PLAY A SIMPLE MELODY

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CHOREO: Karen and Ed Gloodt, 300 Beaumont, Ardmore, OK 73401
Email: egloodt@netscape.net 580-226-0445 or 480-677-0666, web site: gloodts-letsdance.com

MUSIC: Play a Simple Melody, The Best of the Dansan Years, Vol. 7, Johnny Howard and His Orchestra
(speed slightly if desired)

RHYTHM: Foxtrot/Jive, Phase III+2 (Telemark SCP and Spanish Arms)  average difficulty

FOOTWORK: Opposite, unless otherwise noted (W’s footwork in parentheses)

SEQUENCE: INTRO A B C B ENDING

INTRO

1-4 CP LOD WAIT;; 2 SIDE TOUCHES; DIP & RECOVER;
1-2 [wait] CP LOD Wait;;
3-4 [dip & rec] Dip bk L, -, rec R, -;

PART A

1-4 2 LEFT TURNS;; HOVER SCP; PICK UP TO SIDECAR;
1-2 [2 left turns] Fwd L comm LF trn, -, cont trn sd & bk R, cl L; Bk R comm LF trn, -, cont trn sd & fwd L, cl R to fc DLW;
3 [hov] Fwd L, -, ftd & sd R rising, rec L to SCP DLC;
4 [up scar] Thru R, -, ftd & sd L trng RF, cl R Leading W to SCAR DLW;

5-8 CROSS HOVER 3X;;; FORWARD FACE CLOSE DLW;
5 [x hov bjo] XLIft, -, sd R w/ rise trng slightly LF, rec L ending in BJO DLC
(W XRib, -, Sd L w/ rise, rec R);
6 [x hov scar] XRif, -, sd L w/ rise trng slightly RF, rec L ending in BJO DLW
(W XLIft, -, Sd R w/ rise, rec L);
7 [x hov bjo] XLIft, -, sd R w/ rise trng slightly LF, rec L ending in BJO DLC
(W XRib, -, Sd L w/ rise, rec R);
8 [fwd fc cl] Fwd R, -, sd L, cl R DLW (W bk L, -, sd R, cl L);

9-12 WHISK; WING; TELEMARK SCP; HOVER FALLAWAY;
9 [whisk] Fwd L, -, sd & slightly ftd R, XLIft to SCP DLC;
10 [wing] Fwd L comm LF trn, -, cont upper body rotation dr & tch L leading W to SCAR DLC (W ftd L, -, ftd R, ftd L, to SCAR w/ R stretch keeping head in CP);
11 [tele SCP] Fwd L to CP comm LF trn, -, sd R cont trn, sd & ftd L (W bk R comm LF trn, -, cl L to R for heel trn, sd & ftd R to SCP DLW);
12 [hov fallaway] Fwd R, -, ftd L w/ rise, rec bk R;

13-16 SLIP PIVOT; MANEUVER; OVER SPIN TURN; BOX FIN WALL;
13 [slip piv] Bk L, -, bk R trng LF, ftd L (W bk R piv LF, -, cont ftd L, bk R to BJO);
14 [manuv] Fwd R trng RF, -, sd L, cl R to CP RLOD;
15 [over spin turn] Bk L pivoting RF, -, ftd R completing ¾ trn, bk L to fc DRW;
16 [box fin] Bk R, -, sd L trng slightly LF to fc WALL, cl R;

PART B

1-4 CHASSE L & R; RIGHT TO LEFT – CHANGE HANDS BEHIND BACK;;
1 [chasse L & R] Sd L/R, L, sd R/L, R;
2-4 [R to L] Rk bk L, rec R, ftd R/L/R, ftd L. (Rk bk R, rec L, ftd R/L/R, ftd R trng ½ in front of man);
Sd & ftd R/cl L, sd R (sd L/R, Sd & bk L) to LOP LOD;
[chg hnds beh bk] rk apt L, rec R; Chasse ftd L/R, L trng ½ LF chng W’s R hnd to M’s R hnd beh M’s bk
(fwd R/L, R trng ½ RF), chasse sd & bk R/L, L cont trng ½ LF to fc RLOD chng W’s R hnd to M’s L
(fwd R/L, R trng ½ RF);
5-8 LEFT TO RIGHT TO COH – SPANISH ARMS TO WALL;; PROGRESSIVE ROCK 4;
5-7 [L to R] rk apt L, rec R, sd L/R, L to fc ptrn COH (Rk apt R, rec L, ftd chasse R/L, R trng ½ LF und Id
hnds); Sd chasse R/L, R,
[span arms] rk apt L, rec R joining both hnds; Trng RF wrap W L/cl R, L w/ hnds over W’s head (rk apt R,
rec L, sd R/L, L trng LF to momentary wrap both fng LOD, sd R immediately trng ½ RF), cont RF trn
R/cl L, R to fc WALL (L/cl R, L to fc M);
8 [prog rk 4] Keeping both hds joined rk apt L, rec crossing RIF, rk apt L, rec crossing RIF;
PART B (CONTINUED)

