OLD TIME ROCK N’ ROLL

INTRO

PART A

LINK RK;, CHG R TO L;, SHLDR SHOVE;, CHG L TO R;, AMER SPIN;, LINK TO WHIP TRN;,
(Link Rk) Rk bk L, rcvr R, fwd chasse L/R,L; chasse R/L,R to CP/WALL. (Chg R To L) 
Tmg ¼ lift fc to SEMI/LOD rk bk L, rcvr L, in plc L/R,L; trng ½ lift fc in pic R/L,R to LOPN diag LOD/COH. (Woman rk bk R, rcvr L, trng ½ lift fc chasse R/L,R to CP; trng ¾ rt fc undr lead hnds bk chasse L/R,L) (Shldr Shv) Rk bk L, trng ¼ rt fc chasse L/R,L to tch Man’s lift shldr to Woman’s rt shldr; shifting frm shrlds & trng ¼ lift fc bk chasse R/L,R to LOPN diag LOD/COH. (Chg L To R) Rk bk L, rcvr R, trng ¾ rt fc chasse R/L,R, chasse L/R,R to LOPN/WALL. (Woman rk bk R, rcvr L, trng ¾ lift fc chasse R/L,R, chasse L/R,L) (Amer Spin) Rk bk L, rcvr R, in plc L/R,L; chasse R/L,R to LOPN/WALL. (Link To Whip Trn) Rk bk L, rcvr R, trng 3/8 rt fc chasse L/R,L to CP diag RLOD/COH; trng 5/8 rt fc cross R bnd L, sd L to CP/WALL, sd chasse R/L,R; (Woman rk bk R, rcvr L, trng 3/8 lift fc chasse R/L,R to CP; trng 5/8 lift fc sd L, cross R in fnt to CP, sd chasse L/R,L)

FALLAWAY-THROWAWY; CHG BND BK; CHG L TO R – CTR; SHE GO – HE GO – WALL; LINK RK;,

CHG R TO L;, STOP N’ GO;, CHG L TO R – WALL; LINDY CATCH;,
(Chg R To L) Tmg ¼ lift fc to SEMI/LOD rk bk L, rcvr R, in plc L/R,L; trng ¼ lift fc in pic R/L,R to LOPN diag LOD/COH. (Woman rk bk R, rcvr L, trng ½ lift fc chasse R/L,R to CP; trng 3/8 rt fc undr lead hnds bk chasse L/R,L) (Stop N’ Go) Rk bk L, rcvr R; in plc L/R,R catch Woman on her bk with rt hnd; cross R in fnt, rcvr L, in plc R/L,R to LOPN diag LOD/COH. (Woman rk bk R, rcvr L; trng ½ lift fc chasse R/L,R chge hnds to LOPN/RLOD; (Woman rk bk R, rcvr L, trng ¾ lift fc chasse R/L,R; chge hnds to SEMI/LOD Rk bk L, trng 5/8 rt fc cross R bnd L, sd L to CP/WALL, sd chasse R/L,R; (Woman rk bk L, rcvr L, trng 3/8 lift fc chasse R/L,R to CP; trng 5/8 lift fc sd L, cross R in fnt to CP, sd chasse L/R,L)

FALLAWAY-THROWAWY; CHG BND BK; CHG L TO R – CTR; SHE GO – HE GO – WALL; LINK RK;,
(Continued On Page 2)
PART C

1 – 24


1 – 8


1 – 10

LINK RK;,, CHG R TO L;,, STOP N’ GO;,, CHG L TO R;,, AMER SPIN;,, LINK RK;,, (Link Rk) Rk bk L, rcvr R, fwd chasse L/R,L; chasse R/L,R to CP/WALL, (Chg R To L) Trng ¼ lft fc to SEMI/LOD rk bk L, rcvr R, in plc L/R,L; trng slightly lft fc in plc R/L,R to LOPN diag LOD/COH, (Woman rk bk R, rcvr L, trng ½ lft fc chasse R/L,R to CP; trng ¾ rt fc undr lead hnds bk chasse L/R,L,) (Stop N’ Go) Rk bk L, rcvr R; in plc L/R,L catch Woman on her bk with rt hnd; cross R in frnt, rcvr L, in plc R/L,R to LOPN diag LOD/COH, (Woman rk bk R, rcvr L, trng ¼ lft fc undr lead hnds chasse R/L,R; rk bk L shoot lft arm straight up, rcvr R bring arm down, trng ½ rt fc chasse L/R,L,) (Chg L To R) Rk bk L, rcvr R, trng 3/8 rt fc chasse R/L,R; chasse R/L,R to LOPN/WALL, (Woman rk bk R, rcvr L, trng ¾ lft fc chasse L/R,L; chasse R/L,R to LOPN/WALL, (Woman rk bk R, rcvr L, fwd chasse R/L,R, spin full rt fc trn R; chasse L/R,L,) (Link Rk) Rk bk L, rcvr R, fwd chasse L/R,L; chasse R/L,R to CP/WALL, IN SEMI RK BK-RCVR & PNT SD & HOLD; (Rk Bk-Rcwr & Pnt Sd) Trng ¼ lft fc to SEMI/LOD rk bk L-, rcvr R-; pnt sd & hold: