Pacto De Amor

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Music: Artist: Paloma San Basilio CD “Solo Lo Mejor: 20 Exitos” Track #16 EMI H2 7243 533965 2 7
Suggested speed: Slower speed from 25MPM (the original CD) to 23MPM
Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]
Rhythm & Phase: Rumba VI Timing: QQS except where noted
Sequence: Intro A B Inter A(9-15) B End

[INTRO]

1-4 WAIT: CUCARACHA CROSS w/ ARM TWICE TO SHADOW:: W SLOW CURL CURL:
1 Wait Pick-up notes & 1 meas in TANDEM/WALL M bhd W L-ft free for both M’s hnds on W’s hips W’s arms folded IF of body;
2-3 {Cucaracha Cross w/ Arm Twice to SHADOW} Sd L swinging L-arm CW, rec R, XLIF placing L-hnd on W’s hip (W IF of body), -; Sd R swinging R-arm CCW, rec L, XRIF flexing knees assuming SHADOW/DLW L-hnds jnd extended sd M’s R-hnd at W’s waist W’s R-hnd extended sd. -;
--S 4 {W Slow Curl Trans} Rise on R raising jnd L-hnds to lead W spiral LF, -, slightly trng RF on R to fc WALL cl L to R cont leading W spiral LF, - (W comm spiraling LF on R, -, cont spiral LF on R to fc LOD, -); (now opposite footwork)

5-8 M BK TO AIDA; SYNC CUBAN RK & FWD TO LOP; STEP RONDE TO OP & LUNGE APT; CHG SD w/ REV UNDERARM TRN M TRANS TO FC;
5 {M BK to Aida} XRIF of L joining lead hnds, bk L twd LOD, bk R, - (W fwd L comm trng LF, sd R cont trng LF, cont trng LF bk L, -) end AIDA Pos/RLOD;
QQ&S 6 {Sync Cuban Rk & Fwd to LOP} Fwd L checking rolling hips LF, rec R rolling hips RF/cl L, fwd R, - end LOP/RLOD;
S&S 7 {Step Ronde to OP & Lunge Apt} Fwd L comm swiveling LF (W swivel RF) rode R CCW (W CW), cont swiveling LF on L to fc LOD/cl R chg to join trailing hnds, lunge apt L twd COH (W twd WALL), - end OP/RLOD;
QQ-- 8 {Chg Sd w/ Rev Undera Trn M Trans to Fc} Rec R trng RF to fc ptr joining lead hnds above W’s head releasing trailing hnds, fwd L twd WALL leading W trn LF, slightly trng RF to fc ptr R sd & bk joining R-hnds, - (W rec trng LF ptr chg to join lead hnds, fwd R spiraling LF under jnd lead hnds to fc ptr, sd L, -) end R-HND STAR Pos/DRC; (now same footwork)

9-11 SLOW CROSS SWIVEL TWICE; W CURL & DEVELOPE; W ROLL OUT M TRANS TO FC;
SS 9 {Slow Cross Swivel Twice} Fwd R slightly across body swiveling RF & join L-hnds to L-HND STAR Pos/DLC, -*pt L sd & bk, fwd L slightly across body swiveling LF & join R-hnds, -*pt R sd & bk end R-HND STAR Pos/DRC;
S-- 10 {W Curl & Develope} Sd & bk R raising jnd R-hnds to lead W spiral LF, -, hold joining L-hnds, - (W fwd R spiraling LF 1/2 under jnd R-hnds to fc DRC, -, joining L-hnds develope L fwd, -) end VARS/DRC;
SS 11 {W Roll Out M Trans to Fc} Cl L leading W twd WALL, releasing R-hnds swivel LF on L to fc WALL, sd R joining lead hnds, - (W fwd L crossing IF of M comm trng LF, cont trng LF sd R twd WALL, cont trng LF to fc COH sd L joining lead hnds, -) end LOP Fcg Pos/WALL; (now opposite footwork)

