READY FOR SUNSHINE

CHOREO: Annette and Frank Woodruff, rue du Camp, 87, B7034
Mons, Belgium, tel 32-65-731940, anfrank@skynet.be

RECORD: CEM 37026, Ready for Sunshine, Al Russ Orchestra
(flip Satin Smooth)

FOOTWORK: Opposite except where indicated (Lady's instructions between brackets)

RHYTHM: Quickstep, RAL Phase V + 1 [V-6] (Easier than rating indicates)

SEQUENCE: Intro-AB-AB-A (1-14) - Ending Time 2'45" @ speed 45

MEAS

INTRODUCTION
1 - 4 WAIT;; APT PT; TOG TCH;
OP FCG DW wait;; apt L, -, pt R twds ptr, -; fwd R (W fwd L to pick up), -;
tch L, -;

PART A
1 - 4 QUARTER TURNS AND PROGRESSIVE CHASSE TO A MANUVER;;;;;
Fwd L, -, fwd R trng RF fc WALL, -; sd L, cl R, sd & bk L w/ slight
Rf trn, -; bk R w/ slight LF trn, -; sd L, cl R; sd & fwd L trng LF
to BJO, -, fwd R trng RF to DRW, -;

5 - 9 OVERSPIN TO V-6 & FWD LK STEP;;;;;
Bk L pvtg 1/2 RF, -, fwd R on heel cont RF pvt & rise to toe (W
bk L & brush R), -; bk L cont RF pvt to fc DRW, -, bk R to C/BJO,
lk LF; bk R, -, bk L, -; bk R to CP startg LF trn, sd L compl 1/4
LF trn, fwd R to BJO DW, -, fwd L, lk RIB, fwd L, -;

10 - 13 MANUVER SIDE CLOSE; IMPETUS TO SEMI CHASSE TO BJO;;;;;
Fwd R trng RF, -, sd L cont RF trn to CP RLOD, cl R; bk L trng RF
for heel trn, -, cont trng RF on L cl R, -; fwd L to SCP LOD, -,
thru R, -; trng RF to fc ptr sd L, cl R, sd & fwd L to BJO LOD, -;

14 - 16 MANUVER SIDE CLOSE; SPIN TURN & STEP BK;;;;;
Fwd R trng RF, -, sd L cont RF trn to CP RLOD, cl R; bk L pvtg
RF 1/2, -; fwd R on heel cont RF trn rise to toe (W bk L & brush
R), -; bk L to fc DW, -, bk R, -;

PART B
1 - 4 6 QUICK TWINKLE WALK 2 FWD LK FWD CHECK;;;;;
Sd L, cl R trng slightly LF, bk L to BJO DC, cl R trng slightly
RF to CP LOD; fwd L to BJO DW, lk RIB, fwd L, -; fwd R, -, fwd L,
lk RIB; fwd L, -; fwd R trng RF checkg to BJO DC, -;

5 - 8 FISHTAIL; 6 QUICK TWINKLE WALK & MANUVER SIDE CLOSE;;;;;
XLIB, sd R trng slightly RF to CP LOD, fwd L to BJO LOD, lk RIB;
sd L trng slightly LF to CP LOD, cl R trng slightly LF, bk L to
BJO DC, cl R trng slightly RF to CP LOD; fwd L to BJO DW, lk RIB,
fwd L, -; fwd R trng RF, -, sd L cont RF trn to CP RLOD, cl R;

9 - 13 PIVOT 1/2; WALK 2; TELEMARK TO SEMI CHASSE TO BJO;;;;;
Bk L pvtg 1/4 RF, -, fwd R pvtg 1/4 RF to LOD, -; fwd L, -, fwd R,
-; fwd L trng LF (W bk R for heel trn), -; sd & fwd R arnd W
(W cont trng on R heel cl L), -; fwd L to SCP DW, -, thru R, -; sd L
trng to fc ptr, cl R, sd & fwd L to BJO LOD, -;

14 - 16 MANUVER SIDE CLOSE; PIVOT 1/2; DIP BK & REC;
Fwd R trng RF, -, sd L cont RF trn to CP RLOD, cl R; bk L pvtg
1/4 RF, fwd R pvtg 1/4 RF to LOD, -; dip bk L, -, rec R, -;

ENDING
1, PIVOT 2; APT,
Bk L pvtg RF, -, fwd R pvtg RF to DW, -; qk apt L leavg R leg
extd & R ft ptd twds ptr,