POR LA ESPALDA

Rhythm/Phase: Bolero, Phase VI+2U (Eggbeater Pass, Broken Spring)
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Release Date: March 6, 2016
Music: "Por La Espalda" by Cristian Castro
Album: El Culpable Soy Yo, Track 4
Download: Amazon.com and other sources
Time/Speed: Downloaded file: 3:57  Speed: Play at 47.5 in DM (about +5.5%) = 21+ mpm
over the roughly 3:40 actual music for the dance at this tempo.
Footwork: Opposite throughout (Lady as noted in parentheses)
Timing: SQQ unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average to Above Average
Sequence: INTRO, A, B, C, B, C (Mod), D, ENDING

INTRODUCTION

1-5  WAIT 1X;  OPPOSITION FENCELINE;
LADY LEFT WINDMILL  6 QKS & LUNGE-M BREAK-HOLD-LUNGE;; SLOW SUNBURST;
1  {Wait}  With trailing hands joined-M fc Wall with left ft free for both Wait 1 measure ;
2  {Opp Fenceline}  Sd L, -, cross lunge thru with bent knee twd RLOD (W twd LOD), bk R to fc prtnr ;
3-4 {Lady LF Windmill 6-Lunge--Man Brk-Hold-Lunge}  Sd R, -, bk L, rec fwd R ;
(QQQ)  (Sd & fwd R comm LF rotation, ip XLIF swiveling on left, sd & fwd R, ip XLIF swiveling on left ;)
Note: W's windmill footwork is similar to M's Rev Top action, using arms opp to stepping ft.
Lady will complete 2 full turns to fc prtnr with the 6 Qks (meas 3 and the first part of meas 4).
--S  Touch L to R comm slow left arm sweep, -, Sd L lunging twd RLOD cont slow left arm sweep, - ;
(QQS)  (Sd & fwd R, ip XLIF swiveling on left to fc prtnr, sd R w/ lunge action & ext arms, - ;)
S,-,- 5  {Sunburst}  Step tog R (W's L) joining hands low then raising arms in a slow sunburst action, - , - , - ;
Note: The music slows during this measure.

PART A.

1-4  SYNC TURNING BASIC OVERTURN TO;  FACING FAN (LOD);
LADY CHK  BK INTO ATTITUDE LINE;  LADY FWD-SPIRAL-BOTH SYNC-STACKED HANDS;
S&QQ 1  {Sync Turning Basic Overturned}  Blending to CP Sd & sl fwd L, -, slip bk R trng LF/sm fwd L,
sd & fwd R cont turn to fc wall leading W to loose closed pos sl op out with W fc LOD ;
(Sd R, -, fwd L trng LF/cont turn bk R, cl L cont turn to fc LOD ;)
2  {Fc Fan}  Sd L, -, rec bk R trng LF to fc LOD; fwd L ; (Fwd R twd LOD, -, fwd L, fwd R trng LF to fc RLOD ;)
S,-,- 3  {Attitude Line}  Lunge Fwd & sl sd R, -, - , - ;
(Bk L, -, raise rt leg to an attitude line with bent knee turned out and higher than rt foot, - ;)
S&QQ 4  {W Fwd-Spiral-Sync}  Rec bk L, -, bk R/bk L, chk bk R ending with stacked hands M fc LOD ;
(Fwd R twd RLOD spiraling LF 7/8, -, fwd L/fwd R, fwd L ;)

5-8  UA PASS TO FC REV;  LUNGE & SPOT;  SPOT & LUNGE;  FWD BREAK TO STACKED HANDS;
5  {UA Pass}  Fwd L outside prtnr comm trng LF under raised rt hands, -, sd & fwd R cont turn raising left hands & lowering rt hands, rec L finish turn under left hands to fc RLOD ;
(Fwd R comm RF turn, -, fwd & sl L cont RF turn, rec R finish RF turn under left hands ;)
S,-,- 6  {Lunge-Spot}  Sd & sl fwd R with lungeing action, -, - , - ;
(SQ)  (Sd L comm LF turn, -, XRIF cont LF turn 1/2, fwd L comp turn 1/4 to fc prtnr ;)
SQ 7  {Spot-Lunge}  Sd L comm LF turn, -, XRIF cont LF turn 1/2, fwd L comp turn 1/4 to fc prtnr ;
(S,-,-)  (Sd & sl fwd R with lungeing action, -, - , - ;)
8  {Fwd Brk}  Sd & fwd R, -, fwd L with contra check action, bk R ending with stacked hands M fc RLOD ;
PART B.

