Pretty Little Poppy 6

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Record: “Amapola” Available from Choreographer
Rhythm: BOLERO / RUMBA Ph VI Date: Nov. 2016 Ver.1.3.1
Footwork: Opposite, directions for man (lady as noted)
Sequence: Intro (Bolero) - A (Rumba) - B (Rumba) - Ending

Meas

INTRO (Bolero)

1 ~ 8 (CP/LOD) Wait; Telemark; L Pass W Sync spin (Handshake/Wall); Contra Break; Checked R Pass; Swivel to Half Moon;; Hip Rocks;

1 CP fc LOD. trail ft free for both. wait 1 meas;
2 [Telemark] Sd R body rise, -, fwd L comm LF trn, fwd & sd R cont LF trn fc RDW(W sd L body rise, -, bk R comm LF trn, cont LF trn on R heel & chg weight to L);
3 [L Pass W sync spin] Fwd & Sd L body rise to contra Scar trn ptr RF, -, bk R with slip action, fwd L trng LF fc ptr & Wall (W fwd R trn 3/8 RF with bk to ptr, -, spin LF twd Wall L/R, L/R to end fcg ptr) to Handshake/Wall;
4 [Contra Break] Sd & fwd R body rise, -, fwd L RF body trn lead to contra ck action, rec bk R (W sd & bk L body rise, -, bk R contra ck action, rec fwd L);
5 [Checked R Pass] Fwd & sd L stretch L sd, - XRIB of L as lead lady under joined R hnds, sd L to swivel RF on L (W fwd R, -, fwd L with slight XIF of R, bk R);
6 - 7 [Half Moon] Sd & fwd R comm RF trn with R sd stretch slght “V” shape twd ptr, -, cont RF trn chk fwd L to RDW soft knee, rec bk R comm LF trn fc ptr; Cont LF 1/4 trn sd & fwd L with R sd stretch, -, slip bk R shape twd ptr, fwd L cont ½ LF trn to fc ptr and COH(W sd L comm LF trn with left side stretch slght “V” shape twd ptr, -, cont LF trn fwd R, rec bk L trn to fc ptr; 1/4 RF trn sd & fwd R raising L arm and shape twd ptr, -, slip fwd L in 1/2 LF trn, bk R cont 1/4 LF trn fc ptr);
8 [Hip Rocks] Sd R hip roll RF, - rec L hip roll LF, sd R hip roll RF;

9 ~ 17+ Spin New Yorker; Horseshoe Trun; W Spiral; Break Bk; OP In & Out Runs W Spiral; (Vals); Aida; Aida Line & Swich Lunge; Rec., Draw;

9 [Spin New Yorker] Sd & fwd L lead Woman spin RF under R hnds, -, fwd R in LOP RLOD, rec R (W fwd R & spin RF full trn, -, fwd R LLOD, rec L);
10 -11 [Horseshoe Trun W Spiral] Sd R trng RF to fc LOD, -, fwd L, rec R; Raising jnd R-hnds fwd L comm curving LF, -, cont curving fwd R, fwd L comm LF trn fc Wall (W fwd R curving RF & comm RF trn under jnd R-hnds, -, fwd L & spiral RF, sd & fwd R cont RF trn fc COH);
12 [Break Bk] Sd R body rise cont LF trn fc LOD, -, bk L, rec fwd R;
13 -14 [In & Out Runs W spiral] Keep jnd R-hnds fwd L, -, fwd R comm RF trn raise join R hnds, cont RF trn sd L lead W LF spiral under joined R hnds (W Fwd R, -, fwd L, fwd R to LF spiral on R); Fwd R, -, fwd L, fwd R raise join R hnds & joined L hnds (W Fwd L, -, fwd R comm RF trn, cont RF trn sd L) to Vals fc LOD;
15 [Aida] Fwd L, -, fwd R comm RF trn, sd L cont RF trn fc RLOD;
16 [Aida Line & Swich Lunge] Bk R body rise, -, swwl LF on R sd L body rise blend to Bfly;
17+ [Rec Draw] Rec R, -, Rise R drow L, - LOP-Fcg fc Wall, -
Part A (RUMBA)

