**OUR PRAYER**

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Music: The Prayer by Vio Friedmann  
From the CD album The Most Beautiful Songs For Dancing 2000  
Available from iTunes Music Downloads

Rhythm/Phase: Waltz Phase V  
Music Speed: As downloaded  
Footwork: Opposite throughout directions for M (and for W where noted).

**Sequence:** Introduction  
A  B  Brg1  A  B  Brg2  C  Ending

**INTRODUCTION (10 Measures)**

BFLY POS FCNG PARTNER & WALL W/ LEAD FEET FREE WAIT 2 MEAS;; ROLL 3;  
PKUP IN 3; DIAMOND TURN CP LOD;; DIP & HOLD; REC & TCH;  

**PART A (16 Measures)**

DOUBLE REVERSE SPIN TWICE;; DRAG HESITATION; BK, BK/LK, BK; BK HOVER TELEMARK; WEAVE 6 BJO;; MANUV; OPN IMPETUS; RIPPLE CHASSE; CURVED FEATHER CHKNG; TIPPLE CHASSE PIVOT; BK PASSING CHNG; STEP BK & CHASSE BJO; FWD, FWD/LK, FWD; FWD FC CL WALL;  
[1 & 2] Fwd L commence If turn up to 3/8, sd R spin up to 1/2 If on ball of right, bring L under body beside right no weight flexed knees; (W bk R commence to turn If, cl L to right heel turn turning 1/2 If/sd & slightly bk R continue If turn, XLIIF of right;) Repeat measure 1; [3] Fwd L commence If turn, sd R continue If turn, draw L toward right ending in bjo pos; [4] Bk L, bk R/lock L in front of right, bk R; [5] Commence rf upper body turn bk L, continue turn sd & fwd R rising or hovering slightly with body turning 1/8 to 1/4 rf, fwd L small step on toe to semi-clsd pos; (W commence rf upper body turn on R between M’s feet pivoting 1/2 rf, sd & fwd L continue If turn rising or hovering slightly with body turning 1/8 to 1/4 rf, fwd R step on toe to semi-clsd pos;) [6 & 7] Fwd R to fc DLC, fwd L commence If turn, continue turn sd & slightly bk R to fc DRC; Bk L lead W to step outside M to CBMP, bk R continue If turn, sd & fwd L to fc DLW ending bjo pos; [8] Fwd R commence rf upper body turn, continue rf turn to fc partner sd L, cl R; [9] Commence rf upper body turn bk L, cl R heel turn continue If turn usually about 3/8, complete turn fwd L tight semi-clsd pos; [10] Thru R, sd & slightly fwd L with slight left side stretch/continue left side stretch into right sway as you cl R to left looking to right holding sway, sd & fwd L losing sway bind semi-clsd pos; [11] Fwd R in CBMP commence to turn rf, with left side stretch continue rf turn sd & fwd L, continue upper body turn to right with left side stretch fwd R outside partner in CBMP to fc DRW; [12] Commence rf upper body turn bk L turning rf, sd R with slight left side stretch/cl L, sd & slightly fwd R pivoting rf on ball of foot to end fcng RLOD bjo pos; [13] Bk L, bk R, bk L; [14] Stepping bk R slightly in front of partner and across line of progression commence If turn, sd L/cl R, sd L end bjo pos DLW; [15] Fwd R, fwd L/lock R in back of left, fwd L; [16] Fwd R, turning rf to begin fcng partner sd & slightly fwd L, cl R ending clsd pos wall;
PART B (16 Measures)

WHISK; WING; OPN TELEMARK; SYNCOPATED NATURAL HOVER CROSS;; CLSD TELEMARK; FWD, FWD/LK, FWD; FWD CHK/LADY ENVELOPE; SLOW OUTSIDE SWIVEL SEMI; NATURAL WEAVE;; FWD FC CL WALL; HOVER SEMI; IN & OUT RUNS;; PKUP IN 3;

[1] Fwd L, fwd & sd R commence rise to ball of foot, XLIB of right continue to full rise on ball of foot ending tight semi-clsd pos; [2] Fwd R, draw L toward right, tch L to right turning upper part of body If with left side stretch; (W fwd L begin to cross in front of M turning slightly If, fwd R around M continue If turn, fwd L around M completing turn to end tight sdcar pos;) [3] Fwd L commence If turn, sd R continue If turn, sd & slightly fwd L to end loose semi-clsd pos; [4 & 5] Fwd R DLW commence rf turn, sd L with left side stretch, continue rf turn sd R toward DLW; With right side stretch fwd L outside partner in CBMP on toes, rec R with slight left side lead/sd & fwd L, with left side stretch fwd R outside partner in CBMP on toes fcng DLC; (W bk L commence rf turn, cl R to left heel turn with right side stretch, continue rf turn sd L to clsd pos; With left side stretch bk R in CBMP on toe, rec L with slight right side lead/sd & bk R, with right side stretch bk L in CBMP;)

[6] Fwd L commence If turn, fwd & sd R around W close to W's feet turning If, fwd & sd L end tight bjo pos DLW; [7] Fwd R, fwd L/lock R in back of left, fwd L; [8] Fwd R chkng any further forward movement, hold, hold; (W bk R chknng, bring L up right leg to inside of right knee, extend L forward;) [9] Bk L in CBMP, XRIF of left with no weight, hold; (W fwd L swiveling rf on ball of left foot to end semi-clsd pos, hold, hold;) [10 & 11] Fwd R commence rf turn, sd L with left side stretch, with right side lead bk R DLC preparing to lead W outside partner; With right side stretch bk L in CBMP, bk R start If turn passing thru clsd pos, with left side stretch sd & fwd L in CBMP; (W fwd L, fwd R, fwd L; With left side stretch fwd R in CBMP outside partner, fwd L start If turn passing thru clsd pos, with right side stretch sd R in CBMP;)

[12] Fwd R, turning rf to begin fcng partner sd & slightly fwd L, cl R ending clsd pos wall; [13] Fwd L, fwd & sd R rising to ball of foot, rec L tight semi-clsd pos; [14 & 15] Fwd R start rf turn, sd & bk L toward DLW to clsd pos, bk R with right side leading to bjo pos; Bk L turning rf, sd & fwd R between W's feet continue rf turn, fwd L to semi-clsd pos; [16] Small step fwd R picking up W clsd pos, sd L, cl R;

BRIDGE 1 (1 Measure)

CHNG OF DIRECTION;

[1] Fwd L, fwd R DLW with right shoulder lead and slight If turn, draw L to right & brush;

BRIDGE 2 (2 Measures)

WALTZ BOX;;

[1 & 2] In clsd pos fcng LOD fwd L, sd R, cl L; Bk R, sd L, cl R;

PART C (16 Measures)

VIENNESE TURNS TWICE;; DIAMOND 1/2;; QK DIAMOND 4 CP LOD; DIP & REC; FWD WALTZ; NATURAL TELEMARK; FWD HOVER SEMI; THRU & SEMI CHASSE TWICE;; PKUP IN 3; 2 LEFT TURNS BFLY WALL;;

[1 – 4] Fwd L commence If turn, sd R continue If turn, XLIF of right; Bk R continue If turn, sd L continue If turn, cl R to left; (W bk R commence If turn, sd L continue If turn, cl R to left; Fwd L continue If turn, sd R continue If turn, XLIF of right;) Repeat

. . . . . . ENDING (13 Measures) . . . . . .
ROLL 3; PKUP IN 3; DIAMOND TURN CP LOD;; DIP & HOLD; REC & TCH; LEFT TURNING BOX 3/4 FC WALL;; SD DRAW TCH; LUNGE LOD & HOLD;