OVER THE RAINBOW

Choreo by: Don & Linda Hichman, 2336 Pine Forest Dr., Gastonia, NC 28056-9237
Phone: 704-408-0455  Email: DonHichman@yahoo.com  Release: Mar. 2013
Music: The Jive Aces – Album: King Of The Swingers, Track 7  Available as a download from Amazon.com [2:47 as downloaded]
Footwork: Opposite, directions for man except as noted (W’s in parentheses)
Rhythm: Jive  Phase: III+2 [Triple Wheel; Pretzel Wrap] + 1 unph [Glide To The Side]
Speed: 40 or speed to suit
Sequence: INTRO A, B, C, B, B, END  Difficulty level: Intermediate

INTRODUCTION

1 – 4  **WAIT;;  PROG RK 4;;  THROWAWAY;**
1-4  [BFLY M fc ptnt & WALL – lead ft free]  Wait;;  Bk L, XR IFO L, bk L, LR IFO L;  Sd L start lead W to throwaway pos/cl R, sd L, sd R/cl L sd R end trng LF ¼ to OP M fc LOD;

5 – 8  **LINK RK to WALL;;  FALLAWAY RK;;  RK REC SD CL;;**
5-8  Rk bk L, rec R, small chasse fwd L/R, L lead W to CP WALL;  Sd R/L, R, Rk bk L to SCP;  Rec R to fc, sd L/cl R sd L, sd R/cl L, sd R;  Rk bk L to SCP, rec R to fc, sd L, cl R;

PART A

1 – 4  **SD TCH & RT CHASSE;; CHG R to L;;  CHG HNDS BHD BK;;**
1-4  Sd L, tch R to L, sd R/L, R;  Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W rk bk L to SCP, rec L, sd R/cl L fwrd R trng RF ¼ under jnd lead hnds);  Sd & fwrd R/cl L, sd R end OP M fc LOD, rk bk L, rec R;  Slightly fwrd L/cl R, fwrd L trng ¼ LF, slightly sd & bk R/cl L, sd R cont trng ¼ LF to OP M fc RLOD;

5 – 9  **CHG L to R [COH];;; CHG HNDS BHD BK;;  START A RT TRNG FALLAWAY & GLIDE to the SD;;**
5-9  Rk bk L, rec R, sd L/cl R, sd L trng ¼ RF;  Sd R/cl L, sd R end OP M fc COH, rk bk L, rec R;  Repeat Part A meas 5;  Rk apt L, rec R to CP, trng RF ½ sd L/cl R, sd L;  Sd R, XL IFO R, sd L/cl R, sd L;

10 – 13  **START A RT TRNG FALLAWAY & GLIDE to the SD;;  RK REC & CIRC AWAY 2 TRPLS to FC & RK REC;;**
10-13  [Start from CP rk bk L, rec R to fc] & repeat Part A meas 8 & 9;;  Rk bk L to SCP, rec R, start LF circ (W RF) fwrd L/cl R, fwrd L;  Fwrd R/cl L fwr R end fc ptnr & WALL, rk bk L, rec R;

14 – 16  **4 POINT STEPS to BFLY;;  CHASSE L & R;;**
14-16  Fwr L, pnt R, fwr R, pnt L;  Repeat Part A meas 14 to end BFLY;  Sd L/cl R, sd L, sd R/cl L, sd R;

PART B

1 – 4  **PROG RK 8;;  RT TRNG TRIPLE;;  RK REC – SD CL to BFLY;;**
1-4  Repeat Intro meas 3;  Repeat Intro meas 3;  Trng RF ¼ sd L/cl R, sd L, trng RF ¼ sd R/cl L, sd R;  Rk bk L, rec R to BFLY, sd L, cl R;

5 – 9  **PROG RK 8;;  RT TRNG TRIPLE;;  RK REC – SD CL to BFLY;;  CHASSE L & R to HNDSHK;;**
5-9  Repeat Part B meas 1 – 4;;  Repeat Part A meas 16 to end R to R hnds jnd;
10 – 13  **TRIPLE WHEEL 3 [COH];, LINK RK to WALL;**
10-13 Rk apt L, rec R to R hnds jnd in mod OF pos, commence RF wheel sd L/cl R, sd L trng in twd ptnr & tch her bk with M’s L hnd; Continue RF wheel sd R/cl L, sd R trng away from ptnr, continue RF wheel sd L/cl R, sd L trng in twd ptnr & tch her bk with M’s L hnd; Lead W to spin RF sd R/cl L, sd R (W spin RF), Repeat Intro meas 5 start fc COH & end CP M fc WALL;,

14 – 16  **CHG R to L;**, **CHG L to R;**
14-16 Repeat Part A meas 2-3.5);,, Repeat Part A meas 5-6.5 start fc LOD & end fc ptnr & WALL;,

**PART C**

1 – 5  **RK REC – K-BALL CHG [2];, into PRETZEL TRN; DBL RK FWD; UNWRAP PRETZEL & RK REC;**
1-5 Rk bk L, rec R, kick L ft fwd/take wt on ball of L, replace wt on R; Kick L ft fwd/take wt on ball of L, replace wt on R, sd R/cl L R, sd L trng ½ RF keep M’s L & W’s R hnds jnd; Sd R/cl L, sd R trng RF to bk to bk “V” pos with M’s L & W’s R hnds jnd bhd bks , rk fwd L XIF twd LOD with R hnd extended fwd, rec R; Rk fwd L, rec R trng LF, sd L/cl L, sd L trng ½ LF to fc ptnr still retain M’s L & W’s R hnds; Sd R/cl L, sd R, rk bk L to SCP, rec R;

6 – 9  **JIVE WALKS; 4 POINT STEPS;** **JIVE WALKS into;**
6-9 In SCP fwd L/R, L, fwd R/L, R; Point L, SIP L, point R, SIP R; Point L, SIP L, point R, SIP R; Repeat Part C meas 5;

10 – 13  **PRETZEL TRN; DOUB RK FWD; UNWRAP PREZTEL; RK REC & K-BALL CHG;**
10-13 Fwd & sd L/cl R, sd L trng ½ RF keep M’s L & W’s R hnds jnd, sd R/cl L sd R trfng RF to bk to bk “V” pos with M’s L & W’s R hnds jnd bhd bks; Rk fwd L XIF twd LOD with R hnd extended fwd, rec R, rk fwd L, rec R trng LF; Sd L/cl R, sd L trng ½ LF to fc ptnr still retain M’s L & W’s R hnds, sd R/cl L, sd R; Rk bk L to SCP, rec R, kick L ft fwd/take wt on ball of L, replace wt on R;

14 – 17  **THROWAWAY; CHG L to R;**, **BASIC RK to BFLY;**
14-17 Repeat Intro meas 4; Repeat Part B meas 14.5 – 16;,, Rk apt L, rec R; Sd L/cl R, sd L, sd R, cl L, sd R to end BFLY M fc WALL;

REPEAT PART B
REPEAT PART B

**ENDING**

1 – 4  **LINK RK;**, **JIVE WALKS;**, **SWIVEL WALK 4;**
1-4 Repeat Intro meas 5 – 6.5;,, Rk bk L to SCP, rec R; Fwd L/R,L, fwd R/L, R; With swivel action fwd L, R, L, R;

5 – 7  **JIVE WALKS; 4 POINT STEPS & FREEZE;**
5-7 Repeat Part C meas 5; Repeat part C meas 6 & 7 & freeze on last step;