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 RECORD: Collectables 6300  
 RELEASED: June 2006 (corrected)

PHASE: III  
 RHYTHM: Rumba/Two Step  
 SEQUENCE: Intro, A, B, A, B, C, B, Ending  
 FOOTWORK: Opposite unless noted  
 SPEED: 44-45 RPM

# One Hundred Pounds Rumba

INTRO  
MEAS.

**1-5 IN BFLY/WALL WAIT TWO MEASURES;; NEW YORKER; THRU SERPIENTE to OPEN;;**

- 1-2 In BFLY/Wall wait two measures;;
  - 3 From BF/Wall lng thru L twd RLOD with straight leg to LOP, rec R to fac Ptr, stp sd L, -;
  - 4-5 From BF/Wall stp thru R, sd L, XLIB of L, fan L CCW out and behind; Cont fan XLIB of R, sd R, stp thru L twd RLOD, fan R CW trng RF to OP/LOD M's R W's L ft free;
- 6-8 PROGRESSIVE WALK 3; CIRCLE AWAY AND TOGETHER to LOOSE CP;;**
- 5 Fwd R, L, R, -;
  - 7-8 Circle away frm ptr L, R, L, -; circle tog R, L, R, -; (end loose CP/Wall)

PART A

**1-4 TWO STEP BOX;; SIDE, CLOSE, SIDE, LIFT; BEHIND, SIDE, THRU to LOOSE CP, -;**

- 1-2 Stp sd L, cls R to L, fwd L, -; stp sd R, cls L to R, bk R, -;
- 3-4 Stp sd L, cls R to L, sd L, lift R ft slightly off floor; XLIB of L, sd L, stp thru R twd LOD fc ptr loose CP/Wall, -;

**5-8 REVERSE BOX;; TWO SIDE TOUCHES; SLOW SIDE DRAW CLOSE TO BFLY;**

- 5-6 Stp sd L, cls R to L, bk L, -; stp sd R, cls L to R, fwd R, -;
- 7-8 Stp sd L, tch R to L, stp sd L, tch R to L; stp sd L, slowly draw R to L, -, - BFLY/Wall;

PART B

**1-4 CHASE with SPINS;;;;**

- 1-2 Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -; Bk R, rec L, Fwd R, -;  
(W bk R with no trn, rec L, fwd R, -; Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -;)
  - 3-4 Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -; Bk R, rec L, Fwd R, -;  
(W fwd R trng LF 1/2, rec fwd L, fwd R, -; Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -;)
- 5-8 1/2 BASIC; CRABWALKS;; SPOT TURN:**
- 5 Rk fwd L, rec R, sd L, -;
  - 6-7 XRIF of L look LOD, sd L look at ptr, XRIF of L look LOD, -; sd L look at ptr, XRIF of L look LOD, sd L look at ptr, -;
  - 8 XRIF trng on Xing foot 1/2, rec on L cont trn to fc ptr, stp sd R, -;

**9-12 TURNING CUCARACHAS to LOOSE CP/Wall;;;;**

- 9-10 Rk sd L, rec R trn 1/4 RF (W LF) to LOP/RLOD, cls L to R, -; rk sd R, rec L trng 1/2 LF (W RF) to OP/LOD, cls R to L, -;
- 11-12 Rk sd L, rec R trn 1/2 RF (W LF) to LOP/RLOD, cls L to R, -; rk sd R, rec L trng 1/4 LF (W RF) to CP/Wall, cls R to L, -;

PART A

**1-4 TWO STEP BOX;; SIDE, CLOSE, SIDE, LIFT; BEHIND, SIDE, THRU to LOOSE CP, -;**

- 1-2 Stp sd L, cls R to L, fwd L, -; stp sd R, cls L to R, bk R, -;
- 3-4 Stp sd L, cls R to L, sd L, lift R ft slightly off floor; XLIB of L, sd L, stp thru R twd LOD fc ptr loose CP/Wall, -;

**5-8 REVERSE BOX;; TWO SIDE TOUCHES; SLOW SIDE DRAW CLOSE TO BFLY;**

- 5-6 Stp sd L, cls R to L, bk L, -; stp sd R, cls L to R, fwd R, -;
- 7-8 Stp sd L, tch R to L, stp sd L, tch R to L; stp sd L, slowly draw R to L, -, - BFLY/Wall;

PART B

**1-4 CHASE with SPINS;;;;**

- 1-2 Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -; Bk R, rec L, Fwd R, -;  
(W bk R with no trn, rec L, fwd R, -; Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -;)
- 3-4 Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -; Bk R, rec L, Fwd R, -;  
(W fwd R trng LF 1/2, rec fwd L, fwd R, -; Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -;)

**5-8 1/2 BASIC; CRABWALKS;; SPOT TURN:**

- 5 Rk fwd L, rec R, sd L, -;
- 6-7 XRIF of L look LOD, sd L look at ptr, XRIF of L look LOD, -; sd L look at ptr, XRIF of L look LOD, sd L look at ptr, -;
- 8 XRIF trng on Xing foot 1/2, rec on L cont trn to fc ptr, stp sd R, -;

