ROCKIN PNEUMONIA

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MUSIC: Rockin Pneumonia
ALBUM: Debbie Bales & Band BALLROOM DANCING THE PASSION

MUSIC SOURCE: Amazon Digital Music
REL. DATE: May 2015
SEQUENCE: INTRO A (WCS), B (JIVE), A (1-8 WCS), C (JIVE) A (1-8 WCS) D (JIVE) A (1-8 WCS) End

INTRODUCTION

1-4 Wait; Wait; Wrapped Whip; :

1 (Wait) In LOP/LOD Wait 1 meas;
2 (Wait) In LOP/LOD Wait 1 meas;
(Wrapped Whip) bk L to double hndhold, rec R turning 1/4 rt fc, bring man's L & lady's R hnds in & over lady's head sd L cont rt fc trn/closr R, sd & fwd L in wrapped pos; X R in bk of L turning rt fc release M's R & lady's L hnds, sd L turning rt fc to fc LOD, in place R/ L, R;

A (WCS)

1-4 Whip & Flip; ; Right Side Pass; ; Rk 2;

1-2 (Whip & Flip) Bk L, rec fwd & sd R moving to wom's R sd turning 1/4 rt fc to CP, sd L turning 1/4 rt fc/fwd R, sd & fwd L & on same track as L ft & while fliping to sd, cking fwd L, starting a lft fc trn R/bkng up completing the lft fc trn & taking woms lft hnd in man's rt hnd to an "L" pos; (fwd R, fwd L turning RF 1/2 to CP, bk R/closr L to R, fwd R between man's ft turning 1/2 RF; bk L, bk w/trn R, in place L / R, L;

(Right Side Pass) Sd L, rec sd R, close L/in place R, fwd L; in place R / L, R, (fwd R, fwd L, fwd R turning 1/4 lft fc/X L in frnt turn 1/4 lft fc, bk R; in place L / R, L;
(Rk 2) Rk fwd L, Rec R;

5-8 Underarm Turn; ;Sugar Tuck and Spin; ;Chicken Walk 4 to Stack Hnds Rt Over Lft;

5-7 (Underarm Turn) bk L turning rt fc, fwd R turning rt fc, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead hnds, fwd R/L, R turning lft fc; in place L / R, L;

(Sugar Tuck and Spin) OP fcg ptr and LOD - bk L, bk R, tap L, fwd L; (anchor) R bk under body/replace wt to L, replace wt to R, (OP fcg ptr and RLOD - fwd R, fwd L, tap R beside L, swvl 1/2 RF to fc LOD fwd R spin 1/2 RF to fc RLOD; (anchor) bk L under body/replace wt to R, replace wt to L, )

8 (Chicken Walks to Stk Hnds Rt ovr Lft) bk L, bk R begin shkng rt hnds ovr lft hnds, bk L, bk R; (fwd R, fwd L begin shkng rt hnds ovr lft hnds, fwd R, fwd L ;)

13-16 Underarm Trn; ; Lft Sd Pass; ; Qk Sd Brks;

13-16 (Underarm Turn) Bk L turning rt fc, fwd R turning rt fc, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead hnds, fwd R/L, R turning lft fc; in place L / R, L;

(Lft Sd Pass) Bk L turning LF, close R turning LF leading woman to man's lft sd, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L passing on man's lft sd, fwd R/L, R turning LF; in place L / R, L;)

Revision 1, July 2015
B (JIVE)

Change Left to Right; ,, Throwaway Lady Overtrn to FC/LOD ;,, Men Pass Her by in 4 to LOP/RLOAD;

1-4

ghan Left to Right} Rock bk L, rec R, sd L/close R, sd L comm 1/4 RF turn;sd R/close L, sd R, (Rock bk R, rec L, fwd R/close L, fwd R comm 1/4 lft fc trn under jned lead hnds; triple in place completing lft fc trn to fc prtn in LOP/WALL; triple in plc , )

{Throwaway Lady Overtn to FC/LOD} Rk bk L, Rec R, sd L/close R, sd L, sd R/close L, sd R comm up to 1/4 lft fc trn on triples; (Rk bk R, Rec L, pick up R/L, R comm rt fc trn on last step of triple to overtrn LOD; triple in plc , )

{Men Pass Her by in 4} Fwd L, Fwd R, Fwd trng L on L, Stp bk R ; ( In place R,L,R,L; )

5-8

Change Left to Right to LOP/COH; ,, Change Lft to Rt LOP/LOD; ,, Kick Ball Chnge 2X;

{Change Left to Right} Rock bk L, rec R, sd L/close R, sd L comm 1/4 rt fc trn;sd R/close L, sd R, (Rock bk R, rec L, fwd R/close L, fwd R comm up to 3/4 lft fc trn under jned lead hnds; sd L/close R, sd L complete lft fc trn to fac prtnr , )

{Change Left to Right} Rock bk L, rec R, sd L/close R, sd L comm 1/4 RF turn;sd R/close L, sd R, (Rock bk R, rec L, fwd R/close L, fwd R comm up to 3/4 lft fc trn under jned lead hnds; sd L/close R, sd L complete lft fc trn to fac prtnr, )

