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“POCO CHA”
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RECORD: GRENN August 1978 RELEASE
FOOTWORK: OPPOSITE EXCEPT MEAS 2 & 8 of INTERLUDE
AND MEAS 4 & 8 of PART C; DIRECTIONS FOR M
SEQUENCE: INTRO A B A INTERLUDE C C A B A ENDING

MEAS.
INTRO
1-4 WAIT; WAIT; KNEE, SI, WIGGLE/WIGGLE, WIGGLE; REC, XIF, UNWIND/2, Flick (TO LOP);
1-2 In BFLY M FAC PTR & WALL WGT on M’s L (W’s R) wait 2 meas.;
3-4 Bend R knee across LF of L leg look LOD, si R twd RLOD fac pt, shift wt L/R/L; replace R, XIF of R (W XIF) to hook, release handhold unwind RF (W LF)/cont unwind to LOP M fac WALL, FLICK L bk blend to LOP fac RLOD;

PART A
1-4 (NEW YORKER) R/K FWD, REC, SI, CK, SI; (WHIP) FWD, FWD/ FWD, FWD/W TRN LF (TO LOP); FWD TRN LF, KNEE, SI/CL,
SI TRN RF (TO BK TO BK); SI, CL, SI, CL;
1-2 [Maintain M’s L & W’s R hds thruout MEAS 1 thru 4] In LOP fac RLOD rock fwrwd L, rec R fac ptr, si L/R cl R, si R; fwrwd R twd LOD, small fwrwd L lead W to LOP (W XIF of M fwrwd L trn ½ LF, fwrwd R cont LF trn to LOP), fwrwd R/R fwrwd L, fwrwd R;
3-4 In LOP fac LOD fwrwd L trn ½ LF (W RF) to fac ptr in BFLY, bend R knee XIF of L leg look RLOD, si R twd LOD/cl L to R, si R trn ½ RF (W LF) to BK TO BK M fac WALL; si LOD L, cl R, si L, cl R;

5-8 FWD TRN LF, SI, APT/REC, SI; KICK, TRN RF, FWD/LOCK, FWD;
KICK, TRN LF, FWD/LOCK, FWD; (SPOT TRN) XIF TRN LF,
REC, SI/CL, SI (BFLY);
5 Trn ½ LF fwrwd L LOD, cont trn LF si R to BFLY M fac COH,
sptr L (W bk R)/rec R, si L twd RLOD;
6-7 Maintain BFLY look RLOD kick RIF of L (W XIF), pivot ½ RF on L ft at same time bend R knee point knee twd LOD (ptrs legs now in figure “4”), fwrwd LOD R/Ik LIB of R (W XIB), fwrwd R; kick LIF of R (W XIF), pivot ½ LF on R ft at same time bend L knee point knee twd RLOD (ptrs legs now in figure “4”), fwrwd RLOD L/Ik RIB of L (W XIB), fwrwd L;
8 Spot trn LF (W RF) XRF of L trn ½ LF, rec L cont trn to BFLY M fac COH, si L LOD, cl R to L, si R;

PART B
1-4 (CUBAN BRK) XIF/REC, SI, XIF/REC, SI; XIF/REC, SI, XIF/
REC, SI; RK APT, REC, FWD/CHA, CHA (LOP FAC RLOD);
RK SI, REC TRN LF, WRAP/CHA, CHA (W FWD, 2, FWD/CHA,
CHA);
1-2 In BFLY M fad COH XIF of R (W XIF)/rec R, si L, XRF of L (W XIF)/rec L, si R; REPEAT;
3-4 Release M’s R & W’s L hnds rock apt L twd WALL (W to
COH), rec R to R hips adjacent M commence to go under jnd
hds, fwrwd L trn ½ LF fwrwd R fwrwd L to LOP for RLOD; Rock
RECORD: GRENNT August 1978 RELEASE
FOOTWORK: OPPOSITE EXCEPT MEAS 2 & 5 of INTERLUDE
AND MEAS 4 & 8 of PART C; DIRECTIONS FOR M
SEQUENCE: INTRO A B A INTERLUDE C C A B A ENDING
MEAS.