1 ~ 8 Three Alemanas;; (Handshake); Circular Hip Twist;; Fan;

1 - 4 [Three Alemanas] Fwd L, rec R, cl L,-; Bk R, rec L slightly LF trn fc Wall, cl R, -; Sd L, rec R, cl L,-; Bk R, rec L, fwd R to Handshake,-; (W bk R, rec L, sd & fwd R comm RF trn,-; Cont RF trn fwd L, fwd R twd wall cont RF trn, fwd L twd ptr slightly man’ s right sd,-/swivel RF on L; Fwd R starting a sharp LF trn, fwd L twd Wall swivel LF, fwd R twd trn.-; Commence RF trn fwd L, fwd R twd Wall cont RF trn, fwd L twd partner slightly man’ s right sd,-)

5 - 7 [Circular Hip Twist] Fwd L, rec R, XLIB of R, -; Sd & bk R making 1/8 LF trn lead W to swivel RF, XLIB of R trn & backing LF lead W to swivel LF, sd & bk R trn LF lead W to swivel LF, -; XLIB of R trn LF lead W to swivel LF, sd & bk R trn LF lead W to swivel RF, -; (W swivel on L bk R trn 1/2 RF, rec L start LF trn, fwd R outsd ptr completing 5/8 LF trn, -; swivel 1/2 RF fwd L, swivel 1/2 LF fwd R, swivel 1/2 RF fwd L,swivel 1/2 LF fwd R,swivel 1/2 RF fwd L,swivel 1/2 LF fwd R to face ptr,-)

8 [Fan] Bk R, rec L, sd R(W swivel 1/4 RF fwd L, fwd R 1/2 LF trn fc R LOD, bk L),-;

9 ~ 16 Stop & Go Hockey Stick; to Fan; Hockey Stick w/Spial; W Out to FC (LOP-F/Wall); Start Three Threes;; Sweet Heart;;

9 -10 [Stop & Go Hockey Stick] Fwd L, rec R, cl L lead W LF trn under ld hnds,(W cl R, fwd L, fwd R LF trn under ld hnds fc LOD),--; Soften L knee X lunge RIF to LOD R hnd on W back, rec L lead W RF trn under ld hnds, sd R to FAN Pos,(W sit lunge bk L, rec R trn LF under ld hnds, bk L),-;

11 [Hockey Stick w/Spial] Fwd L, rec R, cl L, lead W spiral under ld hnds (W cl R, fwd L, fwd R, LF spiral on R under ld hnds);

12 [W Out to Fc] Bk R, rec L, fwd R,(W fwd L twd Wall, fwd R LF trn fc ptr & COH,bk L) -;


15 -16 [Sweet Heart] Fwd L twd WALL w/slight LF trn keeping L hand around W’ s waist extend R arm out to sd twd DRW, rec R taking R hand to W's shoulder blade, sd L (W bk R twd COH w/L, sd leading extending arms out to sd L arm twd DLC & R arm twd DRW, rec L, sd R) - R SHADOW Pos. fc Wall,;-Fwd R twd WALL w/slight RF trn keeping R hand around W's waist extend L arm out to sd twd DLW, rec L taking L hand to W's waist, sd R lead W LF spin R hnd (W bk L twd COH w/R sd leading extending arms out to sd L arm twd DLW & R arm twd DRC, rec R, sd L spin LF full trn) to Tandem Pos. fc WALL,--;

17 ~ 24 Finish Three Threes; (Handshake); Alemana; stack Hand; Start Rope Spin; M LF Turn W spin to (Shadow/COH); Adovance Sliding Door; w/Underarm Turn Lunge & Sit Line (Bjo/COH);

17 -18 [Finish Three Threes] Sd & fwd L, rec R, cl L(W sd & bk R, rec L, fwd R 1/2 RF trn fc ptr), -; Bk R, rec L, fwd R(W fwd L 1/2 RF trn, fwd R 1/2 RF trn, fwd L), - to Handshake fc Wall;

19 -20 [Alemana] Fwd L, rec R, cl L raise join R hands,-; Bk R, rec L slightly LF trn fc Wall, cl R join L hnds under R hnds, chang to L hands high & R hands low to lead W RF spiral ; (W bk R, rec L, sd R comm RF trn,-; Cont RF trn fwd L, fwd R twd wall cont RF trn, fwd L ,-/RF spiral on L;)

