd R*) to SIDE BY SIDE RLOD, draw R, tch R ; [2] sd R (*W sd L*) to VARS RLOD, draw L, tch L ;

3-16 WALTZ TO TANDEM (WOMAN IN FRONT) RLOD; WALTZ TO LEFT VARS RLOD; WALTZ TO TANDEM (WOMAN IN FRONT) RLOD; WALTZ TO VARS RLOD; CIRCLE AWAY AND TOGETHER TO A RIGHT HAND STAR COH;;; WHEEL RF 6 TO A LEFT HAND STAR;;; WHEEL LF 6 TO BFLY COH;;; CANTER TWICE;; TWIRL VINE 3; PICKUP TO LEFT HAND STAR DRC;

3-16 [3-16] Repeat Part A measures 1-14 progressing toward RLOD;.....

REPEAT PART B MEASURES 1-15 PROGRESSING TOWARD RLOD**ENDING****1 SLOW BACK, DRAW, POINT SIDE;**

1 [1] In SKATERS LOD slowing with the music bk R, draw L to R, extend L to side with toe pointed to floor (*W extend R to side with toe pointed to floor*) ; SMILE ☺

***Note:** Choreographer's download had 9 seconds of barely audible talking and background music at the end. The 9 seconds is included in the 2:10 listed for the music. Choreographer chose to remove the 9 seconds and fade out the music at end of the strong music. Choreography finishes at the end of the strong music. This music modification is optional, as it probably would not be very audible to dancers if the talking remained on the recording, or the cuer may choose to decrease the volume or stop the music at this point. It is possible that downloads may vary on whether or not the 9 seconds of talking are even included in the recording.