PART A

1-4 OPEN HIP TWIST; OVERTRN FAN TO TANDEM; W SWIVEL TO FC & SPIRAL;
NAT TOP 3 W SPIRAL;
1 {Open Hip Twist} LOP Fcg Pos/WALL fwd L, rec R, cl L bracing jnd lead hnds at waist level to lead W swivel RF, - (W bk R, rec L, fwd R swiveling RF 1/4 to fc LOD, -) end L-shaped Pos M fcg WALL (W fcg LOD)
2 {Overtrn Fan to Tandum} Bk R leading W fwd, rec L trng LF 1/4, sd & fwd R, - (W fwd L, fwd R spiraling LF to fc LOD, fwd L, -) end TANDEM/LOD M bhd W lead hnds jnd;
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PART A (cont’ed)

3  {W Swivel to Fc & Spiral} Fwd L leading W swivel RF, rec R, bk L trng RF 1/4 raising jnd lead hnds to lead W spiral LF, - (W fwd R swiveling RF 1/2 to fc RLOD, fwd L, fwd R spiraling LF 3/4 to fc COH, -) end CP/WALL;

4  {Nat Top 3 W Spiral} XRIB comm trng RF, cont trng RF sd L, cont trng RF to fc COH cl R raising jnd lead hnds to lead W spiral RF, - (W sd & fwd L comm trng RF, cont trng RF XRIF, sd & fwd L spiraling RF under jnd lead hnds to fc WALL, -) end SD-by-SD Pos/COH (W fcd WALL) R-hips adjacent jnd lead hnds above W’s head;

5-8  ROPE SPIN M SWIVEL TO FC; FENCE LINE W CURL TO HAMMERLOCK; BK WALK W SPIRAL;

REV UNDERARM TRN TO FC;

5  {Rope Spin M Swivel to Fc} Sd L leading W fwd, rec R, sd L swiveling LF 1/2 to fc WALL joining trailing hnds, - (W walk fwd R, L, R circling around M to fc COH, -) end BFLY/WALL;

6  {Fence Line W Curl to Hammelock} Thru R flexing knee, -, rise on R leading W spiral RF under jnd lead hnds keep jnd trailing hnds low, - (W thru L flexing knee, -, rising on L spiral RF 3/4 to fc RLOD under jnd lead hnds, -) end HAMMERLOCK Pos/LOD (W fcd RLOD) jnd lead hnds above head trailing hnds at W’s R-hip;

7  {Bk Walk W Spiral} Bk L, bk R, bk L leading W spiral LF under jnd lead hnds, - (W fwd R, fwd L, fwd R spiraling LF one full trn to fc RLOD, -) end Modif BJO/LOD jnd lead hnds high jnd trailing hnds low;

8  {Rev Underarm Trn to Fc} Bk R, bk L leading W trn LF, trng RF 1/4 to fc WALL sd R, - (W fwd L, fwd R spiraling LF 3/4 under jnd lead hnds to fc COH, sd L, -) end LOP FCG Pos/WALL;

9-12  CURL; RF TRNG CIRCULAR HIP TWISTS;;

9  {Curl} Fwd L, rec R, cl L raising jnd lead hnds to lead W spiral LF, - (W bk R, rec L, fwd R spiraling LF 1/2 under jnd lead hnds to fc WALL, -) end Modif WRAPPED Pos/WALL W slight to M’s R jnd lead hnds IF of W’s body M’s R-hnd on W’s R-shoulder blade W’s L-hnd folded IF of body;

10-12  {RF Trng Circlar Hip Twists} Sd & bk R leading W fwd, rec L, fwd R assuming CP trng RF 1/4 to fc RLOD leading W trn RF, - (W fwd L trng LF 1/2 to fc COH, fwd R, fwd L trng RF 1/4 to fc LOD, -) assuming BJO/ROLD; Fwd L comm circular walks around W, fwd R, fwd L, - (W swiveling RF on L bk R, swiveling LF on R cl L, fwd R, -) Cont circling around W fwd R, fwd L, cl R, (W swiveling RF on R cl L, swiveling LF on fcd WALL, swiveling RF on R cl L, -) end CP/COH;

