

Sacred Lovers Rumba

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Music: "Sacred Love Vows" Johnny Cymbal CD: Mr. Baseman available Amazon also KAPP 503 (45)
Footwork: Opposite unless noted Speed: 2:29 @ 45 rpm
Rhythm: Rumba RAL Phase III+1 (Alemana)
Sequence: INTRO-A-B-C-D-A-B-C-END Released: July 2016

INTRO

1-4 LOW BFLY ;; CUCARACHA L & R ;;

1-4 low BFLY wait ;; sd L,rec R,cl L,- ; sd R,rec L,cl R,- ;

-A-

1-4 BASIC ;; FENCE LINE TWICE ;;

1-4 fwd L,rec R,sd L,- ; bk R,rec L,sd R,- ; X lunge L,rec R,sd L,- ; X lunge R,rec L,sd R,- ;

5-8 BREAK BK ; PROG WK 3 ; CIRCLE AWAY & TOG BFLY ;;

5-8 swvl bk OP L,rec R,fwd L,- ; fwd R,L,R,- ; circle L,R,L,- ; tog R,L,R BFLY,- ;

-B-

1-4 FWD BASIC ; WHIP ; ALEMANA ;; to a

1-2 fwd L,rec R,sd L,- ; bk trn R,rec L,sd R(W fwd L,fwd trn R,sd L,)- ;BFLY COH

3-4 fwd L,rec R,cls L(W bk R,rec L,sd trn R),- ; bk R,rec L,sd R(W fwd trng RF L,R,sd L to M's R sd),- ;

5-8 LARIAT ;; OPEN BREAK ; WHIP ;

5-6 ip L,R,L,-; R,L,R, (W circle around M CW R,L,R,- ; L,R,L,)- ;

7-8 rk apt L,rec R,sd L,- ; bk trn R,rec L,sd R(W fwd L,fwd trn R,sd L,)- ;BFLY W

-C-

1-4 CHASE PEEK-A-BOO ;;;:

1-4 fwd L trn ½,rec R,fwd L,- ; sd R,rec L,cl R,-; sd L,rec R,cls L,- ; fwd R trn ½,rec L,fwd R,- ;
(W bk R,rec L,fwd R,- ; sd L,rec R,cl L,- ; sd R,rec L,cl R,- ; fwd L,rec R,bk L,- ;)

5-8 NEW YORKER ; CRABWALKS ;; NEW YORKER ;

5-8 X thru L,rec R,sd L,- ; XRif,sd L,XRif,- ; sd L,XRif,sd L,- ; X thru R,rec L,sd R,- ;

-D-

1-4 CHASE w/UNDERARM PASS ;; SHOULDER-SHOULDER TWICE ;;

1-2 fwd trn L,rec R,fwd L,- ; bk R,rec L,sd R(W fwd L,fwd trn R under joined hands, sd L,- ;BFLY COH

3-4 rk fwd L(W rk bk R),rec R fc,sd L,- ; rk fwd R(W rk bk L),rec L fc,sd R,- ;

5-8 CHASE w/UNDERARM PASS ;; FENCE LINE ; CUCARACHA ;

5-6 fwd trn L,rec R,fwd L,- ; bk R,rec L,sd R(W fwd L,fwd trn R under joined hands, sd L,- ;BFLY W

7-8 X lunge L,rec R,sd L,- ; sd R,rec L,cl R,- ;

END

1-4 SPOT TRN TWICE ;; SHOULDER – SHOULDER TWICE TO CUDDLE POS ;;

1-2 swvl ¼ fwd L trn ½,rec R trn ¼,sd L fc,- ; swvl ¼ fwd R trn ½,rec L trn ¼,sd R fc,- ;

3-4 rk fwd L(W rk bk R),rec R fc,sd L,- ; rk fwd R(W rk bk L),rec L fc,sd R,- ; *

5-6 CUCARACHA L & R w/KISS ;;

5-6 sd L,rec R,cl L,- ; sd R,rec L,cl R,- ;

* cuddle pos M's Hands loosely on W's waist/lower back/W's hands on M's shoulder or neck.

Sacred Lovers Rumba Head Cues

Intro: Wait 2 Low Bfly ; ; Cuca L & R ; ;

A: Basic ; ; Fence Line Twice ; ;
Brk Bk ; Prog Wilk 3 ; Circle Away & Tog Bfly ; ;

B: Fwd Basic ; Whip ; Alemana to a Lariat ; ; ; Opn Brk ; Whip ;

C: Chase Peek-A-Boo ; ; ; Ny'r ; Crabwalks ; ; Ny'r ;

D: Chase w/Underarm Pass ; ; Shoulder to Shoulder Twice ; ;
Chase w/Underarm Pass ; ; Fence Line ; Cuca;

A: Basic ; ; Fence Line Twice ; ;
Brk Bk ; Prog Wilk 3 ; Circle Away & Tog Bfly ; ;

B: Fwd Basic ; Whip ; Alemana to a Lariat ; ; ; Opn Brk ; Whip ;

C: Chase Peek-A-Boo ; ; ; Ny'r ; Crabwalks ; ; Ny'r ;

End: Spot Trn Twice ; ; Shoulder to Shoulder Twice To Cuddle Pos ; ;
Cuca L & R w/a Kiss ; ;