ONLY TIME IV

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Sequence: Intro, A, B, C, B, A, Break, C, D, End Time: 2:35 Waltz timing except as noted
Rhythm & Phase: Waltz Ph 4+2 (Running Op Nat, Lilt Pivot)

INTRO

1-4 WAIT INTRO MUSIC IN SHAD SKATERS POS FCG DLC RT FT FREE FOR BOTH--; SD, CRS
CHK, HOLD; M BX FNSH-LADY SYNC TURN TO CP LOD;
1-2 In Shad Skaters fcg DLC both with rt feet free wait 2;;
3 12-; Sd R twd DLC, XLIF with soft knee, -;
4 (12&3) Rec bk R, sd L twd COH, cls R (W rec bk R, trng LF L/R to fce ptrn, cls L) CP LOD;

PART A

1-4 FWD WALTZ; MAN; CLSD IMP; BK CHASSE BJO DRC;
1 [Fwd Waltz] CP LOD Fwd L, sd fwd R, cls L;
2 [Maneuver] Fwd R btwn W's feet trng RF, sd L twd Wall, cls R;
3 [Clsd Imp] Bk L trng RF, fwd R heel toe btwn W's feet CP, bk L;
4 12&3 (Bk Chasse BJO) Bk R trng LF, sd L twd DLC/cls R, sd L to BJO DRC;

5-8 CHK-DEVELOPE; SLOW OUTSIDE SWVL; LILT PVT WALL & RT LUNGE; HOLD REC SLIP;
5 1-- [Chk Develop] Chk fwr R, -, - (W chk bk L, raise and extend R leg from knee, -);
6 1-- [Outside Swvl] Rec Bk L shape upper body right, lead W slow swvl RF to fce DRC (W fwr R slow swvl RF, -, -);
7 [PU Lilt Pivt Rt Lunge] Rec fwr R with rise lead W to CP trng LF, fwr L swvl LF to fce Wall, fgc wall fwr sd R btwn W's feet with right side lead head to right, (W fwr R swvl R, PU in fnt of M on L, sd bk R head in CP)
8 -23 [Hold Rec Slp] hold Right Lunge, rec L trng LF to CP, slip RIB to CP DLC;

9 CHG DIR LOD;
10 12- [Chg of Dir] CP DLC fwr L, fwr R trng LF to fce LOD, draw L to R;

PART B

1-4 VIENNtES tURNS 4X--;---;
1-2 [Viennese Turns] CP fwr L trng LF, cont trn sd R twd COH fce RLOD, XLIF (W cls R); bk R cont trng LF, bk L twd LOD cont trng LF, cls R to fce CP LOD (W XLIF);
3-4 [Viennese Turns] CP fwr L trng LF, cont trn sd R twd COH fce RLOD, XLIF (W cls R); bk R cont trng LF, bk L twd LOD cont trng LF, cls R to fce CP LOD (W XLIF);

5-8 OP TELEMARK SCP DLC; IN & OUT RUNS SCP DLC;-- SLOW SD LK CP DLC;
5 [Op Telemrk] CP fwr L trng strongly LF, sd R twd COH, fwr L twd DLC to SCP;
6-7 [In & Out Runs] Fwd R twd DLC, sd L twd Wall, bk R to BJO DRC (W fwr L, fwr R, fwr L); bk L trng RF fwr R btwn W's feet, fwr L to SCP DLC (W fwr R, fwr sd L PU, fwr R to SCP);
8 [SLOW SD LK] Fwr R, sd fwr L PU W slight upper body LF rotation, XRB (W fwr L, PU R, XLIF);

BREAK

1-2 DRAG HEST BJO DRC; HEST CHG CP DLC;
1 12- [Drag Hest] Fwr L trng LF, sd R twd DLC cont trng to BJO DRC, draw L to R;
2 12- [Hest Chg] Bk L trng RF, sd fwr R twd DLC, draw L to R to fce DLC;

