SWINGIN' DOWN THE LANE

By: Bill & Carol Goss 10965 Sunny Mesa Rd. San Diego, CA 92121 858-638-0164
Record: Star 145-B (Flip: Dance of Love) Phase: IV Fox trot/Soft Shoe Speed: 45 rpm
Sequence: INTRO, A, B, C, B, A MOD TO ENDING Released: 6/15/01

INTRO

1-4 WAIT 2 MEAS::: CONTINUOUS CROSS CHECKS::-
   1-2 Wait 2 meas in shadow L hnds joined R ft free for both fc LOD::-
   QQQQ 3-4 Same footwork cross check R DC, recov L, sd R, cross check L
   QQS   DW; recov R, sd L, fwd R twd LOD M bring R arm over W's head to
         present to her ( W place L arm thru his R end arm & arm sd by
         sd),-

PART A

1-4 MONKEY WALKS::: SOLO LEFT TURNS::-
   SS  1-2 Same footwork fwd & sd L W's leg coming in front of M,-
   SS   R M's leg coming in front of W,; repeat fwd & sd L,-, fwd & sd R,-;
   QQS  3-4 Release arms trn independently fwd L comm LF trn, sd R cont trn,
   QQS   bk L end fc RLOD,-; bk R comm LF trn, sd L cont trn, fwd R end fc
   QQS   LOD connect arm and arm position to repeat monkey walks,-

5-8 MONKEY WALKS::: SOLO LEFT TURNS::-
   SS  5-6 Same footwork fwd & sd L W's leg coming in front of M,-, fwd & sd
   SS   R M's leg coming in front of W,; repeat fwd & sd L,-, fwd & sd R,-;
   QQS  7-8 Release arms trn independently fwd L comm LF trn, sd R cont trn,
   QQS   bk L end fc RLOD,-; bk R comm LF trn, sd L cont trn, fwd R end fc
   QQS   LOD no hnds held both L ft free,-;

PART B

1-4 FRONT BALANCES: PADDLE TURN: FRONT BALANCES: PADDLE TURN:
   Q&QQ&Q 1  Sd L/ Xrif of L, recov L, sd R/ XLIF of R, recov R;
   Q&QQ&Q 2  Making one full revolution to the L on the spot fwd & sd L with LF
             trn/ keep L ft on the same spot throughout the paddle trn sd R
             pushing off & cont trn, recov L cont trn/ sd R pushing off & cont
             trn, recov L cont trn/ sd R pushing off & cont trn, recov L;
   Q&QQ&Q 3  Sd R/ XLIF of R, recov R, sd L/ XRIF of L, recov L;
   Q&QQ&Q 4  Making one full revolution to the R on the spot fwd & sd R with RF
             trn/ keep R ft on the same spot throughout the paddle trn sd L
             pushing off & cont trn, recov R cont trn/ sd L pushing off & cont
             trn, recov R cont trn/ sd L pushing off & cont trn, recov R;

5-8 FRONT BALANCES: STEP BRUSH 3::: FRONT BALANCES: MAN VINE 3 &
   TAP ( W STEP, BRUSH, BRUSH, TAP):
   Q&QQ&Q 5  Sd L/ Xrif of L, recov L, sd R/ XLIF of R, recov R;
   QQQQ   6  Step in pl L, brush R fwd twd LOD, brush R bk to XIF of L, brush R
             fwd to LOD;
   Q&QQ&Q 7  Sd R/ XLIF of R, recov R, sd L/ XRIF of L, recov L;
   QQQQ   8  Sd R, XLIB of R, sd R, brush L to tap L toe to R of R ( W step in
             pl R, brush L fwd twd LOD, brush L bk to XIF of R, tap L toe to
             R of R) end in skaters position still same footwork;
SWINGIN' DOWN THE LANE PAGE 2

