On My Journey
(Seguire Mi Viaje – I will continue on my journey)

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Music: CD “Simbolo De Amor” CDZ-81352 Track #8 Artist: Maria Martha Serra Lima
or Special CD “Shall We Round Dance 17” available from choreographers

Suggested speed: 23MPM (as on Special CD)

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Bolero V+1 (Horse & Cart) +1 Checked R Pass

Sequence: Intro A B Inter A B(9-15) End

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Meas

INTRO

1-8 WAIT; CONTRA BREAK; W SPIRAL & CIRCULAR WALK; W SPIRAL TO L-SHAPE; CROSS BODY; HORSESHOE TRN;; OPEN BREAK;

1 Wait 1 meas in OP Fcg Pos M fcg LOD trailing ft free no hnd jnd;

2  {Contra Break} Sd & fwd R sweeping both hnds up & out, -, joining R-hnds fwd L across body looking at W, rec R (W sd & bk L sweeping both hnds up & out, -, joining R-hnds bk R across body looking well left, rec L);

3  {W Spiral & Circular Walk} Bk L w/ checking action raising jnd R-hnds to lead W fwd & spiral LF, -, fwb R comm circular walk CW, fwd L cont circling CW to fc RLOD (W fwb R spiralizing LF under jnd R-hnds, -, fwb L comm circular walk CW, fwd R cont circling CW to fc LOD) end R-hnd STAR Pos M fcg RLOD;

4  {W Spiral to L-Shape} Fwb R cont circling CW leading spiral LF under jnd R-hnds, -, fwb L cont leading W tmn RF, fwb R to fc LOD (W fwb L spiralizing RF under jnd R-hnds, -, step almost in pl R, L cont tmng LF to fc COH) end L-shape Pos M fcg LOD (W fcg COH) R-hnds jnd;

5  {Cross Body} Joining lead hnds sd L leading W fwb, -, slip R bk under body, fwb L trng LF 1/4 to fc COH (W fwb R twd COH, -, fwb L, fwb R trng LF 1/2 to fc WALL) end LOP Fcg Pos M fcg COH;

6-7  {Horseshoe Trn} Sd R trng RF to fc LOD, -, fwb L w/ checking action, rec R (W sd L trng LF to fc LOD, -, fwb R w/ checking action, rec L) end LOP fcg LOD; Fwb L comm circular walk CCW, -, raising jnd lead hnds fwb R cont circular walk, fwb L completing circular walk to fc WALL (W fwb R comm circular walk CW, -, fwb L cont RF circular walk under jnd lead hnds, fwb R completing circular walk to fc COH) end LOP Fcg Pos M fcg WALL;

8  {Open Break} Sd R, -, apt L bk, rec R end LOP Fcg Pos M fcg WALL;

PART A

1-8 R PASS; M TRANS BFLY TO OPPOSITION FENCE LINE TWICE;; SYNC CIRCULAR SERPIENTE;; OPPPOSITION FENCE LINE; REV UNDERARM ROLL M TRANS; NEW YORKER;

1  {R Pass} LOP Fcg Pos M fcg WALL sd & fwb L comm tmng RF stretching L-sd of body raising jnd lead hnds to create window, -, cont tmng RF on L bk R small step, fwb L (W Fwb R, -, fwb L comm tmng LF passing under jnd lead hnds, cont tmng LF to fc M bk R) end LOP Fcg Pos M fcg COH;

2-3  {M Trans BFLY to Opposition Fence Line Twice} Hold leading W step sd, -, slightly tmng RF on L XRIF flexing R-knee, rec L (W sd L sliding across IF of M to his R-sd, slightly tmng RF on L XRIF flexing R-knee, rec L) end BFLY M fcg COH; (now same footwork) Sd R keeping both hnds jnd, -, slightly tmng LF on R XLIF flexing L-knee, rec R;

4-5  {Sync Circular Serpiente} Sd L comm circling CW, -, XRIF/sd L, XRIB; Ronde L CCW, -, XLIB, sd R end BFLY M fcg DLC;

6  {Opposition Fence Line} XLIF swiveling LF on L ronde R CCW, -, slightly tmng body RF on L XRIF flexing R-knee twd COH (W twd WALL), rec L end BFLY M fcg LOD;

7  {Rev Underarm Roll M Trans} Slightly swiveling RF on L lead W tmn LF under jnd lead hnds, -, cont tmng RF to fc WALL sd R, XLIF (W fwb R twd DRW swiveling LF under jnd lead hnds to fc COH, -, sd L rolling LF to fc WALL, cont rolling LF to fc M) end LOP Fcg M fcg WALL; (now opposite footwork)

