INTRO
1-8 WAIT TWO MEAS;: SHADOW CONTRA CK, REC, SWITCH; BK & CHASSE;
FWD TO THE FWD LOCK FWD; LADIES SYNC SPIN MANUV; SPIN TURN; BOX FINISH;
1,2,3 1-8 Wait 2 meas in Shadow with left hands joined M right hand on W shoulder blade both
with L ft free fcng DW;
1,2,3 3 {Shadow Contra Check, Rec, Switch} Start upper body turn to left flexing knee with strong rt sd
lead ck fwd L in Shdw, recover R, switch L back past R under body with RF rotation to face RDW
in shdw;
1,2,3 4 {Back & Chasse} Bk R starting slight LF rotation, sd L/clo R cont slight LF rotation, sd L to fc
DW in Shdw;
1,2,3 5 {Fwd to the Fwd Lock Fwd} Fwd R, fwd L/ Lk RIB of L, fwd L in Shdw fcng DW;
1,2,3 6 {Ladies Synco Spin Manuver} Fwd R starting slight RF rotation, fwd & sd L cont RF rotation to fc
(1,2,3) RLOD, clo R to L (W fwd R starting RF turn, sd L cont RF turn/ cont RF trn on R to fc M
finishing 1 full rotation, clo L to R) end CP M fc RLOD;
1,2,3 7 {Spin Turn} Bk L pivoting ½ RF to fc LOD, fwd R between W ft cont RF rotation to fc DW,
sd & bk L (W fwd R between M ft pivoting ½ RF to fc RLOD, bk L, brushing R past L sd & fwd
R) CP DW;
1,2,3 8 {Box Finish} Bk R trn LF, sd L, clo R (W fwd L trn LF, sd R, clo L) CP DC;

PART A
1-8 TWO FALLAWAYS;: SYNC UNWIND TO CP; TRAVELING CONTRA CK;
CURVED FEATHER CHECK; BACK PASSING CHANGE;
BACK RISING LOCK TRANS; SPLIT RONDE;
1,2,3 1-2 {Two Fallaways} Fwd L trng LF, side R with rt side stretch, cross L in bk of R to semi-closed
pos with rt side stretch (W bk R trng LF, sd L, cross R in bk of L to semi-closed pos); Bk R trng
LF to closed position, sd and fwd L with lt side stretch, cross R well behind L to reverse
semi-closed pos (W trng LF fwd L slipping to closed pos, sd and slightly bk R to reverse
semi-closed pos, cross L well behind R in reverse semi-closed pos);
1,2,3 3 {Sync Unwind to CP} Commencing RF unwind with weight still on R, continue RF unwind, finish
(1,2,3) RF unwind ending CP LOD (W fwd R commencing unwind, fwd L / fwd R continue unwind, sd L
to CP);
1,2,3 4 {Traveling Contra Check} M fwd L with conbra body motion with upper body turn to the left, cl
R rising to toes, fwd L in SCP with rt side stretch traveling DW (W bk R trng rt face, cl L rising
on toes, fwd R to SCP);
1,2,3 5 {Curved Feather Check} Fwd R, fwd & sd L start RF trn, fwd R outside partner with checking
action (W fwd L start LF turn , cont LF turn sd & bk R to BJO, bk L with checking action) end
in BJO pos DRW;
1,2,3 6 {Back Passing Change} In contra BJO bk L, bk R, bk L;
1,2,3 7 {Back Rising Lock Trans} Bk R, bk & sd L comm LF turn & rise, XRRIB of L to face DC ( W fwd
L, fwd & sd R comm LF trn & rise, XLLF of R without changing weight);
1,2,3 8 {Split Rondo} Lowering on R rondo left leg CCW, turning LF cross L in back of R, continue trn
(1,2,3) slip R bk end facing DW (W lowering on R rondo left leg CCW, trng LF cross L in bk of R
/continuing to trn sd and bk R, continuing trn slip L in front);
PART A (cont)

9-16  HOVER TELEMARK TO HALF OPEN; START OPEN IN & OUT RUNS;
LADIES ACROSS TO BALLERINA WHEEL; MEN TURN THE WHEEL IN SIX;
RONDE LADIES TO SCP; CHAIR, RECOVER, SLIP; DOUBLE REVERSE;

