RIVER FLOWS IN YOU

Slow Two-Step: Phase 4 + 1 (Triple Traveler) Sequence: Intro-AA-BC-B(Mod)-A-A(1-7)-Ending
Choreo.: Sharie and Jack Kenny, 2620 Crestmoor Ct. Arlington, TX 76016 jkenny3@sbcglobal.net
Music: "River Flows In You" Album: Yuriina - Wedding Essentials - The Ceremony - Track 4
Download avail. from Amazon.com Choreo. Release Date: 01-30-2010

Footwork: Opposite throughout (Lady as noted). Timing (actual wt. changes): SQQ except as noted.

**Speed:** Original Speed, or slower for comfort.

Starts in Tandem Position, Both Facing Wall With Right Foot Free.

**INTRODUCTION**

1-6 [Wait] LUNGEBasic: HOLD-SLOWLY RAISE THE ARMS;; LUNGEBasic 2X;;
1 [Lunge Basic] In tandem pos fc wall both with right ft free wait 1 measure;
2 [Lunge Basic] Both fc wall on samefoot Sd R, , Rec L, XRIF;
3-4 [Hold-Raise Arms] Slowly raise arms above the head no wt changes pointing L ft twd LOD;;
   Note: This can also be referred to as "ballet arms". Option: M may place 1 or both hands on W's hips.
5-6 [Lunge Basics] Still on samefoot Sd L, , Rec R, XLIF; Repeat Intro meas 2;

7-8 HOLD-SLOWLY RAISE THE ARMS; LADY SWIVEL TO FACE - TRANSITION (B'fly);
7 [Hold-Raise Arms] Repeat Intro meas 3;
8 [Lady Swivel-Trans (-, -, Q)] M cont raising arms over the full measure (Cont raising arms, - ,
   cont raising arms, Swivel on R transf wt to L & turning LF 1/2 to fc prtnr & COH in B'fly);

**PART A.**

1-8 BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASIC 2X;; LUNGE BASIC 2X;;
1-2 [Basics] Sd L, , XRIB, Rec L; Sd R, , XLIB, Rec R;
3 [UA Turn] Sd L, , XRIB leading W to turn RF under lead hands, Rec L
   (Sd R comm trng RF, , Cross L over R twd LOD trng 1/2 RF under lead hands,
   Rec Fwd R trng finish RF turn to fc prtnr & COH in loose CP);
4 [Basic Ending] Repeat Part A meas 2;
5-6 [Open Basics] Sd L comm RF turn, , Bk R to 1/2 L Open, Rec L to fc prtnr;
   Sd R comm LF turn, , Bk L to 1/2 Open, Rec R to fc prtnr;
7-8 [Lunge Basics] Blending to B'fly Sd L, , Rec R, XLIF; Sd R, , Rec L, XRIF in B'fly;

**REPEAT PART A.**

End meas 8 blending to loose CP.

**PART B.**

1-8 TRIPLE TRAVELER;;; BASIC ENDING; TRIPLE TRAVELER;;; OPEN BASIC (1/2 OP);
1-3 [Triple Traveler] Sd L comm LF turn leading W to CP LOD, , Sd & Fwd R lead W to LF turn,
   Fwd L fc DLC (Bk R trng LF 1/4 to CP, , cont LF turn Sd and Fwd L trn 1/2
   under lead hands, Sd & Fwd R fc LOD);
   Fwd R spiraling LF under lead hands, , Fwd L twd LOD, Fwd R (Fwd L, , Fwd R, Fwd L);
   Fwd L lowering outstretched lead hands to shldr level & bk beginning to lead W to turn RF, ,
   Sd & Fwd R to fc prtnr raising lead hands & cont leading W to turn RF, XLIF to fc COH
   (Fwd R comm RF turn, , Sd L cont RF turn, Fwd R to fc prtnr);

PART B. (CONTINUED)

4  [Basic Ending]  Repeat Part A meas. 2 to end M fc COH in loose CP;
5-7  [Triple Traveler]  Repeat Part B meas 1-3 twd RLOD to end M fc wall;;;
8  [Open Bas to 1/2 Op]  Repeat Part A meas. 6 ending in 1/2 Op LOD;

9-15  SWITCHES 3X;;;  OPEN BASIC (TO 1/2 OPEN FC RLOD);  SWITCHES 3X;;;
9-11  [Switches]  Fwd L turning RF in front of W to fc LOD in 1/2 L Op pos, - , Fwd R, Fwd L;
       Fwd R lead W to cross in front of M to 1/2 Op pos , - , Fwd L, Fwd R;  Repeat Part B meas 9;
       (Fwd R, - , Fwd L, Fwd R;  Fwd L turning RF in front of M fc LOD in 1/2 Op pos, - ,
       Fwd R, Fwd L;  Repeat Part B meas 9 ;)
12  [Op Bas to 1/2 Op]  Sd R comm LF trn, - , Bk L to 1/2 Op fc RLOD, Rec R still in 1/2 Op RLOD;
13-15  [Switches]  Repeat Part B meas 9-11 twd RLOD;;;