1-4 CROSS-HAND UA TO TANDEM-WALL; TURKISH BREAK;
LADY FWD-SPIRAL & OUT TO FC (H’SHAKE); LADY CHK BACK AND DEOLVE-M LUNGE;
1  {X-Hand UA}  Sd L leading W to comm trng RF under stacked hands, - , bk R trng LF to fc Wall, fwd L ;
    (Sd R comm trng RF, - , fwd L tld Wall cont turn, rec fwd R compl 1 1/4 RF turn to fc Wall ;)
2  {Turkish Brk}  Sd R shaping to ptrnr, - , bk L with joined rt hands behind M's head, rec fwd R ;
    (Sd L , - , fwd R outside ptrnr, rec bk L ;)
3  {Lady Spiral & Out To Fc}  Rel hands Sd & bk L trng RF to fc DRW clearing a path for W to move twd Wall,
    - , bk R, fwd L trng tlg to fc ptrnr & Wall joining rt hands ;
    (Fwd & sd R spiraling 7/8 LF, - , fwd L tld wall, fwd R trng LF 1/2 to fc ptrnr joining rt hands ;)
S,,  4  {Chk-Dev}  Sd & fwd R with lunging action, - , - , - ; (Sd & bk L , - , develope rt leg, - ;)

5-9 UA TURN TO STACKED HANDS; TO ROPESPIN; SYNC TO FACE; SLOW CONTRA CHECK;
EXTEND-REC & SHAPE-LADY CARESS;
5  {UA Turn}  With rt-handshake Sd L - , XIRIB, fwd L joining left hands under joined rt hands ;
    (Sd R comm RF turn under joined rt hands, - , XLF trng 1/2 RF, fwd R compl trn to fc ptrnr join left hands ;)
6  {Ropespin}  Cl R raising hands, - , sm sd L, rec R ;
    (Fwd & sd L tld M's rt sd , - / spiral 7/8 RF on L, fwd R comm circling around M RF, fwd L to fc LOD ;)
S&QQ  7  {Sync to Fc}  Rk sd L, R/L, R blending to CP-Wall ;
    (Fwd R cont RF circling action, - , cont RF circling action fwd L/fwd R, sd & fwd L trng RF to fc ptrnr ;)
S,,  8  {Contra Chk}  Flexing knees lower into checking Fwd L trng upper body LF with rt sd lead in CBMP, - , - , - ;
    (Flexing knees lower into checking Bk R trng upper body LF with left sd lead looking well left, - , - , - ;)
-,S  9  {Ext-Rec}  - , - , Rec bk R shaping to ptrnr, - ;
    ( - , - , Rec fwd R & caress M with left hand, - ;)
Note: The music slows during this measure. Second time through it slows slightly more.

PART C.

1-4 CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE;
LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN;
1  {Chk Rt Pass}  Joining & raising lead hands Fwd & sd L comm RF turn, - , cont turn XIRIB,
    finish turn fwd & sd L to fc COH in momentary wrap pos ;
    (Fwd R , - , fwd L across R with no turn, bk R to momentary wrapped pos ;)
S,,  2  {Lunge-Stork Line}  Fwd R trng RF 1/2 to fc wall & ronde left leg ending in lunge brk pos, - , - , - ;
    (Sm bk L swiveling LF to fc DRW, - , raise rt leg to stork line pos, - ;)
3  {Lady Spin to Left Pass}  Cl L leading W to spin RF, - , bk R comm LF turn, fwd L compl turn to fc COH ;
    (Comm RF spin Sd fwd R spinning RF ending tuck on M's rt side both fc wall with lead hands joined, - ,
    sd & fwd L with strong LF turn, bk R ; )  Ends M fc COH in LOP-Facing pos.
4  {Start Horseshoe Turn}  Sd & fwd R to "V" pos, - , slip thru L checking & shaping to ptrnr, rec fwd R ;

