INTRODUCTION

1  
1  
[In VARS pos – both L ft free – fc LOD] Wait;

PART A

1 – 4  HIP ROLL 4; PARALLEL CHASE;;; W to FAN [M in 4];
1-4 Hip roll L, R, L, R; Sd L trng RF, rec fwd R trng RF, fwd L/cl R, fwd L; Sd R trng LF, rec fwd L trng LF, fwd R/cl L, fwd R; Ck fwd L & start lead W to fan, rec R trng slightly LF to DLW, IP L, R (W fwd L, trng LF step sd & bk R trng L, bk L/lock RIF, bk L leave R ext fwd with no wt) end in fan pos;

5 – 8  CURL; W to FAN; ALEMANA;;
5-8 Fwd L, rec R, bk L nearly cl to R/cl R raise L hnd, cl L lead W to trn [swivel] LF under raised L hnd (W bk R, rec L, fwd R/cl L, fwd R swivel LF IFO M & fc same direction); Rec R, slightly fwd L lead W to fan, IP R/L, R (W fwd L, trng LF step sd & bk R trng L, bk L/lock RIF, bk L leave R ext fwd with no wt) end in fan pos; Fwd L, rec R, sd L/cl R, sd L lead SW to trn RF (W cl R fwd L, fwd R/fwd L, fwd R commence RF swivel to fc ptrnr); Bk R, rec L, sd R/cl L, sd R (W continue RF trn under jnd lead hnds fwd L, continue RF trn fwd R, sd L/cl R, sd L);

9 – 12  SPOT TRN to VARS [M in 4]; HIP ROLL 4; PARALLEL CHASE;;;
9-12 XR IFO L trng ½ RF, rec fwd & sd R to fc LOD, IP L, R (W XL IFO R trng ½ LF, rec fwd & sd L to fc LOD, IP R/L, R) end vars pos fc LOD with both L ft free; Repeat Part A meas 1 – 3;;;

13 – 18  W to FAN [M in 4]; CURL; W to FAN; ALEMANA;; NY’R in 4;
13-18 Repeat Part A meas 4 – 8;;;;; Step thru L to RLOD with straight leg trng to sd by sd pos, rec R to fc ptrnr, sd L, cl R;

PART B

1 – 4  FENCE LINE to FAN;; STOP & GO HOCKEY STK w/X LUNGE;;
1-4 X lunge thru L to RLOD w/bent knee look to RLOD, rec R trng to fc ptrnr, step sd L/cl R, sd L & prepare to send W to aida pos; Bk R, rec L, sd R/cl L, sd R (W fwd L, trng LF step sd & bk R make ¼ trn to L, bk L/lock RIF, bk L leave R extended fwd with no wt); Ck fwd L, rec R raise L arm to lead W to a L fc u/arm trn, IP L/R, L (W cl R, fwd L, fwd R/L, R trng ½ LF under jnd hnds to end at M’s R sd); Ck fwd R with lunge to sd trn upper body RF to look at ptrnr, recover L raising L arm to lead W to RF u/arm trn, IP R/L, R (W rk bk L with lunge, rec R, fwd L/R, L trng ½ RF under jnd hnds to end fc M in fan pos);
5 – 8 HOCKEY STK;; FULL ALEMANA;;
5-8 Fwd L, rec R, IP L/R, L (W cl R, fwd L, fwd R/L, R); Bk R, rec L, fwd R/cl L, fwd R (W fwd L, fwd R trng L to fc ptnr, bk L/cl R, bk L) end LOP fc DRW; Fwd L, rec R, sd L/cl R, sd L lead W to trn RF (W bk R, rec L, sd R/cl L, sd R commence RF swivel); Bk R, rec L, sd R/cl L, sd R (W continue RF trn under jnd lead hnds fwd L, continue RF trn fwd R, sd L/cl R, sd L);

9 – 12 NY’R to OP LOD; DOUB CUBANS APT; RK FWD to RONDE CHASSE; RK BK to HIP TWIST CHASSE;
9-12 Step thru L w/straight leg trng to sd by sd pos fc RLOD, rec R to fc ptnr, sd L/cl R, sd & fwd L trng to OP fc LOD w/trlng hnds jnc; XR IFO L/rec L, sd R/rec L, XR IFO L/rec L, sd R; XL IFO R/rec R, sd L/rec R, XL IFO R/rec L, sd R; Fwd L, rec R, ronde L sd & bk XL IBO R/small sd R, sd L; Bk R, rec L, XRIFO L trng hips LF/cl L to R trng hips RF, sd R still OP both fc LOD;

