

ONLY TIME IV

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Music: "Only Time", Paola Fabris, *Rimini Open Vol. 3* CD, Release: March 2017
Sequence: Intro, A, B, C, B, A, Break, C, D, End Time: 2:35 Waltz timing except as noted
Rhythm & Phase: Waltz Ph 4+2 (Running Op Nat, Lilt Pivot)



INTRO

- 1-4 WAIT INTRO MUSIC IN SHAD SKATERS POS FCG DLC RT FT FREE FOR BOTH;-; SD, CRS
CHK, HOLD; M BX FNSH-LADY SYNC TURN TO CP LOD;**
1-2 In Shad Skaters fcg DLC both with rt feet free wait 2;;
3 12-; Sd R twd DLW, XLIF with soft knee, -;
4 (12&3) Rec bk R, sd L twd COH, cls R (*W rec bk R, trng LF L/R to fce ptrn, cls L*) CP LOD;

PART A

- 1-4 FWD WALTZ; MAN; CLSD IMP; BK CHASSE BJO DRC;**
1 [*Fwd Waltz*] CP LOD Fwd L, sd fwd R, cls L;
2 [*Maneuver*] Fwd R btwn W's feet trng RF, sd L twd Wall, cls R;
3 [*Clsd Imp*] Bk L trng RF, fwd R heel toe btwn W's feet CP, bk L;
4 12&3 [*Bk Chasse BJO*] Bk R trng LF, sd L twd DRC/cls R, sd L to BJO DRC;
5-8 CHK-DEVELOPE; SLOW OUTSIDE SWVL; LILT PVT WALL & RT LUNGE; HOLD REC SLIP;
5 1-- [*Chk Develope*] Chk fwd R, -, - (*W chk bk L, raise and extend R leg from knee, -*);
6 1-- [*Outside Swvl*] Rec Bk L shape upper body right, lead W slow swvl RF to fce DRC (*W fwd R slow swvl RF, -, -*);
7 [*PU Lilt Pivot Rt Lunge*] Rec fwd R with rise lead W to CP trng LF, fwd L swvl LF to fce Wall, fcg wall fwd sd R
btwn W's feet with right side lead head to right, (*W fwd R swvl R, PU in frnt of M on L, sd bk R head in CP*)
8 -23 [*Hold Rec Slip*] hold Right Lunge, rec L trng LF to CP, slip RIB to CP DLW;
9 CHG DIR LOD;
9 12- [*Chg of Dir*] CP DLW fwd L, fwd R trng LF to fce LOD, draw L to R;

PART B

- 1-4 VIENESSE TURNS 4X;-;-;-;**
1-2 [*Viennese Turns*] CP fwd L trng LF, cont trn sd R twd COH fce RLOD, XLIF (*W cls R*); bk R cont trng LF,
bk L twd LOD cont trng LF, cls R to fce CP LOD (*W XLIF*);
3-4 [*Viennese Turns*] CP fwd L trng LF, cont trn sd R twd COH fce RLOD, XLIF (*W cls R*); bk R cont trng LF,
bk L twd LOD cont trng LF, cls R to fce CP LOD (*W XLIF*);
5-8 OP TELEMAR SCP DLW; IN & OUT RUNS SCP DLC;-; SLOW SD LK CP DLC;
5 [*Op Telemrk*] CP fwd L trng strongly LF, sd R twd COH, fwd L twd DLW to SCP;
6-7 [*In & Out Runs*] Fwd R twd DLW, sd L twd Wall, bk R to BJO DRC (*W fwd L, fwd R, fwd L*); bk L trng RF fwd R
btwn W's feet, fwd L to SCP DLC (*W fwd R, fwd sd L PU, fwd R to SCP*);
8 [*Slow Sd Lk*] Fwd R, sd fwd L PU W slight upper body LF rotation, XRIB (*W fwd L, PU R, XLIF*);

BREAK

- 1-2 DRAG HEST BJO DRC; HEST CHG CP DLC;**
1 12- [*Drag Hest*] Fwd L trng LF, sd R twd DLC cont trng to BJO DRC, draw L to R;
2 12- [*Hest Chg*] Bk L trng RF, sd fwd R twd DLW, draw L to R to fce DLC;