5-8+ LADY SLOW SD-CROSS-BOTH FC WALL; OPEN FENCeline;
SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B'FLY-LADY IN 2;;
5  {Lady Sd-X-Fc Wall}  Fwd L comm LF turn leading W to step sd, - , fwd R comm circle walk, fwd L to fc wall ;
    (Sd R twd RLOD comm slow sunburst action, - , XLIF, - ;)
(SS)  6  {Open Fencingline}  Joining trailing hands both Sd R, - , XLIF with bent knee, bk & sd R ;
S&QQ  7  {Lady Sync Roll 5 - M Sync Hip Rks}  In place Rk sd L, - , R/L, R ;
    (Fwd & sd L , - , fwd R twd Wall trng LF/fwd L trng LF, fwd R/fwd L trng LF compl 1 1/2 roll to fc ptrnr ;)
S,,  8+  {Hinge-Rec}  Sm sd L leading W to turn LF, - , - , - ;
    (SS)  (Sd R twd LOD comm trng LF to fc RLOD, - , XLIB, relaxing left knee point rt ft twd RLOD ;)
S,, (QQ,)  rec R to BFLY-Wall, - , (Rec fwd R trng RF to fc ptrnr joining hands in BFLY pos, cl L , )
Note: The music slows slightly for the extra half-measure here, but not in Part C (Mod).
PART C, CONT'D.

9-12 **EGGBEATER PASS; TO WRAP-RT LUNGE-COH;**
**CROSS BODY-LADY SYNC OUT TO REV (HANDSHAKE); CONTRA BREAK (STACK HANDS);**

9 {Eggbeater Pass} Raising joined hands taking tr hands thru twd LOD at shoulder level
   Fwd & sd L comm turning RF, -, cont RF turn XRIIB trng W under lead hands,
   finish RF turn fwd L releasing lead hands as they pass M's rt arm and immediately re-join to finish turn;
   Ends in temporary BFLY pos COH.
   (S&fwd R twd DLW comm RF turn, -, cont turn fwd L under lead hands,
   sm fwd R to fc prtr finish turn under tr hands releasing & re-joining lead hands as they pass M's rt arm ;)

Ss;- 10 {Wrap Rt Lunge} Sd R leading W to turn under tr hands, -, llex rt knee in lunge line in wrapped pos COH, -; 
   (SS) (Sd & fwd L trng RF 1/2 under joined tr hands to wrap pos COH, -, sm sd R in lunge line, - ;)

11 {X-Body-Lady Sync Roll} Sd & bk L, -, bk R trng LF to fc RLOD, fwd L joining rt hands ;
   (S&QQ) (Sd & fwd L trng RLOD, -, fwd R/fwd L trng RF to fc LOD, bk R ;)

12 {Contra Brk} Sd & fwd R, -, slip fwd L with contra check action, rec bk R joining left hands under rt hands ;

PART B.

1-9 **CROSS-HAND UA TO TANDEM-WALL; TURKISH BREAK;**
**LADY FWD-SPIRAL & OUT TO FC (H'SHAKE); LADY CHK BACK AND DEvelope-M LUNGE;**
**UA TURN TO STACKED HANDS; TO ROPESPIN; SYNC TO FACE; SLOW CONTRA CHECK;**
**EXTEND-REC & SHAPE-LADY CARESS;**

PART C (MOD).

1-10 **CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE;**
**LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN;**
**LADY SLOW SD-CROSS-BOTH FC WALL; OPEN FENCeline;**
**SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B'FLY-LADY IN 2 ;,**
**EGGBEATER PASS; TO WRAP-RT LUNGE-COH;**

1-10 Repeat Part C. meas. 1-10 ;;;;;;;;

11-12 **CROSS BODY-LADY SYNC OUT TO DRW (HANDSHAKE); CONTRA BREAK;**
   (S&QQ) 11 {X-Body-Lady Sync Roll} Repeat Part C meas 11 to end M fc DRW with rt hands joined ;

12 {Contra Brk} Facing DRW Repeat Part C, meas 12 and maintain the rt handshake ;

PART D.