INTRO
1-4 WAIT; WAIT; KNEE, SI, WIGGLE/WIGGLE, WIGGLE; REC, XIF, UNWIND/2, FLICK (TO LOP); 1-2 In BFLY M FAC PTR & WALL WGT on M’s L (W’s R) wait 2 meas;
3-4 Bend R knee across LF of L leg look LOD; R side twd RLOD fac ptr, shift wgt L/R/L; replace R, XLF of R (W XIF) to hook, release handhold unwind RF (W LF)/cont unwind to LOP M fac WALL, FLICK L bk blend to LOP fac RLOD;

PART A
1-4 (NEW YORKER/5) RK FWD, REC, SI/CL, SI; (WHIP) FWD, FWD/ FWD, FWD (W TRN LF) (TO LOP); FWD TRN LF, KNEE, SI/CL, SI TRN RF (TO BK TO BK); SI, CL, SI, CL; 1-2 (Maintain M’s L & W’s R hds thruout MEAS 1 thru 4) In LOP fac RLOD rock fwd L, rec R fac ptr, si L/cl R, si L; fwd R twd RLOD, small fwd L lead W to LOP (W XIF of M fwd L trn ½, L, fwd R cont LRF trn to LOP), fwd R/ fwd L, fwd R;
3-4 In LOP fac LOD fwd L trn ½ LF (W RF) to fac ptr in BFLY, bend R knee XIF of L leg look RLOD, si R twd LOD/cl L to R, si R trn ½ RF (W LF) to BK TO BK M fac WALL; si LOD L, cl R, si L, cl R;
5-8 FWD TRN LF, SI, APT/REC, SI; KICK, TRN RF, FWD/LOCK, FWD; KICK, TRN LF, FWD/LOCK, FWD; (SPOT TRN) XIF TRN LF, REC, SI/CL, SI (BFLY); 5 Trn ½ LF fwd L LOD, cont trn LF si R to BFLY M fac COH, si LF wgt Bk R/cl R, rec R, si L twd RLOD;
6-7 Maintain BFLY look RLOD kick RIF of L (W XIF), pivot ½ RF on L ft at same time bend R knee point knee twd LOD (pts legs now in fig “4”), fwd R LOD/ik L1B of R (W XIB), fwd R; kick LIF of R (W XIF), pivot ½ LF on R ft at same time bend L knee point knee twd RLOD (pts legs now in fig “4”), fwd RLOD L/ik R1B of L (W XIB), fwd L;
8 Spot trn LF (W RF) XRF of L trn ½ LF, rec L cont trn to BFLY M fac COH, si L LOD, cl R to L, si R;

PART B
1-4 (CUBAN BRKS) XIF/REC, SI, XIF/REC, SI; XIF/REC, SI, XIF/ REC, SI; RK APT, REC, FWD/CHA, CHA (LOP FAC RLOD); RK SI, REC TRN LF, WRAP/CHA, CHA (W FWD, 2, FWD/CHA, CHA); 1-2 In BFLY M fac COH XLF of R (W XIF)/rec R, si L, XRF of L (W XIF)/rec L, si R; REPEAT;
3-4 Release M’s R & W’s L hands rock apt L twd WALL (W to COH), rec R to R hips adjacent M commence to go under ind hds, fwd L trn ½ LF/fwd R, fwd L to LOP fac RLOD; Rock si R twd COH, rec L commence LF WRAP into M’s own L arm, cont LF trn R/L/R (W wheel fwd L,R/L,R) to and M in WRAP POS on W’s R side pts fac LOD;
5-8 (WRAP POS) WHEEL RF BK, 2, BK/BK, BK (W FWD) (FAC RLOD); UNWRAP RF, 2, TRN/2, 3 (BFLY FAC LOD); FWD REC, SI/CL, SI (W BK, SI, FWD/CL, FWD); (HOCKEY STICK) BK TRN RF, REC, FWD/CL, FWD (TO LOP FAC WALL);
5-6 M in WRAP POS fac LOD wheel RF bk L, bk R, bk L/R, L (W wheel RF fwd)to end pts fac RLOD M on inside of circle; cont RF wheel M unwrap RF R,L, small fwd R/L, R (W fwd L trn ½ RF, fwd R trn ½ RF, cont RF trn L/R, L) to end BFLY SCAR M FAC LOD;

(over)
“POCO CHA”

7-8 % basic fwd L, rec R; si L/cl R, cl L (W bk R, si L, fwd R/cl L, fwd R) to end BFLY BJO M fac LOD; release M’s R & W’s L hnd to R trn % RF, rec L, small fwd R/L,R (W fwd L trn % LF, bk R cont trn to fac ptr & COH, small bk L/R,L) to end LOP M fac WALL;

INTERLUDE

2nd & 4th time thru PART A eliminate SPOT TRN. Instead:
MEAS 8 PART A: XRIF of L (W XLF) pivot slowly LF maintain hand & eye contact as long as possible to BK TO BK pos M fac WALL, ... THEN—