1,2,3 9  {Hover Telemark to Half Open} Fwd L, fwd & sd R with RF rotation, fwd L (W bk R, sd & bk L with RF rotation, fwd R) blend to V pos with lead hnds free;
1,2,3 10 {Start Open In & Out Runs} Fwd & sd R start RF rotation, sd & bk L cont rotation, sd & fwd R (W fwd L, fwd R, fwd L) to V pos fc DW;
1,2,3 11 {Women Across to Ballerina Wheel} Fwd L, fwd R join hands in Varsouivienne pos, small fwd L blending to partner (W fwd & sd R start RF trn, fwd L spiral RF to fc DW to Ballerina pos with right knee in front of left knee & right toe pointed twd floor with out weight) to Varsouiv pos fc DW

1,2,3, 12-13 {Men Turn the Wheel in Six} Keep upper body twd partner & trn as couple 1 full circle fwd R, 4,5,6 fwd L, fwd R; Fwd R, fwd L (W keep arms stiff & weight on ball of L look at partner) to DW;

1,2,3 15 {Chair, Recover, Slip} Check thru R with lunge action, rec L, bk R slip behind L (W thru L with lunge action, rec R start LF trn, cont LF trn fwd R to fc L) to fc DW;

1,2,- 14 {Ronde Women to SCP} Fwd R lead W to step & ronde, clo L, blend to SCP (W step on R & ronde L while trng RF full trn) to SCP DW;

1,2,- 16 {Double Reverse} Fwd L start LF trn, fwd and sd R cont LF trn, spin LF on ball of R bringing L under body beside R ft with no weight chng (W bk R start LF trn, clo L to R heel LF trn /fwd & sd R cont LF trn, XLIF of R) to CP DW [2nd time to CP DC];

BRIDGE

1-4  WHISK; CONTINUOUS WING; CHANGE OF DIRECTION;
1,2,3 1  {Whisk} M fwd L, fwd and sd R, cross L in bk of R rise to ball of foot ending in tight SCP (W bk R, bk and sd L, cross R in bk of L rise to ball of foot);

1,-,-,-,-,- 2-3 {Continuous Wing} M fwd R, draw L twd R, touch L to R trng upper body LF with left sd stretch (W fwd L, fwd R around M, fwd L around M cont to trn slightly LF to SDCR pos); M hold while cont LF spin,-,- (W fwd R comm LF trn / fwd L, fwd R / fwd L, fwd R / fwd L) to SCAR DW;

1,2,- 4 {Change of Direction} Fwd L DW, fwd R DW trn LF 1/4 to fc DC and draw L to R,;

PART B

1-8  DOUBLE REV WING; CROSS SWIVEL LINK TO SCP; WAVE SIX TO SCP;
DOUBLE NATURAL TELEMARK PREPERATION; SAME FOOT LUNGE;
CHANGE TO HINGE LINE;

1,2,- 1 {Dbl Reverse Wing} Fwd L start LF trn, fwd and sd R cont LF trn, spin LF on ball of R bringing L under body beside R ft with no weight chng (W bk R start LF trn, clo L to R heel LF trn /fwd R cont LF trn, XLIF of R) to SCAR DW;

1,2,3 2 {Cross Swivel Link to SCP} M fwd L XIF of R and swivel LF to BJO, fwd R trn RF to CP, sd L to SCP DC (W bk R XIF of L and swivel LF to BJO, bk L trn to CP, sd R to SCP);

1,2,3, 3-4 {Weave Six to SCP} M thru R, fwd L trng LF to CP, sd and bk R to BJO (W fwd L, fwd R trng to CP, cont trn sd and fwd L); Bl L, bk R cont LF trn, sd and f wd L DW lead ladies to SCP; (W fwd R, fwd L cont LF trn, sd R to SCP);

1,2,3 5-6 {Dbl Natural Telemark Preparation} Thru R commencing RF trn, fwd & sd L to fc RLOD cont RF trn /sd & fwd R LOD cont RF trn, fwd L to SCAR DW (W thru L SCP, fwd R between M’s feet keeping head to right /fwd L trn RF, bk R to SCAR DW); Fwd R with slight delay to step between ladies commencing RF trn, fwd & sd L to fc RLOD cont RF trn, tch R to CP COH (W bk and sd L, fwd R between M’s feet keeping head to right, cl L trn RF to CP);

1,-,- 7 {Same Foot Lunge} M lowering into LT leg fwd R into RT lunge with strong left side sway, chg the sway, (W bk R keeping upper body in CP, taking head to the left, chg the sway,

1,-,- 8 {Change to Hinge Line} M rec to L, and bring rt side to ladies, (W rec to L, swivel lf and pnt R fwd between M's feet);
PART B (cont)

