

# ONE MORE BOLERO

By: Bill & Martha Buck 521 Woodbine Dr Shreveport, LA 71105 318/869-1879  
 Record: SP "No More Bolero" (flip "Cavatina") Available from Choreo  
 Footwork: Opposite, directions for man (Lady as noted)  
 Rhythm: Bolero Phase V + 1 (same foot lunge) Speed 43/44 rpm  
 Sequence: INTRO A A(NOD) B C June, 1997  
 Revised July 1997

## INTRO

- 1-5 WAIT:-- OPENING OUTS:--1-1  
 1-2 [Wait 2] BFLY WALL 1d ft free;  
 3 [Op Outs 3x's SQQ SQQ SQQ] cl L to R,-,lower in L to pt R to sd with trailing hds dwn & slgt LF trn to LOD, rise on L (W fwd R trn LF,-,rk bk L to fc RLOD soft knee,rec R);  
 4 Cl R to L,-,lower in R to pt L to sd with 1d hds dwn & slgt RF trn to RLOD,rise on R (W fwd L trn RF,-,rk bk R to fc LOD soft knee,rec L);  
 5 Repeat Meas 3 of INTRO;  
 6-8 REVERSE UNDERARM TURN: PREPARE AIDA: AIDA LINE, REC TO FC:  
 6 [Rev Underarm SQQ] Sd R RLOD,-,xLif,rec R (W sd L,-,xRif trng LF under jnd 1d hnds,fwd L to fc ptr);  
 7 [Prep Aida SQQ] Sd & fwd L to slgt 'v' pos,-,thru R comm RF trn, bk L cont RF trn to LOP RLOD;  
 8 [Aida Line, rec to fc SS] Bk R to slgt 'v' bk to bk pos RLOD trailg hnds up & out jnd 1d hnds fwd,-,rec L swling to fc ptr & WALL hnds on Lady's hips (W hnds on M's shldr);  
 9-12 HIP LIFTS:-- PREPARE AIDA: AIDA LINE,REC TO FC:  
 9-10 [Hip Lifts SQQ SQQ] Sd R bringing L ft to R,-,with slight pressure on L toe lift hip, & lower hip; Sd L bringing R ft to L,-,with slight pressure on R toe lift hip, & lower hip; NOTE: W's hnds stay on M's shldr during 1st Hip Lift; hnds out up & down to caress M's cheeks on 2nd Hip Lift;  
 11 [Prep Aida SQQ] Sd & fwd R to slgt 'v' pos,-,thru L comm LF trn, bk R cont LF trn to OP LOD;  
 12 [Aida Line & Rec SS] Bk L to slgt 'v' bk to bk pos LOD 1d hnds up & out jnd trlg hnds fwd,-,rec R swling to fc ptr & WALL 1d hnds high;  
 13-14 RIFE TURNS: HIP ROCKS:  
 13 [Riff Trns QQQQ] Sd L trn lady RF under 1d hnds,cl R, sd L trn lady RF under 1d hds,cl R (W trn RF fwd R cont with RF spin to fc man,cl L, trn RF fwd R cont with RF spin to fc man, cl L);  
 14 [Hip Rocks SQQ] hds jnd low & between ptrs sd L,-,rk sd R & roll hips twd R,rk sd L & roll hips twd L;