13 – 16 SLIDING DOOR [2]; VINE APT 2 & CHA to SD; X CK, REC & CHA to FC [BFLY];
13-16 Rk apt L, rec R release hnds, XL IFO R chg sds still fc LOD as W X’s IFO M/sd R, XL IFO R & join lead hnds; Rk apt R, rec L release hnds, XR IFO L chg sds still fc LOD as W X’s IFO M/sd L, XR IFO L & join trlng hnds; Release ptrn sd L, XR IBO L, sd L/cl R, sd L; [Like a NY action] Sd & fwd R trng ¼ RF, rec L trng ¼ RF, sd R/cl L, sd & fwd R trng ¼ RF to end BFLY fc ptnr & WALL;

PART C
1 – 4 KICK to the 4 & CHA to LOD; NY’R to TRIPLE CHA’S to RLOD;;
SPOT TRN;
1-4 Swivel RF on R ft kick thru L to RLOD, swivel LF on R ft & XL leg IFO R to form “4”, twd LOD fwd L/cl R, fwd L; Step thru R twd LOD with straight leg to sd by sd pos, rec L to fc ptnr, sd R/cl L, sd & fwd R to fc RLOD with inside hnds jnd; Fwd L/lock R IBO L, fwd L, fwd R/lock L IBO R, fwd R; Release hnds XL IFO R trng RF ½, recover R continue to trn RF to fc ptnr, sd L/cl L, sd L & blend to BFLY;

5 – 8 KICK to the 4 & CHA to RLOD; NY’R to TRIPLE CHA’S to LOD;;
SPOT TRN;
5-8 Swivel LF on L ft kick thru R to LOD, swivel RF on L ft & XR leg IFO L to form “4”, twd RLOD fwd R/cl L, fwd R; Step thru L twd RLOD with straight leg to sd by sd pos, rec R to fc ptnr, sd L/cl R, sd & fwd L to fc LOD with inside hnds jnd; Fwd R/lock L IBO R, fwd R, fwd L/lock R IBO L, fwd L; Release hnds XR IFO L trng LF ½, recover L continue to trn LF to fc ptnr, sd R/cl L, sd R & blend to BFLY;

9 – 12 KICK to the 4 & CHA to LOD; NY’R to TRIPLE CHA’S to LOD;;
SPOT TRN;
9-12 Repeat Part C meas 1-4;;;

13 – 16 KICK to the 4 & CHA to RLOD; NY’R to TRIPLE CHA’S to LOD;;
SPOT TRN to VARS (W in 4);
13-16 Repeat Part C meas 5-7;; Release hnds XR IFO L trng LF ½, rec L continue to trn LF to fc ptnr, sd R/cl L, sd & bk R trng to VARS pos (W XL IFO R trns RF ½, rec R continue to trn RF to fc ptnr, sd L, sd & bk R) end VARS pos both LF free;
PART A [MEAS 10-18]
1 – 9 HIP ROLL 4; PARALLEL CHASE;; W to FAN [M in 4]; CURL; W to FAN; ALEMANA;; NY’R in 4;
1-9 Repeat Part A meas 10-18;;;;;;;;;

PART B
1 – 16 FENCE LINE to FAN;; STOP & GO HOCKEY STK w/X LUNGE;; HOCKEY STK;; FULL ALEMANA;; NY’R to OP LOD; DOUB CUBANS APT; RK FWD to RONDE CHASSE; RK BK to HIP TWIST CHASSE; SLIDING DOOR [2]; VINE APT 2 & CHA to SD; X CK, REC & CHA to FC [BFLY];
1-16 Repeat Part B;;;;;;;;;;;;;;;

PART C [MEAS 1-8]
1 – 8 KICK to the 4 & CHA to LOD; NY’R to TRIPLE CHA’S to RLOD;; SPOT TRN; KICK to the 4 & CHA to RLOD; NY’R to TRIPLE CHA’S to LOD;; SPOT TRN;
1-8 Repeat Part C meas 1-8;;;;;;;;;

ENDING
1 - 2 ½ BASIC to WRAP; RK 2 & CHA;
1-2 Fwd L, rec R lead W to wrap pos, IP L/R, L; Rk R, L, IP R/L, R;