PROMISE ME

Rumba:  Phase 3+2 (Fan, Alemana)  Sequence:  Intro-AB-Int-AB-Ending    07-22-2010
Choreo.:  Jack and Sharie Kenny, 2620 Crestmoor Ct.  Arlington, TX  76016  jkenny3@sbcglobal.net
Music:  "Promise Me"  (Anne Skates)  Footwork:  Opposite throughout  (Lady as noted) - QQs.
Album:  CFD-7 (Dance & Listen, Ltd. - DLD 1067) Latin & Standard Dances, Track 5
Speed:  Slightly slower for comfort, about 44 "rpm" or -2.2% in file playback programs.

INTRODUCTION

1-4  WAIT 2X;;  CIRCLE AWAY 3;  TOGETHER 3 TO TAMARA;
1-2  [Wait]  In B'fly position with M fc wall lead ft.  free wait 2 measures;;
3-4  [Circle Away & Toget]  Sd & Fwd L comm LF circlular walk away from prtnr,
    cont LF circle walk fwd R, cont LF circle fwd L to fc RLOD, - ;
    Cont LF circle walk fwd R, cont LF circle walk fwd L to fc Wall, fwd R to a tamara handhold, - ;

Note: In the Tamara handhold, the W's left arm crosses in back with left hand near right hip.
With right hand, M takes W's left hand while standing close to the W's rt side, while the lead hands
are joined and raised with curved arms forming a window.

PART A.

1-4  WHEEL 3;  UNWIND IN 3 TO B'FLY-WALL;  REV UNDERARM TURN;  CRABWALK 3;
1  [Tamara Wheel]  Fwd L comm RF wheel, cont wheel fwd R, cont wheel fwd L to fc COH, - ;
2  [Unwind]  With both hands joined throughout cont RF wheel fwd R,
    cont wheel fwd L leading W to spin LF, cont wheel fwd R to fc Wall in b'fly pos, - ;
    (cnt RF wheel fwd L, spin & unwind LF 1/2, cont LF spin to fc prtnr & COH sd L, - ;)
3  [Rev UA Turn]  XLIF leading W to turn LF under joined lead hands, rec R, sd L to b'fly, - ;
    (XRIF comm LF turn 1/2, rec L compl LF turn to fc prtnr, sd R, - ;)
4  [Crabwalk]  In b'fly <or facing prtnr throughout with lead hands raised and trailing hands
    extended to the side> XRIF twd LOD, sd L, XRIF, - ;

5-8  TWIRL VINE 3;  CRABWALK 3;  CUCARACHA 2X;;
5  [Twirl Vine]  Sd L leading W to turn RF under joined lead hands, XRIB, Sd L, - ;
    (Sd & fwd R twd LOD comm turning RF, fwd R cont RF turn, sd R twd LOD, - ;)
6  [Crabwalk]  Repeat Part A meas 4;
7-8  [Cucarachas]  In b'fly sd L, rec R drawing L to R, cl L to R, - ;  sd R, rec L drawing R to L,
    cl R to L, - ;

9-12  FULL BASIC;;  OPEN BREAK;  SPOT TURN;
9-10  [Basic]  In b'fly M fc Wall fwd L, rec R, sd L, - ;  Bk R, rec L, sd R, - ;
11  [Op Break]  Rk bk L apart from prtnr with lead hands joined & ext tr hands, rec R, sd L, - ;
12  [Spot Turn]  Turning LF to LOD fwd R turning 1/2 to fc RLOD, fwd L turning LF to fc Wall,
    sd R twd RLOD blending to b'fly pos M fc Wall, - ;

13-14  FENCeline 2X;;
13-14  [Fencelines]  In b'fly pos cross-lunge thru L with checking action, rec R, sd L twd LOD, - ;
   cross-lunge thru R with checking action, rec L, sd R twd RLOD, - ;

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PART B.

