

SHE'S ALWAYS A WOMAN

Choreographers:	Music:	"She's Always a Woman" by Billy Joel Length is 3:21. Original song is used unmodified.
Tim Eum & Cindy Hadley	Footwork:	Opposite except where <i>(italicized, bold, and red)</i>
437 Nature's Way SW	Rhythm:	Hesitation-Canter and Viennese Waltz
Huntsville, AL 35824-3116	Phase:	Estimated phase 5+1+3 (Same Foot Lunge) (V-9; Natural Preparation; Reverse Fleckeral)
(256) 457-7875	Date:	June 2014 (Taught at National SDC in Arkansas)
TimEum@gmail.com	Speed:	Slow by 10 to 12% (i.e. 40 rpm)
gatorcindy@aol.com	Sequence:	Intro-A-B-C-A-Interlude-C-Bmodified-End

Note: Music is 6/8 time ~ there are 6 beats per measure.

INTRODUCTION:

1	Wait facing 4 feet apart ;	Wait one measure 4 feet apart man facing DLC with lead foot free ;
2	Bow & Curtsey ;	Swing trail arms in front and lead arms behind ~ man bend at waist toward partner, - , - , rise, - , - ; <i>(W lower in knees, - , - , rise, - , - ;)</i>
3	Step Tog & Touch ;	Tog L to CP-DLC, - , - , Touch R , - , - ;
4	Step Side & Touch ;	Side R, - , - , Touch L, - , - ;

PART A (Hesitation-Canter):

1-4	Diamond Turn ;;;;	Fwd L trng LF ¼, - , - , sd R to BJO-DRC, - , bk L ; Bk R trng LF ¼, - , - , sd L to BJO-DRW, - , fwd R ; Fwd L trng LF ¼, - , - , sd R to BJO-DLW, - , bk L ; Bk R trng LF ¼, - , - , sd L to BJO-DLC, - , fwd R ;
5	Telemark to BJO ;	Fwd L trng LF, - , - , Fwd & sd R trng LF, - , Sd & fwd L to BJO-DLW ; <i>(W bk R trng LF on heel, - , - , cl L finish trng LF on toe, - , sd & bk R ;)</i>
6	Natural Preparation ;	Fwd R swvlg RF to fc ptr, - , - , Sd & bk L trng RF to fc DRC, - , tch R ; <i>(W fwd L, - , - , fwd R trng RF so her L hip is inside M's R hip, - , cl L ;)</i>
7	Same Foot Lunge ;	Lowering into L knee and swaying L sd & fwd R, - , - , chg to R sway, - , - ; <i>(W lower into L knee and XRib, - , - , extend looking well left, - , - ;)</i>
8	Recover Hover Transition to BJO;	Rise no weight change, - , - , recover L rising to BJO-DRW, - bk R lowerg ; <i>(W rec L, - , - cl L swiveling LF to BJO, - , fwd L ;)</i>
9	Outside Spin ;	Bk L trng RF strongly, - , - , fwd R outside partner rising and swiveling RF to face partner, - , bk L to CP-DRW ; <i>(W fwd R outside partner commence swiveling RF, - , - , finish swiveling to face partner cl L, - , fwd R ;)</i>
10-11	V-9 ;;	[Timing is QQS S ; QQS QQ ;] Bk R, lk L, bk R, - , bk L, - ; Bk R, sd L, XRif to BJO-DLW, - , fwd L, lk R ;

PART B (Viennese Waltz):

1-2	3 Viennese Turns and a Back Waltz ;;	Fwd L start LF trn, sd R cont LF trn, XLif (W cl R) to CP-RLOD, Bk R start LF trn, sd L cont LF trn, cl L (W XLif) to CP-LOD ; Fwd L start LF trn, sd R cont LF trn, XLif (W cl R) to CP-RLOD, Bk R, bk L, bk R ;
3-4	4 Right Turns (end facing wall) ;;	Bk L start RF trn, sd R cont RF trn, cl L to CP-LOD , Fwd R start RF trn, sd L cont RF trn, cl R to CP-RLOD ; Bk L start RF trn, sd R cont RF trn, cl L to CP-LOD , Fwd R trng RF ¼ , sd L, cl R to CP-RLOD ;
5	Apart Point ~ Spin Maneuver ;	Apart L, point R, - , XRif maneuvering, sd L, cl R to CP-RLOD ; (W apart R, point L, - , fwd L trng LF, sip R cont trng LF, cl L ;)
6-7	3 Right Turns (end to face LOD) and Forward Waltz ;;	Bk L start RF trn, sd R cont RF trn, cl L to CP-LOD , Fwd R start RF trn, sd L cont RF trn, cl R to CP-RLOD ; Bk L start RF trn, sd R cont RF trn, cl L to CP-LOD , ;
8-9	4 Viennese Turns (end facing wall) ;;	Fwd L start LF trn, sd R cont LF trn, XLif (W cl R) to CP-RLOD, Bk R start LF trn, sd L cont LF trn, cl L (W XLif) to CP-LOD ; Fwd L start LF trn, sd R cont LF trn, XLif (W cl R) to CP-RLOD, Bk R trng LF ¼ , sd L, cl R to loose CP-wall ;
10	Waltz away & together ;	Sd & fwd L trng bk to bk still with trail hands joined, sd R, cl L, Sd & fwd R trng to BFLY-wall, sd L, cl R ;
11	Quick Roll 6 ;	No hands joined sd & fwd L trng bk to bk, sd R trng to fc RLOD, bk L, Bk R trng to face partner, sd L trng to fc LOD, fwd R to OP-LOD ;