PART C

- 1-4 REV FALLAWY; SLIP CHASSE SCP DLW; RUNNING OPN NAT; BK CHASSE BJO DLW;**
1 [*Rev Fallaway*] Fwd L trng LF, sd R twd LOD, XLIF to SCP fcg RLOD;
2 12&3 [*Slip and Chasse BJO*] Trng LF slip RIB, sd L twd DLW/cls R, sd L to SCP DLW (*W slip LIF trng LF, sd R/cls L, sd R to BJO DLW*);
3 12&3 [*Runng Open Nat*] Fwd R outside ptrn twd DLW, sd L twd Wall/bk R with right side lead to BJO DRC, bk L;
4 12&3 [*Bk Chasse BJO*] Bk R trng LF, sd fwd L twd DLW/cls R, fwd L to BJO DLW;
5-8 MAN; OP IMP SCP DLC; WHIPLASH BJO DLC; OUTSIDE SWVL;
5 [*Maneuver*] Fwd R btwn W's feet trng RF, sd L twd Wall, cls R;
6 [*Op Imp*] Bk L trng RF, cls R to L heel Turn (*W toe turn*), cont turn fwd L to SCP DLC;
7 1-- [*Whiplash*] Fwd R trng body sharply RF, pt L twd DLW to BJO, extend line (*W fwd L swvl sharply LF, pt R twd LOD blind BJO, extend line*);
8 1-- [*Outside Swvl*] Rec Bk L shape upper body to right, lead W to swvl RF, - (*W fwd R swvl RF, -, -*);

- 9 SLOW SD LK CP DLC;**
 9 [Slow Sd Lk] Fwd R, sd fwd L PU W slight upper body LF rotation, XRIB (*W fwd L, PU R, XLIF*) CP DLC;

PART D

1-4 OPEN REV BJO DRC; OUTSIDE CHK BJO DRW; OP IMP SCP DLC; start PROM WEAVE;

- 1 [Open Rev] Fwd L trng LF, sd R twd DLC, bk L to BJO DRC;
 2 [Outside Chk] Bk R twd DLW, sd L twd DRW, fwd R outside ptnr checking;
 3 [Op Imp] Bk L trng RF, cls R to L heel Turn (*W toe turn*), cont turn fwd L to SCP DLC;
 4 [start Prom Weave] Fwd R, fwd L lead W to CP trng LF, cont trng LF bk R to BJO DRC;

5-8 SYNC WEAVE ENDING BJO DLW; WHISK; CROSS HEST; HEST CHANGE;

- 5 12&3 [Sync Weave End] Bk L, bk R trng LF/sd fwd L twd DLW, fwd R outside ptnr to BJO DLW;
 6 [Whisk] Fwd L blnd CP DLW, sd fwd R, XLIB trng W to SCP DLC;
 7 1--(123) [Crs Hest Thru R trng LF, draw L to R cont trng LF to BJO DRC head in CP, - (*W walking around M to BJO fwd L, fwd R trng LF to BJO, cls L*);
 8 12- [Hest Chg] Bk L trng RF, sd fwd R twd DLW, draw L to R to fce DLC;

END

1-4 OPEN TELEMARK SCP DLW; CHASSE SCP; THRU FCE BHD DLW; ROLL 3 SCP;

- 1 [Op Telemrk] CP fwd L trng strongly LF, sd R twd COH, fwd L twd DLW to SCP;
 2 12&3 [SCP Chasse] Thru R, sd L/cls R, sd L;
 3 [Thru Fce Bhd] Thru R, trng to fce ptnr sd L twd LOD, XRIB;
 4 [Roll 3] Trng LF fwd L twd LOD, cont trng sd R, sd fwd L to SCP;

5-7 SYNC VINE SCP; THRU PROM SWAY; OVERSWAY ;

- 5 12&3 [Sync Vine] Thru R, sd L twd LOD/cls R, sd L to SCP;
 6 12- [Thru Prom Sway] Thru R twd LOD, sd L with upper body rise both looking twd LOD, with poise twd LOD soften L knee with slight lowering no rotation;
 7 --- [Oversway] In Prom Pos LOD slow rotate upper body LF soft left knee to CP man looking at ptnr and keep trail foot pointed twd DRW, -, -;