ONE MORE TIME

PRESENTED TO THE 11TH SOUTH AUSTRALIAN ROUND DANCE FESTIVAL , MARCH 2008

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RECORD   STAR 243B- AMAME UNA VES MAS
LEVEL   PH 111 + 2 RUMBA
FOOTWORK   Directions for man ,[W in parentheses]
SEQUENCE   INTRO – A- BRIDGE – B – C – D- END

INTRO
BFLY WALL , WAIT ;; SHLDR – SHLDR 2X- BFLY ;;
1-4   *Bfly wall , Wait ;;*
            Fwd L - bfly scar , rec R - fc , sd L ; fwd R to bjo rec L , sd R ;

PART A
BASIC ;; FENCELINE 2X ;; CRAB WKS ;;
1-6   *Fwd L , Rec R, sd L ; bk R , rec L, sd R;*
            X lunge thru L look in same direction , rec R, trng sd to fc sd L; X lunge thru R look in
            same direction, rec L , trng sd to fc , sd R;
            [rev] xLif R, sd R, x L if R ; sd R x Lif R sd R ;

BASIC;; BRK BK – OP LOD ; PROG WK 3 ;
7-10   *rpt meas 1-2 ;; bhnd L , to op lod rec fwd R , fwd L ;*
            fwd R , fwd L , fwd R;

SLIDE DOOR ; SLIDE DOOR ;
11-16   rk sd L ,release hands , rec R, xLif; rk sd R, rec L , x Rif;

CIRCLE AWY & TOG – BFLY ;; TIME STEPS 2X ;;
            circle awy from your ptnr fwd L turn , cl R, fwd L trng ; circle twd ptnr fwd R trng cl L
            fwd R trng – fc - bfly ; release hds , x L bhd , rec R sd L ; xR bhnd rec L , sd R ;

BRIDGE
CUCA L & R ;;
1-2   *rk sd L , rec R , cl L ; rk sd R , rec L , cl R;*

PART B
1/2 BASIC ;U/ARM TRN ; LARIAT ;;   CRAB WKS – FC ;;
1-6   *fwd L , rec R , sd L; bk R rec L , sd R; [W X L in front under joined lead   hands trng 1/2 R*
            fc x trn rec - fc ptnr ,[to man's R sd]] ;
            step in place , L,R,L ; R,L,R; [W circle M clockwise w/ joined lead hds fwd R, fwd L ,
            fwd R ,fwd L, fwd R trng to fc sd L - bfly]; rpt meas 5-6 part A;;

BASIC;; HAND - HAND 2X ;; NYKRS 2X - FC ;;
7-12   *Rpt meas 1-2 ,part ;; bhd L rec   R , sd L; bhd R rec L , sd R ;*
            Thru L , w/ straight leg to sd by sd pos , rec R to fc, sd L; thru R to sd by sd pos, rec L
            to fc , sd R - fc;

SPOT TRNS 2X – FC ;; SD WKS ;;

13-16   [rlod] *x trn rec , sd L ; x trn rec , sd R ; sd L, cl R, sd L ; cl R, sd L, cl R;*

PART C
CIRCLE CHASE ; ;;; 1/2 BASIC – FAN ;;

1-6   *release hands , start LF circular pattern , fwd L , cl R , fwd L; fwd R cl L fwd R trn 180 degrees; cont L fc trn fwd L cl R fwd L; fwd R cl L fwd R; [start LF circular pattern fwd R . cl L , fwd R;fwd L,cl R, fwd L,trng 180degrees,cont circular pattern , fwd R. cl L fwd R; fwd L, cl R, fwd L trng - fc ;[*

fwd L, rec R,sd L ; bk R, rec L, sd R - lop M fcg wall;

[bk R, rec L sd R;fwd L trng lf bk R fcg rlod bk L;]

HOCKEY STICK ;; NYKR ; CRAB WK 3 - OP ;

7-10   *Fwd L , rec R, cl L ; Bk R , rec L, fwd R;*

[cl R - L, fwd L, fwd R ; fwd L ,fwd R trng lf to fc ptnr ,sd & bk L ;]

Thru L , w/ straight leg to sd by sd pos , rec R to fc, sd L;

X R in front of L , sd L ;x R in front of L – op lod ;

SLIDE DOOR 2X ;; CIRCLE AWY & TOG – BFLY ;;

11-14   *rpt meas 11-16 pt A ;;*

circle awy from your ptnr fwd L turn , cl R, fwd L trng ; circle twd ptnr fwd R cl L fwd R – fc - bfly ;

TIME STEP 2X ;;

15-16   *rpt meas 15 -16 part A ;;*

PART D
BASIC ;; THRU SERPIENTE ;; FENCELINE 2 X ;;

1- 6   *rpt meas 1-2 pt A ;;*

[rev] thru L - sd R , bhnd L, fan R clockwise ; bhd R, sd l thru R ,fan L ;

X lunge thru L look in same direction , rec R, trng sd to fc sd L; X lunge thru R look in same direction, rec L , trng sd to fc , sd R;

CRAB WKS ;; 1/2 BASIC – FAN ;; HOCKEY STICK ;;

7-12   *[rev] x L in front ot R, sd R, x L in front of R ; sd R x L in front of R sd R ; rpt meas 5 – 8 pt c ;;;;*

NYKR 2X – FC ; ; CIRCLE AWY & TOG;; CUCA 2X ;;

13-18   *rpt meas 11-12 pt B ;; rpt meas 13 -14 pt A;; rpt meas 1-2 Bridge ;;*

ENDING
CHASE PEEK-A-BOO ;;;; BASIC ;; NYKR 2X ;;

1-8   fwd L trng rec cl ; sd R rec cl ; sd L rec cl ; fwd R trn lf rec cl ;[bk R rec cl ; sd L rec cl ; sd R rec cl ; fwd L rec cl ;]

rpt meas 1-2 pt A ;; Rpt meas 5-8 pt c ;;

CRAB WKS ;; SPOT TRN - OP ; CHAIR & HOLD ;

9-12   rpt meas 5 – 6 pt A ;; xif , rec trn , sd ; *fwd R lunge & hold;*