INTRO
1-4 WAIT 2 MEAS;; DIP BK; REC,TCH to BFY WALL;
   1-4 In CP WALL wait 2 meas;; Dip L,-,-; Rec R,tch L,- to BFY WALL;

PART A
1-4 WZ AWY: X WRAP; 2 BK UP WZ;;
   1-4 In BFY WALL fwd L slightly away from ptr,fwd R,cl L; M amd W fwd R,fwd L,cl R(W wrap tmg LF fwd L,fwd R,cl L) to WRAPPED RLOD; Bk L,bk R,cl L; Bk R,bk L,cl R;
5-8 WHEEL 3 fc LOD; THRU FC CL; HVR; WING to SCAR;;
   5-8 Wheel RF fwd L,fwd R(W bk R,bk L),cl L fc LOD; Thu R,sl L,cl R; Fwd L,fwd&sd R rasing on the ball of R foot,rec L to SCP LOD; Fwd R,draw L tdw R,tch L to R turnig upper part of body LF with L side stretch (W amd M fwd L,fwd trn R,fwd trn L) to SCAR DLC;
9-12 DIAMOND TRN;;;
   9-12 Fwd L trng LF on diag contg LF sd R ,bk L with the ptr outside the man in CBMP; Staying CBMP and trng LF R,sl L trng 1/4 LF,cl R; Thu R,sl L,cl R; Fwd L trng LF on diag,sl R,bk L with the woman outside the man in CBMP; Bk R cong LF tmg,sl L,fwd R end in CP LOD;
13-16 OP TELE; HVR FALWY; W. SLIP PVT to BJO; FWD SD THRU;
   13-16 Fwd L commg to trn LF,sl R contg LF tm,sl and slightly fwd L (W BK R commg to tm LF bring L beside R with no weight,tm LF on R heel and change weight to L,side and slightly fwd R) to end in tight SCP LOD; Fwd R tmg RLOD, fwd&sd L rising to ball of foot,rec bk R; Bk L,bk R tmg LF,fwd L(W bk R Pvt LF,_fwd L contg tm if,bk R) to BJO LOD; Fwd R(W bk L),sl L,thru R to BFY WALL;

PART B
1-4 WZ AWY; TRN in to LOP RLOD; BK UP WZ; BK DRAW TCH;
   1-4 In BFY WALL repeat meas 1 of PART A; Fwd R tmg 1/2 RF(W LF) to LOD RLOD,bk L,cl R; Bk L,bk R,cl L; Bk R,draw L to R,tch L;
5-8 OP BOX;; THRU TWNKL to SCP LOD; THRU CHASSE to BJO DLC;
   5-8 Fwd L tdw RLOD,sl R,cl L; Bk R,sl L,cl R; Thu L tmg RLOD,sl R,cl L to SCP LOD; Thu R,sl L/cl R,sl L to BJO DLC;
9-12 FWD FWD/LK FWD; MANUV; SPN TRN OVER TRN; BK 1/2 BOX to BFY WALL;
   9-12 Fwd R,fwd L/fwd R,fwd L; Fwd R tmg 1/4 RF(W stp in plc L),sl L,cl R to CP RLOD; Bk L Pvt 3/4 RF fc WALL,fwd R rise,sl&bk L; Bk R,sl L,cl R to BFY WALL;
13-16 BAL L; SD DRAW TCH; SOLO TRN 6;;
   13-16 Sl L,XRIB,slp L in plc; Sl R,draw L,tch L to R; Fwd L tmg 1/4 RF,sl R contg tmg 1/2 RF fcg RLOD,cl L; Bk R tmg 1/4 RF,sl L,cl R to CP WALL(2nd to BFY WALL);

INTER
1-4 DIP BK; REC TCH;
   1-4 In CP WALL dip bk L,-,-; Rec R,tch L,- to BFY WALL;

END
1-4 HVR; WING to SCAR;; OP TELE; CHAIR & HOLD;
   1-4 In CP WALL Fwd L,fwd&sd R rising on ball of foot,rec L to SCPLOD; Fwd R,draw L,tch L to R tmg upper part of body LF with L side stretch (W fwd L around man fwd R,fwd L) end in tight SCAR; Repeat meas 13 of PART A end in SCP LOD; Fwd R lunge bend knee,hold,-;