13-15  CUDDLE TWICE TO RUDOLPH RONDE;; SYNC REV UNDERARM TRN TO FC;

13-14  {Cuddle Twice to Rudolph Ronde} Releasing lead hnds sd L, rec R, cl L holding W w/ trailing hnd, - (W swiveling RF on L bk R, rec L, swiveling LF on L to fc ptr sd R, -) end momentary CUDDLE Pos/COH; Releasing trailing hnds sd R, rec L, assuming CP sd R small step btwn W’s ft swiveling RF to lead W ronde, - (W swiveling LF on R bk L, rec R, swiveling RF on R sd L around M ronde R CW, -);

QQ&S 15  {Sync Rev Underarm Trn to Fc} Cont swiveling RF on R bk L momentary in SCP/LOD, trng RF To fc WALL sd R leading W trn LF under jnd lead hnds/cl L, sd R, - (W cont swiveling RF on L bk R momentary in SCP/LOD, comm trng LF on R under jnd lead hnds sd L/cont trng LF under jnd lead hnds cl R to fc M, sd L, -) end LOP Fcg Pos/WALL;

PART B

1-4  NEW YORKER; SPOT TRN; W SWITCH TO ADV SLIDING DOOR;;

1  {New Yorker} LOP FCG Pos/WALL trng RF to fc RLOD fwd L, rec R, trng LF to fc WALL sd L, - end LOP FCG Pos/WALL;

2  {Spot Trn} XRIF comm trng RF, cont trng RF fwd L twd RLOD, cont trng LF on L sd R, - end OP Fcg Pos/WALL no hnd jnd W’s R-hnd on M’s chest;

QQS 3-4  {W Switch to Adv Sliding Door} Leading W swivel RF w/ chest fwd L extending L-hnd fwd swinging R-hnd fwd & above head, rec R, XLIB folding both hnds IF of body, - (W swiveling RF 1/2 on L bk R extending L-hnd fwd swinging R-hnd fwd & above head, rec L, XRIF folding both hnds IF of body, -) end momentary TANDEM/WALL; Flex L-knee extending R sd & bk without wgt w/ slight sway to R extending L-hnd sd R-hnd fwd, rise on L, fwd R across body, - (W sd L flexing knee w/ slight sway to R extending L-hnd sd R-hnd fwd, rec R, bk L, -) end SHDOW/WALL no hnd jnd;
PART B (cont’ed)

5-8  M CIRCLE AROUND W w/ RONDE (W ADV SLIDING DOOR) TO SHADOW;;

ADV OPENING OUT W SPIRAL TO FCG FAN;;

5-6  {M Circle Around W w/ Ronde (W Adv Sliding Door) to Shadow} Comm circling around W CW fwd L, fwd R, slightly trng RF sd L to fc COH ronde R CW, - (W bk R extending L-hnd fwd swinging R-hnd fwd & above head, rec L, XRIF folding both hnds IF of body, -); Cont circling around W XRIB, sd L, fwd R joining L-hnds, - (W sd L flexing knee w/ slight sway to R extending L-hnd sd R-hnd fwd, rec R, bk L, -) end SHADOW WALL jnde L-hnds extended sd M’s R-hnd at W’s shoulder blade;

7-8  {Adv Opening Out W Spiral to Fcg Fan} Fwd L, rec R, XLIB leading W spiral LF & release L-hnds, - (W bk R, rec L, fwd R across body & spiral LF one full trn to fc WALL, -) end momentary in TANDEM WALL; Sd & bk R, rec L trng LF to fc LOD, sd & fwd R joining lead hnds, - (W cont trng LF fwd L twd LOD, fwd R spiraling LF to fc RLOD, bk L, -) end LOP FCG Pos/LOD;

9-16  SWITCH BK; BK WALK 3; THREE ALEMANAS TO FW WALL W RONDE;;

W SYNC CIRCLE VINE (M RKS) TO TANDEM-LUNGE w/ M’S HEAD LOOP;

EXTEND ARMS w/ LEG CRAWL; W SYNC ROLL OUT;