PART C

1-4 REV FALLAWY; SLIP CHASSE SCP DLC; RUNNING OPN NAT; BK CHASSE BJO DLC;
1 [Rev Fallaway] Fwr L trng LF, sd R twd LOD, XLIF to SCP fgc RLOD;
2 12&3 [Slip and Chasse BJO] Trng LF slip RIB, sd L twd DLC/cls R, sd L to SCP DLC (W slip LIF trng LF, sd R/cls L, sd R to BJO DLC);
3 12&3 [Runng Opn Nat] Fwr R outside ptrn twd DLC, sd L twd Wall/bk R with right side lead to BJO DRC, bk L;
4 12&3 [Bk Chasse BJO] Bk R trng LF, sd fwr L twd DLC/cls R, fwr L to BJO DLC;

5-8 MAN; OP IMP SCP DLC; WHIPLASH BJO DLC; OUTSIDE SWVL;
5 [Maneuver] Fwr R btwn W's feet trng RF, sd L twd Wall, cls R;
6 [Op Imp] Bk L trng RF, cls R to L heel Turn (W toe turn), cont turn fwr L to SCP DLC;
7 1-- [Whiplash] Fwr R trng body sharply RF, pt L twd DLC to BJO, extend line (W fwr swvl sharply LF, pt R twd LOD bnd BJO, extend line);
8 1-- [Outside Swvl] Rec Bk L shape upper body to right, lead W to swvl RF, - (W fwr R swvl RF, -, -);

Only Time Ph 4+2 Waltz Page 1
PART D

1-4 OPEN REV BJO DRC; OUTSIDE CHK BJO DRW; OP IMP SCP DLC; start PROM WEAVE;

1  [Open Rev] Fwd L trng LF, sd R twd DLC, bk L to BJO DRC;
2  [Outside Chk] Bk R twd DLW, sd L twd DRW, fwd R outside ptnr checking;
3  [Op Imp] Bk L trng RF, cls R to L heel Turn (W toe turn), cont turn fwd L to SCP DLC;
4  [start Prom Weave] Fwd R, fwd L lead W to CP trng LF, cont trng LF bk R to BJO DRC;

5-8 SYNC WEAVE ENDING BJO DLW; WHISK; CROSS HEST; HEST CHANGE;

5  12&3  [Sync Weave End] Bk L, bk R trng LF/sd fwd L twd DLW, fwd R outside ptnr to BJO DLW;
6  1--(123) [Whisk] Fwd L blnd CP DLW, sd fwd R, XLIB trng W to SCP DLC;
7  12-  [Crs Hest] Thru R trng LF, draw L to R cont trng LF to BJO DRC head in CP, -(W walking around M to BJO fwsd L, fwsd R trng LF to BJO, cls L);
8  [Hest Chg] Bk L trng RF, sd fwsd R twd DLW, draw L to R to fce DLC;

END

1-4 OPEN TELEMARK SCP DLW; CHASSE SCP; THRU FCE BHD DLW; ROLL 3 SCP;

1  [Op Telemrk] CP fwsd L trng strongly LF, sd R twd COH, fwsd L twd DLW to SCP;
2  12&3 [SCP Chasse] Thru R, sd L/cwsd R, sd L;
3  [Thru Fce Bhd] Thru R, trng to fce ptnr sd L twd LOD, XLIB;
4  [Roll 3] Trng LF fwsd L twd LOD, cont trng sd R, sd fwsd L to SCP;

5-7 SYNC VINE SCP: THRU PROM SWAY: OVERSWAY:

5  12&3  [Sync Vine] Thru R, sd L twd LOD/cwsd R, sd L to SCP;
6  12-  [Thru Prom Sway] Thru R twd LOD, sd L, with upper body rise both looking twd LOD, with poise twd LOD soften L knee with slight lowering no rotation;
7  [Oversway] In Prom Pos LOD slow rotate upper body LF soft left knee to CP man looking at ptnr and keep trail foot pointed twd DRW, --, --.