9-12 CHASSE L & R; RIGHT TURNING FALLAWAY 2X;;;
9  [chasse L & R] Sd L/R, L, sd R/L, R;
10-12  [R trng fallaway 2x] Trng to SCP rk bk L, rec R, sd L/cl R, sd L, trng ½ RF; Cont trng sd R/el L, sd R, to fc COH, trng to SCP RLOD rk bk L, rec R;  Trng ½ RF sd L/cl R, sd L, cont trng to fc WALL sd R/el L, sd R;

13-16 FALLAWAY THROWAWAY – L TO RIGHT TO WALL;;; ROCK REC SIDE CLOSE;
13-15  [fallaway throwaway-L to R] Rk bk L, rec R, fwd L/el R, fwd L (Rk bk R, rec L, fwd R/el L, fwd R trng ½ in front of man); Sd & fwd R (sd L/el R, sd & bk L) to LOP LOD,
 [L to R] rk bk L, rec R; Sd L/R, L to fc ptrn wall (Fwd chasse R/L, R trng ½ LF und ld hnds), sd chasse R/L, R to BFLY;
16  [rk rec sd cl] Rk apt L, rec R, sd L, cl R;

PART C

1-4 SCP FORWARD & RUN 2; PICKUP & RUN 2; TURN L CHASSE BJO; BACK TWIST VINE 4 BJO;
1  [SCP fwd run 2] Turning to SCP fwd L, -, fwd R, fwd L;
2  [pickup run 2] Thru R leading W to fold in front to p/up, -, fwd L, fwd R;
3  [trn L chasse b}o] Fwd L trng LF, -, sd & bk R/L, R cont trng to BJO feg DRC;
4  [bk twist vine 4 to BJO] Back L, sd R, XLIF, sd & bk R to BJO DRC (W Fwd R, sd L, XRIB, fwd L);
5-8 IMPETUS SCP; THRU HOVER BJO; BACK HOVER SCP; THRU FAN TOUCH;
5  [imp SCP] Bk L comm RF trn, -, cl R cont RF heel trn, sd & fwd L SCP LOD (W fwd R, -, sd & fwd L trng RF, fwd R);
6  [thru hov bjo] Thru R, -, fwd L w/ slight rise, rec R (W thru L, -, fwd R w/ rise trng LF, rec L to BJO);
7  [bk hov SCP] Bk L, -, sd & bk R w/ slight rise, rec L SCP (Fwd R, -, sd & fwd L rising & trng to SCP, fwd R);
8  [thru fan tch] Thru R, -, fan L, tch L;
9-12 HOVER; THRU CHASSE SCP; THRU CHASSE BJO; FWD FACE CL;
9  [hov] Fwd L, -, fwd & sd R rising, rec L to SCP;
10 [thru chasse SCP] Thru R, -, sd L/el R, fwd L to SCP;
11 [thru chasse BJO] Thru R, -, sd L/el R, fwd L to BJO DLW (Fwd L comm LF trn, -, fwd & sd R/el L, bk R);
12 [fwd fc el] Fwd R (bk L), -, sd L, cl R;

13-16 TWIST VINE 3; MANUEVER; IMPETUS SCP; THRU SD CL;
13  [twist vine 3] Sd & bk L, -, XRIB (XLIF), sd & fwd L;
14  [manuv] Fwd R trng RF, -, sd L, cl R to CP RLOD;
15  [imp scp] Bk L comm RF trn, -, cl R cont RF heel trn, sd & fwd L SCP LOD (W fwd R, -, sd & fwd L trng RF, fwd R);
16  [thru sd cl] Thru R, -, sd L, cl R to CP;

REPEAT B TO BFLY

ENDING

1+ QUICK TWIRL VINE 3 CHAIR; & TILT,
QQQQ1+ [quick twirl vine 3 chair & tilt] Sd & bk L, XRIB, sd L, ck thru R w/ bent knee; Quickly raise ld arms slightly & look to RLOD on last note, [last note is faint; option: just freeze on the chair]