- 9-12 **TURNING CUCARACHAS to BFLY/Wall;:::**  
 9-10 Rk sd L, rec R trn 1/4 RF (W LF) to LOP/RLOD, cls L to R, -; rk sd R, rec L trng 1/2 LF (W RF) to OP/LOD, cls R to L, -;  
 11-12 Rk sd L, rec R trn 1/2 RF (W LF) to LOP/RLOD, cls L to R, -; rk sd R, rec L trng 1/4 LF (W RF) to CP/Wall, cls R to L, -;

### PART C

- 1-4 **1/2 BASIC; UNDERARM TURN; LARIAT;::**  
 1-2 Rk fwd L, rec R, sd L, -; stp bk R XIB, rec L, sd R, -; (W end at M's R side)  
 (W bk R, rec L, sd R, -; fwd L XIF under jnd lead hnds, fwd R make sharp RF trn end fac ptr, sd & fwd L  
 ending at M's R side, -;)  
 3-4 Rk sd L, rec R, cls L to R, -; rk sd R, rec L, cls R to L, -; (W cir fwd arnd man R, L, R, -; cont cir arnd man L, R, L, -;)
- 5-8 **SHOULDER TO SHOULDER TWICE;:: CUCARACHA with ARMS TWICE;::**  
 5-6 Frm BFLY fwd L to BFLY/SCAR, rec R to fc, sd L, -; fwd R to BFLY/BJO, rec L, sd R, -;  
 7-8 Rk sd L, rec R, cls L to R, -; rk sd R, rec L, cls R to L, -; (Arm work is optional and may vary dancer to dancer)

### PART B

- 1-4 **CHASE with SPINS;:::**  
 1-2 Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -; Bk R, rec L, Fwd R, -;  
 (W bk R with no trn, rec L, fwd R, -; Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -;)  
 3-4 Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -; Bk R, rec L, Fwd R, -;  
 (W fwd R trng LF 1/2, rec fwd L, fwd R, -; Fwd L commence RF trn, Spin RF on ball of R ft 1 full turn, Bk L, -;)
- 5-8 **1/2 BASIC; CRABWALKS;:: SPOT TURN;::**  
 5 Rk fwd L, rec R, sd L, -;  
 6-7 XRIF of L look LOD, sd L look at ptr, XRIF of L look LOD, -; sd L look at ptr, XRIF of L look LOD, sd L look at ptr, -;  
 8 XRIF trng on Xing foot 1/2, rec on L cont trn to fc ptr, stp sd R, -;
- 9-12 **TURNING CUCARACHAS to BFLY/Wall;:::**  
 9-10 Rk sd L, rec R trn 1/4 RF (W LF) to LOP/RLOD, cls L to R, -; rk sd R, rec L trng 1/2 LF (W RF) to OP/LOD, cls R to L, -;  
 11-12 Rk sd L, rec R trn 1/2 RF (W LF) to LOP/RLOD, cls L to R, -; rk sd R, rec L trng 1/4 LF (W RF) to CP/Wall, cls R to L, -;

### ENDING

- 1-5 **FENCE LINE; SPOT TURN; STEP APART AND ACKNOWLEDGE;::**  
 1 From BF/Wall lng thru L with bent knee looking in direction of lng, rec R to fac Ptr, stp sd L, -;  
 2-3 XRIF trng on Xing foot 1/2, rec on L cont trn to fc ptr, stp sd R, -; Stp apart frm ptr on L, -, point twd ptr on R, -;

## Hundred Pounds Rumba (Quick Ques)

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| INTRO  | IN BFLY/WALL WAIT TWO MEASURES;; FENCE LINE; THRU SERPIENTE to OPEN;;<br>PROGRESSIVE WALK 3; CIRCLE AWAY AND TOGETHER to LOOSE CP;;   |
| PART A | TWO STEP BOX;; SIDE, CLOSE, SIDE, LIFT; BEHIND, SIDE, THRU to CP, -;<br>REVERSE BOX;; TWO SIDE TOUCHES; SLOW SIDE DRAW CLOSE TO BFLY; |
| PART B | CHASE w/Spins;::;<br>1/2 Basic; CRABWALKS;:: SPOT TURN;<br>TURNING CUCARACHAS to loose CP/Wall;::;                                    |
| PART A | TWO STEP BOX;; SIDE, CLOSE, SIDE, LIFT; BEHIND, SIDE, THRU to CP, -;<br>REVERSE BOX;; TWO SIDE TOUCHES; SLOW SIDE DRAW CLOSE TO BFLY; |
| PART B | CHASE w/Spins;::;<br>1/2 Basic; CRABWALKS;:: SPOT TURN;<br>TURNING CUCARACHAS to loose CP/Wall;::;                                    |
| PART C | 1/2 BASIC; UNDERARM TURN; LARIAT;::<br>SHOULDER TO SHOULDER TWICE;:: CUCARACHA with ARMS TWICE;::                                     |
| PART B | CHASE w/Spins;::;<br>NEW YORKER; CRABWALKS;:: SPOT TURN;<br>TURNING CUCARACHAS to BFLY/Wall;::;                                       |
| ENDING | FENCE LINE; SPOT TURN; STEP APART and ACKNOWLEDGE   |