{Kick Ball Change 2X} LOP/FC/LOD pos kick free ft fwd/take wgt on ball of that ft,replace wgt on other ft, repeat, (LOP/FC/RLOAD pos kick free ft fwd/take wgt on ball of that ft,replace wgt on other ft, repeat; )

Repeat Part A 1-8 to LOP/FC/LOD (WCS)

C (JIVE)

Change Left to Right CP/WALL; ,, Throwaway Lady Overtrn to FC/LOD ;,, Men Pass Her by in

4 to Both FC/COH ;

1-4

{Change Left to Right} Rock bk L, rec R, sd L/close R, sd L comm 1/4 RF turn;sd R/close L, sd R, (Rock bk R, rec L, fwd R/close L, fwd R comm 1/4 lft fc trn under jned lead hnds; triple in place completing lft fc trn to fc prtnr in LOP/WALL; triple in plc , )

{Throwaway Lady Overtrn to FC/LOD} Rk bk L, Rec R, sd L/close R, sd L, sd R/close L, sd R comm up to 1/4 lft fc trn on triples; (R k bk R, Rec L, pick up R/L, R comm rt fc trn on last step of triple to overtrn LOD; triple in plc , )

{Men Pass Her by in 4 to Both FC/COH} Fwd L, Fwd R, Fwd trng L on L, Stp bk R ; ( In place R,L,R,L; )

5-8

Shuffling Doors ;; Chnge Hnds Bhnd Bk to Lady Bdy Ripple Man Hold; ;

5-6

{Shuffling Doors} XLIB, rec RIF, sd L/cl L slidng xross behind lady LOP/COH; XRIB, rec LIF, sd R/cl L, slidng xross in frnt of W turn to face partner;

7-8

{Chnge Hnds Bhnd Bk} Rock apart L, rec R, fwd L starting 1/4 lfc trn & placing rt hnd & over lady's rt hnd &/close R, fwd L releasing L hnd & completing 1/4 LF trn to tandem pos in frnt of man; sd & bk R starting 1/4 lft fc turn & placing lft hnd & behind M's bk/close L transferring lady's rt hnd & to man's lft hnd & behind his bk, sd & bk R completing 1/4 lft trn, (Rock apart R, rec L, fwd R starting 1/4 rt fc trn/close L, fwd R completing 1/4 rt fc trn to tandem behind man; sd & bk L starting 1/4 RF trn/close R, sd & bk L completing 1/4 rt fc trn, )

{Men Hold & Lady Bdy Ripple} Men hold; (lady bend knees compressing strongly into floor and tilt torso by moving the hips forward then return to vertical position by first straightening the knees and then pulling the hips back to a normal position;)
** Whip & Flip can be viewed at www.dreamarounds.com for Pontoon WCS

** Glissando the piano is to take the back of the fingers & stroke all piano keys from right to left. In addition you may want to boost the volume of the last 1.5 measures so as to hear the lunge and Glissando clearer.
HEAD CUES

Introduction

Wait; Wait; Wrapped Whip;

A (WCS)

Whip & Flip; Right Side Pass; Rk 2;
Underarm Turn; Sugar Tuck and Spin; Chicken Walks;
Sugar Push w/Woman's Head Loop; Sugar Push w/Man's Head Loop;
Undrarm Trn; Lft Sd Pass; Qk Sd Breaks;

B (JIVE)

'Change Left to Right to CP/WALL; Throwaway Lady Overtrn to FC/LOD;
Men Pass Her by in 4 to LOP/RLOD;
Change Left to Right to FC/COH; Change Left to Right LOP/LOD;
Kick Ball Change 2X;

Repeat Part A 1-8 to LOP/FC/LOD (WCS)

Whip & Flip; Right Side Pass;
Underarm Turn; Sugar Tuck and Spin; Chicken Walks;

C (JIVE)

Change Left to Right to CP/WALL; Throwaway Lady Overtrn to FC/LOD;
Men Pass Her by in 4 to Both FC/COH;
Shuffling Doors; Chnge Hnds Bhnd Bk & Body Ripple Man HOLD;

Repeat Part A 1-8 to LOP/FC/LOD (WCS)

Whip & Flip; Right Side Pass;
Underarm Turn; Sugar Tuck and Spin; Chicken Walks to Stk Hnds Rt ovr Lft;

D (JIVE)

'Change Left to Right to CP/WALL; Throwaway Lady Overtrn to FC/LOD;
Men Pass Her by in 4 to LOP/RLOD;
Link to a Dble Whip Trn; Continuous Chasse; Throw Away in 4;

Repeat Part A 1-8 to LOP/FC/LOD (WCS)

Whip & Flip; Right Side Pass;
Underarm Turn; Sugar Tuck and Spin; Chicken Walks;

END

Side Breaks; 'Sugar Wrap & Knee Lift to Both FC/WALL; Shuffling Door;
Shuffling Door; FC & Lnge Sd to COH, Glissando the Piano;