## PART A

- 1-4 LUNGE BREAK: LEFT PASS: OPEN BREAK: CHECKED RIGHT PASS:  
 1 [Lunge Break SQQ] Sd & fwd R release trailing hds,-,lower on R with slight RF body trn leading Lady bk extend L to sd & bk,rise on R with slgt LF body trn to rec (W sd & bk L,-,bk R with contra ck like action,rec L);  
 2 [Left Pass SQQ] Fwd L to CGCAR comm to trn ptr RF,-,rec R comm LF trn, sd & fwd L cont LF trn (W fwd R trn 1/4 RF with bk to ptr,-,sd & fwd L strong LF trn,bk R) to LOP COH;  
 3 [Open Break SQQ] Sd R comm free hd out to sd,-,bk L cont arm ext,fwd R (W sd L comm free hd out to sd,-,bk R cont arm ext,fwd L);  
 4 [Ck Right Pass SQQ] Fwd & sd L raising L hnd start RF rotation arnd Lady plcing R hnd on Woman's R hip cking her fwd motion,-,xRib of L cont rotation arnd Woman,fwd & sd L to W's L sd (W fwd R raising R arm as if comm undrm trn then lower to mom wrap pos,-,xLif of R,bk R);  
 NOTE: figure makes 1 complete rotation arnd Lady - resembles a wrapped whip. LADY does not chg her fcg direction.  
 5-8 M RONDE TO FWD BREAK: LEFT PASS TO R-R HANDS: CONTRA BREAK: SHADOW BREAK:  
 5 [M ronde to fwd break SQQ] Fwd R ronde L ft cont RF trn to fc ptr & CDH,-,ck fwd L, rec R (W sd & bk L,-,bk R,rec L);  
 6 [Left Pass SQQ] Fwd L to Contr SCAR comm to trn ptr RF,-,rec R comm LF trn, sd & fwd L cont LF trn ja R-R hnds (W fwd R trng 1/4 RF with bk to ptr,-,sd & fwd strong LF trn,bk R) to end fcg ptr & WALL;  
 7 [Contra Break SQQ] R-R hnds sd & fwd R,-,ck fwd L small stp with contra ck action,rec bk R (W sd & bk L,-,bk R contra ck action,rec fwd L);  
 8 [Shadow Break SQQ] Sd L comm RF trn,-,cont trn ck bk R to fc RLOD M pl L arm beh W's bk,rec L to fc ptr;  
 9-12 SHADOW BREAK WITH MANUEVER: BOLERO PIVOT 3 FC DLC: RONDE & BK 2: WRAP & CROSS BODY TO HANDSHAKE:  
 9 [Shadow Break with Manu SQQ] Sd R comm trng LF R-R hnds still jnd,-,ck bk L to fc LOD W's L arm beh M,fwd & sd R manu to fc RLOD in BJO BOLERO pos M's R hd on W's L hip & W's R hnd on M's L shld with both L arms out to sd;  
 10 [Bolero Pivot SQQ] Pivot RF 1 3/8 trn bk L,-,fwd R,bk L to end approx DLC in CP;

# ONE MORE BOLERO (CONT'D)

- 11 [Ronde & Bk 2 SQQ] Fwd R bet W's ft ld Lady to Ronde R CW,-, bk L in fallaway, bk R trn Lady to BJO (sd & fwd L ronde R CW,-, xRib in fallaway pos, trn LF fwd & sd L to BJO);
- 12 [Wrap & X Body SQQ] Bk L in BJO wrap Lady LF into arms,-, lead Lady to xif bk & sd R, rec L unwrap Lady to fc COH (fwd R wrap LF under ld hnds into M's Rt arm,-, fwd L xif of M start LF trn, sd R trn LF unwrap to fc ptr) to R-R hds;
- 13-14 HALE MOON:-:-
- 13 [Half Moon SQQ] Sd R start RF trn slight 'v' shape twd ptr,-, cont trn to fc LOD fwd L, rec bk R trng to fc ptr (W sd L start LF trn slight 'v' shape twd ptr,-, cont trn to fc LOD fwd R, rec bk L trng to fc ptr);
- 14 [Cont Half Moon SQQ] Sd L,-, trng LF bk R fcg RLOD, cont LF trn fwd L fc WALL (W sd R,-, fwd L twd WALL in front of M trng LF, bk R cont LF trn) chg to ld hds;