1-4 **START A FULL MOON;; OPP CROSS CHECK WITH ARMS TO SKATERS;**

1-3 {Start Full Moon} Sd & fwd L trng trng LF, -, bk R trng LF, fwd L bringing rt hands up behind W
   leading her to spiral ; fwd R trng LF joining left hands to Varsouv pos COH, -, fwd L checking,
   rel left hands bk R comm lowering joined rt hands ;
   bringing joined rt hands down between prtnrs to lead W's turn Bk L trng LF, -, bk R cont trng LF,
   fwd L bringing right hands up behind W leading her to spiral ; ends sl DRW almost fc Wall for both
   (With rt hands joined Sd & fwd R trng RF, -, fwd L trng LF, fwd R twd COH spiraling 7/8 LF ;
   fwd L trng LF joining left hands to Varsouv pos, -, fwd R checking, bk L trng RF ;
   fwd R twd M's rt side trng RF, -, fwd L trng LF, fwd R spiraling 7/8 LF ;)

4 {Opp X-Check} Releasing hands check Fwd R across left looking at prtnr, -, rec bk L,
   sd & bk R blending to skaters pos-wall ;
PART D, CONT'D.

5-9 LADY FWD-SPIRAL & OUT TO FC-M CHECK FWD-REC; OPPOSITION SPOT TURNS;
TOG 2 TO PREP (M FC WALL); SAMEFOOT LUNGE; CHANGE SWAY-LADY REC TO CLOSED;

S; Q 5 {Lady Fwd-Spiral--M Chk-Rec} Fwd L twd Wall checking and rel hands, - , - , rec bk R no hands joined ;
(SQQ) 6 {Opp Spot Turn} Man Repeat Part A meas 7 ; (Woman Repeat Part A meas 6 ;)
SS 7 {Prep} Fwd R approaching prtrn with sunburst action, - , fwd L blending to CP, touch R to L fc Wall ;
{Fwd R approaching prtrn with sunburst action, - , cl L to CP rotating RF to fc LOD, - ;}
S,-,- 8 {Samefoot Lunge} Sd & sl fwd R with rt-side stretch & extending left ft ft twd LOD, - , - , - ;
(Bk rt well under body & looking left), - , - , - ;
--,-,- 9 {Chg Sway-W Rec to CP} Chg to left sd stretch opening W's head , - , Comm leading W to CP no wt chg, - ;
{(Chg sway trng head to the rt , - , - , Rec L trng LF to CP ; )}

Note: The music is a bit louder throughout Part D.

ENDING

1-4 REV TOP 6 (TO FC WALL);; SYNC CROSS BODY TO STACKED HANDS;
CROSS-HAND UA - MAN UNDER TO FC WALL;
1-2 {Rev Top} With Left ft ext sd twd LOD take wt comm LF turn, - ,
 fwd & sd cont turn with left ft crossed in front, taking wt XLIF cont trn to fc COH ;
 Fwd & sd R cont turn, take wt on L maintaining left ft XIF, finish LF turn fwd & sd R to fc wall in CP ;
 {Sd & fwd R comm LF turn, - , XLIF cont turn, bk & sd R cont turn ; XLIF cont turn, - , bk & sd R cont turn, XLIF finish turn ;}
S&QQ 3 {Sync X-Body} Sd & bk L comm LF turn blending to loose CP, - , bk R cont turn/fwd L,
 sm sd R joining left hands under joined rt hands fc prtrn and COH ;
 {Sd & fwd R comm LF turn, - , fwd L cont turn/sd & fwd R, sm sd L stacking hands rt over left ;}
 4 {UA-M Fc Wall} Sd L comm leading W to turn RF, - , cl R turning LF under joined hands,
 rec L finish turn to fc wall ; (Sd R comm RF turn under stacked hands, - , XLIF turning 1/2 RF,
 finish turn fwd R to fc wall on M's left sd ;)

5-8 (Broken Spring) LADY FWD TRNG RF TO VAROUY; M HOLD-LADY FULL SPIN & DEVELOPE;
SWAY LEFT & RT TO SHADOW; SLOW SIDE TO UA ROLL RT;
5 5 {Start Broken Spring} Sm Sd R fc Wall leading W to step fwd, - , bk L, rec R ;
 (Turning RF Fwd L twd RLOD, - , fwd R twd RLOD cont RF turn under stacked hands,
 fwwd L spinning RF to temporary Varsov-Wall ;)
--,-,- 6 {Finish Broken Spring} Hold while leading W to spin RF, - , - , - ;
(S ; : -) 7 {Sm Fwd R full RF spin to fc wall beside M with left hand on M's rt shoulder, - , develople left ft, - ;}
SS 8 {Sway L&R-Shad} Both Sd L joining left hands, - , sd R blending to shadow pos fc Wall, - ;
8 {Sd-UA Roll Rt} Both Sd & fwwd L twd LOD trng LF to DLW, - , thru R comm trng RF under joined left hands,
 sd & bk L cont turn ;