9-16

**IMPETUS TO SCP; SLOW SIDE LOCK; TELESPIN & SPIN TO MINI TELESPIN ENDING;;;
FALLAWAY WHISK; NATURAL TWIST TURN TO SCP;;;

-2,3 1 {Impetus to SCP} M rotate RF with no weight chg commence RF trn, fwd R cont RF trn, fwd L in tight SCP traveling DC (W fwd R between M’s feet comm RF trn, sd and fwd L cont trn
brush R to L, fwd R to SCP);
1,2,3 2 {Slow Side Lock} Thru R, sd and fwd L to closed pos, cross R in back of L trng slightly LF to face DC (W thru L starting LF trn, sd and bk R continuing trn to CP, XLIIF of R);
1,2,- 3-5 {Telespin & Spin with Mini Telespin Ending} M fwd L commence LF trn, fwd and sd R cont
trn, bk and sd L no weight keeping left side to W /turn body LF no weight lead W to CP
commencing spin (W bk R commence LF trn, bk L clo to R heel turn, fwd R keeping right side into M /fwd L cont LF trn to face M); Fwd L cont LF trn, fwd and sd R cont turn, bk and sd L
no weight keeping left side to W /trn body LF no weight lead W to L (W keep right side in to M
fwd R, cont turn with toe spin clo L, fwd R keeping right side into M /fwd L cont LF trn to face M); Fwd L cont LF trn, fwd and sd R cont trn, tch L to R no weight keeping left side to W /trn
body LF no weight lead W to CP (W keep right side in to M bk R, cont trn with toe spin clo L,
tch R to L) end CP RDC;
1,2,3 6 {Fallaway Whisk} Fwd L, fwd & sd R trn LF to CP, cross L behind to SCP DW;
1,2,3, 7-8 {Natural Twist Turn to SCP} Fwd R start RF turn, sd L cont trn /XRIB of L, twist
3 into CP feng DLC with feet apt; Rise to toes, brush L to R, sd L to SCP DC (W fwd L start RF
turn, fwd R, small fwd L /fwd R; sd L, rise to toes and brush R to L, sd R to SCP);

INT

1-8

**QK OPEN REV; HOVER CORTE; OUTSIDE SPIN; MANUUV; IMPETUS TO SCP; CONTINUOUS WING;; CHANGE OF DIRECTION;**

1,2,&3 1 {Quick Open Reverse} Fwd R, fwd L start LF trn /sd & bk R cont trn, bk L (W fwd L start LF trn,
sd & bk R cont LF trn /sd & fwd L cont trn, fwd R outside partner) to contra BJO DRW;
1,2,3 2 {Hover Corte} M bk R, bk L comm LF trn, rec bk R to BJO face DC (W fwd L between M’s feet,
fwd R comm. LF trn, fwd L to BJO);
1,2,3 3 {Outside Spin} M toeing in step bk L with strong RF rotation leading W to step outside partner,
fwd R outside ptr cont strong RF trn, sd & bk L (W start strong RF rotation lead by M step fwd R,
clo L to R with toe spin, fwd & sd R blending to M) to CP DW;
1,2,3 4 {Manuuv} Fwd R starting slight RF rotation, fwd & sd L cont RF rotation to end fchg RLOD, clo
R to L (W bk L starting slight RF rotation, bk & sd R cont RF rotation to end CP fchg partner, clo
L to R) to CP RLOD;
1,2,3 5 {Impetus to Semi} Bk L start RF trn, clo R to L heel trn cont RF trn, sd & fwd L (W fwd R
between M feet start RF trn, sd & fwd L cont trn around M brush R to L, sd & fwd R) to SCP;
1,2,3 6-7 {Continuous Wing} Repeat measures 2 & 3 of BRG;
1,2,- 8 {Change of Direction} Repeat measures 4 of BRG;

TAG

1-4

**QK OPEN REV; HOVER CORTE; BK & PREPERATION; SLOW SAME FOOT LUNGE++;**

12&3 1 {Quick Open Reverse} Repeat Int meas 1;
123 2 {Hover Corte} Repeat Int meas 2;
123 3 {Bk & Preperation} M bk L turning RF to face WALL, gathering feet together tch R to L,
swivel 1/8 RF while keeping upper body in CP (W fwd R turning RF to face wall, cl L to R,
swivel 1/8 RF while keeping upper body to ptr in CP);
123 4-5 {Same Foot Lunge} M lowering into LT leg fwd R into RT lunge with strong left side
sway,,; chg the sway (W bk R keeping upper body in CP, taking head to the left.; chg the sway,,);