INTRO

01 CP DLC  LD FT FREE START AFTER THE WHISTLE + 2 NOTES:

PART A

01-04 OP REVERSE TURN ; HOVER CORTE ; BACK WHISK ; SYNCOPATED VINE to SCP ;
(OP Rev Trn) Fwd L com LF trn, trng LF sd R, bk L comp LF trn to BJ0 RLOD ; (Hov CorTe) Bk R, trng LF sd & fwd L. LOD leavg R leg in pl, compg 1/2 LF trn rec R (W fwd L, trng LF sd & fwd R & brush L to R, fwd L) to BJO DLW ; (Bk Whisk) Bk L, bk & sd R, XLib to SCP LOD ; [Syncop Vine to SCP] [QQQQ] Thru R, sd L/XRib (W XLib), sd L to SCP LOD ;

05-08 WEAVE to SCP ; ; MANUVER PIVOT 2 ; IMPETUS to SCP ;
[Weave 6 to SCP] Fwd R, fwd L begin LF trn, sd R twd DLC (W fwd L picking up, sd R trng LF, fwd L cont trn L) to BJO RLOD ; Bk L, bk R trng LF, sd & fwd L (W fwd R LOD in BJO, fwd L, fwd R) to SCP LOD ; [Manuver Pivot 2] Fwd R trng RF to CP RLOD, bk L, ptvg 1/2 RF, fwd R pvt 1/2 RF to CP RLOD ; [Impetus to SCP] Bk L w/ RF bdy trn, cl R (heel trn) contg RF trn, sd & fwd L (W fwd R between M's ft ptvg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP LOD ;

09-12 OP NATURAL ; OUTSIDE SPIN to a RIGHT TURNING LOCK ; ; THRU PROMENADE SWAY ;
[Op Natural] Fwd R stg RF trn , cont trn sd & bk L, bk R w/ R sd Id (W fwd L, fwd R between man's feet , fwd L) to BJO DRC ; (Outsd Spin to a R Trng Lk) Trng bdy strongly RF bk L, trng strongly RF fwd R heel to toe, contg trn on R toe sd & bk L (W trng RF fwd R heel to toe outs M, contg trn cl L & pvt on toes of both ft, compg trn fwd R btw M's ft) to CP RLOD ; (1&2,3) Bk R w/R sd lead comm to trn RF/lk Lif fc COH, cont R trn sd & fwd R between W's ft, fwd L (Fwd L w/L sd lead comm to trn RF/lk Rib, fwd & sd L cont trn RF Xing in frt of M, fwd R) to SCP LOD ; (Thru to a Prom Sway) Thru R, Sd & fwd L twds DLC, stretch R sd gradually to look over jnd Id hnds ;

13-17 OVER SWAY ; HOVER EXIT to SCP ; OP NATURAL ; TIPPLE CHASSE PIVOT & PIVOT 2 to DLC ; ;
[Over Sway] [1, - , -] W/o chg wgt relax L knee keepg R leg extended w/ slight LF upper trn & stretch L sd both w/ hd well to L (W relax R knee & trn upper bdy slowly LF usg full meas) ; [Hover Exit to SCP] [1, 3 ] Rec R risg & brushg L to R, fwd L to SCP LOD ; (Op Natural) Repeat meas 9 Part A ; (Tipple Chasse Pivot & Pivot 2 to DLC) [1,2,3] Bk L comm RF trn, cont RF trn sd R/cl L, cont slight RF trn fwd R between W's ft and pvt 1/2 RF to CP almost LOD ; [1, 2 - ] Bk L pivot RF, fwd R heel to ball cont turn to CP DLC ;

PART B

01-04 DIAMOND TURN ; ; ;
[Diamond Trn] Fwd L trng LF, compg 1/4 LF trn sd R, bk L to BJ0 ; Staying in BJ0 & trng LF bk R, compg 1/4 LF trn sd L, fwd R ; Staying in BJ0 & trng LF fwd L, compg 1/4 LF trn sd R, bk L ; Bk R in BJ0 trng RF, sd L compg 1/4 LF trn, fwd R to BJO DLC ;

05-08 TELEMARK to SCP ; NAT HOV FALLAWAY ; CHECK BK & REC to a WHIPLASH BJO ; BK BK/LK BK ;
[Telemark to SCP] Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; (Nat How Fallaway) Fwd R, fwd L risg & trng RF, rec R (W fwd L, fwd R between M's ft trng RF, rec L) to SCP DRW ; (Ck Bk Rec to a Whiplash to BJO) [S, - - ] Bk L in SCP ckg, rec R pt L to DRW trn body LF to swivel W (W bk R in SCP ckg, rec L swivel LF ronde R CCW, - ) to BJO DRW, - ; (Bk BK/LK BK) [1,2,3] Trvlg twd DLC Bk L, bk R/lk Lif, bk R ;
09-12 SLOW OUTSIDE SWIVEL TWICE ; OUTSIDE CHANGE to SCP ; CHAIR & SLIP ;
[Slow Outsd Swivel x 2] [SS] Bk L, brush R across L (W fwd R, swivel RF on R to SCP DRW), - ; Fwd R, touch L (W fwd L, swivel LF on L) to BJO DRW, - ; [Outsd Chng to SCP] Trng LF bk L, bk & sd R, sd & fwd L (W fwd R, L, R) to SCP LOD ; [Chair & Slip] Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

13-16 DOUBLE REVERSE SPIN TWICE ; HOVER ; SLOW SIDE LOCK ;
[Double Rev Spin x 2] [1,2-/W1,2&3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (W bk R com LF trn on R heel, cont trn on R heel & cl L/ sd & bk R contg trn, XLif) to CP LOD ; Repeat meas 13 Part B to CP DLW ; [Hover] Fwd L, fwd & sd R rising, sd & fwd L to SCP DLC ; [Slow Sd Lk] Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng LF, lk Lif) to CP DLC ;

REPEAT PARTS A & B

ENDING

01-02 TELEMARK to SCP ; CHAIR & HOLD ;
[Telemark to SCP] Repeat meas 5 Part B ; [Chair & Hold] Strong fwd R in lunge action bending knee, -; -;