8  {New Yorker} Sd R trng RF to fc RLOD, -, fwb L w/ checking motion, rec R trng LF to fc WALL end LOP Fcg Pos M fcg WALL;
9-16  UNDERARM TRN; OPEN RONDE SYNC LARIAT M TRANS TO TANDEM; SLOW CROSS CHECK; SWITCH TO SHADOW CONTRA CHECK TWICE;; SHADOW TRNG BASIC; HORSE & CART; W OUT TO FC & FWD BREAK;

PART A (cont’d)

9 {Underarm Trn} LOP Fcg Pos M fcg WALL sd L raising jnd lead hnds, -, slightly trng RF XРИB leading W tm RF under jnd lead hnds, rec L trng LF to fc WALL joining trailing hnds (W sd R, -, XLIF comm trng RF under jnd lead hnds, rec R cont trng RF to fc M) end BFLY M fcg WALL;

S-- 10 {Open Ronde Sync Lariat M Trans to Tandem} Sd R leading W ronde, -, hold raising jnd lead hnds to lead W pass bk, - (W sd L trng RF 1/2 to fc WALL ronde R CW, -, passing M’s R side XRIB/sd L, XРИF) end TANDEM both fcg WALL W bhnd M L-ft free for both; (now same footwork)

SS 11 {Slow Cross Check} Sd L sweeping both hnds down IF of body, -, XРИF extending both hnds out to sd, -;

--QQ 12-13 {Switch to Shadow Contra Check Twice} Unwind LF on both ft to fc DRC sweeping both hnds up & out shifting wgt to R, -, assuming SHADOW Pos fcg DRC fwd L w/ R-shoulder lead to contra check action, rec R bk; Tmg body RF pt L sd & bk looking L, -, trng body LF fwd L w/ R-shoulder lead to contra check action, rec R bk end SHADOW Pos fcg DRC;

---- 15 {Horse & Cart} Slightly flexing L-knee comm rotating LF on L looking well L to lead W fwd, -, -, - (W Q&Q&Q&Q) (W fwd R comm running CCW 7/8 around M/fwd L, cont running around M fwd R/L, R/L, R) end SHADOW Pos fcg WALL; (now opposite footwork)

16 {W Out to Fc & Fwd Break} Sd & fwd R leading W tm LF, -, joining lead hnds fwd L, rec R (W fwd L trng LF 1/2 to fc M, -, bk R, rec L) end LOP Fcg Pos M fcg WALL;

PART B

1-8  NAT TOP w/ INSIDE UNDERARM TRN;; SD BREAK (W CROSS SWIVEL) TO LF PIVOT; CONTRA CHECK; START AIDA; AIDA LINE & SWITCH RK; SPOT TRN; FWD BREAK;

1-2 {Nat Top w/ Inside Underarm Trn} LOP Fcg M fcg WALL sd & bk L assuming CP comm trng RF, -, cont trng RF XРИB, cont trng RF sd L (W fwd R comm trng RF, -, cont trng RF sd L, cont trng RF XРИF) end CP M fcg RLOD; Cont trng RF XРИF, -, raising jnd lead to lead W tm LF sd L, fwd R small step (W cont trng RF sd L, -, fwd R spiraling LF under jnd lead hnds, cont trng LF sd L) end CP M fcg COH;

3 {Sd Break (W Cross Swivel) to LF Pivot} Sd L twd RLOD flexing knee leading W XРИF twd LOD, -, trng LF on L slip R bk under body, cont trng RF fwd L (W XРИF twd LOD swiveling LF to fc RLOD, -, fwd L comm trng LF, cont trng LF sd & bk R) end CP M fcg DRW;

4 {Contra Check} Sd & fwd R, -, fwd L w/ R-shoulder lead, rec R bk;

5 {Start Aida} Sd & bk L twd LOD to V-shape fcg LOD, -, thru R, trng RF sd L end momentary LOP Fcg Pos M fcg WALL;

6 {Aida Line & Switch Rk} Cont trng bk R in Aida Line fcg RLOD, -, swiveling LF on R to fc ptr sd L bringing jnd lead hnds thru, rec R end LOP Fcg Pos M fcg WALL;

7 {Spot Trn} Sd L comm trng LF, -, XРИF cont trng LF to fc RLOD, rec L cont trng to fc WALL;