9-12 SHADOW LEFT TURNS:-- FWD.-- CHECK.-- BEHIND, SIDE, FRONT:--
SQQ 9-10 Same footwork fwd L comm LF trn, , sd R cont trn, bk L end fc
SQQ RLOD; bk R comm LF trn, , sd L cont trn, fwd R end fc LOD;
SS 11-12 Fwd L, , fwd R XIF of L slightly to check, ; XLIB of R, sd R, fwd L
QQS to end fc DW, ;

13-16 SHADOW RIGHT TURNS:-- CONTINUOUS CROSS CHECKS:--
SQQ 13-14 Same footwork fwd R comm RF trn, , sd L cont trn, bk R end fc
SQQ RLOD; bk L comm RF trn, , sd R cont trn, fwd L end fc LOD;
QQQQ 15-16 Same footwork cross check R DC, recov L, sd R, cross check L
QQS DW; recov R, sd L, fwd R fwd LOD stay in skaters position, ;

PART C

1-4 FWD.-- RUN, 2: FEATHER LADY TRANSITION IN 4: REVERSE WAVE:--
SQQ 1-2 Same footwork fwd L, , fwd R, fwd L; Fwd R, , fwd L, fwd R
SQQ (W QQQQ) (W fwd R, fwd L comm LF trn, sd & bk R fin trn, bk L) end in
BJO pos;
SQQ 3-4 Fwd L comm LF trn, , sd R, bk L fc DRC ( W bk R comm LF trn, ,
SQQ cl L to R for heel trn, fwd R); bk R, , bk L comm LF curve, bk R
curve to end RLOD;

5-8 BACK FEATHER; FEATHER FINISH; WHISK; COMMENCE PROMENADE
WAVE:
SQQ 5-6 Bk L, , bk R with R shoulder lead, bk L in BJO; Bk R trn LF, ,
SQQ sd & fwd L, fwd R BJO fc DW;
SQQ 7-8 Blend to CP fwd L, , fwd & sd R comm rise to ball of ft, XLIB of R
SQQ cont rise end SCP DC; Fwd R, , fwd L comm LF trn, sd & slight bk
R to BJO pos fc RLOD ( W fwd L, , fwd & sd R comm RF trn, cont
trn on R to fc LOD fwd L in BJO);

9-12 FINISH PROMENADE WAVE; HOVER TELEMARK; OPEN NATURAL;
HESITATION CHANGE TRANSITION TO OPEN;
QQQQ 9-10 Bk L in BJO, bk R to CP, sd & slt fwd L, fwd R to BJO DW (W fwd
SQQ fwd R in BJO, fwd L to CP, sd & slt bk R, bk L); fwd L, , diag sd &
fwd R rise slightly with body trn 1/8 RF, fwd L (W fwd R) to SCP DW;
SQQ 11-12 Comm RF upper body trn fwd R, , sd L across LOD, cont RF upper
SS (W SQQ) body trn bk R in BJO fc RLOD ( W comm RF upper body trn fwd L, ,
fwd R btwn M's ft, fwd L cont upper body trn to BJO); comm RF
upper body trn small bk L, , small sd R cont trn, draw L to R
(W comm RF body trn fwd R in BJO, , sd L cont trn, cont trn to step
sd R to OP fc LOD in arm to arm pos);

13-16 MONKEY WALKS:-- SOLO LEFT TURNS:--
SS 13-14 Same footwork fwd & sd L W's leg coming in front of M, , fwd & sd
SS R M's leg coming in front of W, ; repeat fwd & sd L, , fwd & sd R, ;
QQS 15-16 Release arms trn independently fwd L comm LF trn, sd R cont trn,
QQS bk L end fc RLOD, ; bk R comm LF trn, sd L cont trn, fwd R end fc
LOD no hnds held both L ft free, ; REPEAT B & A 1-7

ENDING

1-2 SOLO LEFT TURN TO SHADOW LUNGE; LADY ARM SWEEP;
QQS 1-2 Bk R comm LF trn, sd L cont trn to fc wall, lower in L leg to shadow
lunge M's R arm on her hip (W R arm sweep in front), ; M hold
(W sweep R arm out to sd circle up & arnd CCW end bk out to sd);