O, America

Choreographers:
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Athens, AL 35613-1904
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Rhythm: Slow Two Step
Phase: V +0 +2 (Shuttles, The Square)
Footwork: Opposite except where (italicized, bold, and red)
Date: June 2016
Sequence: Intro – A – B – C – A - B – C - End
Speed: 45
Length: 3:51
Music: “O, America”
CD: Songs From the Heart
Artist: Celtic Woman
Available at Amazon.com for $1.29

INTRODUCTION:

1  Wait ; (COH)
   Wait 1 measures w/M facing COH in front of W in cuddle position & lead feet free.

2 - 3  Cuddles Twice ;;
   Rk Fwd & Sd L, -, rec R, cl L (W XRIB almost to Half OP, -, rec L to CP, cl R);
   Rk Fwd & Sd R, -, rec L, cl R (XLIB almost to Half LOP, -, rec R to CP, cl L);

4 – 5  Open Basics ;;
   Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos;
   Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold across lady;

6 – 7  Switches to Face;;
   Xif of W sd L to 1/2 OP LOD, -, fwd R, fwd L (Fwd R to 1/2 OP, -, fwd L, fwd R);
   Staying in 1/2 OP fwd R, -, fwd L, fwd R trng R to face pttnr (Xif of M sd L to 1/2 OP LOD, -, fwd R, fwd L trng L to face pttnr);

8  Change Sides Underarm ;
   (WALL)
   Leading W to trn LF und join hnds fwd L trng LF to fc DLC, -, sd R to fc WALL, XLIF (Fwd R trnng LF und joined hnds to momentarily fc DLC, -, sd L to fc ptr & COH , XRIF to BFLY);

9  Basic Ending ;
   Sd R, -, XLib of R, rec R (Blend to CP Sd L, -, XRib of L, rec L);

Part A:

1 – 2  Lunge Basics ;;
   Sd L, -, rec R, XLif (XRif);
   Sd R, -, rec L, XRif (XLif);

3 - 4  Open Basics ;;
   Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos;
   Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold across lady;