16-17  SIDE & CROSS CHECK (WITH ARMSWEEP);  REC & POINT LOD;
16  [Sd-X-Check  SS]  Blending to B'Fly wall  Sd R, - , XLIF sweeping lead arms twd RLOD, - ;
17  [Rec-Point  S - - ]  Rec R, - , Point L twd LOD no wt change, - ;

PART C.

1-4  (TO BOLERO BJO) WHEEL 9 (OVERTURN TO DLC);;;
   INSIDE UNDERARM TO FC LOD (low B'fly);
1  [Wheel]  Blending to "Bolero Banjo" position Fwd L comm RF wheel, - , Fwd R cont wheel,
       Fwd L cont wheel to fc COH  (Blending to "Bolero Banjo" position Fwd R comm. RF wheel, - ,
       Fwd L cont wheel,  Fwd R cont wheel to fc Wall);
2  [Wheel]  Fwd R cont RF wheel, - , Fwd L cont wheel,  Fwd R cont wheel to fc Wall
       (Fwd L cont RF wheel, - , Fwd R cont wheel,  Fwd L cont wheel to fc COH);
3  [Wheel]  Fwd L cont RF wheel, - , Fwd R cont wheel,  Fwd L cont wheel to fc DLC
       (Fwd R cont RF wheel, - , Fwd L cont wheel,  Fwd R cont wheel to fc DRW);
4  [Inside UA]  Keeping lead hands joined throughout  Sd & Bk R cont trng RF 1/8 to fc LOD
       leading W to turn 1/2 LF and lower lead hands to waist level in front of W, - ,
       Keeping lead hands low sm Fwd L as W continues trng,  Fwd R twd LOD blend to low B'fly
       (Fwd L turning LF to wrapped pos with tr hand extended & W fc LOD, - , Fwd R cont trng LF,
       Bk L finish trng LF to fc RLOD and prtnr and blend to low B'fly) ;

5-8  TRAVELING CROSS CHASSE 3X;;;  INSIDE UNDERARM TO FC COH (TO BOLERO BJO);
5-7  [Trav X-Chasses]  In low B'fly blend to rt shldr lead Sd & Fwd L twd LOD, - , Sd & Fwd R,
       XLIF (XRIF);
       Blend to L shldr lead Sd & Fwd R, - , Sd & Fwd L, XRIF (XLIF);
       Repeat Part C meas 5;
8  [Inside UA]  Fwd R comm 1/4 LF turn and comm lead W to turn LF, - , Sd L finish turn fc COH,
       XRIF comm blend to "Bolero Bjo" (Sd & Fwd L comm LF turn under lead hands, - ,
       Fwd R trng LF 1/2,  Sd & Fwd L cont turn LF to fc prtnr and Wall comm blend to "Bolero Bjo");

9-12  WHEEL 9 (OVERTURN TO DRW);;;  INSIDE UNDERARM TO FC RLOD (low B'fly);
9  [Wheel]  In "Bolero Banjo" position M fc COH repeat Part C meas 1 to end M fc Wall;
10  [Wheel]  Repeat Part C meas 2 to end M fc COH;
11  [Wheel]  Repeat Part C meas 3 to end M fc DRW;

PART C. (CONTINUED)

12  [Inside UA] Keeping lead hands joined throughout  Sd & Bk R cont trng RF 1/8 to fc RLOD leading W to turn 1/2 LF and lower lead hands to waist level in front of W, - . Keeping lead hands low sm Fwd L as W continues trng, Fwd R twd RLOD blend to low B'tfy (Fwd L turning LF to wrapped pos with tr hand extended & W fc RLOD, - , Fwd R cont trng LF, Bk L finish trng LF to fc LOD & prtnr and blend to low B'tfy) ;

13-16  TRAVELING CROSS CHASSE 3X;;;  (FC WALL) LUNGE BASIC;
13-15  [Trav X-Chasses] Repeat Part C meas 5-7 twd RLOD;;;
16  [Lunge Basic] Blend to b'tfy M fc Wall Sd R, - , Rec L, XRIF;

PART B. (MOD.)