21 [Start Rope Spin] Sd L to L arm over own head, rec R to bring R arm high, cl L R arm over head (W lariat circle around M CW fwd R, L, R to M’ s L sd),-;
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22 [M LF Trun W Spin] Fwd R 1/2 LF trn under R hnds, rec L release L hnds to lead W RF spin join R hnds, fwd R, (W fwd L, fwd R twd Wall RF spin, bk L) - to SHADOW Pos. fc COH;

23 [Advance Sliding Door] Fwd L trng body slightly RF, rec R trng body slightly LF, XLIB of R toe to heel (W bk R, rec L, fwd & across R), -;

24 [w/Underarm Turn Lunge & Sit Line] Lead W under joined R hnds sd lunge R, rec L taking R hnds over head, fwd R fc COH (W trng RF on R/bk L sit line raise L arm, rec R trng RF, sd L fc Wall), - blend to Bjo;

25 ~ 32 Cont Hip Twist; (LOD); Cont Hip Twist; (Wall); Cuddle Twice;;

Cuddle W spiral; W Out to FC;

25 ~ 28 [Cont Hip Twist] Fwd L lead W RF trn, rec R swivel LF bjo, XLIB of L(W swivel RF on L bk R, rec L swivel LF Bjo, fwd R swivel RF on R)end L- Position M fc COH W fc RLOD, -; Small sd & bk R leading W fwd & swivel LF Bjo/RDC, rec fwd L comm RF trn, cont RF trn fwd R (W fwd L swivel on L blend Bjo/DW, comm RF wheel fwd R, fwd L) to end Bjo LOD, -; Fwd L trng 1/8 RF leading W to open out, rec R trng 1/4 LF, XLIB of R (W swivel 1/2 RF on L bk & sd R, rec L swivel LF Bjo, fwd R swivel RF on R) end L position M fc LOD woman fc COH,-; Small sd & bk R leading W fwd & swivel LF Bjo/DC, rec fwd L comm RF trn, cont RF trn fwd R (W fwd L swivel on L blend Bjo/RDW, comm RF wheel fwd R, fwd L) to end Bjo/Wall,-;

29 ~ 30 [Cuddle Twice] Sd L slght body trn RF extnd L hnd up/out, rec R body trn LF, cl L (W Trn RF sd & bk R extnd R arm out, rec L trn LF, sd R) to CUDDLE Pos, -; Sd R slght body trn LF extnd R hnd up/out, rec L body trn RF, cl R (Trn LF sd & bk L extnd L arm out, rec R trn RF, sd L) to CUDDLE Pos, -;

31 [Cuddle W spiral] Sd L slght body trn RF extnd L hnd up/out, rec R body trn LF ld hnds jnd, cl L riase ld hnds to sprl W LF fc DLW (Trn RF sd & bk R extnd R arm out, rec L trn LF, sd R sprl LF undr ld hnds), -;

32 [W Out to FC] Bk R, rec L, fwd R, (W fwd L twd Wall, fwd R LF trn fc ptr & COH, bk L) -;

Meas

Part B (RUMBA)

1 ~ 8 OP Break; Cont Nat Top;;;; Break to 1/2OP Both Spiral; Aida; Swich Rock; Fence Line;

1 [OP Break] Bk L, rec R, sd L, - to CP fc RDW;

2 ~ 4 [Cont Nat Top] XRIB trn RF, sd L trn RF, XRIB trn RF (W sd L trn RF, XRIF trn RF, sd L trn RF), -, Sd L trn RF, XRIB trn RF, sd L trn RF (W fwd R make full LF trn to contra BJO, fwd L, fwd R), -, XRIB trn RF, sd L trn RF, cl R to CP WALL having comp 2 RF trns (W fwd L, fwd R make full LF trn to fc M, sd L), -;

4 [Break to 1/2OP Both Spiral] Bk L, rec R, fwd L, -/spiral RF(W LF);

5 [Aida] Thru R comm RF trn, sd L cont RF trn fc RLOD, bk R, -;