8 {Fwd Break} Sd & fwd R, -, fwd L, rec R end LOP Fcg Pos M fcg WALL;

9-16  L PASS w/ SYNC REV UNDERARM TRN; NEW YORKER TO BFLY; SYNC BOLERO WALKS; TRNG BASIC TO FC WALL; SYNC HIP RKS; HIP LIFT;

SQQ 9 {L Pass w/ Sync Rev Underarm Trn} LOP Fcg Pos M fcg WALL cl L leading W fwd & swivel RF, -, raising jnd lead hnds slip R under body comm trng LF, cont trng LF rec L (W fwd R twd M & swivel RF 1/2 to fc WALL, -, sd & fwd L comm trng LF/sd R cont trng LF under jnd lead hnds, sd L cont trng LF/sd R) end LOP Fcg Pos M fcg COH;

10 {New Yorker to BFLY} Sd R trng RF to fc LOD, -, fwd L w/ checking motion, rec R trng LF to fc COH joining trailing hnds end BFLY M fcg COH;

11 {Underarm Trn under Trailing Hnds} Sd L raising trailing hnds, -, XРИF slightly trng RF lead W tm RF under jnd trailing hnds, rec L (W sd R comm trng RF, -, XLIF cont trng RF under jnd trailing hnds, rec R cont trng RF to fc M) end OP Fcg Pos M fcg COH trailing hnds jnd;
PART B (cont’d)

12  {W’s Headloop & Bk Break} Sd R trng LF to fc RLOD raising jnd trailing hnds over W’s head, -, bk L placing jnd trailing hnds on W’s R-shoulder, rec R (W sd L trng RF to fc LOD jnd trailing hnd over head, -, bk R placing jnd trailing hnds on R-shoulder, rec L) end Modif WRAPPED Pos fcg RLOD lead hnds jnd at waist level trailing hands on W’s R-shoulder;

SQ&Q 13  {Sync Bolero Walks} Fwd L, -, fwd R/fwd L, fwd R;

14  {Trng Basic to Fc WALL} Releasing hnd & assuming CP M fcg COH sd L, -, trng LF slip R bk under body, cont trng LF fwd L end CP M fcg WALL;

SQ&Q 15  {Sync Hip Rks} Sd & fwd R rolling hips CW, -, rec L rolling hips CCW/sd & fwd R rolling hips CW, rec L rolling hips CCW;

S-- 16  {Hip Lift} Sd R twd RLOD bringing L to R, -, with slight pressure on L lift L-hip, lower L-hip end CP M fcg WALL;

INTERLUDE

1-2 3 RIFF TRNS & OPEN BREAK::

QQQ 1-2  {3 Riff Trns & Open Break} Sd L raising jnd lead hnds to lead W spin RF, cl R, sd L raising jnd lead hnds to lead W spin RF, cl R (W sd & fwd R comm RF spin, completing RF spin on R cl L to fc M, sd & fwd R comm RF spin, completing RF spin on R cl L to fc M); Sd L raising jnd lead hnds to lead W spin RF, cl R (W sd & fwd R comm RF spin, completing RF spin on R cl L to fc M), apt L bk, rec R end LOP Fcg Pos M fcg WALL;

END

1-4 OPEN BREAK: CHECKED R PASS:: W WRAP TO SHAPE;

1  {Open Break} CP M fcg WALL sd R, -, releasing trailing hnds apt L bk, rec R joining trailing hnds end BFLY M fcg WALL;

2-3  {Checked R Pass} Fwd & sd L comm trng RF raising jnd lead hnds keep jnd trailing hnds at waist level, -, XRIB cont trng RF around W, sd L (W fwd R, -, fwd L w/ checking motion, rec R) end momentary WRAPPED Pos fcg COH M bhnd W; Fwd R outside W’s L-sd releasing trailing hnds strongly swiveling RF 1/2 on R to fc WALL, -, fwd L, rec R (W bk L, -, bk R, rec L fwd) end LOP Fcg Pos M fcg WALL;

---- 4  {W Wrap to Shape} Hold leading W fwd & spiral LF, -, slightly flexing R-knee extend L sd placing R-hnd at W’s bk look at W, - (W fwd R spiraling LF 3/4 under jnd lead hnds to fc LOD, -, extend L twd LOD raising L-hnd straight up looking at M, -) end L-shape R-Lunge Pos M fcg WALL (W fcg LOD);