1-8  Repeat Part B. Measures 1-8;;;;;;;

9-16  SWITCHES 4X;;;  THE SQUARE (3 MEAS.);;;;  STEP TO B'FLY-WALL & DRAW-TOUCH;
9-12  [Switches] Repeat Part B. meas. 9-11;;;;; Repeat Part B meas 10;
13-15  [The Square] Fwd L trng RF moving in front of W, - , sd R twd COH, XLIF (fwd R, - , sd L twd COH, XRIF) to end in L 1/2 Op fc COH;
Fwd R, - , sd L twd RLOD, XRIF (fwd L trng RF moving in front of M, - , sd R twd RLOD, XLIF) to end in 1/2 Op fc RLOD;
Fwd L trng RF moving in front of W, - , sd R twd WALL, XLIF (fwd R, - , sd L twd Wall, XRIF) to end in L 1/2 Op fc Wall;
16  [B'Fly-Dr-Tch Finish S - - ] Small step Sd & Fwd R fc Wall to B'tfy, - , Draw L to R, Touch L to R (Fwd L trng RF to fc prtnr & COH in B'tfy, - , Draw R to L, Touch R to L);

REPEAT PART A.

THEN REPEAT PART A. (1-7)

1-7  Repeat Part A. Measures 1-7;;;;;; (Measure 7 is One Lunge Basic.)

ENDING

1  MAN BASIC ENDING-LADY TRANSITION TO TANDEM-WALL (PAUSE);
1  [Bas Ending W Trans to Tandem SQQ (SS)] Releasing hands Sd R, - , XLIB, Rec R point left ft twd LOD and hold through the long pause in the music (Sd and Fwd L comm trng LF 1/2, - , Sd R finish RF turn ending in tandem pos fc Wall point L ft twd LOD, - );

2  CHECK THRU TO RLOD (W/ ARMS) & HOLD;
2  [Check Thru-Hold S - - ] Both on samefoot fc Wall XLIF and slowly raise arms over the head throughout this entire measure, - , - , - ;

Note: This can also be referred to as “ballet arms”. Option: M may place 1 or both hands on W's hips.

**RIVER FLOWS IN YOU**

*Head Cues*

**Slow 2-Step, Phase 4+1 (Triple Traveler)**  
**Seq.:** Intro-AA-B-C-B(Mod)-A-A(1-7)-Ending

**Music:** Yiruma, "River Flows In You"  
**Speed:** as on downloaded .mp3 (or slower for comfort)

**Choreo:** Sharie & Jack Kenny  1/30/10

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**Starts in Tandem-Wall, Both With Right Foot Free.**

**INTRO:**  
WAIT; LUNGE BASIC; HOLD & SLOWLY RAISE THE ARMS;;  
LUNGE BASICS 2X;; HOLD & SLOWLY RAISE THE ARMS;  
LADY SWIVEL TO FACE (TRANSITION);

**PART A:**  
BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;;  
LUNGE BASICS 2X (B'Fly);;

**PART A:**  
BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;;  
LUNGE BASICS 2X (to Loose Closed);;

**PART B:**  
TRIPLE TRAVELER;; BASIC ENDING; TRIPLE TRAVELER;; OPEN BASIC;  
SWITCHES 3X;; OPEN BASIC TO 1/2 OPEN RLOD; (To Rev) SWITCHES 3X;;;  
SIDE-CROSS CHECK (w/ ARMSWEEP) (2 slows); RECOVER & POINT LOD (2 slows);

**PART C:**  
TO "BOLERO BANJO" & WHEEL 9 (Overturn to DLC);;;  
INSIDE UNDERARM TO FACE LOD (Blend to Low B'Fly); TRAV X-CHASSES 3X;;;  
INSIDE UNDERARM TO FACE COH TO "BOLERO BANJO" ;  
WHEEL 9 (Overturn to DRW);;; INSIDE UNDERARM TO FACE REV (Blend to Low B'Fly);  
(To Rev) TRAV X-CHASSES 3X;;; (Face Wall) LUNGE BASIC;

**PART B (MOD):**  
TRIPLE TRAVELER;; BASIC ENDING; TRIPLE TRAVELER;;  
OPEN BASIC; SWITCHES 4X;;; THE SQUARE (3 Measures);;;  
STEP TO B'FLY-WALL & DRAW-TOUCH;

**PART A:**  
BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;;  
LUNGE BASICS 2X (B'Fly);;

**PART A (1-7):**  
BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;;  
(One) LUNGE BASIC;

**ENDING:**  
BASIC ENDING-LADY TRANSITION TO TANDEM-WALL (Long Pause);  
CHECK THRU TOWARD REVERSE W/ARMS & HOLD;

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River Flows In You, p. 4/4 (Head Cues page).