OUT OF YOUR SHOES

SEQUENCE:  INTRO – A – B – INT – A – B (MOD) - END

INTRO

1 – 4

IN BTFY FCNG WALL WAIT;; ALEMANA – LFT HND STAR;;

(Alemana – Lft Hnd Star) Fwd L, rcvr R, sd L; rslnsg trail hnds crss R bhnd, rcvr L, trng ¼ rt fc fwd R to LFT HND STAR; (Woman bk R, rcvr L, sd R; trng ½ rt fc undr lead hnds crss L in frmt, trng ½ rt fc rcvr R to BTFY, trng ¼ rt fc bk L;)

5 – 8

UMBRELLA TRNS – HND SHK;;;

(Umbrella Trns) Fwd L, rcvr R, bk L; (Woman bk R, trng ½ lft fc undr arched hnds fwd L, bk R;) bk R, trng ½ lft fc undr arched hnds fwd L, bk R to fc LOD; (Woman bk L, trng ½ rt fc undr arched hnds fwd R, bk L; ) bk L, trng ½ rt fc undr arched hnds fwd R, bk L to fc LOD; (Woman bk R, trng ½ lft fc undr arched hnds crvr L, bk R;) bk R, trng ¼ lft fc fwd L to HND SHK/WALL, sd R; (Woman bk L, trng ¼ rt fc fwd R, sd L;)

PART A

1 – 10

OPN HIP TWST;; FAN; HCKYSTIK;; HND TO HND – TWICE;; OPN BRK; WHIP – CTR; FNCLINE – TWICE;;

(Opn Hip Twst) Fwd L, rcvr R, bk L; (Woman trng ¼ rt fc bk R, trng ¼ lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD;) (Fan) Bk R, lk R, cl L to FAN POSITION; (Woman fdlwd, chng to lead hnds & trng ½ lft fc sd & bk R, bk L;) (Hckystik) Fwd L, rcvr R, cl L; (Woman bk R, trng ½ rt fc rcvr L to BTFY, sd L; ) trng ½ lft fc rcvr L to BTFY, sd R; (Opn Brk) Rlsng lead hnds trng ¼ rt fc bk L, trng ¼ lft fc rcvr R to BTFY, sd L; rslnsg trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R; (Whip – Ctr) Cross trail hnds ovrl lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R; (Woman crssng in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L;) (Fncline – Twice) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L; thru-lunge R, rcvr L, sd R;

11 – 16

ALEMANA TO HIS RT SD;; LARIAT – BTFY;; OPN BRK; WHIP – WALL;

(Alemana To His Rt Sd) Fwd L, rcvr R, sd L; rslnsg trail hnds crss R bhnd, rcvr L, sd R to LOPN/WALL; (Woman bk R, rcvr L, sd R; trng ½ rt fc undr lead hnds crss L in frmt, trng ¼ rt fc rcvr R to BTFY, fwd L to His Rt Sd;) (Lariat) Sd L, rcvr R, cl L; (Woman with lead hnds jnd wrk arnd Man’s rt sd fwd R, fwd L, fdlwd R, fwd L, fdlwd R, sd L;) (Opn Brk) Rlsng trail hnds bk L shllng rt arm strt up, rcvr R to BTFY, sd L; (Whip – Wall) Cross trail hnds ovrl lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/WALL, sd R;

PART B

1 – 7

SHLDR OR SHLDR; SPT TRN; ½ BASIC – BJO; TORNILLO WHL;; BK ½ BASIC – BTFY; FNCLINE;

(Shldr To Shldr) Staying in BTFY/WALL crss L in frmt (Woman cross R bhnd), rcvr R, sd L; (Spt Trn) Rlsng hnds trng ¼ lft fc thru R, pvtng ¼ lft fc rcvr L to BTFY/WALL, sd R; (½ Basic – Bjo) Fwd L, rcvr R, bk L to BJO/WALL; (Tornillo Whl) Staying in BJO (Woman with lft ft up to rt knee wgt on toe of R) trng ½ rt fc curve fwd R, fdlwd R, fwd R; trng ½ rt fc crss fdlwd L, fwd R, fwd L; (Bk ½ Basic – Btfy) Bk R, rcvr L, fdlwd R to BTFY/WALL; (Fncline) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L;

8 – 14

SPT TRN – HND SHK;; OPN HIP TWST;; FAN; STOP N’ GO HCKY STIK;; ALEMANA FRM FAN;;

