ONE MOMENT IN TIME

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Music: One Moment In Time (Rumba) by Tony Evans & His Orchestra  From the CD album Dancebeat 13: Latin Intensity  Available from iTunes Music Downloads

Rhythm/Phase: Rumba  Phase IV
Music Speed: As downloaded
Footwork: Opposite throughout directions for M (and for W where noted).
Sequence: Introduction  A  B  Brg 1  B  Brg 2  B  Ending

. . . . .  INTRODUCTION (4 Measures) . . . . .

BJO BOLERO POS FCNG WALL W/ LEAD FEET FREE WAIT 2 MEAS;;  WHEEL 6 BFLY WALL;;
[1 & 2]  In bjo bolero pos fcng wall with lead feet free wait 2 measures;;  [3 & 4]  With the center point between the man and the lady being the axis of your rotation wheel rf fwd L, fwd R, fwd L, -: Fwd R, fwd L, fwd R bldn bfly pos fcng wall, -;

. . . . .  PART A (16 Measures) . . . . .

ALEMANA;;  LARIAT 6 BFLY;;  FENCE LINE RLOD; AIDA LOD; SWITCH ROCK FALL LOD; SPOT TURN BFLY; BREAK BACK TO OP FC LOD; PROGRESSIVE WALK 6;;
NEW YKR TO FC; FULL CHASE BLND BFLY;;;

. . . . .  PART B (16 Measures) . . . . .

OPEN BREAK; THRU SERPIENTE;; FENCE LINE LOD; CHNG SIDES FC LOD; ON ARND TO FC BFLY COH; 1 HAND TO HAND; THRU FC CL BFLY; 1/2 BASIC; WHIP TO WALL; NEW YKR RLOD; CRAB WALK 6;; SPOT TURN BFLY; CUCARACHA L & R;;
**ONE MOMENT IN TIME**

... BRIDGE 1 (10 Measures) ...

1/2 BASIC; TO A FAN; HOCKEY STICK;; NEW YKR RLOD; SPOT TURN BFLY;
CHASE W/ PEEK-A-BOO BLND BFLY;;;

[1] Fwd L, rec R, sd L, -;
[5] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc pttr, sd L, -;
[6] Toward LOD XRIF of left commence 1/2 turn on crossing foot, rec L completing turn to fc pttr, step sd R, -;
[7 – 10] Fwd L commence 1/2 rf turn, rec R, cl L, -;
[8] Fwd R commence 1/2 lf turn, rec L, cl R bind bfly pos, -;
[9] Toward LOD XRIF of left commence 1/2 turn on crossing foot, rec L completing turn to fc pttr, step sd R, -;
[10] Fwd L commence 1/2 rf turn, rec R, cl L, -;
[11] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc pttr, sd L, -;
[12] Toward LOD XRIF of left commence 1/2 rf turn, rec L completing turn to fc pttr, step sd R bfly pos, -;
[13] From bfly pos fwd L to bfly sdcar pos, rec R to fc, sd L, -;
[14] As music begins to slow step fwd R toward LOD trng rf, sd L continue rf turn, bk R to “V” back-to-back pos & extend trailing arms up & out, -;

... BRIDGE 2 (6 1/2 Measures) ...

FULL BASIC;; NEW YKR RLOD; SPOT TURN BFLY; SHLDR TO SHLDR TWICE;;
QK ROCK 2.

[1 & 2] Fwd L, rec R, sd L, -;
[3] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc pttr, sd L, -;
[4] Toward LOD XRIF of left commence 1/2 turn on crossing foot, rec L completing turn to fc pttr, step sd R bfly pos, -;

... ENDING (4 Measures) ...

1/2 BASIC; BOTH UNDERARM TURN BFLY; FENCE LINE RLOD; (SLOWING DOWN)
AIDA LOD & EXTEND THE ARMS;

[1] Fwd L, rec R, sd L, -;
[2] Under joined lead hands XRIF of left commence 1/2 rf turn, rec L completing turn to fc pttr, sd R bind bfly pos, -;
[3] In bfly pos cross lunge thru L toward RLOD with bent knee looking direction of lunge, rec R trng to fc pttr, step sd L, -;
[4] As music begins to slow step fwd R toward LOD trng rf, sd L continue rf turn, bk R to “V” back-to-back pos & extend trailing arms up & out, -;