SUNDOWN

Choreographers: Bob and Mary Townsend-Manning
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Record: Sundown    Artist: Gordon Lightfoot
Album: Gord's Gold (itunes) 3:34 @ 45 rpm

Footwork: Opposite, except where noted
Rhythm/Level: Rumba III + 2 (Alemana, Hip Rocks) Released June 2015, Corrected 9/15
Sequence: Intro A Brg B Int A Brg C Amod Brg End

INTRODUCTION

1---4  {BFLY WALL} WAIT 1 MEAS; SLO HIP ROCK 2; SHOULDER TO SHOULDER 2X;;
1-2 In bfly wall wait 1 meas; Rk sd L, -, rk sd R, -;
3-4 Rk fwd L, rec R to fc, sd L, -; Rk fwd R, rec L to fc, sd R, -;

5---8  THRU SERPIENTE;; FENCE LINE; SPOT TURN;
5-6 Thru L, sd R, XIB L, fan R CW; XIB R, sd L, thru R, fan L to bfly;
7-8 X lunge L, rec R, sd L, -; Swvl ¼ LF on L fwd R trng ½ LF, rec L trng ½ LF, sd R, -;

PART A

1---4  NEW YORKER; UNDERARM TRN; CRAB WK 3 TO RLOD; SIDE WK 3;
1-2 Swvl on R thru L, rec R swvl to fc, sd L, -; XIB R, rec L, sd R, -(W Swvl on R fwd L under ld hands trng ½ RF, rec R trng ½ RF, sd L, -);
3-4 XIF L, sd R, XIF L, -; Sd R, cl L, sd R, -;

5---9  ALEMANA TO LARIAT 3;; TO TAND WALL; PEEK 2X;;
8-9 Press R with partial weight, rec L, sd R, -; Press L with partial weight, rec R, sd L, -;
10—12  FINISH THE CHASE {BFLY COH};;;
10-12 Fwd R trng ½ LF, rec L, fwd R, -(W Fwd L trng ½ RF, rec R, fwd L, -);
Fwd L, rec R, bk L, -(W Fwd R trng ½ LF, rec L, fwd R, -); Bk R, rec L, fwd R, - to BFLY COH;

BRIDGE

1  SLO HIP RK 2;
1 Repeat meas 2 of Intro;
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PART B

1---4 \{BFLY COH\} CHASE WITH UNDERARM PASS;; REV UNDERARM TRN; FENCE LINE;
1-2 Fwd L trng ½ RF keeping ld hds joined, rec R, fwd L, -(W Bk R, rec L, fwd R toward M’s L sd, -); Bk R raising joined ld hands, rec L, sd R, -(W Fwd L, fwd R trng ½ LF under joined ld hands to fc ptr, sd L, -) to BFLY WALL;
3-4 XIF L, rec R, sd L, -(W Swvl on L LF fwd R trng ½ LF under joined ld hands, rec L, sd R, -); X lunge R, rec L, sd R, -;

5---8 BASIC;; OP BREAK; WHIP:
5-6 Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;
7-8 Rock apt L, rec R, sd L, -; Bk R comm ¼ LF trn, rec fwd L trng ¼ to comp trn, sd R, -(W Fwd L, fwd R trng ½ LF, sd L, -) to BFLY COH;

9---12 BASIC;; OP BREAK; WHIP:
9-10 Repeat meas 5-6 of Part B;;
11-12 Repeat mean 7-8 of Part B to BFLY WALL;;

INTERLUDE

1---3 SLO HIP ROCK 2; SHOULDER TO SHOULDER 2X;;
1-3 Repeat meas 2-4 of Intro;;

REPEAT PART A

REPEAT BRIDGE

PART C

1---5 \{BFLY COH\} HAND TO HAND 2X;; BREAK BK TO ½ OP RLOD; KIKI WK 6;;
1-2 Swvl ¼ LF on R bk L to OP RLOD, rec R to fc, sd L, -; Swvl ¼ RF on L bk R to LOP LOD, rec L to fc, sd R, -;
3 Swvl ¼ LF on R bk L to ½ OP RLOD, rec R, fwd L, -;
4-5 Fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd L, -;

6---10 LADY ROLL ACROSS 3X \{L ½ OP RLOD\};; FWD AND BK BASIC;;
9-10 Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -;

11—14 SPOT TRN; ONE CUCARACHA WITH ARMS; TIME STP 2X;;
11-12 Fwd L trng ½ RF, rec R, sd L, -; While bring tr arms and hands out up and then down press sd R with partial weight, rec L, sd R, -;
13-14 With no hands joined XIB L, rec R, sd L, -; XIB R, rec L, sd R, -;
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PART A MODIFIED

1-4  NEW YORKER; UNDERARM TRN; CRAB WK 3 TO RLOD; CUCARACHA CROSS;
     1-3 Repeat meas 1-3 of Part A;;
     4 Press sd R with partial weight, rec L, XIF R, -;

5-8  SAND STP 2X;; CUCARACHA CROSS; SD WK;
     5-6 Swvl RF on R tch L toe to R instep no weight, swvl LF on R tch L heel to floor no weight, swvl RF on R XIF L, -;
     7 Swvl LF on R tch R heel to floor no weight, swvl LF on L XIF R, -;
     8 Repeat meas 4 of Part A

9-13  ALEMANA TO LARIAT 3;; TO TAND WALL; PEEK 2X;;
     9-11 Repeat meas 5-7 of Part A;;
     12-13 Repeat meas 8-9 of Part A;;

14—16  FINISH THE CHASE {BFLY COH};;
     14-16 Repeat meas 10-12 of Part A;;

REPEAT BRIDGE

ENDING

1-4  {BFLY COH} CHASE WITH UNDERARM PASS;; REV UNDERARM TRN; FENCE LINE;
     1-4 Repeat meas 1-4 of Part B;;;

5-8  SHOULDER TO SHOULDER 2X;; THRU SERPIENTE;;
     5-6 Repeat meas 3-4 of Intro
     7-8 Repeat meas 5-6 of Intro;;

9-12  FENCE LINE; SPOT TRN; SLO HIP ROCK 2 TO CP WALL; CORTE;
     9-10 Repeat meas 7-8 of Intro;;
     11 Repeat meas 2 of Intro;
     12 Bk and sd L with lowering action, -, -, -;