(Spt Trn – Hnd Shk) Rlsng hnds trng ¼ lft fc thru R, pvtng ¼ lft fc rcvr L to HND SHK/WALL, sd R; (Opn Hip Twst) Fwd L, rcvr R, bk L; (Woman trng ¼ lft fc bk R, trng ¼ lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD;) (Fan) Bk R, rcvr L, cl L to FAN POSITION; (Woman fdlwd L, chng to lead hnds & trng ¼ lft fc sd & bk R, bk L;) (Stop N’ Go Hckystik) Fwd L, rcvr R, cl L; catch Woman on her back with rt hnd crss R in frmt, rcvr L, cl L to FAN POSITION; (Woman clo R L, fdlwd R, trng ½ rt fc ndr lead hnds bk R; bk L; ) (Alemana Frm Fan) Fwd L, rcvr R, sd L; rslnsg trail hnds crss R bhnd, rcvr L, sd R to BTFY/WALL; (Woman clo R L, fdlwd R, trng ½ rt fc fdlwd R to fdlwd R; trng ½ rt fc ndr lead hnds crss L in frmt, trng ½ rt fc rcvr R to BTFY, sd L;)

(Continued On Page 2)
OUT OF YOUR SHOES

INT

1 – 4

TO RVS AIDA; SWITCH; CIR AWY -3; BK TOG -3 – HND SHK;

(To Rvs Aida) Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng lead hnds & trng 5/8 lt fc bk R to “V” bk to bk position, bk L to fc LOD; (Switch) Arcing trail hnds up & twds RLOD trng 5/8 lt fc to fc Ptnr sd R to BTFY/WALL, rcvr L, twds LOD thru R; (Cir AWy -3) Rlsng hnds trng 3/8 lt fc fwd L, clo R, fwd L; (Bk Tog -3 – Hnd Shk) Trng 3/8 lt fc fwd R, clo L, fwd R to HND SHK/WALL-

REPEAT PART “A”

PART B (MOD)

1 – 7

SHLDR TO SHLDR; SPT TRN; ½ BASIC – BJO; TORNILLO WHL;; BK ½ BASIC – BTFY; FNCLINE;

(Shldr To Shldr) Staying in BTFY/WALL cross L in frnt (Woman cross R bhnd), rcvr R, sd L; (Spt Trn) Rlsng hnds trng ½ lt fc thru R, pvtng ½ lt fc rcvr L to BTFY/WALL, sd R; (½ Basic - Bjo) Fwd L, rcvr R, bk L to BJO/WALL--; (Tornillo Whl) Staying in BJO (Woman with lft ft up to rt knee wgt on toe of R) trng ½ rt fc curve fwd R, fwd L, rcvr R, sd L; (Bk ½ Basic - Btfy) Bk R, rcvr L, fwd R to BTFY/WALL--; (Fncline) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L;

8 – 14

SPT TRN – HND SHK; OPN HIP TWST; FAN; STOP N’ GO HCKY STIK;; ALEMANA FRM FAN;;

(Spt Trn – Hnd Shk) Rlsng hnds trng ½ lt fc thru R, pvtng ½ lt fc rcvr L to HND SHK/WALL, sd R--; (Opn Hip Twst) Fwd L, rcvr R, bk L--; (Woman trng ¼ rt fc bk R, trng ¼ lt fc rcvr L to BTFY/LOD) (Fan) Bk R, rcvr L, clo R to FAN POSITION--; (Woman fwd L, chng to lead hnds & trng ½ lt fc sd & bk R, bk L--) (Stop N’ Go Hckystik) Fwd L, rcvr R, clo L--; catch Woman on her back with rt hnd cross R in fnt, rcvr L, clo R to FAN POSITION--; (Woman clo R, fwd L, trng ½ lt fc undr lead hnds bk R--; bk L, rcvr R, trng ½ rt fc undr lead hnds bk L--) (Alemana Frm Fan) Fwd L, rcvr R, sd L--; rlsng trail hnds cross R bhnd, rcvr L, sd R to BTFY/WALL--; (Woman clo R to L, fwd L, trng ¼ rt fc fwd R to fc Man--; trng ½ rt fc undr lead hnds cross L in fnt, trng ½ rt fc rcvr R to BTFY, sd L--)

15 - 17

HND TO HND – TWICE;; ½ BASIC;

(Hnd To Hnd – Twice) Rlsng lead hnds trng ¼ lt fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L--; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lt fc rcvr L to BTFY, sd R--; (½ Basic) Fwd L, rcvr R, bk L--;

END

1 – 5

TO RVS ONE SLO MERENGUE; OPN BRK; WHIP – CTR; TO LOD AIDA & HOLD;;

(To Rvs One Slo Merengue) Swiv R-, drw-clo L--; (Opn Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L--; (Whip – Ctr) Cross trail hnds ovr lead hnds trng ¼ lt fc bk R, trng ¼ lt fc fwd L to BTFY/COH, sd R--; (Woman crossing in fnt of Man fwd L, trng ½ lt fc bk R to BTFY, sd L--; (To Lod Aida & Hold) Cross lead hnds ovr trail hnds trng ¼ lt fc thru L, rlsng lead hnds & trng 5/8 lt fc bk R to “V” bk to bk position, bk L to fc RLOD & Hold--;