1-4 BUMP, FWD/2,3,FWD/2; 3,FWD/2,3,TCH(W CL)(TRANS FAC COH); SI TRN LF, TCH CLAP, BK TRN RF, CL; SI TRN RF, TCH CLAP, BK TRN LF, CL;

1-2 In BK TO BK POS M fac WALL extend BKWDS twd each other for “Bumps a daisy”, commence 3 cha cha chas fwd curving % LF (W RF) L/R,L/R/L; R,L/R/L,TCH (W cl L to R) to end fac ptr & COH NO HNDS JND NOW USE SAME FOOTWORK;

3-4 Trn % LF on L to BK TO BK M fac R LOD step s R, tch L to R at same time CLAP hds, bk L trn % RF to fac ptr & COH, cl R to L; trn % RF on R to BK TO BK M fac LOD step s L, tch R to L at same time CLAP hds, bk R trn % LF to fac ptr & COH, cl L to R;

5-8 [PAT A CAKE] RK FWD, REC TRN RF, TRN; RK FWD, REC TRN LF, TRN; (DO SI DO) FWD, FWD, SI/CL, SI; BK, BK, SI, CL/W SI/CL, SI (TRANS FAC COH);

5-6 Rk fwd R (W fwd R) ptrs R hds tog, using hds as lever push away from ptr rec L commence 1 complete LF trn, cont trn R/L,R; rk fwd L (W fwd L) ptrs L hds tog, using hds as lever push away from ptr rec R commence 1 complete RF trn, cont trn L/R,L to end fac ptr & COH no hds jnd;

7-8 Fwd R,L pass R shoulders, slide behind ptr si R/cl L, si R; pass L shoulders bk L,R, slide to fac ptr si L, cl R (W si/cl R, si L) to end R hds jnd M fac COH TRANS TO OPPOSITE FOOTWORK;

PART C

1-4 RK SI, REC TRN RF, FWD/FWD, FWD, FWD/FWD, FWD (W TRN RF); FWD/FWD TRN RF, FWD/FWD, FWD (W SPIRAL RF); FWD, FWD, FWD (W TRN RF) (TRANS TO OP FAC LOD);

1-2 M fac COH (ptrs R hds held thru out MEAS 1-4) rock si L twd R LOD, rec R trn % RF to fac LOD (W fac LOD), fwd L/R,L; fwd R/L,R,L R diag COH & LOD (W fwd L, fwd R trn % RF XIF of M to outside of circle, cont RF trn on R/L,R) to end ptrs fac LOD M on inside of circle;

3-4 Fwd L, fwd R trn % RF XIF of W to outside of circle, cont RF trn on R/L,R (W fwd R commence LF spiral under jnd R hds XIF of M, cont trn on L to fac LOD on inside of circle, R/L,R); fwd LOD R,L,R,L (W fwd L, fwd R trn % RF XIF of M to outside of circle, cont RF trn on R/L,R) to end OP POS ptrs fac LOD (TRANS TO SAME FOOTWORK);

5-8 RK BK, REC, SI/XIB, REC/SI; XIB/REC, SI/LIFT, BK/LOCK, BK; RK BK, REC, FWD/LK, FWD; RK BK, REC, TRN LF, CL (W FWD TRN L, FWD TRN L, SI/CHA, CHA) (TRANS FAC COH);

5-6 In OP fac LOD with R foot free rock bk R, rec L, si R/XIB of rec R/si L; XIB of L/rec L, si R/lift on R brush L foot back with pulling action, bk L/XIF of L,bk L; (COUNT: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20);

7-8 Rock bk R, rec L, fwd R/L, L, fwd R; bk L, rec R lead W to XIF of M (W fwd L trn % LF XIF of M, fwd R cont LF trn to fac WALL), take R hand hold fwd L trn % to fac COH, cl R to L (W si L/cl R to L, si L to end R hds jnd M fac COH TRANS TO OPPOSITE FOOTWORK; (NOTE: 2nd time thru PART C MEAS 8; RK BK, TRN R, SI, CL (W FWD TRN L, TRN L, IN PLACE/CHA, CHA 1 full LF turn) TO LOP fac R LOD;