PART C (Viennese Waltz):

1-3	Step Swing,,, Roll Across in 2 Slow ~ Step Swing,,, Roll Back Across in 2 Slow ;;;	[timing – all steps in these 3 measures take 3 beats] Apart L, swing R leg toward LOD, - , fwd R twd wall trng RF (W fwd L twd COH trng LF), - , - ; sd L trng RF to LOPF-COH, - , - , Apart R, swing L leg toward LOD, - ; fwd L twd COH trng LF (W fwd R twd wall trng RF), - , - , sd R trng LF to OPF-wall, - , - ;
4	Waltz Away & Together;	Sd & fwd L trng bk to bk still with trail hands joined, sd R, cl L, Sd & fwd R trng to BFLY-wall, sd L, cl R ;
5-8	Forward Hesitation & Back Left Turn a quarter ~ 4 Times ;;;;	Fwd L, tch R, - , bk R trng LF ¼ to fc LOD, sd L, cl R ; Fwd R, tch L, - , bk L trng LF ¼ to fc COH, sd R, cl L ; Fwd L, tch R, - , bk R trng LF ¼ to fc RLOD, sd L, cl R ; Fwd R, tch L, - , bk L trng LF ¼ to fc wall, sd R, cl L ;
9-11	Step Swing,, Roll Across in 2 Slow,,,, Step Swing,, Roll Back Across in 2 Slow ;;;	Same as Part C measures 1 thru 8
12	Waltz Away & Together;	
13-16	Forward Hesitation & Back Left Turn a quarter ~ 4 Times ;;;;	

Repeat PART A (Hesitation-Canter) --- 11 measures ;;;; ;;;; ;;;

INTERLUDE (Viennese Waltz):

1-2	3 Viennese Turns and a Back Waltz ;;	Same as Part B measures 1 thru 4
3-4	4 Right Turns (end facing wall) ;;	
10	Waltz away & together ;	Same as Part B measures 10 thru 11
11	Quick Roll 6 ;	

Repeat PART C (Hesistation-Canter) --- 16 measures ;;;; ;;;; ;;;; ;;;; ;

PART B modified (Viennese Waltz):

1-2	3 Viennese Turns and a Back Waltz ;;	Same as Part B measures 1 thru 10
3-4	4 Right Turns (end facing wall) ;;	
5	Apart Point ~ Spin Maneuver ;	
6-7	3 Right Turns (end to face LOD) and Forward Waltz ;;	
8-9	4 Viennese Turns (end facing wall) ;;	
10	Waltz away & together ;	
11	Waltz away & together ;	Same as Part B measure 10
12	Quick Roll 6 ;	Same as Part B measure 11

ENDING:

1	Riff Turn & Side Touch ;	Sd L, cl R, - , sd L, draw R to L, tch R to LOPF-wall ; <i>(W sd R spin RF full turn under joined lead hands, cl L, - , sd R, draw L to R, cl L ;)</i>
2	Reverse Riff Turn & Side Touch ;	Sd R, cl L, - , sd R, draw L to R, tch L to CP-wall ; <i>(W sd L spin LF full turn under joined lead hands, cl R, - , sd L, draw R to L , cl R ;)</i>
3-4	Reverse Fleckeral twice ;;	[Rotate in one spot LF 3 full turns ending CP-wall] XLif, sd R, XLif, sd R, XLib, sd R; <i>(W sd R, XLib, sd R, XLif, sd R, XLif;)</i> XLif, sd R, XLif, sd R, XLib, sd R; <i>(W sd R, XLib, sd R, XLif, sd R, XLif;)</i>
5	Contra Check & Switch;	Lower and check fwd L with R shoulder lead, - , - , rec R rising & turning RF, - , sd & bk L to CP-DRC ;
6	Right Lunge ;	Fwd & sd R flexing R knee as weight is taken, - , - , expand top line, - , - ;