1-4  1/2 BASIC TO A FAN;;  ALEMANA;;
1-2  [Basic to Fan]  Fwd L, rec R, sd L lowering hands to waist level and not extended, - ;
     Bk R comm leading W to Fan pos, rec L, sd R to fc Wall or slightly DLW, - ;
     (Bk R, rec L, sd R, - ;  Fwd L, turning LF 1/4 sd & bk R, bk L with Rt foot ext fwd with no wt, - ; )
3-4  [Alemana from Fan]  Fwd L, rec R leading W to Fan pos, rec L, sd R to fc Wall or slightly DLW,
     cl L leading W to turn RF to fc M lead hands ext high to left and palm-to-palm, - ;
     Bk R lead W to comm RF turn, rec L, sd R to b'fly, - ;
     (Cl R, fwd L, fwd R comm RF swivl to fc prtnr, - ;)  (cont RF turn under joined ld hands fwd L, cont RF turn fwd R, sd L to b'fly, - ; )

5-8  SHOULDER TO SHOULDER;  SPOT TURN;  NEW YORKER;  WHIP (COH);
5  [Shoulder to Shoulder]  In b'fly fwd L twd DRW blending to b'fly-scar, rec R to fc prtnr & wall,
    sd L twd LOD, - ;
6  [Spot Turn]  Repeat Part A meas 12;
7  [New Yorker]  Turning RF fwd L with checking action to fc RLOD, rec R, sd L to fc prtnr, - ;
8  [Whip Across]  Bk R comm 1/4 LF turn, rec fwd L turning 1/4 to fc COH, sd R, - ;
     (Fwd L outside M on his left sd, fwd Rt comm 1/2 LF turn, sd L to fc prntr & Wall, - ; )

9-12  1/2 BASIC TO A FAN;;  ALEMANA;;
9-12  Repeat Part B measures 1-4 starting in b'fly M fc COH;;;;

13-16  SHOULDER TO SHOULDER;  SPOT TURN;  NEW YORKER;  WHIP (Wall);
13-16  Repeat Part B measures 5-8 starting in b'fly M fc COH and ending M fc Wall;;;;

INTERLUDE

1-2  CIRCLE AWAY 3;  TOGETHER 3 TO TAMARA;
1-2  [Circle Away & Tog]  Repeat Introduction measures 3-4;;

Repeat Parts A and B.

ENDING

1-2  1/2 BASIC WITH WRAP;  HOLD;
1-2  [Basic & Wrap - Hold]  In b'fly sm Fwd L leading W to turn LF into wrapped pos, rec R,
    cl L to R with W's left hand at waist, - ;  Hold;
    (Fwd R twd M comm turning LF, finish the LF 1/2 turn cl L, step in place R, - ;  Hold; )

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Quick Cues

Rumba-Phase 3+2 (Fan, Alemana)       Choreo. Release Date: July 22, 2010
Choreo.: Jack & Sharie Kenny  2620 Crestmoor Ct. Arlington, TX 76016  jkenny3@sbcglobal.net
Seq.: INTRO, AB, Int, AB, ENDING         Music: "Promise Me" - Anne Skates
Album: CFD-7 (Dance & Listen, Ltd. - DLD 1067) Latin & Standard Dances, Track 5
SPEED: About -2.2% or about 44 "rpm" in file playback programs

Starts In B’fly Position, Men Facing Wall.

INTRO:  WAIT 2 MEAS;; CIRCLE AWAY 3; TOG 3 TO TAMARA;

PART A:  WHEEL 3; UNWIND IN 3 (B’fly-Wall); REV UA TURN; CRABWALK 3;
           TWIRL VINE 3; CRABWALK 3; CUCARACHAS 2X;; FULL BASIC;; OPEN BREAK;
           SPOT TURN; FENCeline 2X;;

PART B:  1/2 BASIC TO A FAN;; ALEMANA;; SHOULder TO SHOULder; SPOT TURN;
           NEW YORKER; WHIP ACROSS; 1/2 BASIC TO A FAN;; ALEMANA;;
           SHOULder TO SHOULder; SPOT TURN; NEW YORKER; WHIP ACROSS;

INTERLUDE:  CIRCLE AWAY 3; TOG 3 TO TAMARA;

REPEAT PARTS A and B.

ENDING:  1/2 BASIC WITH WRAP; HOLD;

Note: Optional arm position for Part A measures 3-6: Leave lead hands raised.