ENDING

1-4 BUMP, FWD/2,3 FWD/2; 3,FWD/2,3,TCH (W CL) (TRANS FAC COH)
1-2 In BK TO BK POS M fac WALL extend BKDS twd each other for "Bumps a daisy", commence 3 cha cha chaas f wd
curving ½ LF (R/W) L/R, R/L; R/L, R/L, TCH(W cl L to R)
to end fac ptr & COH NO HND S JND NOW USE SAME
FOOTWORK;
3-4 Trn ¼ LF on L to BK TO BK M fac R LOD stp si R, tch L to
R at same time CLAP hds, bk L trn ¼ RF to fac ptr & COH,
cr R to L; trn ¼ RF on R to BK TO BK M fac LOD stp si L,
tch R to L at same time CLAP hds, bk R trn ¼ LF to fac ptr
& COH, cr L to R;
5-8 (PAT A CAKE:) RK FWD, REC TRN RF, TRN/2,3; RK FWD, REC
TRN LF, TRN/2,3; (DO SI DO) FWD, FWD/SI/CL/SI; BK, BK, SI,
CL/W SI/CL/SI (TRANS FAC COH);
5-6 (K f wd) R [W f wd R] ptrs, R hds tog, using hds as lever push
away from ptr rec L commence 1 complete LF trn, cont trn
R/L, R; rk f wd R [W f wd L] ptrs L hds tog, using hds as lever push
away from ptr rec R commence 1 complete RF trn, cont trn
L/R, L to end fac ptr & COH no hds jnd;
7-8 Fwd R, L pass R shoulders, slide behind ptr si R/cl L, si R;
pass L shoulders bk L, R, slide to fac ptr si L, cl R [W si L/cl
R, si L] to end R hds jnd M fac COH TRANS TO OPPOSITE
FOOTWORK;

PART C

1-4 RK SI, REC TRN RF, FWD/FWD, FWD/FWD; FWD, FWD/FWD
FWD/W TRN RF; FWD, FWD TRN RF, FWD/FWD (W
SPIRAL RF); FWD, FWD/FWD, FWD/W TRN RF) (TRANS TO OP
FAC LOD);
1-2 M fac COH (ptrs R hds held thru OUT MEAS 1-4) rock si L twd
R LOD, rec R trn ¼ RF to fac LOD (W fac LOD), f wd L/R, L;
f wd R, L, R, R LOD COH & LOD (W f wd L, f wd R trn ¼ RF
XIF of M to outside of circle, cont RF trn on R/L, R) to end
ptrs fac LOD M on inside of circle;
3-4 Fwd L, f wd R trn ¼ RF XIF of W to outside of circle, cont
RF trn on R/L, R (W f wd R commence LF spiral under jnd R
hds XIF of M, cont trn on L to fac LOD on inside of circle,
R/L, R); f wd LOD R, L, R (W f wd L, f wd R trn ¼ RF XIF of
M to outside of circle, cont RF trn on R/L, R) to end OP POS
ptrs fac LOD (TRANS TO SAME FOOTWORK);
5-8 RK BK, REC, SI/XIB, REC/SI; XIB/REC, SI/LIFT, BK/LOCK, BK,
RK BK, REC, FWD/LK, FWD; RK BK, REC, TRN LF, CL (W FWD
TRN L, FWD TRN L, SI/CHA, CHA) (TRANS FAC COH);
5-6 In OP fac LOD with R foot free rock bk R, rec L, si R/XIB
of R, rec R/si L; XIB of L/rec L, si R/lef on R brush L foot
back with pulling action, bk L/ XIRF of L/bk L; (COUNT: 1,
2, & 4; 5, 6, 7, 8);
7-8 Rock bk R, rec L, f wd R/ik L, f wd R; bk L, rec R lead W to
XIF of M (W f wd L trn ¼ LF XIF of M, f wd R cont LF trn to
fac WALL), take R hand hold f wd L trn ¼ to fac COH, cr L to
L (W si L/cl R to L, si L to end R hds jnd M fac COH TRANS
TO OPPOSITE FOOTWORK; (NOTE: 2nd time thru PART C
MEAS 8; RK BK, TRN R, SI, CL (W FWD TRN L, TRN L, IN
PLACE/CHA, CHA 1 full LF turn) TO LOP fac R LOD;

ENDING

1-4 BUMP, FWD/2,3, FWD/2; 3, FWD/2,3, TCH (W CL)(TRANS FAC
COH); SI TRN LF, TCH CLAP, BK TRN RF, CL; SI TRN RF,
TCH CLAP, QUICK APT.;
1-4 REPEAT ACTION MEAS 1.3 of INTERLUDE; THEN: trn
¼ RF on R to BK TO BK M fac LOD stp si L, tch R to L at
same time CLAP hds, quick apt R twd WALL (W twd COH) pt
L twd COH L hand low and R hand high look over L shoulder
at ptrs;

NOTE: Point Rating is 451