7 [Swich Rock] Swvel LF on R sd L, rec R, rec L, -;

8 [Fence Line] XRIF of L ck, rec L, sd R, -;

9 ~ 16 Chase w/ Underarm Pass; W Over Turn (Tandem/COH); Peek-A-Boo;;

Cont Chase (Tandem/Wall); Chase w/ Underarm Pass Ending W Over Turn (Tandem/Wall); Peek-A-Boo; W Tran RF Turn to FC (No Hand);
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9 -10 [Chase w/ Underarm Pass W Over Turn] Fwd L 1/2 RF trn keep ld hnds jnd, rec fwd R, fwd L, -(W Bk R, rec L, fwd R, -); Raising joined lead hands bk R lead W to pass M’s left sd, rec L, fwd R lead hnds over W’s head, -(W Fwd L, fwd R spiral LF, fwd L cont LF trn fc COH, -) to Tandem pos M bhnd W both fc COH;


13 [Finish Chase] Fwd L 1/2 RF trn keep ld hnds jnd leading W to turn under ld hnds, rec R, fwd L, -(Fwd R under ld hnds 1/2 LF trn fc ptr, rec L, fwd R,-);

14 [Chase w/ Underarm Pass Ending W Over Turn] Raising joined lead hands bk R lead W to pass M’s left sd, rec L, fwd R lead hnds over W’s head, -(W Fwd L, fwd R spiral LF, fwd L cont LF trn fc Wall, -) to Tandem pos M bhnd W both fc Wall;

15 [Peek-A-Boo] Sd L keep lead hnds over head, rec R, cl L, -;

16 [Peek-A-Boo W Tran RF Turn to FC] Sd R, rec L lead W RF, cl R release hnds, -(W Sd L , rec R trn 1/2 RF, cl L, sd R fc ptr & COH, -)to No hnds;

17 ~ 24 Square Serpiente;;;; (Bfiy)Circular Serpiente; (CP) to Double Ronde; Twist Turn; Rev Twirl to Chg Sd (Bjo/COH);

17 -20 [Square Serpiente] Same foot work thru L twd RLOD (W twd LOD), sd R, XLIB of R swivel 1/4 RF on L, fan CW R on L fc RLOD(W fc LOD) to Bk to Bk Pos.; XRIB of L twd Wall(W twd COH), sd L, thru R swivel 1/4 RF on R, fan CW L on R fc COH(W fc Wall) to FC Pos.; Thru L twd LOD(W twd RLOD), sd R, XLIB of R swivel 1/4 RF on L, fan CW R on L fc LOD(W fc RLOD) to Bk to Bk Pos; XRIB of L twd COH (W twd Wall), sd L, thru R swivel 1/4 RF on R, fan CW L on R fc Wall(W fc COH) to blend to Bfly;

21 -22 [Circular Serpiente to Double Ronde] Same foot work thru L, sd R, XLIB of R, fan CW R on L; XRIB of L, sd L, thru R blend to CP, Ronde R fc COH:

23 [Twist Turn] Sd & Bk L, XRIB to L, comm twist RF on both ft, - shift wgt on L (W Around M fwd L.R.L.R) to CP fc Wall;

24 [Rev Twirl to Chg Sd] Bk R comm RF trn lead W LF trn under ld hnds, cont LF trn sd L fc ptr & COH, fwd R, -(W Fwd L comm LF trn, cont LF trn fwd R fc ptr & Wall, sd L, -) to Bjo fc COH;

25 ~ 32 Cont Hip Twist; (LOD); Cont Hip Twist; (Wall); Cuddle Twice;; Cuddle W spiral; W Out to FC;

25 -32 Repeat Meas 25-32 Part A;;;;;;

Meas

ENDING

1 ~ 3 Riff Turn; OP Break W Trns CP; Same Foot Lunge;

1 [Riff Turn] Sd L lead W RF spin under lead hands, cl R, sd L lead W RF spin under lead hands, cl R(W sd & fwd R RF spin on R, cl L, sd & fwd R RF spin on R, cl L);


3 [Same Foot Lunge] Sd & slightly fwd R with right sd stretch looking R,-, extend (W bk R well under body trning body to L and looking well to L,-, extend),-;