ROCK ‘N’ ROLL ANGEL

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Music: Kentucky Headhunters – Album: Pickin On Nashville – available from ITunes
Footwork: Opposite – Directions for man except as noted (W’s in parentheses)
Rhythm: TWO STEP Phase: II + 1 [Fishtail] & JIVE Phase III+1 [Chicken Walks]
Sequence: INTRO A B A B A B END Difficulty level: easy

INTRODUCTION – [TWO STEP]

1 – 4 WAIT;; APT – PNT; SCP – TCH;
1-4 [LOP – fc pttr & WALL] Wait;; Apt L,-, pnt R,-; Tog R to SCP,-, tch L,-;
5 – 8 2 FWD 2-STEPS;; DOUB HITCH;;
5-8 Fwd L, cl R, fwd R,-; Fwd R, cl L, fwd R,-; Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;
9 – 12 CIRC WAY 2 – 2 STEPS;; STRUT TOG 4 [CP];;
9-12 Release pttr & begin circ LF (W RF) fwd L, cl R, fwd L,-; Cont circ movement fwd R, cl L, fwd R,- now fc pttr & WALL; Fwd L,-, R,-; Fwd L,-, R,- end CP fc WALL;
13 – 16 TRAVELING BOX [CP];;;;
13-16 Sd L, cl R, fwd L,-; Blend to RSCP & twd RLOD fwd R,-, L,-; Blend to CP sd R, cl L; bk R,-; Blend to SCP to LOD fwd L,-, R end in CP fc pttr & WALL,-;

PART A – [TWO STEP]

1 – 4 FULL BOX;; SD 2-STEP L & R;;
1-4 Sd L, cl R, fwd L,-; sd R, cl L, bk R,-; Sd L, cl R, sd L,-; Sd R, cl L, sd R,-;
5 – 8 BK AWAY 3; TOG 3 [CP]; START BROKEN BOX;;
5-8 Release pttr bk L, R, L,-; Fwd R, L, R,- end CP fc pttr & WALL; Sd L, cl R, fwd L,-; Rk R, R,-; rec L,-;
9 – 12 FINISH BROKEN BOX;; TWIRL 2; WALK & P/U;
9-12 Sd R, cl L, bk R,-; Rk bk L,-; rec R,-; Sd L raise lead hnd & lead W to twirl RF,-, X RIBO L,- (W fwd & sd R to twirl RF,-, bk & sd L to end fc M,-); Fwd L,-; fwd R picking W up,- end CP M fc LOD;
13 – 16 DOUB PROG SCIS [CK]; FISHTAIL; WALK & FC [CP];
13-16 Sd L, cl R, X LIFO R,- end SCAR pos M fc DLW; Fwd R,-, L,-; Blend to CP fc LOD sd R, cl L, X RIFO L,- end BJO pos M fc DLC; Fwd L,-, R,- ck action; X L bhd R comm to trn R, take a small step to sd on R comp ¼ RF body trn, fwd L w/L shldr lead, X R bhd L; Fwd L,-, R,- blend to CP M fc wall;

REPEAT PART A

PART B – [JIVE]

1 – 4 JIVE CHASSE L & R; CHG R TO L ~ CHG L TO R;;;
1-4 [Jive Chasse L &R] Sd L/cl R, sd L, sd R/cl L, sd R;
[Chg R to L] Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W rk bk R to SCP, rec L, sd R/cl L, fwr R trng ¼ RF under jnd lead hnds); Sd & fwr R/cl L, sd R (W sd & slghtly bk L/cl R, sd & bk L);
[Chg L to R] Rk bk L, rec R; Sd L/cl R, sd L trng ¼ RF, sd R/cl L, sd R (W fwr R/ cl L, fwr R trng up to ¾ LF under jnd lead hnds, sd L/cl R, sd L cont LF trn to fc pttr) now M fc pttr & wall;
5 – 10 CHG HANDS BHD BK ~ LINK RK TO WALL; RT TRNG FALLAWAY [2];

5-10 [Chg Hnds Bhd Bk] Rk bk L, rec R, slightly fwd L/cl R, fwd L trng ¼ LF (W Rk bk R, rec L, fwd R/L, fwd R trng ¼ RF); Slightly sd & bk R/cl L, sd R cont Trng ¼ LF to fc ptnr (W sd L/cl R, sd & bk L trng ¼ RF to fc ptnr) now fc ptnr & COH,
[Link Rk to Wall] Rk bk L, rec R blend to CP; Small chasse fwd L/R, L comm trng ½ RF, Sd R/L, R comp trng ½ RF to end CP fc ptnr & WALL;
[Rt Trng Fallaway] Rk bk L to SCP, rec R to fc, trng RF ¼ sd L/cl R, sd L; Trng RF ¼ sd R/cl L, sd R, Repeat M start fc COH & end M fc WALL;

11 – 16 FALLAWAY THROWAWAY ~ CHICKEN WALKS [2 SLO] ~ 4 QK ~ LINK RK TO WALL; RK REC – SD CL;

11-16 [Fallaway Throwaway] Rk bk L to SCP, rec R, sd L/cl R, sd L (W rk bk R to SCP, rec L, pick up R/L, R); Sd R/cl L, sd R trng ¼ LF on triples (W sd & bk L/cl R, sd L) end M fc ptnr & LOD,
[Chicken Walks] Bk L,-; R,-, Bk L, R; Bk L, R,
[Link Rk to Wall] Rk bk L, rec R blend to CP; Small chasse fwd L/R, L comm trng ¼ RF, Sd R/L, R comp trng ¼ RF to end CP fc ptnr & WALL;
[Rk Rec – Sd Cl] Rk bk L to SCP, rec R to fc ptnr, sd L, cl R end CP fc WALL;

REPEAT PART B

REPEAT PART A

REPEAT PART B

ENDING – [TWO STEP]

1 – 4 TRAVELING BOX & PNT LOD; Blend to SCP to LOD fwd L,-, pnt R to LOD & hold,-;