5 – 8  The Square ;;;
   Sd L around W (RLOD), Sd R, XLIF
   (Small Sd R turning 90° R (LOD), Sd L, XRIF)
   Small Sd R turning 90° R (COH), Sd L, XRIF
   (Sd L around M (Wall), Sd R, XLIF)
   Sd L around W (LOD), Sd R, XLIF
   (Small Sd R turning 90° R (RLOD), Sd L, XRIF)
   Small Sd R turning 90° R (Wall), Sd L, XRIF
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| 9 – 10 | **Switches** | Xif of W sd L to 1/2 OP LOD, - , fwd R, fwd L (Fwd R to 1/2 OP, - , fwd L, fwd R) ;
|   |   | Staying in 1/2 OP fwd R, - , fwd L, fwd R (Xif of M sd L to 1/2 OP LOD, - , fwd R, fwd L) ; |
| 11 – 12 | **Arm to Arm Twice** | Fwd L leading W to Xif, fwd R, fwd L to L ½ OP LOD; (Fwd R across in front of M trng lf , - , sd L, XRif to L ½ OP LOD) ;
|   |   | Fwd R leading W to Xif, fwd L, fwd R to R ½ OP LOD (Fwd L across in front of M trng rf , - , sd R, XLin to R ½ OP LOD) ; |
| 13 | **Forward, Face, & Close to BFLY; (WALL)** | Fwd L, Fwd R trng RF to face ptnr, Cl L to R joining hands in BFLY posn; |
| 14 | **Reverse Underarm Turn** | Sd R, - , XLif lead W under ld hands, rec R (Sd L, XRif trng LF under lead hands, fwd L trng to fc M); |
| 15 | **Underarm Turn** | Sd L, - , XRib lead W under ld hands, rec L (Sd R, XLif trng RF under lead hands, fwd R trng to fc M); |
| 16 | **Basic Ending** | Blend to CP Sd R, - , XLif of R, rec R (Blend to CP Sd L, - , XRib of L, rec L) ; |
| **Part B** |   |   |
| 1 – 3 | **3 Shuttles** | Sd L trng slightly RF to cause W to fc LOD & raise lead hnds, - , XRib keeping palm of R hnd on W's back leading W undr jnd lead hnds to trn RF to RLOD M's back of hnd is now in contact w/ W's back, rec L keeping lead hnds raised & R hnd [palm out] on W's back leading W fwd to RLOD (Sd & fwd R to fc LOD, - , fwd L trng 1/2 RF under lead hnds to fc RLOD, fwd R) ;
|   |   | Sd R keeping lead hnds raised & back of R hnd on W's back leading W to RLOD, - , XLif keeping lead hnds raised & R hnd on W's bk leading W to RLOD to trn undr lead hnds, rec R keeping lead hnds raised & palm of R hnd on W's back (Fwd L, - , fwd R trng 1/2 LF under lead hnds to fc LOD, fwd L) ;
<p>|   |   | Sd L keeping lead hnds raised &amp; palm of R hnd on W's back leading W to LOD, - , XRib keeping palm of R hnd on W's back leading W undr jnd lead hnds to trn RF to RLOD M's back of hnd is now in contact w/ W's back, rec L keeping lead hnds raised &amp; R hnd [palm out] on W's back leading W fwd to RLOD (Sd &amp; fwd R to fc LOD, - , fwd L trng 1/2 RF under lead hnds to fc RLOD, fwd R) ; |
| 4 | <strong>Tunnel Exit to Face; (COH)</strong> | Fwd R ckg leading W around bhd M to WALL w/ jnd hnds ovr M's head, - , rec L trng LF to fc RLOD, fwd R trng to fc COH (Fwd L around M, - , fwd R, fwd L trng to fc WALL) ; |
| 5 | <strong>Right Side Pass ; (WALL)</strong> | Fwd &amp; sd L comm RF trn raise ld hnds to create window, - , XRib cont RF trn, Fwd L to CP WALL (Fwd R, fwd L trng LF turn, Bk R cont LF trng undr raised ld hnds to fc ptnr) ; |
| 6 | <strong>Basic Ending</strong> | Sd R, - , XLif of R, rec R (Sd L, - , XRib of L, rec L) ; |
| 7 | <strong>Side Basic</strong> | Side L, - , XRib (W XLif), rec L; |
| 8 | <strong>Wrap the Lady to face LOD</strong> | Side R, - , XLif raise joined lead hands, rec R to face LOD; |</p>
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<td>9</td>
<td>Sweetheart Runs 3 ;</td>
<td>(Side L, - , XRif under joined lead hands turning ½ LF, rec L turning 1/4 LF bringing lead hands down in front to wrapped position facing LOD) ;</td>
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<td>10</td>
<td>Sweetheart Runs 3 to face;</td>
<td>In wrapped pos Fwd L, -, fwd R, fwd L; In wrapped pos Fwd R, -, fwd L, fwd R into CP-wall;</td>
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<td>11 - 12</td>
<td>Lunge Basics ;;</td>
<td>Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos; Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold across lady;</td>
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<td>13</td>
<td>Left Turn Inside Roll ;</td>
<td>Fwd L trn 1/2LF to fc COH, -, sd R, XLIFR twd LOD (Bk R trn 1/2LF, - , sd L trn LF undr ld arms, cont trn LF to fc ptr R) CP;</td>
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<td>14 - 15</td>
<td>Horseshoe Turn ;; (WALL)</td>
<td>Relg trl hnds Sd &amp; fwd R to L-OP LOD, -, cont trn thru L to V position LOD, rec R to V pos &amp; raise ld hnds ; LF ½ circ fwd L, -, R, L ( RF ½ circ undr jnd hnds fwd R, -, R, L, RF ½ circ undr jnd hnds, fwd L cont RF trn to CP COH) CP WALL ;</td>
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<td>16</td>
<td>Basic Ending ;</td>
<td>Sd R, -, XLib of R, rec R (Sd L, -, XRib of L, rec L) ;</td>
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<td>1 – 2</td>
<td>Traveling Right Turn w/ Outside Roll ;;</td>
<td>Folding RF in front of W sd &amp; bk L to CP RLOD, -, XRib of L pressure wgt, twst trn 5/8 RF on both feet to fc DLW &amp; shift full wgt bk to L (Fwd R to LOD between M’s feet, -, cont RF trn arnd M fwd L twd WALL, fwd R twd RLOD ckg) to end CONTRA BJO M fcg DLW ; Fwd R twd LOD outsd ptr raising jnd lead hnds, -, fwd &amp; sd L, fwd &amp; acrs R to CP WALL (W Bk L, -, trng RF undr jnd lead hnds, fwd L cont RF trn to CP COH) ;</td>
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<td>3</td>
<td>Side Basic ;</td>
<td>Sd L, -, XRIB, rec L ;</td>
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<td>4</td>
<td>Basic Ending Picking Up ;</td>
<td>Sd R, -, XLib of R, rec R trng 1/4 LF picking up W to CP LOD (Sd L, -, XRib of L, rec L trng 1/4 LF Xif of M to CP RLOD) ;</td>
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<td>5 - 7</td>
<td>Triple Traveler ;;</td>
<td>Fwd L trng slight LF fc DC, -, sd &amp; fwd R, fwd L (Bk R trng LF, -, sd L trng LF under lead hands, cont LF trng bk R fc wall); Fwd R spiral LF under joined hands, -, fwd L, fwd R (Trn fc LOD fwd L, -, fwd R, fwd J bringing hands to shoulder level; Fwd L bringing joined hands down &amp; bk, - fwd R, fwd L bringing hands up &amp; around leading W to roll RF (Fwd R comm. RF turn, - sd &amp; bk L trng RF under joined hands, cont RF trn fwd R) ;</td>
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<td>8</td>
<td>Tunnel Exit ; (RLOD)</td>
<td>Fwd R chking leading W around in front to wall, - rec L, fwd R trng LF fc RLOD joined hands over M’s head (Fwd L around M, - fwd R, fwd L fc RLOD) end LOP fc RLOD;</td>
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<tr>
<td>9 – 10</td>
<td>Man 1st - 2 Switches ;; (RLOD)</td>
<td>Xif of W sd L to 1/2 OP RLOD, -, fwd R, fwd L (Fwd R to 1/2 OP, -, fwd L, fwd R) ; Staying in 1/2 OP fwd R, -, fwd L, fwd R (Xif of M sd L to 1/2 OP RLOD, -, fwd R, fwd L) ;</td>
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<td>11</td>
<td>Outside Roll to Face; (WALL)</td>
<td>Fwd L bringing jnd hnds down &amp; bk in a continuous circ motion to lead W into a RF trn, -, fwd &amp; sd R to fc ptr, XLib of R (Fwd R commence RF trn undr lead hnds, -, sd &amp; bk L trng RF, sd R cont RF trn to fc ptr);</td>
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12 Basic Ending Picking Up;  
Sd R, -, XLib of R, rec R trng 1/4 LF picking up W to CP LOD \( (Sd L, -, XRib of L, rec L trng 1/4 LF Xif of M to CP RLOD) \);  