## PART A MOD

- 1-8 LUNGE BREAK: LEFT PASS: OPEN BREAK: CK RT PASS: M RONDE TO FWD BREAK: LEFT PASS TO R-R HND: CONTRA BREAK: SHADOW BREAK:  
 SAME AS MEASURES 1-8 PART A:;;; :;;
- 9-12 SHADOW BREAK WITH MANU: BOLERO PIVOT 3 FC DLC: RONDE & BK 2: WRAP & CROSS BODY TO LD HND JND:  
 SAME AS MEASURES 9-12:;;; END WITH LD HND JND
- 13 HIP ROCKS:  
 13 [Hip Rks SQQ] Ld hnds jnd low & bet ptrs sd R,-, rk sd L & roll hips twd L, rk sd R & roll hips twd R;

## PART B

- 1-4 TRNG HALF BASIC FC RLOD: OPEN BREAK: NAT TOP 3: REV UNDERARM TURN BJO:  
 1 [Trng Basic 1/2 RLOD SQQ] Sd L trn slgt RF,-, bk R trng LF with slip pivot action to fc RLOD, fwd L;
- 2 [Op Break SQQ] Sd R comm M's L W's R hnds out to sd,-, bk L cont arms out, fwd R comm RF trn to CP DRC (W sd L comm free hnd out to sd,-, bk R cont arm extention, fwd L);
- 3 [Nat Top 3 SQQ] Fwd L trn RF to BJO fc DRC,-, xRib of L soft knee slgt RF trn, cont RF trn sd & fwd L (fwd R to BJO,-, fwd L trn RF, fwd R cont RF trn) to fc DRW;
- 4 [Rev Underarm SQQ] xRib of L strongly trng RF (like top action),- ,sd L cont trn, xRib of L (fwd L trng LF under M's arm,-, fwd R cont trn, fwd L outsd ptr) to end BJO DLC;
- 5-8 M LUNGE LADY OUTSIDE SWIVEL PU TRNG LF FC COH: SHOULDER-SHOULDER CROSS BODY: SPOT TURN:  
 5 [M Lunge Lady outsd Swvl SQQ] Lunge fwd L to LOD with slgt RF body rotation,-, rec R start LF rotation PU Lady, fwd L cont trn LF to CP COH (W fwd R swvl RF ronde L,-, fwd L strong trng LF arnd M, sd R);
- 6 [Shld to shld SQQ] Still in CP sd R,-, xLif of R, rec R;
- 7 [Cross Body SQQ] Sd & bk L,-, bk R with slipping action, fwd L trn LF to fc WALL;
- 8 [Spot Trn SQQ] Sd R,-, xLif of R trng RF 1/2 (Wxif), rec sd R trng to fc ptr & WALL;
- 9-12 ROMANTIC SWAYS:-:-:-:-  
 9 [Hip Rks SQQ] Ld hnds jnd thru next 4 meas sd L,-, hip rk R, hip rk L;
- 10 [Swivel to bk to bk pos & hip rk 2 SQQ] Sd R swvl RF 1/2 to bk to bk pos,-, hip rk L, hip rk R;
- 11 [Swivel to fc to fc pos & hip rk 2 SQQ] Sd L swvl LF 1/2 to fc to fc pos,-, hip rk R, hip rk L;
- 12 [Swivel to bk to bk pos & hip rk 2 SQQ] Repeat Meas 10 of Part B;
- 13-16 SWIVEL TO FENCE LINE: REVERSE UNDERARM TURN: MAN'S REVERSE UNDERARM TURN: LUNGE BREAK:  
 13 [Swivel to Fence Line SQQ] Sd L swivel LF to dbl hand hold,-, lunge thru R (W thru L), rec L;
- 14 [Rev Underarm SQQ] Sd R RLOD,-, xLif of R, rec R (W sd L comm LF trn,-, xRib of L trng 1/2 LF, fwd L cont trn to fc ptr);
- 15 [M's Rev Underarm SQQ] Sd L,-, xRib of L trng 1/2 LF under jnd ld hnds, fwd L to fc (W sd R,-, xLif of R, rec R);
- 16 [Lunge Break SQQ] Sd & fwd R,-, lower on R with slgt RF body trn leading W bk extend L to sd & bk, rise on R with slgt LF body trn to rec (W sd & bk L,-, bk R with contra ck action, rec fwd L);

# ONE MORE BOLERO (CONT'D)

## PART C

- 1-4 RT PASS WITH PREPARATION FOR SAME FT LUNGE: SAME FOOT LUNGE.  
REC TRANSITION: RT LUNGE REC LEG CRAWL:
- 1 [Rt Pass Prep M SQQ W SQ&Q] Sd & fwd L raising lead hnds to window,-,xRib of L trng RF,small sd & fwd L trng W to Same Ft Lunge pos (W fwd R,-,fwd L trng LF undr jnd ld hnds/bk R, cl L to fc DRW L hip insd M's R hip) to end fcq DRC;
  - 2 [Same Foot Lunge SS] Relax L knee & reach sd R LOD toe ptg DC with L sway,-,rotate upper body R to DC stretch L sd head to R (W relax L knee reach bk with R toe LOD,-,transfer wgt to R & look over Lt shoulder).-;
  - 3 [Rec Transition M S,-; W SS] Rec L trn W LF to CP DRC.-; (Rec L trng LF to fc ptr,-,almost cl R.-;)
  - 4 [Rt Lunge Rec Leg Crawl SS] Relax L knee sd & slight fwd R keeping L sd into ptr looking at ptr.-,rec L keeping R leg extended trng RF causing W to leg crawl.-; (flex R knee sd & slightly bk L keeping R sd twd ptr,-,rec R with slight RF trn & lift L leg up along M's outer R thigh.-;)
- 5-8 RIGHT LUNGE WITH ROLLS: TRNG BASIC FC WALL: FENCE LINE.  
PREPARE AIDA:
- 5 [Rt Lunge with Rolls SQQ] Sd & fwd R to DRC lower into lunge line look at ptr,-,rec L stretch L sd,rec sd & fwd R roll body into lunge line look at ptr (sd & bk L into lunge line,-,rec R roll body to stretch R sd & bk L to lunge line);
  - 6 [Trng Basic Wall SQQ] Sd L trng slightly RF,-,bk R trng LF with slip pivot action,sd & fwd L thrng LF to fc WALL;
  - 7 [Fence Line SQQ] blend BFLY sd R to RLOD,-,lunge thru L (W thru R) with bent knee looking RLOD,rec R;
  - 8 [Prep Aida SQQ] Repeat Meas 7 of INTRO;
- 9-10 AIDA LINE REC TO FC: HIP LIFT:
- 9 [Aida Line & Rec SS] Repeat Meas 8 of INTRO;
  - 10 [Hip Lift SQQ] Repeat Meas 9 of INTRO;
- 11-14 ROMANTIC SWAYS:-:-:-
- 11 [Hip Rks SQQ] Repeat Meas 9 of PART B;
  - 12 [Swivel to Bk-Bk & Rks SQQ] Repeat Meas 10 of PART B;
  - 13 [Swivel to Fc-Fc & Rks SQQ] Repeat Meas 11 of PART B;
  - 14 [Swivel to Bk-Bk & Rks SQQ] Repeat Meas 10 of PART B;
- 15-17 SWIVEL TO FENCE LINE: M'S UNDERARM TURN FC COH WITH ARM DRAPE  
LADY TRANSITION: LOWER TO LUNGE LINE LADY LEG CRAWL:
- 15 [Swivel to Fence Line SQQ] Repeat Meas 13 of PART B;
  - 16 [M's Underarm fc COH with Arm Drape M SQQ W SQ&Q] Sd R release trailg hnds,-,xLif trng RF under M's L & W's R, rec sd R drape ld hnds over M's Rt shldr (W sd L,xRib/rec L, small sd R);
  - 17 [Lower to Lunge Line/Lady Leg Crawl SS] lower into R knee take Lady's L knee with L hnd trng slightly LF,-, caress Lady's cheek with Rt hnd and look lovingly at Lady (W place left hnd on M's L shldr lift left leg on M's L thigh in leg crawl,-, and look lovingly at Man) hold until music fades....