ONE NIGHT AT A TIME

**Rhythm:** Rumba  **Phase:** IV  **Speed:** 45  **Time:** 3:50 with 3+sec lead in/out

**Footwork:** Opposite Unless noted*

**Sequence:** Intro, A, B, C, A, B, D, A, B (01-06), Ending

**INTRO**

01-08  **Wait 2 meas (O-LOD); Full Chase ;; 2 Cucarachas;;**

(01-02) In open facing wall wait 2 meas; (03-06) Rk Fwd, Rec Bk turning R fc to COH, fwd – Rk fwd on trail, rec Bk turning L fc to fc wall – Rk Fwd, Rec Bk turning R fc to COH, fwd – Rk fwd on trail, rec Bk turning L fc to fc wall in Bfly ;;; (07-08) On lead Rk Sd. Rec, Cls – On trail Rk Sd, Rec, Cls

**A**

01-04  **Alemana ;; Lariat ;;**

(01-02) Rk Fwd, Rec Bk, Step Sd (Lady – Rk Bk, Rec Fwd, Step Sd) – Cross trail behind lead rsining joined lead hands to lead Lady into an UnderArm Turn, Rec on lead, sd step on trial (Lady – cross trail in front of lead beginning R fc turn using raised lead hands to fc wall without moving lead foot, Rec Bk onto lead continuing R fc turn to fc RLOD, fwd & sd on trail to fc partner on his R side) ;; (03-04) On lead Rk Sd. Rec, Cls – On trail Rk Sd, Rec, Cls (Lady – Fwd, Fwd, Fwd – Fwd, Fwd, Fwd to fc partner by circling around him) ;;

05-08  **Rumba Basic ;; Spot Turn Twice (O-LOD) ;;**

(05-06) Rk Fwd, Rec Bk, Step Sd – Rk Bk, Rec Fwd, Step Sd ;; (07-08) Cross lead in front of trail to RLOD turning to fc COH (Lady – wall) without moving trail, Rec bk onto trail to fc DC (Lady – DW), step sd on lead – Cross trail in front of lead to LOD turning to fc COH (Lady – wall) without moving lead, Rec bk onto lead to fc DC (Lady – DW), step sd on trail to fc LOD ;

09-12  **Sliding Doors Over & Back ;; Circle Away & Tog ;;**

(09-10) On lead Rk Sd. Rec, Cross lead in front of trail passing behind lady – On trail Rk Sd, Rec, Cross trail in front of lead passing behind lady (Lady passes in front both times) ;; (11-12) Fwd, Fwd, Fwd circling away from partner to COH (Lady toward Wall) – Fwd, Fwd, Fwd circling to fc partner in Bfly ;;

13-16  **Traveling Doors ;; Box ;;**

(13-14) Rk Sd, Rec Bk, Cross lead in front of trail – Rk Sd, Rec. Cross trail in front of lead ;;

(15-16) Sd on lead, close trail beside lead, fwd on lead – Sd on trail, close lead beside trail, bk on trail ;;

**B** (Shadow)

01-02  **Fwd Basic ; Bk Basic – Lady Trans Shadow Wall {L foot free for both} ;;**

(01) Rk Fwd, Rec Bk, Step Sd ; (02) Rk Bk, Rec Fwd, Step Sd (Lady – Rk Bk, Rec Fwd turning to fc wall, sd on R, touch L beside R or Rk Bk, Rec Fwd turning to fc wall & tch L beside R) ;

03-06  **Traveling Doors ;; Box ;;**

(03-04) Both Rk Sd, Rec Bk, Cross lead in front of trail – Rk Sd, Rec, Cross trail in front of lead ;;

(05-06) Both Sd on lead, close trail beside lead, fwd on lead – Sd on trail, close lead beside trail, bk on trail ;

07-08  **Fwd Basic ; Bk Basic – Lady Trans Bfly ;;**

(07) Both Rk Fwd, Rec Bk, Step Sd ; (08) Rk Bk, Rec Fwd, Step Sd (Lady – Rk Fwd, Rec Bk turning to fc partner, touch R beside L) ;

**C**

01-04  **Time Step ; Crab Walk Twice ;; Spot Turn ;;**

(01) Cross lead foot behind trail foot, Rec onto trail, side step on lead ; (02-03) Cross trail in front of lead, side step on lead, cross trail in front of lead – side step on lead, cross trail in front of lead, side step on lead ; (04) Cross trail in front of lead to LOD turning to fc COH (Lady – wall) without moving lead, Rec bk onto lead to fc DC (Lady – DW), step sd on trail to fc partner ;
**Peek-A-Boo Chase:**

(05-08) Rk Fwd, Rec Bk turning to fc Coh, Step Sd – Rk Sd, Rec,Cls – Rk Sd, Rec Cls – Rk Fwd, Rec Bk turning to fc partner, step side.  

