ROUND DANCE INSTRUCTIONS
OCTOBER 1982

By: Eddie & Audrey Palmquist, El Toro, CA.
Record: Windsor 4-533-A (Peg Of My Heart)
Position: Intro - CP DLC. Dance - Contra Bjo DLW.
Footwork: Opposite, directions for M (except where noted).
Sequence: INTRO, A,A,B,B,A,A,B,B,TAG.

INTRO: (CP DLC) WAIT; WAIT: OPEN TELEMARK; FEATHER FINISH;
1-4 CP DLC wait 2 Meas; (Open Tele) Fwd L DLC thru LF, sd R DLC, sd & fwd L DLW in SCP (W bk R trn LF, - cont trn on R heel cl L, sd & fwd R SCP DLW); (Feather Fin) Thru R x thighs, - sd & fwd L, fwt R in Contra Bjo DLW (W TRUSL X thighs, - trn LF sd & bk R, bk L in Contra Bjo);

PART A

REVERSE WAVE: OPEN IMPETUS (SCP LOD); CHAIR, REC, FC (CP DLC);
1-2 (Rev Wave) Contra Bjo DLW fwt L blend CP trn LF, - sd R, bk L DLW; Bk R, - L, R with gradual curve LF fc R LOD (W bk R trn LF, - heel trn on R cl L, fwt R betw M's ft; Fwd L, - R, L curve LF fc LOD) stay in CP all of Rev Wave making 5/8 trn to the left over 6 steps;
3-4 (Open Impetus) Bk L trn RF, - heel trn on L cl R to L rise fc DLW, sd & fwt L DLW in SCP (W fwt R heel to toe pív RF, - sd & bk L DLW, brush R to L sd & fwt R DLC in SCP); (Chair Rec Fc) Thru R DLC check & relax knee fwt poised head look fwt over hands, - rec L, sd R to fc ptr CP;
(CP DLW) CONTRA CHECK, - REC, SCP; THRU QUICK WEAVE 4; CHECK & WEAVE;
5- (Contra Check Rec SCP) Relax R knee fwt L DLW X thighs toe out long step check on flat foot flex knee keep pressure on R toes both L & R ft have toes turned out to left R shoulder lead look at W, - (W relax L knee slide R toe bk straight leg good extension allow M to move you onto ball of ft do not lower heel of R leave R extended with pressure on foot toes of both ft to left & thighs crossed look well to left), - rec R, sd & fwt L DLC SCP;
6- (Q Weave 4) SCP DLC thru R, - fwt L trn LF/sd P DLC, bk L DLW Con Bjo;
7-8 (Check & Weave) Relax L knee check bk R X thighs, - rec fwt L, sd & bk R; Bk L LOD in contra Bjo, bk R LOD start LF trn, sd & fwt L DLW, fwt R in Contra Bjo DLW; REPEAT PART A MEAS 1-8:

PART B

THREE STEP; NATURAL TRN; OPEN IMPETUS; LILT TO WHIPLASH (S&S:S) DBL FALLAWAY (X Side; X Side to Bjo), BK (W Step Swivel SCP), -; THRU, - WEAVE 6 to CONTRA BJO;
1- (Three Step) Contra Bjo DLW fwt L blend to CP, - fwt R, fwt L;
2- (Nat Trn) Fwd R trn RF DLW, - sd L DLW, bk R LOD (W bk L trn RF, - heel trn on L cl R fc LOD, fwt L LOD) remain in CP thruout Nat Trn;
3- (Open Impetus) Bk L LOD trn RF, - heel trn on L cl R to L, sd & fwt L LOD in SCP (W fwt R LOD betw M's ft pív RF, - sd & bk L DLW, cont trn brush R to L sd & fwt R LOD in SCP);
4-6 (1st to Whip Lash, Db1 Fallaway to Outside Swiv) SCP LOD (Lilt) thru R heel to toe rise, - on & et Q fwt L toe heel, (Whiplash) thru R; - Flex R knee sharply fc ptr L (W R) sd LOD both look LOD swing LOD, - (Db1 Fallaway) with small Ronde both fan out & XIB in Fallaway Pos (SCP LOD), sd R fc ptr both keep head looking LOD (Mod SCP); Again XIB with small Ronde action (fan) to Fallaway, sd & bk R (W sd & fwt L to Contra Bjo), (Outside Swivel) M bk L ROD relx knee allow R to X slightly IFL no wgt (W fwt R swivel RF to SCP DLC, -);
7-8 (From Weave) SCP DLC fwt R, - fwt L start LF trn, sd & slightly bk R cp DCR; Bk L LOD in Contra Bjo, bk R LOD CP start LF trn, sd & fwt L DLW, blend to contra Bjo fwt R DLW; REPEAT PART B MEAS 1-8;
TAG: SCP DLC TRUSL THR R, - WEAVE TO CONTRA BJO ROD Fwt R TRN LF, sd L DLW RELAX KNEE IN OVERSWAY; SEQUENCE: INTRO, A,A,B,B,A,A,B,B,TAG.