PUNTA PRIMA

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MUSIC: “Sweet Beat” Ross Mitchell CD  Track #21 (Contact Choreographer for availability of music)

RHYTHM & PHASE: Paso Doble  Phase IV  SPEED: Slow

SEQUENCE: INTRO – AB – A (1-8) – C – A (1-7) - END

INTRODUCTION

MEAS
1-4 [CP/WALL]  WAIT; ECART; THE CAPE;;
1 [Wait]  CP/WALL trail ft free for both wait 1 meas; {When dancing Paso Doble stand Erect and Proud. A loose closed position is used.}
2 [Ecart] ** Appel R, fwd L, sd R, X LIBR (X RIBL) with no rise; SCP/LOD
3 [The Cape]  Thru R in SCP, cl L trng ¼ RF to fc ptr, in pl R, L (W thru L in SCP, fwd R trng LF ½ fc RLOD, rec L in RSCP, thru R);
4 [Finish Cape]  In pl R, L, R, L (W fwd L trng RF ½ fc LOD, rec R in SCP, fwd L trng ¼ LF fc ptr, cl R); CP/WALL

PART A

1-4 [CP/WALL]  APPEL, LADY CIRCLE 7/MAN SURPLACE;; FWD BASIC WITH FOOT CLOSE; BK BASIC WITH FOOT CLOSE;

2 [Cont Circle/Surplace]  In pl R, L, R, L (W cont RF circle fwd L, fwd R, fwd L trng RF, Cl R to L);
4 [Back Basic]  Bk R, bk L, bk R, cl L;

5-8 [CP/WALL]  ELEVATIONS UP; ELEVATIONS DOWN; ECART; PROMENADE CLOSE;
5 [Elevations Up]  High on toes looking RLOD M’s L & W’s R arm raised high above head sd R, cl L, sd R, cl L;
7 [Ecart]  Appel R, fwd L, sd R, X LIBR (X RIBL) with no rise; SCP/LOD
8 [Promenade Close]  Thru R in SCP trng RF (LF), cl L fc ptr, sd R, cl L; CP/WALL

9-12 [CP/WALL]  SEPERATION TO BJO;; LARIAT 8 CP/WALL;;
9 [Separation]  Appel R bring lead hds to waist, fwd L, cl R, in pl L (W appel L bring lead hands to waist, bk R, bk L, cl R);
10 [Finish Separation to BJO]  In pl R, L, R, L (W Fwd L, fwd R, fwd L, fwd R); BJO/WALL
11 [Lariat]  Lead hnds joined in pl R, L, R, L leading W to circle around M (W circle RF around M L, R, L, R);
12 [Finish Lariat]  In place R, L, R, L (W cont Cir RF around M L, R, L, R); CP/WALL

13-16 [CP/WALL]  CHASSE R; ECART; THE CAPE;;
13 [Chasse R]  Sd R, cl L, sd R, cl L;
14 [Ecart]  See measure 2 of Introduction
15-16 [The Cape]  See measure 3 & 4 of Introduction

PART B

1-4 [CP/WALL]  ATTACK; SLIP APPEL TO AN OPEN TELEMARK WITH A PROMONADE CLOSE ENDING;; CHASSE R;
1 [Attack]  Appel R, fwd L trng ¼ LF, sd R, cl L; CP/LOD
2 [Slip Appel to an Open Telemark]  Slip Appel R {bk trng 1/8 LF} fcg DLC, fwd L cont LF turn, sd R cont LF turn, sd & fwd L to SCP (W Slip L fwd trng 1/8 LF fcg DRW, bk R cont LF trn, bring L to R change weight to L (heel turn), sd & fwd R to SCP); SCP/LOD
3 [Promenade Close Ending]  Thru R in SCP trng RF (LF), cl L sd R, cl L; CP/WALL
4 [Chasse Right]  Sd R, cl L, sd R, cl L;
5-8 |CP/WALL| ATTACK; SLIP APPEL TO AN OPEN TELEMARK WITH A PROMONADE CLOSE ENDING; CHASSE R;  
[5-8] See meas B 1-4

**PART C**

1-4 |CP/WALL| PROMENADE LINK CP/LOD; CHASSE R; ATTACK CP/COH; ELEVATIONS DOWN;  
1 |Promenade Link| Trng 1/8 LF (RF) Appel R, sd & fwd L SCP/LOD, thru R trng LF, cl L; CP/LOD  
2 |Chasse R| Sd R, cl L, sd R, cl L;  
3 |Attack| Appel R, fwd L trng ¼ LF, sd R, cl L; CP/COH  
4 |Elevations Down| Feet flat & knees slightly flexed looking RLOD M’s L & W’s R arm pointed RLOD sd R, cl L, sd R, cl L;  
   
5-8 |CP/COH| PROMENADE LINK CP/RLOD; CHASSE R; ATTACK CP/WALL; ECART;  
5 |Promenade Link| Trng 1/8 LF Appel R, sd & fwd L SCP/RLOD, thru R trng LF, cl L CP/RLOD;  
6 |Chasse R| Sd R, cl L, sd R, cl L;  
7 |Attack| Appel R, fwd L trng ¼ LF, sd R, cl L; CP/WALL  
8 |Ecart| Appel R, fwd L, sd R, X LIBR with no rise; SCP/LOD  
   
9-12 |SCP/LOD| THRU AIDA TO PRESS LINE; FLAMENCO TAPS; THRU AIDA REV TO PRESS LINE; FLAMENCO TAPS;  
9 |Thru Aida to Press Line| Thru R, sd L commence RF trn, bk R to fc RLOD, press L on ball of ft partial wgt L arm (W R arm) folded in front of body and R arm (W L arm) behind back palms out;  
10 |Flamenco Taps| Place full wgt on L, tap R/tap R behind L, rec bk on R, press L on ball of ft partial weight;  
11 |Thru Aida Rev to Press Line| Thru L, sd R commence LF trn, bk L fc LOD, press R on ball of ft partial wgt R arm (W L arm) folded in front of body and L arm (W R arm) behind back palms out;  
12 |Flamenco Taps| Place full wgt on R, tap L/tap L behind R, rec bk on L, press R on ball of ft partial wt;  
   
13-16 |OP/LOD| PROMONADE CLOSE; DRAG RIGHT; SEPERATION;;  
13 |Promenade Close| Thru R in SCP trng RF (LF), cl L to CP/WALL, sd R, cl L;  
14 |Drag Right| Sd R look lt, slo drag L to R, -, cl L to R;  
15 |Seperation| Appel R bring lead hds to waist, fwd L, cl R, in pl L (W Appel L bring lead hands to waist, bk R, bk L, cl R);  
16 |Finish Seperation| In pl R, L R, L (W Fwd L, fwd R, fwd L, fwd R); CP/WALL  

**END**

1-2 |Thru Aida to Press Line; Clap 1-2 & 3|  
1 |Thru Aida to Press Line| Thru R, sd L commence RF trn, bk R to fc RLOD, press L on ball of ft partial wgt L arm (W R arm) folded in front of body and R arm (W L arm) behind back palms out;  
2 |Clap 1-2 & 3| Looking RLOD in Press Line raise hands & clap 1-2 &3;  

** Appel is a step in place with a strong lowering action and the foot flat. It is a firm step and is used to to commence a number of figures.**