9-10 TO SHADOW AIDA LINE WITH VERY SLOW ARMSWEEP;;
S,-,- 9-10 {Shad Aida Line} Both finish RF turn step Bk R into an aida line in Man's Shadow pos releasing hands
 and looking over extended left hands twd RLOD, comm slow rt armsweep slowly trng head to rt, - , - ;
--,-,- Cont slow rt armsweep and slow head turn over the course of this measure as the music fades ;
INTRO: \( \text{WAIT 1X (TRAIL HANDS JOINED-M FC PARTNER & WALL-LEFT FT FREE FOR BOTH)} \);
\( \text{OPPOSITION FENCeline; LADY LEFT WINDMILL 6 QKS & LUNGE-M BREAK-HOLD & LUNGE} \);
\( \text{STEP TO SLOW SUNBURST} \);

PART A: \( \text{SYNC TURNING BASIC-OVERTURN; TO FACING FAN (LOD)} \);
\( \text{LADY CHECK BACK INTO ATTITUDE LINE; LADY FWD-SPIRAL & BOTH SYNC TO STACKED HANDS} \);
\( \text{UA PASS TO F REV; LUNGE & SPOT; SPOT & LUNGE; FWD BREAK TO STACKED HANDS} \);

PART B: \( \text{CROSS-HAND UA TO TANDEM-WALL; 1 TURKISH BREAK} \);
\( \text{LADY FWD-SPIRAL & OUT TO FC (HANDSHAKE); LADY CHECK BACK AND DEVELOPE-M LUNGE} \);
\( \text{UA TURN TO STACKED HANDS; TO ROPESPIN; SYNC TO FACE; SLOW CONTRA CHECK} \);
\( \text{EXTEND-REC & SHAPE-LADY CARESS} \);

PART C: \( \text{CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE} \);
\( \text{LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN; LADY SLOW SD-CROSS-BOTH FC WALL} \);
\( \text{OPEN FENCeline; SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B’FLY-LADY IN 2;} \)
\( \text{EGGBEATER PASS; TO WRAP-RT LUNGE-COH; CROSS BODY-LADY SYNC OUT TO REV (HANDSHAKE)} \);
\( \text{CONTRA BREAK (STACK HANDS)} \);

PART C (MOD): \( \text{CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE} \);
\( \text{LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN; LADY SLOW SD-CROSS-BOTH FC WALL} \);
\( \text{OPEN FENCeline; SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B’FLY-LADY IN 2;} \)
\( \text{EGGBEATER PASS; TO WRAP-RT LUNGE-COH; CROSS BODY-LADY SYNC OUT TO DRW (HANDSHAKE)} \);
\( \text{CONTRA BREAK (KEEP THE HANDSHAKE)} \);

PART D: \( \text{START A FULL MOON;} \); \( \text{OPP CROSS CHECK (WITH ARMS) TO SKATERS} \);
\( \text{LADY FWD-SPIRAL & OUT TO FC-M CHECK FWD-REC; OPPOSITION SPOT TURNS} \);
\( \text{TOG 2 TO PREP (M FC WALL); SAMEFOOT LUNGE; CHANGE SWAY - LADY REC TO CLOSED} \);

ENDING: \( \text{Into REV TOP 6 (TO FC WALL);} \); \( \text{SYNC CROSS BODY TO STACKED HANDS} \);
\( \text{CROSS-HAND UA - MAN UNDER TO FC WALL; [Broken Spring] LADY FWD TURNING RF TO VAROUV} \);
\( \text{M HOLD-LADY FULL SPIN & DEVELOPE; SWAY LEFT & RT TO SHADOW; SLOW SIDE TO UA ROLL RT} \);
\( \text{TO A SHADOW AIDA LINE WITH VERY SLOW ARMSWEEP;} \);