INTRO

01-04  LOOSE CP WALL LEAD FOOT FREE WAIT TWO MEASURES ; ; FULL BASIC to Picking Up ; ;
        [Wait] Loose CP WALL ld ft free w/ 2 meas ; ; [Full Basic to PU] Sd L, -, XRib (W XLib), rec L ; Sd R, -, XLib, rec R (W sd L, - , XRib, rec L starting to fold in frt of M) to picking-up in Low Bfly ;

PART A

01-04  LEFT TURN w/ INSIDE ROLL ; BASIC ENDING to Picking Up ; TWO TRAVELING CROSS CHASSE to BFLY COH ; ;
        [Left Trn w/ Insd Roll] P/U Fwd L comm LF trn raisjg jnd ld hnds to ld W’s LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to loose CP WALL ; [Basic Ending to PU] Sd R, -, XLib (W XRib), rec R to BFLY COH & Picket Up ; [2 Traveling X-Chasse to COH] Joining both hands low Fwd L trng LF, -, with rt side leading sd R, XLif (W bk R trng lf, -, with lf side leading sd l, Xrif) to DLC ; Fwd R trng RF, -, with lf side leading sd L cont RF trn to COH, Xrif (W bk L trng RF, -, with rt side leading sd R cont RF trn to WALL, XLif) to BFLY COH ;

05-08  OP BASIC TWICE ; ; TWO SWITCHES to Manvrg ; ;
        [Op Basic x 2] Sd L trng to ½ RF rlsg trail hnds LOP LOD, -, XRib (W XLib), rec L trng to fc ; Sd R trng to ½ LF rlsg lead hnds OP RLOD, -, XLib (XRib) rec R to ½ OP RLOD ; [2 Switches to Manvrg] Sd L Xg in frt of W to ½ RLOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R) ; Fwd R, -, fwd L to ½ OP RLOD, fwd R (W sd L Xg in frt of M, fwd R to ½ OP, fwd L) to ½ OP RLOD & Manvrg ;

09-12  RIGHT TURN w/ OUTSIDE ROLL ; SWEETHEART WRAP to LOD ; SWEETHEART RUNS to WALL ; ;
        [Right Trn w/ Outsd Roll] Sd & bk L Xg in frt of W ; -, raisjg jnd ld hnds to ld W’s RF trn sd & bk R trng ¼ RF, XLif (W fwd R com RF twrld undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to BFLY WALL ; [Sweetheart Wrap to LOD] Sd R, -, XLib bringing lead hnds thru leading woman to trn LF, rec R (W sd L, -, comm LF turn fwd R, cont LF turn rec fwd L to fc LOD) ending in wrapped pos fcg LOD ; [Sweetheart Runs to WALL] Still Wrapped position fwd L, -, R, L ; Fwd R, -, fwd & sd L trng to fc ptr, Xrif (W fwd L, -, fwd & sd R trng to fc ptr, XLif) to BFLY WALL ;

13-16  SPOT TURN TWICE ; ; LUNGE BASIC TWICE w/ ARMS & Picking Up ; ;
        [Spot Turn x 2] Release both hnds] Sd L, -, Xrif trn LF ½, rec L cont LF trn to fc ptrn ; Sd R, -, XLib trn RF ½, rec R cont RF trn to BFLY WALL ; [Lunge Basic x 2 w/ Arms to PU] Sd L w/ lun action [relg ld hnds & pull them sideways], -, rec R, XLif (W Xrif) ; Sd R w/ lun action [relg ld hnds & pull them sideways], -, rec L, Xrif (W XLib) to WALL & Picking Up ;

PART B

01-04  TRIPLE TRAVELER ; ; QUICK SIDE TOUCH & WAIT ;
        [Triple Traveler] Fwd L comm LF trn raisjg jnd ld hnds to ld W’s LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOP LOD ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLib (W fwd R comm roll RF under jnd ld hnds, -, bk L cont roll, fwr R comp Roll to fc ptr) to BFLY COH ; [Quick Sd Tch & Wait] [QS] Qk Sd R trng LF to fc ptr, touch L to BFLY COH, - wait, - wait & Picket Up ;

05-08  TO RLOD TRIPLE TRAVELER ; ; QUICK SIDE TOUCH & WAIT ;
        [To RLOD Triple Traveler] Repeat meas 1,2 & 3 Part B to RLOD ; ; [Quick Sd Tch & Wait] Repeat meas 4 Part B to BFLY WALL & Manvrg ;
09-12  TRAVELING RIGHT TURN WITH OUTSIDE ROLL : CROSS BODY : LUNGE BASIC w/ ARMS :

[Traveling Right Turn w/ Outs Roll] Cont trn RF crossing IF of W sd & bk L to fc RLOD, -, XRib. twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (W fwd R btwn M’s ft, -, fwd L, R around M RF) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRif (W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L) end in BFLY WALL ; (Cross Body) Sd L, -, slip bk R trng LF, rec L to fc COH (W sd R, -, fwd L trng LF, fwd & sd R contg LF trn to fc M) to BFLY COH ; [Lunge Basic w/ Arms] Sd R w/ lun action[relg td hnds & pull them sideways], -, rec L, XRif (W XLif) to BFLY COH ;

13-16  DBL HAND UNDERARM TURN to STACKED HANDS : OP BREAK to FACE : CHANGE SIDES/W UNDERARM :

[Basic Ending to Picking Up] ;

[DBL Handhold Underarm Turn to Stacked Hands] Small sd L, -, XRib lead ptr under dbl hd hold, rec fwd L Stacked Lft over Rt hands (W fwd R, -, fwd L trn under dbl hd hold, fwd R stacked hands L over R ) fcg ptr to WALL ; [Open Break to Fc] With stacked hnds Sd R, -, apt L, rec R to r-sd-to-r-sd; [Change Sides /W Underarm] Fwd L COH chg sds lead W trn under stacked hds, -, sd R, XLif dbl hd hold fc WALL (W fwd R WALL LF trn under stacked hds chg sds, -, sd L, XRif fc COH) to WALL ; [Basic Ending to PU] Sd R, -, XLib (W XRib), rec R to BFLY WALL & Picking Up ;

ENDING

01-  LUNGE SIDE & HOLD :

[Lunge Sd & Hold] [Q] Sd R w/ lun action [relg lead hnds & pull them sideways], -, Hold ;