PEACE OF IONA

Choreographers:
Annette & Frank Woodruff
Rue du Camp, 87
7034 Mons, Belgium

Release Date: August 2011

Music: CD by The Waterboys (album=Universal Hall) or MP3 from Amazon or others

Rhythm & Phase: 5-Count/Two Step II+2 (Fishtail, Strolling Vine)

Time & Speed:
1) Speed + 10 %  
2) Cut at 2:53  
3) Faded out from 2:48 (Original 6:13 @ unchanged speed)

Difficulty level: Average

Tel: 32-65-731940

Footwork:
Opposi except where indicated (W’s footwork in parentheses)

Email: anfrank@skynet.be

Sequence:
Intro – AB – A – BB – AB - Ending

INTRODUCTION

1 - 2  Wait 2 meas ; ;
3  Apart Point ;
4  Together Touch to BFLY ;
5 - 6  Vine 2 Face to Face ; ;
7 - 8  Vine 2 Back to Back ;
9 - 12  Traveling Door 2x to Pick up ; ; ; ;
13 - 14  Side Close to SCAR & Fwd Lock Fwd ; ; ; ;
15 - 16  Side Close to BJO & Fwd Lock Fwd Lock Fwd checking ; ;
17  Fishtail ;
18  Walk & Maneuver ;
19 - 20  2 Turning 2s ; ;
21 - 24  Twirl 2 w/ Side-2-Step & Reverse ; ; ; ;
25 - 28  Rock Thru Recover Side-2-Step 2x ; ; ; ;
29 - 30  Slow Rock Thru Recover Side Close to CP ; ;
31  Forward Hitch ;
32  Scissor Thru ;

OP-FCG WALL wt 2 meas ; ;
Apt L, -, pt R twd ptr, - ;
Take weight on R, -, tch L to BFLY WALL, - ;
Sd L, -, XRib (W XLib), -, ; sd L, cl R relg ld hnds, sd L trng LF 3/8 to almost BK-TO-BK, - ;
Sd R, -, XLib (W XRib), - ; sd R, cl L, sd R trng 3/8 RF to BFLY WALL, - ;
Rk sd L, -, rec R, - ; XLif (W XRif), sd R, XLib (W XRif), - ; rk sd R, -, rec L, - ; XRif (W XLif), sd L, XRif sm step trng ¾ LF (W XLif long step in frt of M & swvl on L) to almost CP LOD, - ;
Sd L trng to SCAR DLW, -, cl R, - ; fwd L, lk Rib, fwd L, - ;
Sd R trng to BJO DLC, -, cl L, - ; fwd R, lk Lib, fwd R ckg, - ;
XLib, sd R, w/ L sd ldg fwd L, lk Rib ;
Fwd L, -, fwd R trng RF to CP DRW, - ;
Sd L stg RF trn, cl R, bk L compg 1/2 RF trn, - ; sd R contg RF trn, cl L, fwd R contg RF trn to CP WALL, - ;
Raising jnd ld hnds sd L, -, XRib (W twirls RF undr jnd hnds sd & fwd R, - ; sd & bk L to mom BFLY), - ; sd L, cl R, sd, - ; raising jnd ld hnds sd R, - ; XLif (W twirls LF under jnd hnds sd & fwd L, - ; sd & bk R to mom BFLY), - ; sd R, cl L, sd R, - ;
Trng to LOP RLOD rk thru L, -, rec R to mom BFLY, - ; sd L, cl R, sd L, - ; trng to OP LOD rk thru R, -, rec L to BFLY, - ; sd R, cl L, sd R, - ;
Trng to LOP RLOD rk thru L, -, rec R to fc, - ; sd L to CP WALL, -, cl R, - ;
Fwd L, cl R, bk L, - ;
Sd R, cl L, XRif (W XLif) to SCP LOD - ;
PART A