QQ&S 9  {Switch Bk} Fwd L leading W swivel LF, rec R/cl L, bk R, - (W bk R strongly swiveling LF to fc LOD, bk L/swiveling RF to fc ptr on L cl R, fwd L, ) end LOP FCG Pos/LOD;

10  {Bk Walk 3} Bk L, bk R, bk L, -;

11-13  {Three Alemanas to FW Wall W Ronde} Raising jnd lead hnds slightly trng RF bk R, rec L, cl R leading W swivel RF, - (W fwd L across body comm trng RF under jnd lead hnds, cont trng RF fwd R, cont trng RF fwd L & swivel LF to fc DLC, -); Sd L lead W trn LF under jnd lead hnds, rec R, cl L, - (W fwd R trng strongly LF 1/2, fwd L cont trng LF, sd R, -); Slightly trng RF bk R, rec L, fwd R trng RF to fc WALL joining trailing hnds, - (W fwd L across body comm trng RF under jnd lead hnds, cont trng RF fwd R, cont trng RF fwd L, ronde R CW) end BFLY/WALL;

QQS 14  {W Sync Circle Vine (M Rks) to Tandum-Lunge w/ M’s Head Loop} Rk sd L leading W circle around M, rec R raising jnd trailing hnds over head, sd L flexing knee placing jnd trailing hnds on M’s L-shoulder, -(W circling around M CW XRIB/sd L, XRIF, trng slight RF sd L flexing knee, -) end Modif M’s WRAPPED Pos/WALL jnd lead hands at M’s R-hip jnd trailing hnds on M’s L-shoulder;

---- 15  {Extend Arms w/ Leg Crawl} Releasing hnds slowly extend both hnds to sd looking R, - , - , - (W keeping L-hnd on M’s L-shoulder slowly extend R-hnd to sd crawling R-knee along M’s R-leg looking R, - , - , -) end TANDEM-LUNGE LINE/WALL no hnd jnd;

QQS 16  {W Sync Roll Out} Grabbing W’s R-wrist w/ R-hnd to lead W fwd bk R & slightly XIB, rec L, sd & fwd R joining R-hnds, - (W fwd & R twd WALL, fwd L comm trng LF/cont trng LF to fc COH cl R, sd & bk L, -) end R-Hndshake Pos/WALL;

INTERLUDE

1-5  CIRCULAR 3 SPIRALS;; TCH W SWIVEL & CARESS; W ROLL OUT TRANS TO FC;

1-3  {Circular 3 Spirals} R-Hndshake/WALL fwd L, rec R, comm circling CW sd L raising jnd R-hnds to lead W spiral LF, - (W bk R, rec L, fwd R spiraling LF under jnd R-hnds, -); Fwd R, fwd L, fwd R leading W spiral RF, - (W fwd L, fwd R, fwd L spiraling RF, -); Fwd L, fwd R, fwd L completing circular walks to fc WALL leading W spiral LF, - (W fwd R, fwd R, fwd L spiraling LF to fc COH, -) end R-HND STAR M fqc WALL (W fqc COH);

---- 4  {Tch W Swivel & Caress} Tch R lowering jnd R-hnds to lead W swivel LF, - , hold looking at W, - (W fwd L small step swiveling LF 1/2 to fc WALL, - tch R caressing M’s cheek w/ L-hnd, -) end Modif SD-by-SD Pos/WALL jnd R-hnds at W’s R-hip;

QQS 5  {W Roll Out Trans to Fc} Bk R grabbing W’s L-wrist w/ L-hnd, rec L lead W trn LF, sd & fwd R (W bk R, rec L comm trng LF/cont trng LF on L cl R, sd & bk L, -) end LOP FCG Pos/WALL;

ENDING

1-4  CIRCULAR 3 SPIRALS;; TCH W SWIVEL & CARESS;

1-3  {Circular 3 Spirals} Repeat Meas 1-3 of INTERLUDE;;

4  {Tch W Swivel & Caress} Repeat Meas 4 of INTERLUDE end Modif SD-by-SD/WALL jnd R-hnds at W’s R-hip & hold as music fades out;