RUNNING BEAR

Choreographers: Kevin Klein, 1630 Colusa Avenue, Davis, CA 95616 (USA)
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Recording: RUNNING BEAR
Artist: Johnny Preston
Album: Gold 60’s – The Essential Collection, Track #8
Availability: iTunes.com (as of Release Date) or other music download sites
Footwork: Opposite unless noted otherwise (woman’s footwork in parentheses)
Rhythm/Phase: CH/JV Phase III+1 (Alemana)
Sequence: Intro, A, B, A, B, A, B, Ending
Released: November, 2008

INTRO

1-2 (BFLY) WAIT 2 MEASURES;
1-2 Wait two measures in BFLY;;

PART A (Cha)

1-8 BAS;; NY; SPT TRN; ALEMANA;; LARIAT;;
1-2 Fwd L, rec R, sd L/ cl R/ step L; bk R, rec L, sd R/ cl L/ step R;
3-4 Rk thru L toward RLOD in LOP, rec R face partner, sd L/ cl R/ step L;
Thru R twd LOD releasing hands trng LF (W RF), fwd L trng LF to face partner, sd L/ cl R/ step L;
5-6 Same as measure 1, M same as measure2 (W L XIFR trng RF, fwd R cont trn, sd L/ cl R/ step L);
7-8 M’s L and W’s R hands joined M same as measure 1-2
(W circ CW fwd R, fwd L, fwd R/ cl L/ f/wd R, cont circ CW fwd L, fwd R, fwd L/ cl R/ f/wd L to face partner);

9-16 OP BRK; W HP; NY; SPT TRN; OP BRK; W HP; HND-TO-HND 2X (BFLY);;
9-10 Bk L while raising trailing arm, rec R bring arm down, sd L/ cl R/ step L;
Sweep trailing arms thru with R twd LOD, sd L trng LF ½ COH, sd R/ cl L/ step R;
11-12 Same as Part A Measure 3-4;
13-14 Same as Part A Measure 9-10 except facing wall;
15-16 L XIBR rk bk facing LOD, rec R trng RF (W LF) to face partner, sd L/ cl R/ step L;
R XIBR rk bk facing LOD, rec L trng LF (W RF) to face partner, sd R/ cl L/ step R BFLY;

PART B (Jive)

1-4 JIVE CHASSE L & R; CHG R-L LOD ~ CHG L-R (SCP);;
1-2 sd L/ cl R sd L, sd R/ cl L sd R; L XIBR rk bk, rec R to face partner, sd L/ cl R/ sd L (W fwd R/ fwd L/ trng RF ½ R);
3-4 sd R/ cl L/ sd R, rk bk L, rec R; sd L trng slightly RF/ cl R/ sd L (W fwd R/ fwd L/ trng LF ½ R), sd R/ cl L/ sd R;

5-8 RT TRNG FALLAWAY 2X;; RK, REC, WALK & FACE (BFLY);
5-6 L XIBR rk bk, rec R (SCP), fwd L trng RF ¼/ rec R/ sd L trng RF ¼; sd R cont trng RF ¼/ rec L/ sd R facing COH;
7-8 L XIBR rk bk, rec R (SCP), fwd L trng RF ¼/ rec R/ sd L trng RF ¼; sd R cont trng RF ¼/ rec L/ sd R facing Wall;
L XIBR rk bk, rec (SCP), fwd & face (BFLY);

ENDING (Cha)

1-3 BAS;; APT PT;
1-3 Same as Part A Measure 1-2;; apart;
HEAD CUES:

INTRO:  (BFLY) WAIT 2 MEASURES;;

PART A: BAS; NY; SPT TRN; ALEMANA; LARIAT;;
OP BRK; WHP; NY; SPT TRN; OP BRK; WHP; HND-HND 2X (BFLY);;

PART B: JIVE CHASSE; CHG R-L (LOD) ~ CHG L-R (SCP);;;
RT TRNG FALWY 2X;;; RK, REC, WALK & FC (BFLY);

PART A: BAS; NY; SPT TRN; ALEMANA; LARIAT;;
OP BRK; WHP; NY; SPT TRN; OP BRK; WHP; HND-HND 2X (BFLY);;

PART B: JIVE CHASSE; CHG R-L (LOD) ~ CHG L-R (SCP);;;
RT TRNG FALWY 2X;;; RK, REC, WALK & FC (BFLY);

PART A: BAS; NY; SPT TRN; ALEMANA; LARIAT;;
OP BRK; WHP; NY; SPT TRN; OP BRK; WHP; HND-HND 2X (BFLY);;

PART B: JIVE CHASSE; CHG R-L (LOD) ~ CHG L-R (SCP);;;
RT TRNG FALWY 2X;;; RK, REC, WALK & FC (BFLY);

ENDING: BAS;; APT PT;