SUNSHINE QUICKSTEP

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Music: Bring Me Sunshine by Willie Nelson
From RCA Gold Standard Record 447-0891 (Time 2:11)
Also available from iTunes Music Downloads

Rhythm/Phase: Quickstep  Phase IV + 1 (Tipple Chasse)
Music Speed: Equivalent of 47 RPM
Difficulty Level: Average
Footwork: Opposite throughout directions for M (and for W where noted).
Sequence: Introduction  A  A  B  B  C  Ending

. . . . . . INTRODUCTION (4 Measures) . . . . . .

1 – 4  OPN FCNG DLW W/ LEAD FEET FREE WAIT 2 MEAS;;  APART POINT; PKUP & TCH CP LOD;
[1 & 2] In opn fcng pos DLW with lead feet free wait 2 measures;;
SS; [3] Step apart L, -, point R toward partner, -;
SS; [4] Fwd R picking up partner clsd pos LOD, -, tch L to right, -;

. . . . . . PART A (16 Measures) . . . . . .

1 – 16  QUARTER TURNS W/ PROGRESSIVE CHASSE;;;  FWD LK FWD;
MANUV SD CL;  PIVOT 2 CP LOD;  VIENNESE TURNS;;  STRUT 4 BJO CHKNG;;  FISHTAIL;  RUNNING FWD LOCKS;;  1/2 NATURAL TURN;
HEEL PULL;
SS; QQS; [1 & 2] Fwd L, -, fwr R turning rf, -;  Sd L turning rf, continue turn cl R, sd & bk L
SQQ; SS;
[5] Fwd L, lock R in back of left, fwr L, -;
SQQ; [6] Commence rf turn fwr R, -, continue turn to fc partner sd L, complete turn cl R;
SS; [7] Bk L pivoting 1/2 rf, -, fwr R CP LOD, -;
SQQ; SQQ; [8 & 9] Fwd L commence rf turn, -, sd R continue turn, XLIF of right;  Bk R continue rf turn,
-, sd L continue turn, cl R end CP LOD;
SS; SS; [10 & 11] Fwd L, -, fwr R, -;  Fwd L, -, fwr R bind bjo pos chkng fwr movement, -;
QQQQ; [12] XLIB of right but not tightly, as body commences to turn rf take small step sd R
complete 1/4 rf body turn, fwr L with left shoulder lead, XRIB of left but not
tightly;
QQQQ; QQS; [13 & 14] Fwd L, lock R in back of left, fwr L, fwr R;  Fwd L, lock R in back of left,
fwr L, -;
SQQ; [15] Commence rf turn fwr R heeal to toe, -, sd L across LOD, bk R;
SS; (SQQ;) [16] Bk L start rf turn, -, continue rf turn on left pull right heel toward left and chng
weight to R, -;  (W fwr R turning rf, -, sd L, draw R to left;)

. . . . . . PART B (16 Measures) . . . . . .

1 – 16  2 FWD 2-STEPS FC WALL;;;  2 TRNG 2-STEPS CP LOD;;  STEP HOPS
4 TIMES;;  WALK & FC;;  SD DRAW CLOSE;;  SHAG STEP TWICE;;
2 SD CLOSES;  WALK & PKUP;  HITCH 6;;  STRUT 4;;
QQS; QQS; [1 & 2] Fwd L, cl R, fwr L, -;  Fwr R, cl L, fwr R turning slightly rf to fc wall, -;
QQS; QQS; [3 & 4] Sd L, cl R commence rf turn, sd & bk L across line of progression complete 1/2
rf turn, -;  Sd R, cl L commence rf turn, fwr R continue turn to end clsd pos
LOD, -;
QQQQ; QQQQ; [5 & 6] Fwd L, hop on L, fwr R, hop on R;  Fwd L, hop on L, fwr R, hop on R;
SS; [7] Fwd L commence rf turn to fc partner, -, fwr R complete turn to fc partner &
wall, -;
QQS; [8] Sd L, draw R to left, cl R, -;
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[9 & 10] Step in place L, R, L, kick R slightly to side; Step in place R, L, R, kick L slightly to side;


[12] Toward LOD fwd L, -, fwd R picking up W clsd pos LOD, -;


. . . . . . . PART C (16 Measures) . . . . . . .

1 - 16 CHARLESTON TWICE;;;; WALK & TIPPLE CHASSE;; WALK BK & TIPPLE CHASSE CP LOD;; WALK & CHK BJO: WHALETAIL;; WALK & FC BFLY; TRAVELING DOOR TWICE BLND CP;;;;

[1 - 4] Fwd L, -, point R fwd, -; Bk R, -, point L bk, -;

[5 & 6] Fwd L, -, point R fwd, -; Bk R, -, point L bk, -;

[7 & 8] Bk R, -, bk L continue rf turn to fc COH, -; Sd L, cl R, sd L continuing slight rf turn, -;

[9] Fwd L, -, fwd R bjo pos chng forward movement, -;

[10 & 11] XLIB of right but not tightly, as body commences to turn rf take small step
dr complete 1/4 rf body turn, fwd L with left shoulder lead, XLIB of left but
not tightly; Sd L commence rf body turn, cl R, XLIB of right commence rf body
turn, sd R;

[12] Fwd L commence rf turn to fc partner, -, fwd R complete turn fc partner &
wall bfly pos, -;

[13 - 16] Rk sd L, -, rec sd R, -; XLIF of right, sd R, XLIF of right, -; Rk sd R, -;
rec sd L, -; XRIF of left, sd L, XRIF of left begin blnd to clsd pos, -;

. . . . . ENDING (3 Measures) . . . . .

1 - 3 2 TRNG 2-STEPS CP WALL;; STEP APART & POINT;

[1 & 2] Same as measures 3 & 4 of Part B except end clsd pos fcng wall;;

[3] Step apart L, -, point R toward partner, -;