O Tu O Ninguna

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336  email: trustme@pacbell.net
Music: CD – Luis Miguel: Grandes Exitos, Disk 2, Track 6 – “O Tu O Ninguna” – available itunes
Footwork: Opposite, Unless noted (W’s footwork in parenthesis)  Artist: Luis Miguel
Rhythm: Bolero  Phase:  V+2 (Turkish Towel, Rudolph Ronde)  Degree of Difficulty:  Avg
Sequence: Intro - A – B- A (1-8) – Int – B mod – End  Released: February 2009  ver 1.1

Intro

1-4  Wait Oboe solo – Tch L hnds;  Lunge Apt w/ Arms;  Circle walk SQQ;  M hold W cont Circle; W trans to CP;

1-4  M fc COH  W fc wall  Sd by Sd rt sds tog  rt hnds tog held down between couple  L ft free for both – Wait through Oboe solo while long note is held bring L hnds tog to tch palms with partners L hnd by R shoulders looking at each other;

[ Lunge Apt w/ Arms]  As melody starts Lunge apt on L circling L hnds slowly up and out to sd, and hold, -, -;

[Circle Walk] Maintaining R hands wheel Fwd R, - Fwd L, Fwd R to M fc Wall (W fc COH ); Man hold allowing W to cont circle around M ( circle around M Fwd L, -, Fwd R, Fwd L ); Man hold (W cont to circle around M trans Fwd R, -, Fwd L, -) to cp wall;

1-4  Half Basic;  Sync Hip Rk;  Lunge Brk w/ Hip Twist to Tandem & Hip Rks;

1-2  [Half Basic]  Sd L with rise, -, Bk R, Fwd L;

[Sync Hip Rk]  Rk Sd R with hip roll, -, Sd L/ Sd R, Sd L;

3-4  [Lunge Brk]  Sd & Fwd R releasing CP and leaving M’s L & W’s R hnds jnd,-,flexing R knee extnd L Sd & Bk , rise on R straightening knee (W Sd & Bk L, -, bk R undr bdy flexing knee, Fwd L);

[Hip Twist to Tandem w/ Hip Rks]  Hold & rise while bringing W Fwd & causing her to swvl RF to tandem wall, -,Sd L with hip roll, Rec Sd R with hip roll (W Fwd R twd M then swvl 1/2 RF to fc wall, -, Sd L with hip roll, Sd R with hip roll);

5-8  Parallel Brk Twice;  Bolero Walk;  W Out to Fc – M Trans;

5-6  [Parallel Break]  Comm RF trn Sd L trng RF, -, Bk R, Fwd L (Sd L trng RF, -, Bk R using R hand to caress R Sd of M’s fc, Fwd L);  Comm LF trn Sd R trng LF, -, Bk L, Fwd R (Sd R trng LF, -, Bk L using L hand to caress L Sd of M’s fc, Fwd R);

7-8  [Bolero Walk]  Fwd L, -, Fwd R, Fwd L;  [M trans – W out to fc]  Fwd R, -, Fwd L beginning to trn W LF to fc iod, - (Fwd R, -, Fwd L trng LF to fc M, Bk R to fc rlod);

9-11  Fwd Brk;  Cross Body fc rld handshake;  Shad New Yorker;

9-10  [Fwd Brk]  Sd L R & Fwd R, Fwd L with contra check action, Bk R (W Sd & Bk L, -, Bk R with contra check action, Fwd L);  [Cross Body]  Sd & Bk L trn LF to “L” pos, -, trn LF slp Bk R, cont LF trn Fwd L to hndshk fc rlod (fwd R, -, Fwd L strt LF trn, cont LF trn Sd & Bk R fc iod );

11-  [Shad New Yorker]  Sd COHR trng ¼ RF (W LF) to fc COH w/ R hnds still jnd, -, ck thru L, Bk R trng ¼ LF (W RF ) to fc ptr & rlod;

12-16  Turkish Towel;  W Sync Spin to fc ;  Fwd Brk;

12-14  [Turkish Towel]  Sd L raise jnd R hnds, -, Fwd R XIFL, Rec Bk L trng LF to fc wall ; side R join L hnds to end man’s varsou pos W on left sd, -, check back L, Recover R ; side L to end man’s varsou W on right sd, -, ck Bk R, Rec L;  (Sd R, -, Fwd L XIFR trn RF under jnd R hnds, Fwd R cont trn to fc wall bhd man ; Sd & Fwd L arnd man to end in Bk of & to his left side join L hnds, -, ck Fwd R, Rec L; Sd L & Fwd R arnd man to end in Bk of & to his right sd, -, ck Fwd L, Rec R);

15  [Lady Sync spin to fc]  Sd R leading W to start pass M’s L Sd beg to lead W to spin RF, -, Fwd L, - (Sd & Fwd L to M’s L sd, -, Fwd R starting RF 1½ spin passing M’s L s’d/s’d & Bk L cont spin, Bk R to fc M);

16  [Fwd Break]  Sd & Fwd R to LOP fcing, -, Fwd L with contra check action, Bk R beg to come to cp wall (W Sd & Bk L, -, Bk R with contra check action, Fwd L);
1-3 Sync Telemark fc drw; Corte to Hip Rks; Rudolph Ronde w/ Sync Rev Underarm Trn Hndshk;