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<tr>
<td>1 - 4</td>
<td><strong>Strolling Vine</strong> ; ; ;</td>
<td>Sd L, -, XRib, - ; trng LF sd L, cl R, fwd &amp; sd L to CP COH, - ; sd R, -, XLib, - ; trng RF sd R, cl L, fwd &amp; sd R to CP WALL, - ;</td>
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<tr>
<td>5 - 6</td>
<td><strong>Slow Twisty Vine 4</strong> ;</td>
<td>Stg slight RF upper bdy trn sd &amp; bk L, -, XRib, - ; stg slight LF upper bdy trn sd &amp; fwd L, -, XRif to BJO DLW, - ;</td>
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<tr>
<td>7 - 8</td>
<td><strong>2 Turning 2s</strong> ;</td>
<td>Repeat meas 19-20 Intro, - ;</td>
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<tr>
<td>9 - 12</td>
<td><strong>Traveling Door 2x to SCP</strong> ; ; ;</td>
<td>Repeat meas 9-12 Intro to SCP LOD, ; ; ;</td>
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<tr>
<td>13 - 14</td>
<td><strong>Double Hitch</strong> ;</td>
<td>Fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;</td>
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<td>15</td>
<td><strong>Hitch 4</strong> ;</td>
<td>Fwd L, cl R, bk L, cl R ;</td>
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<td>16</td>
<td><strong>Walk 2 to BFLY</strong> ;</td>
<td>Fwd L, -, fwd R trng to fc ptr ready to take BFLY pos as next meas starts, - ;</td>
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PART B

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<tbody>
<tr>
<td>1 - 2</td>
<td><strong>Vine 2 Face to Face</strong> ; ; ;</td>
<td>Repeat meas 5 – 8 Intro, ; ; ;</td>
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<tr>
<td>3 - 4</td>
<td><strong>Vine 2 Back to Back</strong> ; ;</td>
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<tr>
<td>5 - 6</td>
<td><strong>Basket Ball Turn</strong> ; ;</td>
<td>Fwd L w/ lun action trng ¼ RF, -, rec R trng ¼ RF to SD-BY-SD RLOD, - ; contng to trn in same direction rpt meas 5 Part B to OP LOD ;</td>
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<tr>
<td>7 - 8</td>
<td><strong>Scissors Thru both ways</strong> ; ;</td>
<td>Contg RF trn to fc ptr sd L, cl R, XLif (W XRif) to LOP RLOD, - ; trng to fc ptr sd R, cl L, XRif (W XLif), - ; [1st &amp; 3rd time to CP WALL – 2nd &amp; 4th time to BFLY]</td>
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ENDING

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<tr>
<td>1 - 2</td>
<td><strong>Vine 2 Face to Face</strong> ; ; ;</td>
<td>Repeat meas 1-6 Part B to LOP-FCG WALL ; ; ; ;</td>
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<tr>
<td>3 - 4</td>
<td><strong>Vine 2 Back to Back</strong> ; ;</td>
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<tr>
<td>5 - 6</td>
<td><strong>Basket Ball Turn</strong> ; ;</td>
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<tr>
<td>7</td>
<td><strong>Twirl 2</strong> ;</td>
<td>Raising jnd ld hnds fwd L, -, fwd R trng RF to fc ptr (W twirls RF undr jnd hnds fwd R, -, sd &amp; bk L) to LOP-FCG WALL, - ;</td>
</tr>
<tr>
<td>8</td>
<td><strong>Apart &amp; Acknowledge</strong> ;</td>
<td>Joining trail hnds &amp; releasing ld hnds &amp; trng to fc ptr apart L, -, point R twd ptr, - ;</td>
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The Waterboys are a Scottish band formed in 1983 by Mike Scott. The band has played in a number of different styles, but their music is a mix of Celtic folk music with rock and roll. After ten years of recording and touring, they dissolved in 1993 and Scott pursued a solo career. They reformed in 2000, and continue to release albums and tour worldwide. Their songs, largely written by Scott, often contain literary references and are frequently concerned with spirituality. Both the group and its members’ solo careers have received much praise from both rock and folk music critics, but The Waterboys as a band has never received the commercial success that some of its members have had independently.