**RUNNING BEAR**

**Choreographers:** Kevin Klein, 1630 Colusa Avenue, Davis, CA 95616 (USA)

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**Recording:** *RUNNING BEAR*  
**Artist:** Johnny Preston

**Album:** Gold 60’s – The Essential Collection, Track #8

**Availability:** iTunes.com (as of Release Date) or other music download sites

**Footwork:** Opposite unless noted otherwise (woman’s footwork in parentheses)

**Rhythm/Phase:** CH/JV Phase III+1 (Alemana)  
**Time/Speed:** 2:37 as downloaded

**Sequence:** Intro, A, B, A, B, A, B, Ending  
**Revision:** Version 1.3 (January, 2011)

### INTRO

1-2  
**BFLY** WAIT 2 MEASURES;;

1-2 Wait two measures in BFLY;;

**PART A (Cha)**

1-4  
**CUCA 2X;; NY; SPOT TRN;**

1-2 Sd L, rec R, cl L/step R/step L; sd R, rec L, cl R/step L/step R;

3-4 Rk thru L toward RLOD in LOP, rec R face partner, sd L/cl R/step L;

Thru R to LOD releasing hands trng LF (W RF), fwd L trng LF to face partner, sd L/cl R/step L;

5-8  
**ALEMANA;; LARIAT;;**

5-6 Same as measure 1, M same as measure2 (W L XIFR trng RF, fwd R cont trn, sd L/cl R/step L);

7-8 M's L and W's R hands joined M same as measure 1-2 (W circ CW fwd R, fwd L, cont circ CW fwd L, fwd R, fwd L/cl R/step L to face partner);;

9-12  
**OP BRK; WHP (COH); NY; SPOT TRN;**

9-10 Bk L while raising trailing arm, rec R bring arm down, sd L/cl R/step L;

Sweep trailing arms thru with R twd LOD, sd L trng LF ½ COH, sd R/cl L/step R;

11-12 Same as Part A Measure 3-4;;

13-16  
**OP BRK; WHP (WALL); HAND-HAND 2X (CP WALL);**

13-14 Same as Part A Measure 9-10 except facing wall;;

15-16 L XIBR rk bk facing LOD, rec R trng RF (W LF) to face partner, sd L/cl R/step L;

R XIBR rk bk facing LOD, rec L trng LF (W RF) to face partner, sd R/cl L/step R CP WALL;

**PART B (Jive)**

1-4  
**JIVE CHASSE L & R (SCP); CHG R-L LOD ~ CHG L-R (SCP);**

1-2 Sd L/cl R/sd L, sd R/cl L/step R SCP; XLIB rk bk, rec R to face partner; sd L/cl R/sd L (W fwd R/fwd L/trn RF ½ R);

3-4 Sd R/cl L/sd R, rk bk L, rec R; sd L trng slightly RF/cl R/sd L (W fwd R/ fwd L/ trng LF ½ R), sd R/cl L/sd R;

5-8  
**RT TRN FALLAWAY 2X;; RK, REC, WALK & FC (BFLY);**

5-6 L XIBR rk bk, rec R (SCP), fwd L trng RF ½/rec R/sd L trng RF ½; sd R cont trng RF ½/rec L/sd R facing COH;

7-8 L XIBR rk bk, rec R (SCP), fwd L trng RF ½/rec R/sd L trng RF ½; rk, rec, walk & face BFLY;

**ENDING (Cha)**

1-3  
**BAS;; APT PT;**

1-3 Same as Part A Measure 1-2;; apart;
**HEAD CUES**

**INTRO** (BFLY) WAIT 2 MEASURES;;

**PART A**
CUCA 2X; NY; SPOT TRN; ALEMANA; LARIAT;;
OP BRK; WHP (COH); NY; SPOT TRN; OP BRK (WALL); WHP; HAND-HAND 2X (CP WALL);;

**PART B**
JIVE CHASSE (SCP); CHG R-L (LOD) ~ CHG L-R (SCP);;;
RT TRNG FALWY 2X;;; RK, REC, WALK & FC (BFLY);

**PART A**
CUCA 2X; NY; SPOT TRN; ALEMANA; LARIAT;;
OP BRK; WHP (COH); NY; SPOT TRN; OP BRK (WALL); WHP; HAND-HAND 2X (CP WALL);;

**PART B**
JIVE CHASSE (SCP); CHG R-L (LOD) ~ CHG L-R (SCP);;;
RT TRNG FALWY 2X;;; RK, REC, WALK & FC (BFLY);

**PART A**
CUCA 2X; NY; SPOT TRN; ALEMANA; LARIAT;;
OP BRK; WHP (COH); NY; SPOT TRN; OP BRK (WALL); WHP; HAND-HAND 2X (CP WALL);;

**PART B**
JIVE CHASSE (SCP); CHG R-L (LOD) ~ CHG L-R (SCP);;;
RT TRNG FALWY 2X;;; RK, REC, WALK & FC (BFLY);

**ENDING**
CUCA 2X;; & APT PT;