1-2 [Sync telemark SQ&Q] Sd L w/ RF upper bdy trn in CP, slp R Bk trn strongly LF to CP DLC/fwd L in CP cont LF trn, Sd R cont trn (Sd R w/ RF upper bdy trn, slp L Fwd trn strong LF to CP/bk R cont LF trn, cl L to R for heel trn) to CP DRW;

    [Corte w/ hip rks SQ] Corte Bk LDLC, rec Fwd R, rec Bk L;

3 [Rudolph Ronde to Sync Rev Undr m Trn SQ&Q] Fwd R RF body trn, XLIB well under body/sd R trng to fc COH leading W LF underarm trn under jnd lead hnds, cls L fc COH Rt hnds jnd (W Bk L ronde R cw, XLIB well under body look Lt & fwd L LOD LF underarm trn, Bk R cont LF trn fc wall rt hnds jnd);

4-10 Half Moon;; Start Half Moon; Aida Lod ;; Switch Rk; Spot Trn rlod;

4-6 [Half Moon – start Half Moon] Sd R comm RF trn w/ R Sd stretch slight “V” shape twd ptr, cont trng RF sLP Fwd L shaping to ptr, Rec Bk R trng to fc ptr; trng LF Sd & Fwd L w/ L Sd stretch, slp Bk R shaping to ptr, Fwd L cont trng to fc ptr and wall; Sd R comm RF trn w/ R Sd stretch slight “V” shape twd ptr, cont trng RF sLP Fwd L shaping to ptr, Rec Bk R trng to fc ptr;

7-8* [Aida Prep] Sd L and rise and swivel LF chg to joined lead hnds, step thru R and lower swiveling RF, Sd and Bk L cont RF swivel (W Sd R and then rise swivel RF, step thru L and lower swiveling LF, Sd and Bk R cont LF swivel);

    [Aida Line] Sd & Bk R to Bk to Bk “V” POS ;

3-4 [New Yorker] Sd R twd RLOD w/rise, swivel RF ck Fwd L twd RLOD, Bk R to fc ptr in cp wall (Sd L w/rise, swivel LF ck Fwd R, Bk L to fc ptr cp);

    [Sync hip rk] Rk Sd L with hip roll, hip rks R, L;

1-4 Lunge Brk; Right Pass; New Yorker to rlod; CP Sync Hip Rk;

1-2 [Lunge Brk] Sd & Fwd R, - flexing R knee xtn L Sd & Bk, rise on R straightening knee (W Sd & Bk L, - bk R undr bdy flexing knee, Fwd L);

    [Right Pass] Fwd & Sd L comm LF trn raise jnd lead hnds, XLIB of L cont RF trn, Fwd L to fc wall (W Fwd R, - Fwd L comm LF trn, Bk R cont LF trn undr jnd hnds fc ptr);

3-4 [New Yorker] Sd R twd RLOD w/rise, - swivel RF ck Fwd L twd RLOD, Bk R to fc ptr in cp wall (Sd L w/rise, - swivel LF ck Fwd R, Bk L to fc ptr cp);

    [Sync hip rk] Rk Sd L with hip roll, - Sd R/Sd L Sd R;

1-4 Spot Trn rlod; Trng Basic; Sd to Hinge;

1-2 [Spot Trn] Sd R & rise, - XLIB of R trng RF, Fwd R trng to fc ptr and wall (W Sd L & rise, - XLIB of L trng LF, Fwd L trng to fc ptr);

    [Trng Basic] Assuming CP M fg WALL Sd L trng body RF, - slp R Bk under body comm trng LF, Fwd L cont trng LF to fc COH (W Sd & slightly Fwd R trng body RF looking R, - Fwd L comm trng LF, Bk R cont trng LF) end CP M fg COH; Sd & slightly Fwd R, - Fwd L w/ Contra Check like action, Bk R end CP M fg COH;

    [Sd to Hinge] Sd L, - slight LF trn lower on L, - Sd R trng LF, - cont LF body trn XLIB R, lower on L extend R to rlod look well to left); cont slight lowering release lead hnds W place R hnd on M’s L shoulder both extend L arms out to side, - -;

B Modified

1-3 Qk Telemark fc drw; Bk to Hip Rks; Rudolph Ronde w/ Sync Inside Underarm Trn Hndshk;

1-3 Same as part B meas 1-3

4-9 Half Moon;; Start Half Moon; Aida Lod ;; Switch Lunge & hold w/ Caress ;

4-8 Same as part B meas 4-8

9- [Switch Lunge] trn LF and lunge Sd L to fc, hold & caress ptr fc with trailing hnd, - -;

End

1-4 Spot Trn rlod; Trng Basic; Sd to Hinge;

1-4 [Spot Trn] Sd R & rise, - XLIB of R trng RF, Fwd R trng to fc ptr and wall (W Sd L & rise, - XLIB of L trng LF, Fwd L trng to fc ptr);

    [Trng Basic] Assuming CP M fg WALL Sd L trng body RF, - slp R Bk under body comm trng LF, Fwd L cont trng LF to fc COH (W Sd & slightly Fwd R trng body RF looking R, - Fwd L comm trng LF, Bk R cont trng LF) end CP M fg COH; Sd & slightly Fwd R, - Fwd L w/ Contra Check like action, Bk R end CP M fg COH;

    [Sd to Hinge] Sd L, - slight LF trn lower on L, - Sd R trng LF, - cont LF body trn XLIB R, lower on L extend R to rlod look well to left); cont slight lowering release lead hnds W place R hnd on M’s L shoulder both extend L arms out to side, - -;