13-15 3 Fallaways ;;;  
Fwd L trng LF, sd R to SCP-RLOD, bk L;  
Bk R trng LF \( (W swivel LF & slip fwd L) \), sd L trng to face partner, XRib \( (W XLib) \) to RSCP-RLOD;  
Swivel LF & slip fwd L \( (W bk R) \), sd R turning to face partner, XLib to SCP-RLOD \( (W XRib) \);  

16 Basic Ending; (WALL)  
Bk R trng R to face ptnr blending to CP, -, XLib of R, rec R;  

Ending:  

1 Right Side Pass; (COH)  
Fwd & sd L comm RF trn ld hnds to create window, -, XRib cont RF trn, Fwd L to CP COH \( (Fwd R, fwd L comm LF turn, Bk R cont LF trn undr raised ld hnds to fc ptnr) \);  

2 Basic Ending;  
CP Sd R, -, XLib of R, rec R \( (Sd L, -, XRib of L, rec L) \);  

3-4 Open Basics ;;  
Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos;  
Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold across lady;  

5-6 Switches to Face ;; (COH)  
Xif of W sd L to 1/2 OP LOD, -, fwd R, fwd L \( (Fwd R to 1/2 OP, -, fwd L, fwd R) \);  
Staying in 1/2 OP fwd R, -, fwd L, fwd R trng R to face ptnr \( (Xif of M sd L to 1/2 OP LOD, -, fwd R, fwd L trng L to face ptnr) \);  

7 Salute America;  
Raise R arm with fingers extended and thumb along the side of the hand and place index finger on the R side of the R eyebrow;  

8 Lower Arm & Blend to Closed ;;  
(During measure of silence) Lower arm and go to CP COH; (S,S)  

9 Side Basic;  
Sd L, -, XRib, rec L;  

10 Basic Ending;  
Sd L, -, XLib of R, rec R \( (Sd L, -, XRib of L, rec L) \);  

11 Side to Hinge;  
Sd L, -, cont slight LF trng lower on L, - \( (Sd R trng LF, -, cl to R, cont LF body trn comm. lower on L extend R to RLOD look well to left) \);  

12 Extend Arms;  
Continue slight lowering release lead hands W place R hand on M’s L shoulder both extend L arms out to side;  

O, America you're calling,  
I can hear you calling me...  
You are calling me to be true to thee,  
True to thee... I will be.  

O, America you’re weeping,  
Let me heal your wounded heart.  
I will keep you in my keeping,  
Till there be... a new start.
And I will answer you, and I will take your hand,
And lead you... to the sun...
And I will stand by you... do all that I can do,
And we will be... as one.

O, America I hear you,
From your prairies to the sea,
From your mountains grand, and all through this land,
You are beautiful to me.

And... O, America you're calling,
I can hear you calling me...
You are calling me to be true to thee,
True to thee... I will be.

And I will answer you, and I will take your hand,
And lead you... to the sun...
And I will stand by you... do all that I can do,
And we will be...as one.

O, America you're calling...
I will ever answer thee.