**Fwd Basic to a Fan; Hockey Stick; Lariat:**

(09-14) Rk Fwd, Rec Bk, Step Sd – Rk Bk, Rec Fwd, Side Step (Lady – Rk Fwd, Rec Bk to fc RLOD, step Bk) ;; (11-12) Rk Fwd, Rec Bk, Step Sd (Lady – Bk, Cls, step Fwd) – Rk Bk, Rec Fwd, Side Step (Lady – Fwd turning to L fc full turn to fc partner under raised lead hands, close lead beside trail, step side on lead to be at partner’s R side) ;; (13-14) On lead Rk Sd, Rec, Cls – On trail Rk Sd, Rec, Cls (Lady – Fwd, Fwd, Fwd – Fwd, Fwd, Fwd to fc partner by circling around him) ;;

**Sd, Draw, Closed Twice:**

(15-16) Sd on lead, slowly draw trail to lead and chg wt ;; (16) Repeat ;

**Repeat A – B**

**D**

**Fwd Basic ; Whip (COH) ; Shoulder to Shoulder Twice:**

(01-04) Rk Fwd, Rec Bk, Step Sd ; (02) Rk Bk beginning L fc turn to fc LOD crossing joined trail hands over joined lead and leading lady to cross in front of you, Rec Fwd turning L fc to fc COH, Side Step (Lady – Fwd crossing in front of partner, Fwd beginning L fc turn to fc RLOD, fwd to fc partner) ;

(03-04) Cross lead in front of trail (Lady cross in back), Rec onto trail, side step on lead – Cross trail in front of lead (Lady cross in back), Rec onto lead, side step on trail ;

**Fwd Basic ; Whip (Bfly) ;* Shoulder to Shoulder Twice:**

(05-08) Repeat 01-04 ending in Bfly wall ;;;

**Sd, Draw, Closed:**

(09) Sd on lead, slowly draw trail to lead and chg wt ;

**Repeat A – B (01-06) **

**END (Shadow)**

**Cucaracha ; Sd Corte & Hold ;**

(01) Both On L – Rk Sd, Rec, Close ; (02) Both On R – Step Sd with slight tilt, Point L foot to LOD ;

*(NOTE: LADIES YOU MAY TURN SLIGHTLY TOWARD MAN AND GENTLY CARRESS HIS CHEEK!)*

I actually wrote this dance in 1999 but wasn’t pleased with it so I recently *(August 10, 2011)* re-worked it. I hope you enjoy dancing it.

Happy Dancing,
Penny Lewis
ONE NIGHT AT A TIME

INTRO
Wait 2 meas ;;  Full Chase ;;;;  2 Cucarachas ;;
A
Alamana & Lariat ;;;;  Rumba Basic ;;
Spot Turn Twice (O-LOD) ;;
Sliding Doors Over & Bk ;;  Circle Away & Tog (Bfly) ;;
Traveling Doors ;;  Box ;;
B
Fwd Basic ;  Bk Basic (Lady - Trans in 4 - Shadow Wall) ;
Traveling Doors ;;  Shadow Box ;;
Fwd Basic ;  Bk Basic (Lady - Trans in 4 - Bfly) ;
C
Time Step ;  Crab Walk Twice ;;  Spot Turn ;
Peek-A-Boo Chase ;;;;
Fwd Basic to a Fan ;;  Hockey Stick & Lariat ;;;;
Sd, Draw Clsd Twice ;;
A – B
Repeat A & B

D
Fwd Basic & Whip (COH) ;;
Shoulder to Shoulder Twice ;;
Fwd Basic & Whip (COH) ;;
Shoulder to Shoulder Twice ;;
Sd, Draw Clsd ;
A
Alamana & Lariat ;;;;  Rumba Basic ;;
Spot Turn Twice (O-LOD) ;;
Sliding Doors Over & Bk ;;  Circle Away & Tog (Bfly) ;;
Traveling Doors ;;  Box ;;
B (1-6)
Fwd Basic ;  Bk Basic (Lady - Trans in 4 - Shadow Wall) ;
Traveling Doors ;;  Shadow Box ;;
ENDING
1 Cucaracha ;  Sd Corte & Hold ;

Chore: Penny Lewis (1999)
(revised 8/10/11)
Artist: George Strait